

2007 New Mexico Youth Risk and
Resiliency Survey (YRRS)
High School (Grades 9 - 12)

De Baca County

New Mexico Department of Health

New Mexico Public Education Department

University of New Mexico Prevention Research Center



ACKNOWLEDGEMENTS

The production of this report was made possible by collaboration between the New Mexico Department of Health (NMDOH), the New Mexico Public Education Department (NMPED), and the University of New Mexico Center for Health Promotion and Disease Prevention (UNM CHPDP), with funding from NMDOH and the CDC-DASH, through the New Mexico Public Education Department (PED). Gratitude is extended to the individuals listed below for their contribution toward developing and producing this report.

New Mexico Public Education Department

Veronica C. García, EdD, Secretary
Dr. Catherine Cross-Maple, Deputy Secretary
James Ball, Interim Supervisor
Kristine M. Meurer, PhD, Director, School and Family Support Bureau *
William O. Blair, Ph.D., Assistant Director, School and Family Support Bureau *
Dean Hopper, MAEd, Assistant Director, School and Family Support Bureau
Lonnie Barraza, MEd, HIV Program Administrator *

New Mexico Department of Health

Alfredo Vigil, MD, Secretary
C. Mack Sewell, DrPH, MS, State Epidemiologist
Michael Landen, MD, MPH, Deputy State Epidemiologist *
Dan Green, MPH, Social Indicator Epidemiologist *
James Padilla, MS, Epidemiologist *
James Farmer, MPH, Health Services Manager, Office of School and Adolescent Health *
Mary M. Ramos, MD, School Health Officer *

University of New Mexico Prevention Research Center

Linda J. Peñaloza, PhD, Principal Investigator *
Mary Dillon, MA, CTTS, Project Manager *
Judith Rinehart
Eric Chrisp, MA
Susan DeFrancesco, JD, MPH, MAT
Margaret Allen, MA
Tom R. Noland, BS
Laura Gutman, PhD
Jacque M. Garcia, BA

*(Individuals who served on the NM-YRRS 2005 Steering Committee are identified by an *.)*

Table of Contents

Acknowledgements	3
Introduction	7
How to Read This Report	7
Understanding the Charts, and a Word about Error Bars	8
Methodology	10
Limitations of the YRRS	11
Participation in De Baca County	11
Profile of Students Surveyed in De Baca County	11
Risk Behaviors	13
Behaviors that contribute to unintentional injury	15
Behaviors associated with violence	18
Mental health, suicidal ideation, and suicide attempts	25
Tobacco use	28
Alcohol use	35
Drug use	48
Sexual activity	59
Body weight and nutrition	66
Physical activity	73
Asthma	77
Other	79
Academic Measures and Behaviors	81
Resiliency/Protective Factors	89
Appendix A: 2005 YRRS Questionnaire and Results	105
Appendix B: Definitions of Risk Factors	127
Appendix C: Definitions of Protective Behaviors	132
Appendix D: Definitions of Academic Performance and Motivation Measures	135

2007 New Mexico High School Youth Risk and Resiliency Survey (YRRS) De Baca County

Introduction

This report contains school district level results from the 2007 New Mexico High School Youth Risk and Resiliency Survey (YRRS), a statewide survey of public school students, grades 9-12. Statewide results are available in a series of modular reports entitled *Healthy Choices, Healthy Students: 2007 New Mexico High School Results*. County level reports are available on the NMDOH web site (<http://www.health.state.nm.us/epi/yrrs.html>). Together, these documents comprise a useful tool for those working on youth-related issues at the state and local level.

The YRRS is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, sadness and suicidal ideation, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition (Appendix B). Protective factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school; and impulsive and sensation seeking behavior (Appendix C).

Additionally, this report includes a section on academic measures and traits. These academic measures include getting good grades (mostly A's and B's), trying hard to do good work in school, planning to go to college, skipping or ditching school, coming to class with paper and something to write with, and completing homework.

How to Read this Report

This report has three main sections, each of which consists of a set of bar charts. The first section presents the results of the major risk behaviors examined in the survey. Each category of risk behavior is presented with two or three kinds of bar charts. The first chart gives results for each year the YRRS had been administered (2001, 2003, 2005, and 2007). Another chart compares results for the school district to results for the entire state, and another compares the risk behaviors of boys to those of girls within the school district. Risk behaviors are defined in Appendix B.

The second section presents results for the academic measures and behaviors. As with the risk behaviors, there are three types of charts presenting results: one presenting trends, one presenting a comparison of the school district to the state, and another comparing boys to girls within the school district. Using the same three chart types, the third section of the report presents results for the resiliency/protective factors.

NOTE: County level YRRS reports are freely available. School district reports have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, school district level results will not be released without express permission of the school district superintendent.

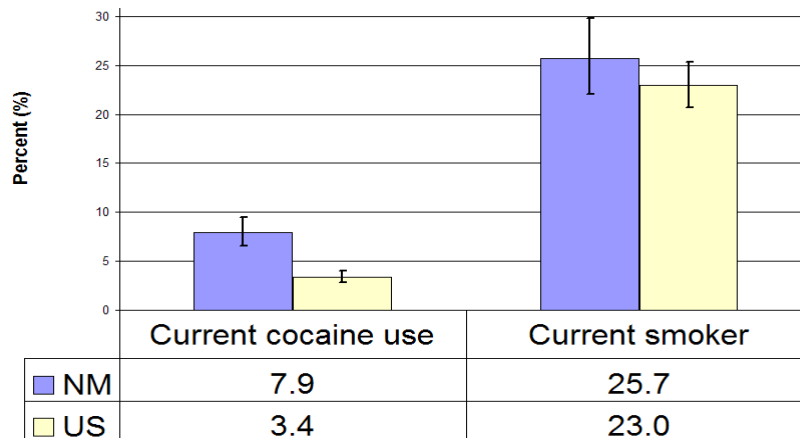
Understanding the Charts - and A Word about Error Bars

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each trait, and provides a quick visual comparison between different groups of students reporting that trait. Underneath each set of bars is a table that presents the percentage of students who reported each trait. For instance, the chart on page 14, Behaviors Causing Unintentional Injury, shows that 8.9% of students in New Mexico rarely or never wore seatbelts, while 11.8% of students in De Baca rarely or never wore seatbelts.

Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. Because YRRS data are about a *sample* of students, and not the entire student body, the results in this report are *estimates*. As with all estimates, there is some uncertainty associated with each of these estimates. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin 'I' shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and of cocaine use to the United States prevalence for 2005, a previous survey year. The chart shows that the prevalence of current smoking was 25.7% in New Mexico and 23.0% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 4 percentage points in either direction, from 22.0% to 29.8%. This means that we are confident that the actual percentage of smokers in this group of students was between 22.0% and 29.8%. The error bar for the estimate current smoking in the US extends approximately 2.5 percentage points in either direction, from 20.7 to 25.3%. We are confident that the actual percentage of smokers among this group was between 20.7% and 25.3%.

Current Smoking and Current Cocaine Use
Grades 9 - 12, 2005

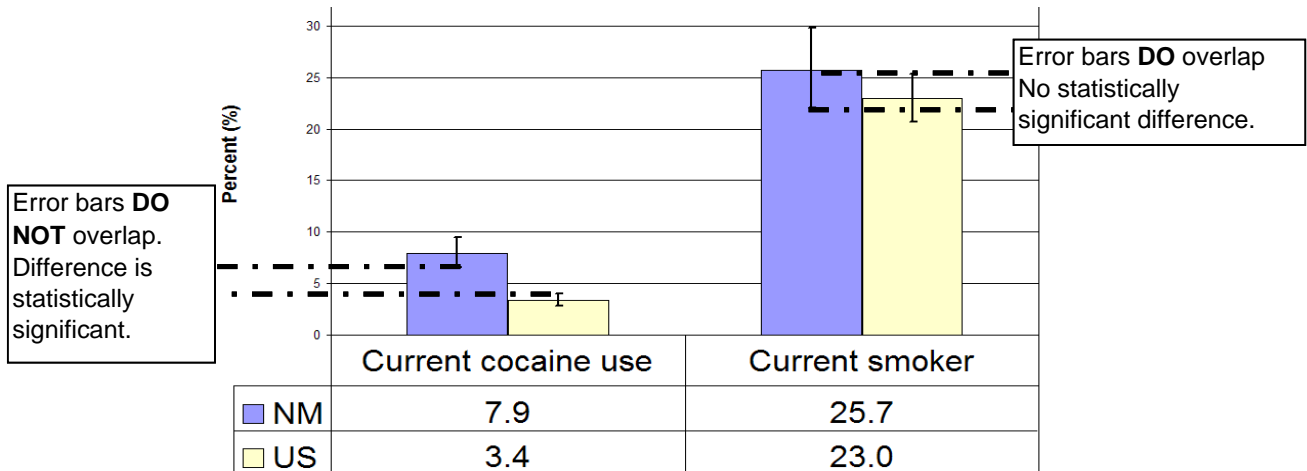


How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (25.7% vs. 23.0%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (22.0% - 29.8%) and the US estimate (20.7% - 25.3%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that in 2005, New Mexico had a higher prevalence than the United States (7.9% vs. 3.4%). The error bar for New Mexico extends from 6.6% to 9.5%, and the error bar for the United States extends from 2.8% to 4.4%. Because the higher extent of the US error bar (4.4%) is lower than the lower extent of the NM error bar (6.6%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the 2005 prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.

For some small school districts, error bars have been removed from this report. With small populations, the number of students sampled can approach the total student population. In these cases, error bars would have limited meaning because with a high percentage of students surveyed, there is less uncertainty around the estimates than error bars suggest.

Current Smoking and Current Cocaine Use
Grades 9 - 12, 2005



Methodology

The YRRS was implemented in the fall semester of the 2007-08 school year. All public school districts in New Mexico were invited to participate in the 2007 YRRS. Of 89 districts statewide, 76 districts participated. From each participating school district, schools with students from 9th to 12th grades were selected to participate. The probability of selection of each school was proportional to the size of its 9th-12th grade population. In large school districts only some of the schools were selected to participate, while in small districts, all schools were selected. Classrooms were systematically selected from each school, and all students in each selected classroom were asked to participate.

In each participating school, a single day was arranged on which to administer the survey. Questionnaire forms and pencils were distributed to each student in participating classes, and students were asked to fill out the questionnaires independently of other students and without teacher assistance.

Questionnaires were electronically scanned, and data were analyzed using STATA 9.2, a statistical software program.

Limitations of the YRRS

All information from the YRRS was self-reported by the participating students. While most questions on the YRRS come from nationally validated surveys, and data quality has been demonstrated to be very high in national surveys, there is no way to guarantee the truthfulness of the participants in any survey that relies on self-reporting.

A good response rate is one of the most important goals in conducting a survey. At the school district level, a response rate is the percentage of all students selected for the survey who complete and return a useable questionnaire form. At the state level, the response rate incorporates the participation of school districts and schools as well as the participation of students. An adequate response rate means that survey results are more likely to represent the actual student population. The statewide response rate for the 2007 YRRS was 60%, an adequate response rate to represent the population.

In order to achieve a 60% statewide response rate, we aimed for a 75% response rate from each participating school district. Most participating school districts met this target or were close to it. While the response rate was generally very good in participating schools, the overall response rate was driven down by the school districts that declined to participate.

Participation in De Baca County

The response rate for De Baca County was 68%.

A high response rate produces survey results that are more representative of the student population. A response rate of at least 60% allows generalization of results to the entire student body. A response rate of 75% is excellent and allows a high degree of confidence in results. Because a high response rate means that more students have been surveyed, a high response rate will also be reflected in the error bars (i.e., with a higher response rate and more students included in the survey, error bars will be smaller and confidence intervals will be narrower). Response rates below 60% are considered low, and caution should be exercised in interpreting results. Low response rates indicate that the data may represent only students who participated in the survey and not necessarily the entire student body.

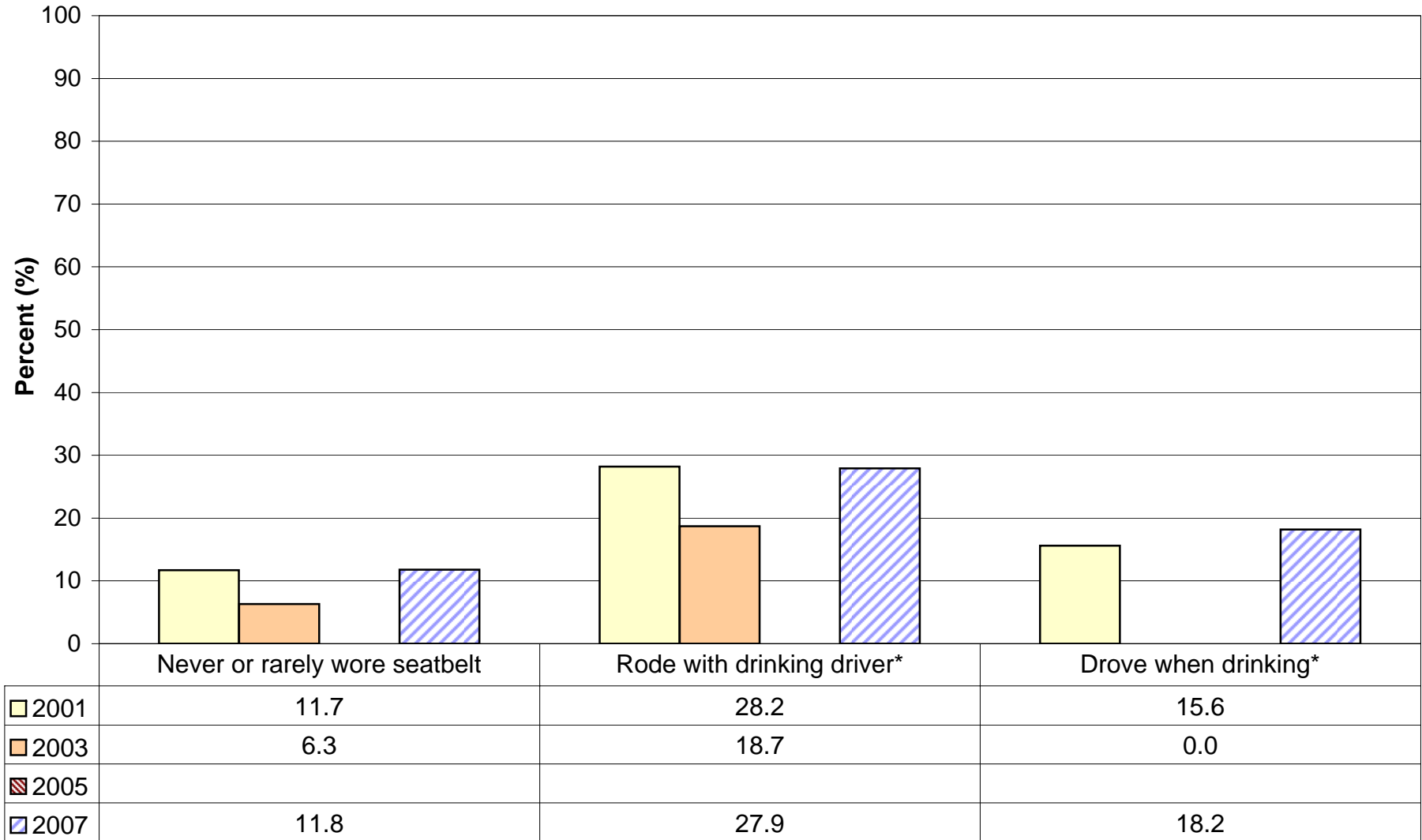
<u>Profile of students surveyed</u>	<u>Number of students</u>	<u>Percent (%)</u>
<u>Total</u>	68	100%
<u>Gender</u>		
Girls	33	(49.3)
Boys	34	(50.7)
<u>Race/Ethnicity</u>		
Hispanic	30	(44.1)
White	28	(41.2)
American Indian	3	(4.4)
Black or African-American	5	(7.4)
Asian or Pacific Islander	2	(2.9)
<u>Grade Level</u>		
9th	19	(28.4)
10th	12	(17.9)
11th	27	(40.3)
12th	9	(13.4)
Other:	0	(0.0)

Risk Behaviors

Behaviors that Contribute to Unintentional Injury

DeBaca County: 2001, 2003, 2005, 2007

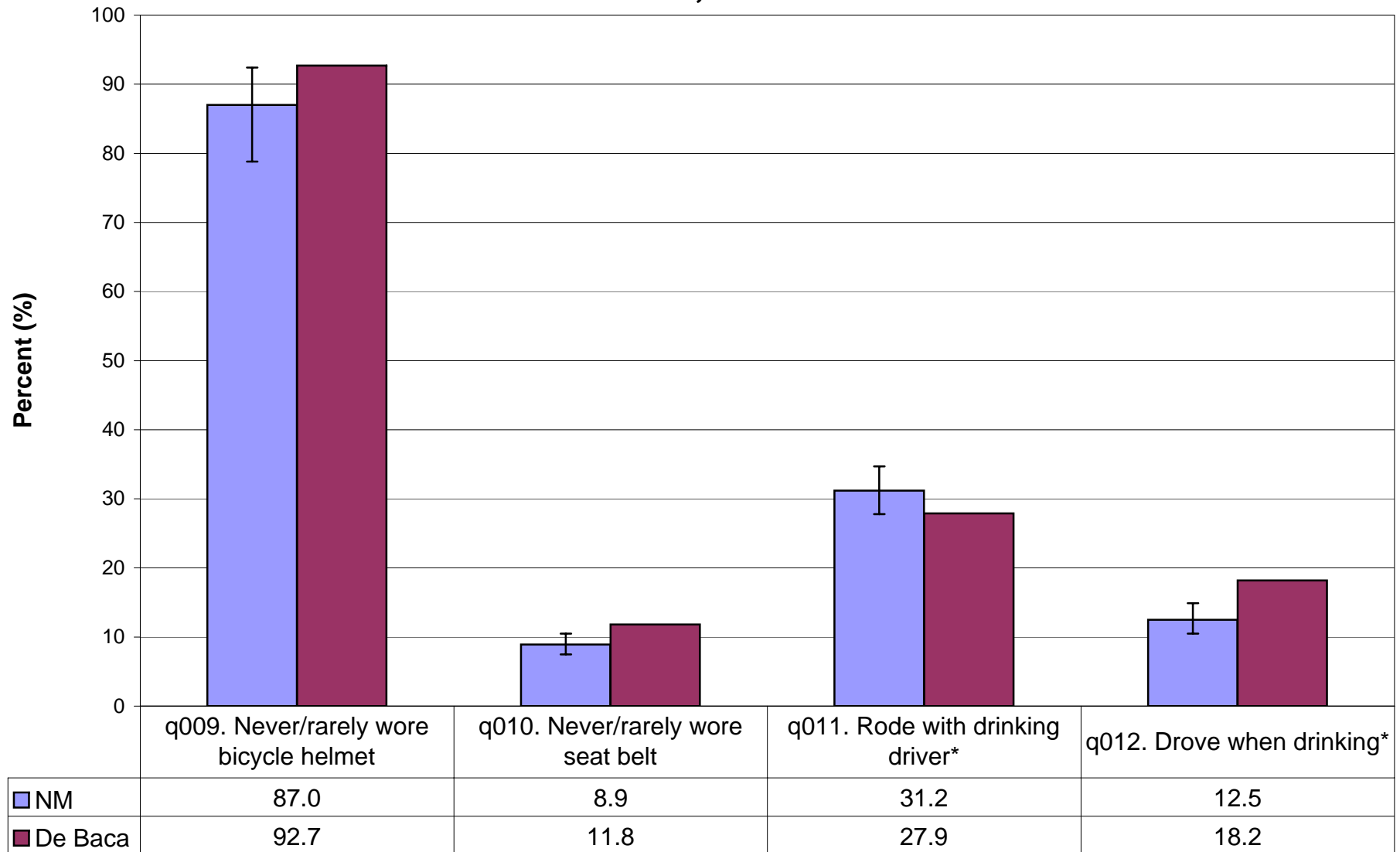
Grades 9 - 12, NM YRRS



* In past 30 days

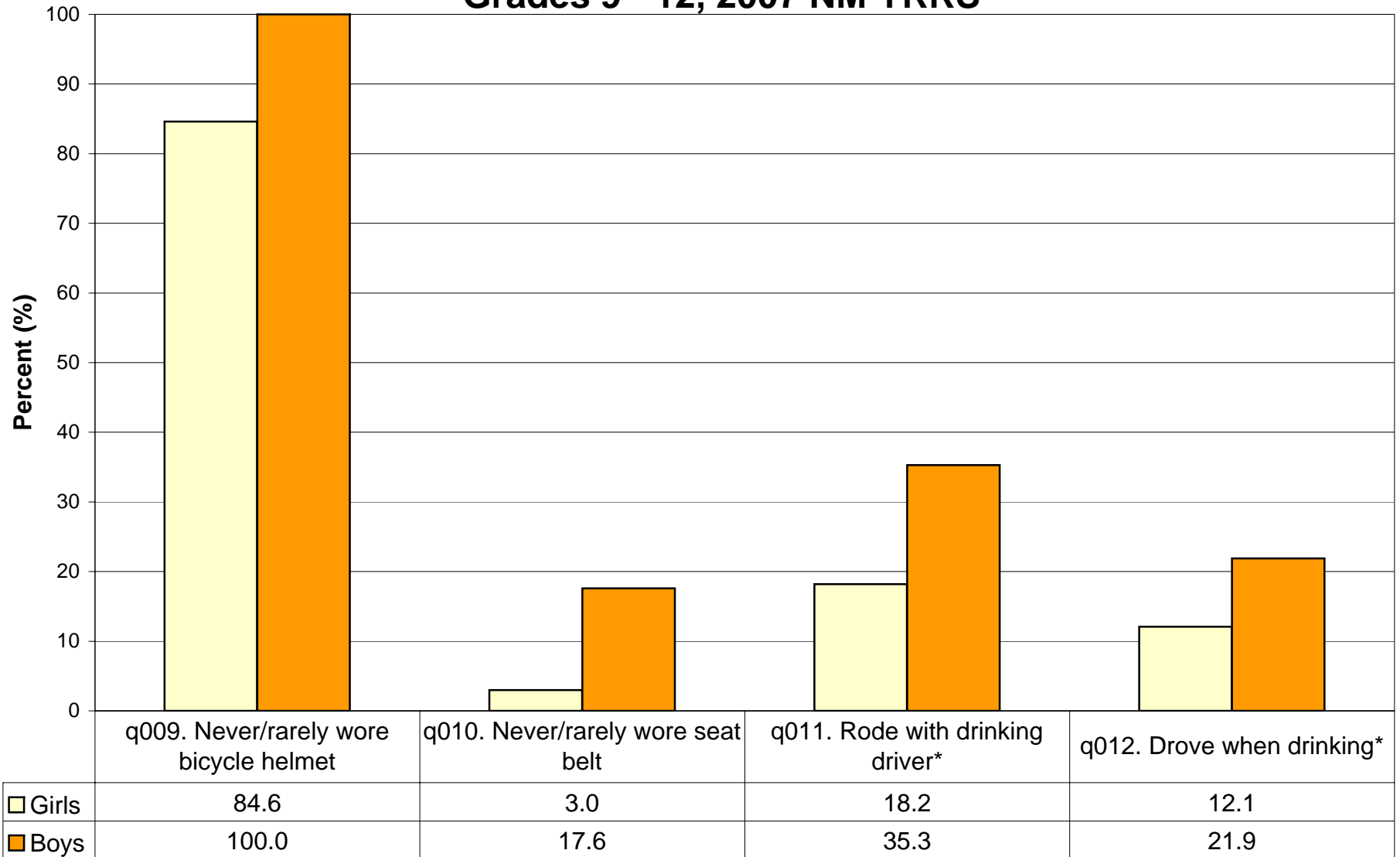
Behaviors that Contribute to Unintentional Injury

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* In past 30 days

Behaviors that Contribute to Unintentional Injury by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

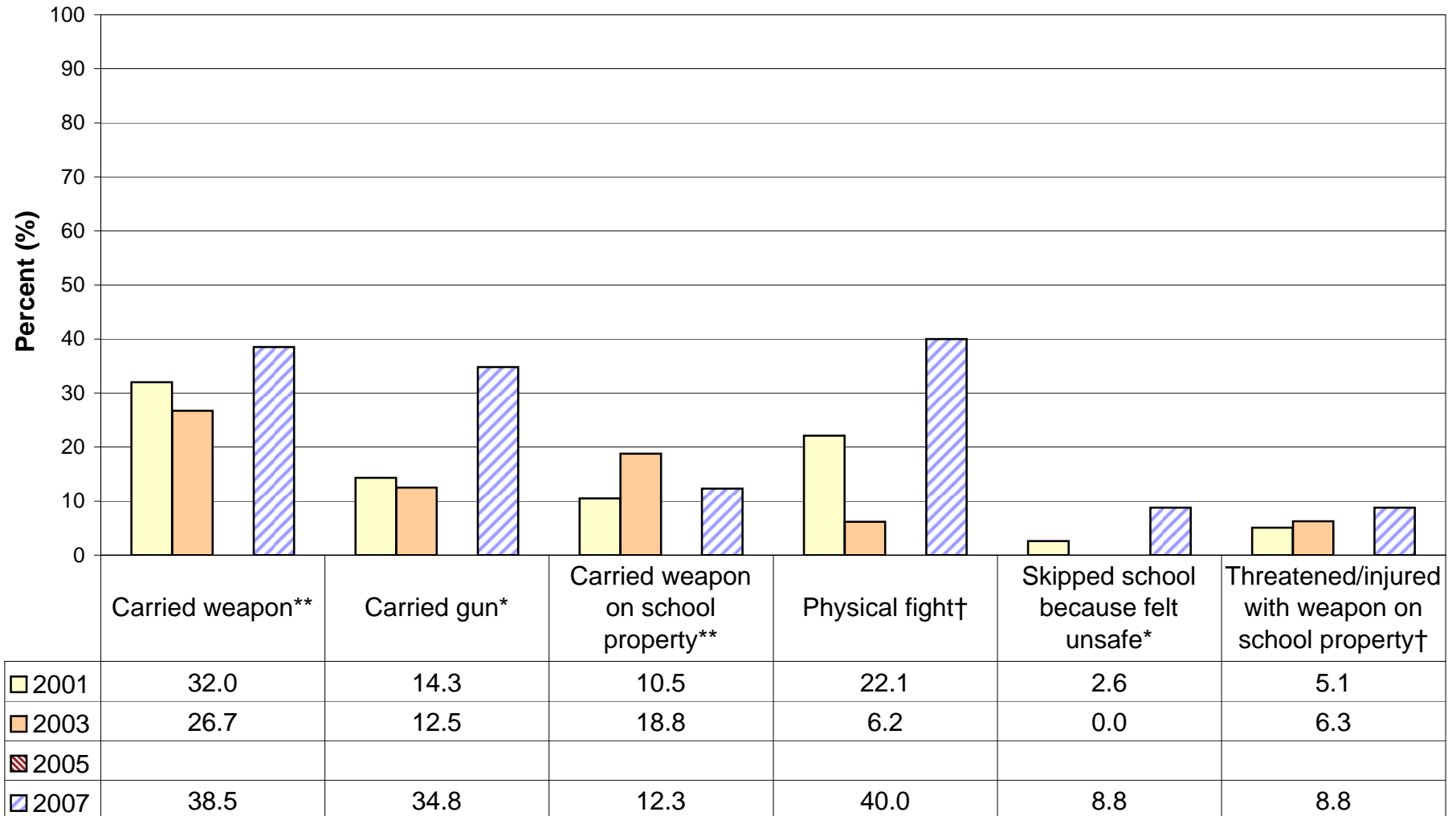


* In past 30 days

Behaviors Associated with Violence

DeBaca County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS



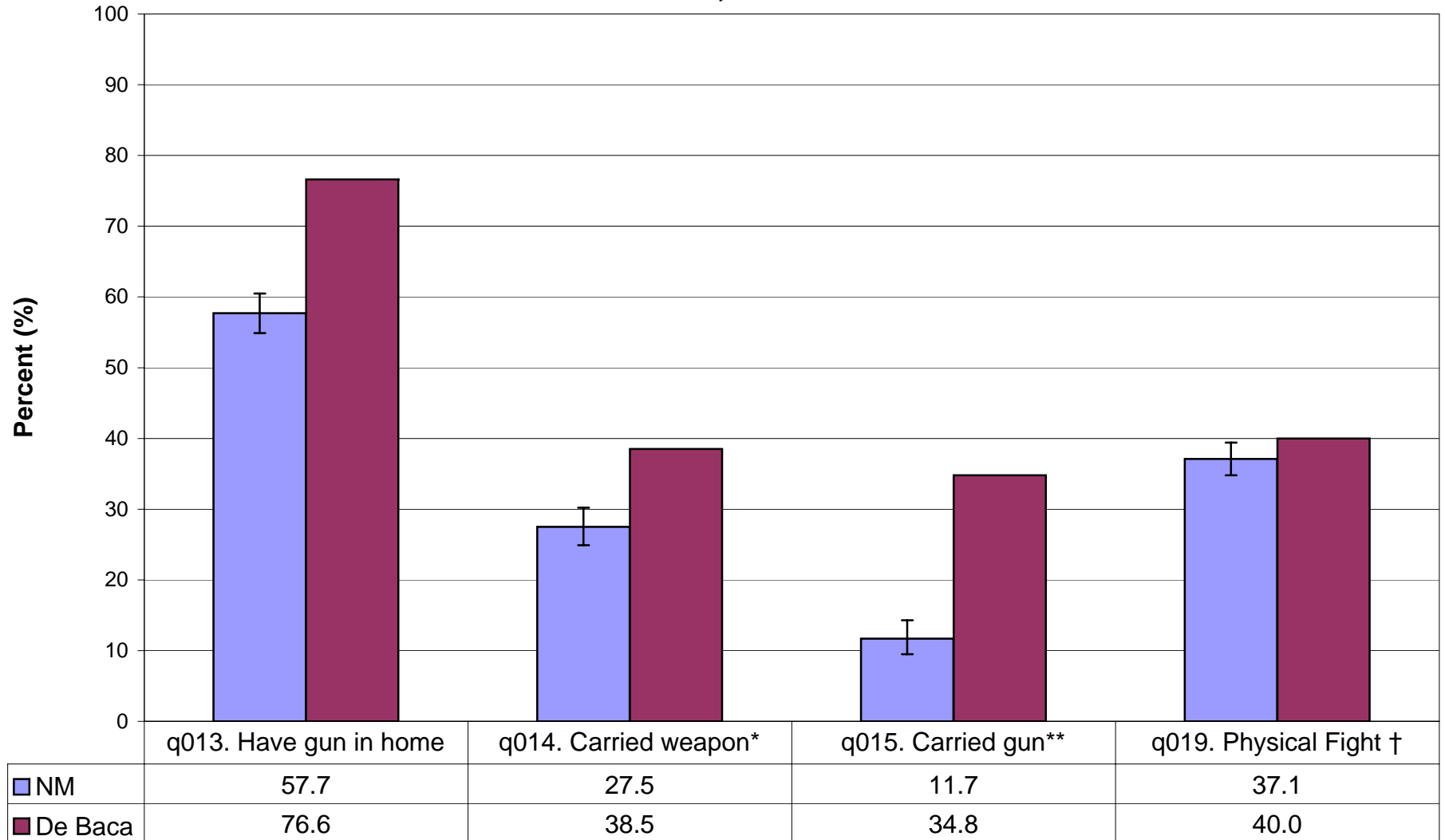
* In past 30 days

** Such as a gun, knife, or club in the past 30 days

† In the past 12 months

Behaviors Associated with Violence

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS

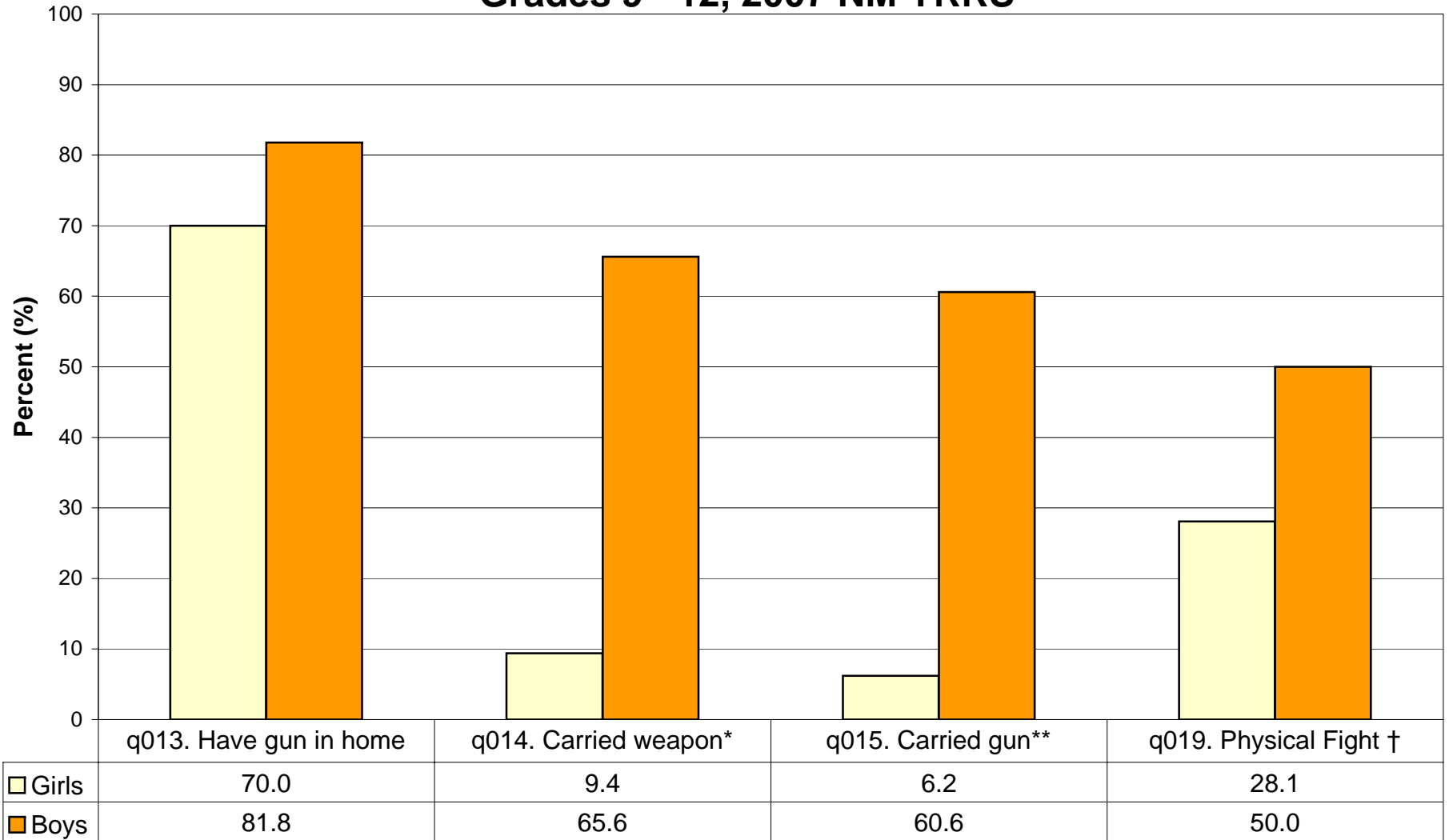


* Such as a gun, knife, or club in the past 30 days

** In past 30 days

† In past 12 months

Behaviors Associated with Violence by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



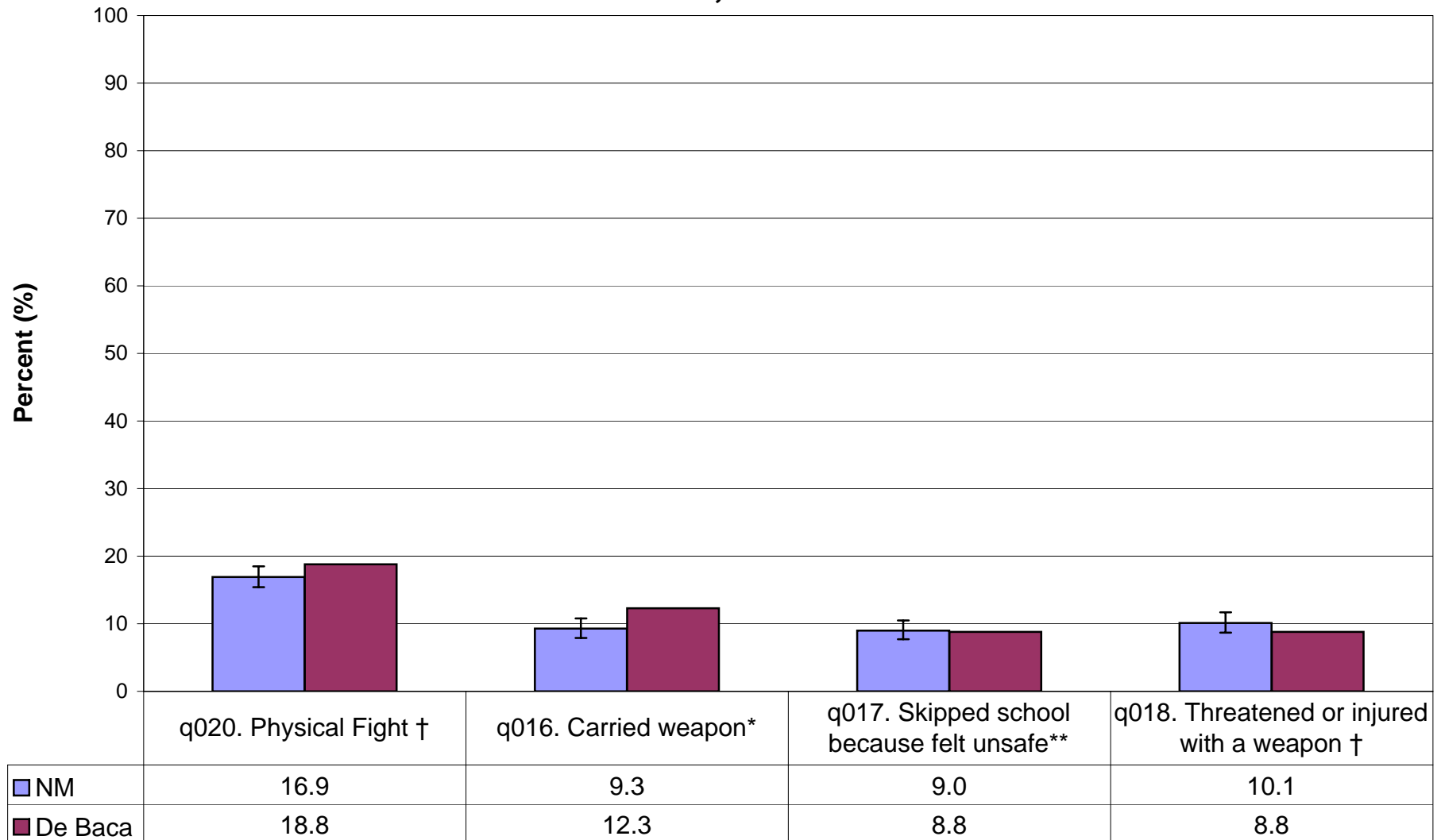
* Such as a gun, knife, or club in the past 30 days

** In past 30 days

† In past 12 months

Behaviors Associated with Violence: On School Property

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS

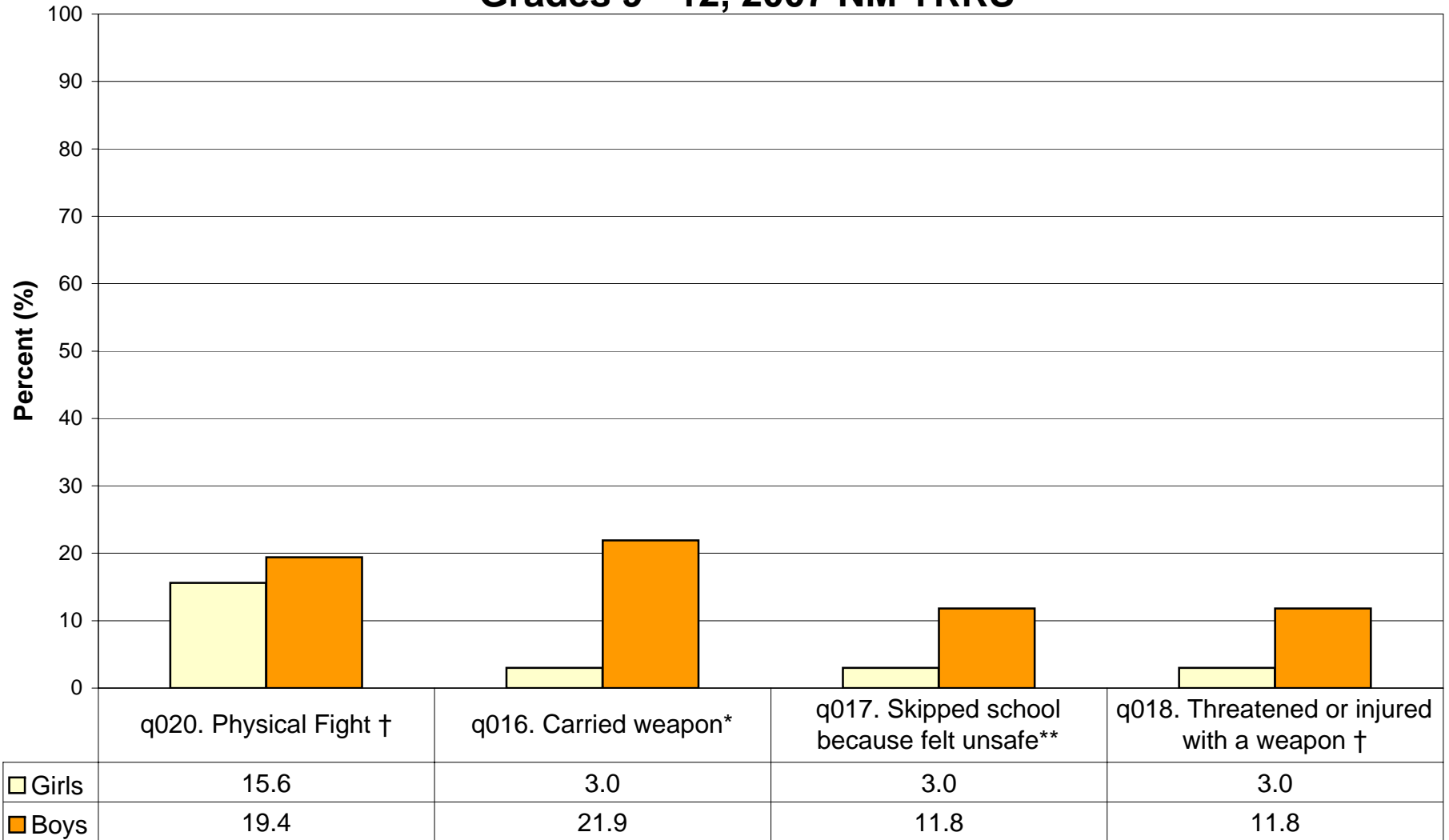


* Such as a gun, knife, or club in the past 30 days

** At school or on the way to or from school in past 30 days

† In past 12 months

Behaviors Associated with Violence: On School Property by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

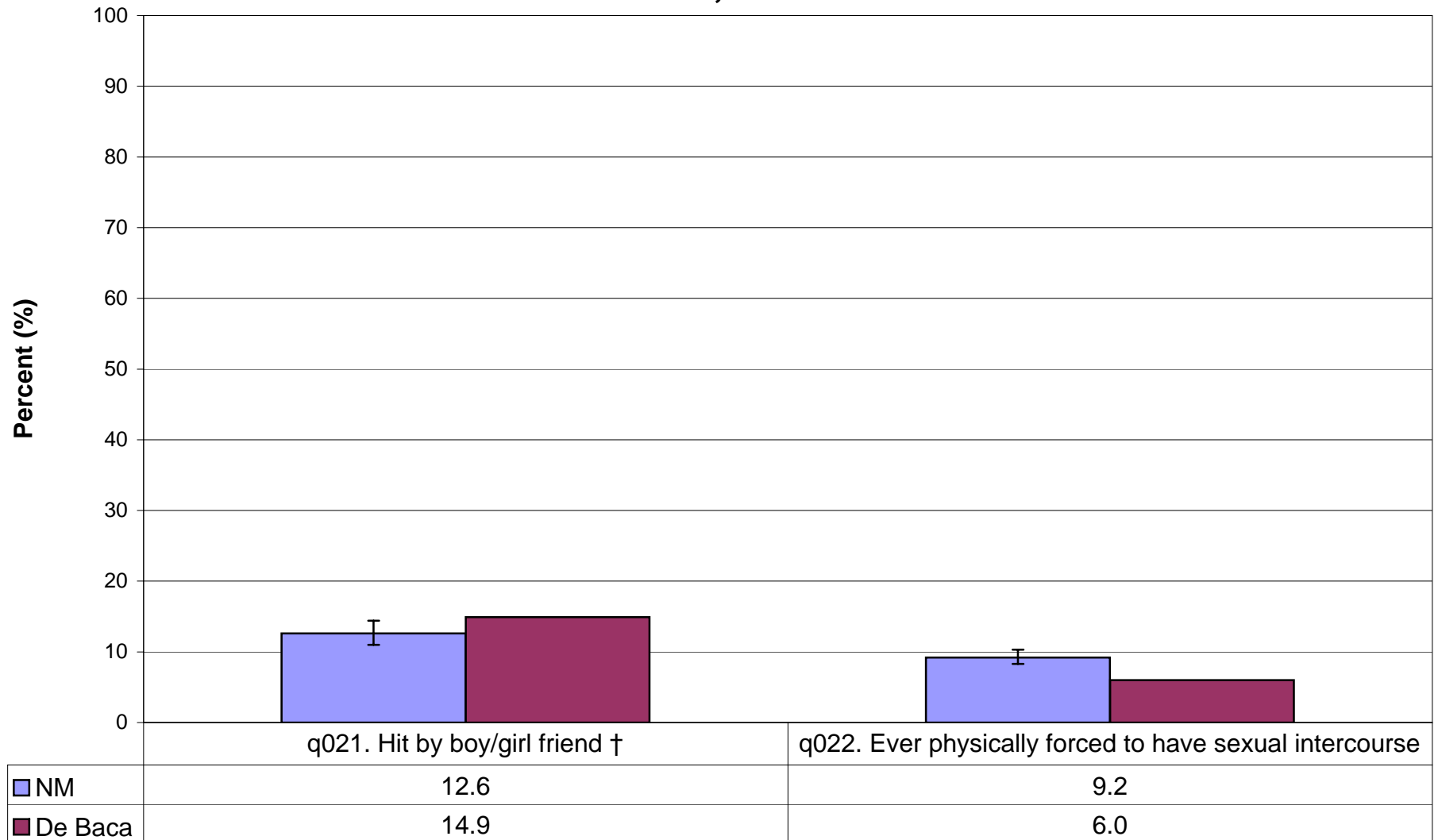


* Such as a gun, knife, or club in the past 30 days

** At school or on the way to or from school in past 30 days

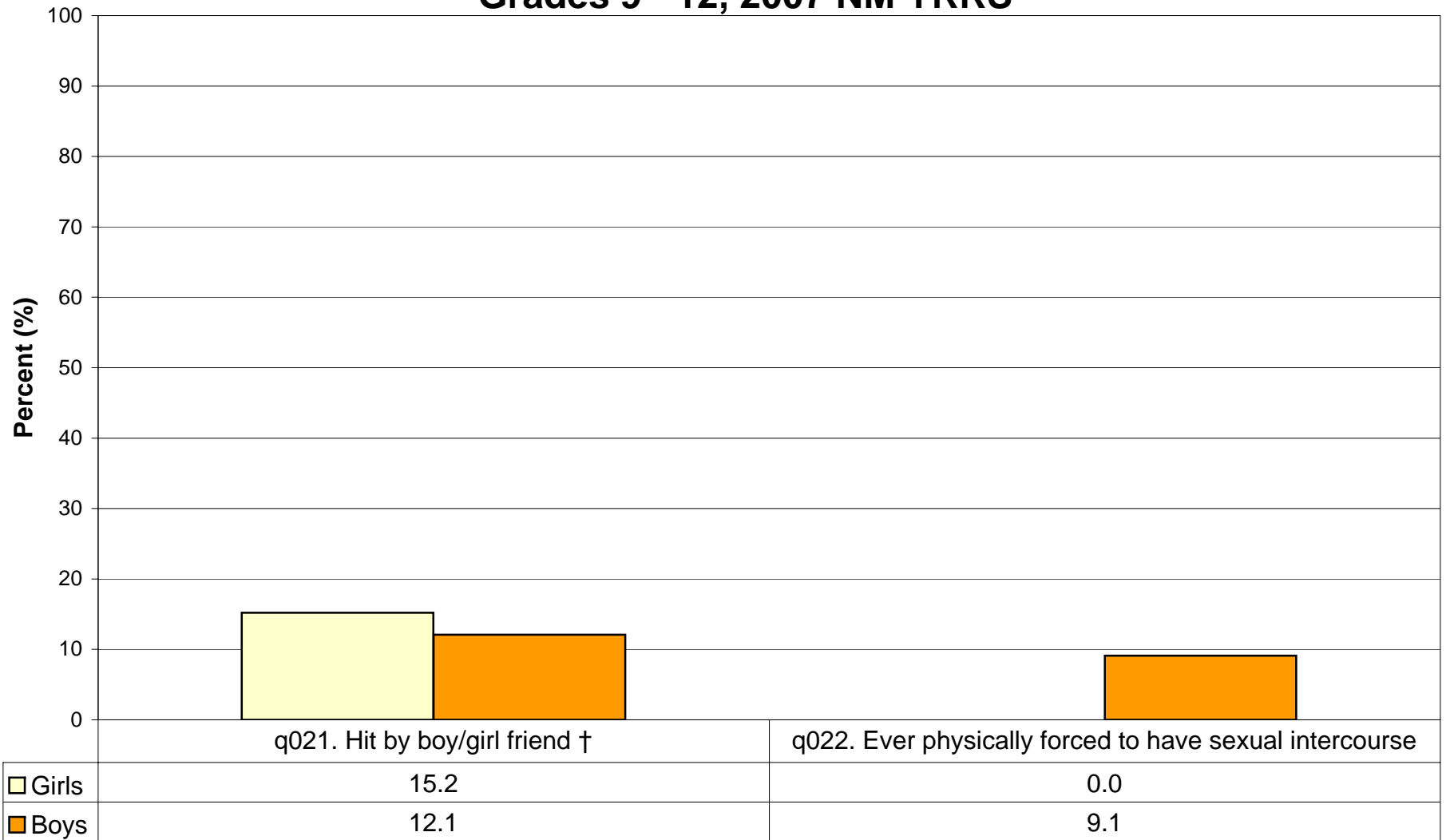
† In past 12 months

Dating Violence and Sexual Violence New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



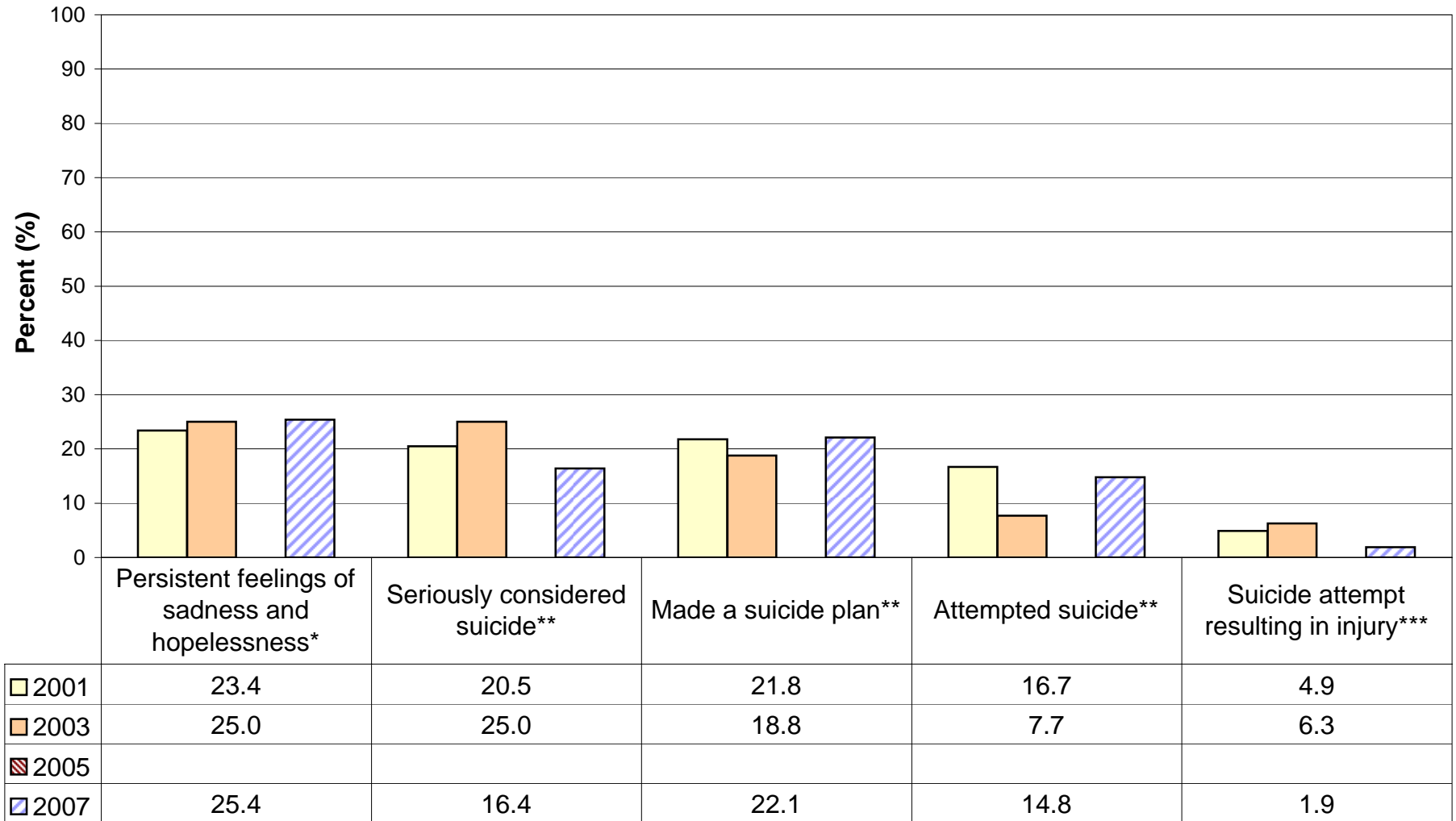
† In past 12 months

Dating Violence and Sexual Violence by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



† In past 12 months

Mental Health, Suicidal Ideation, and Suicide Attempts DeBaca County: 2001, 2003, 2005, 2007 Grades 9 - 12, NM YRRS

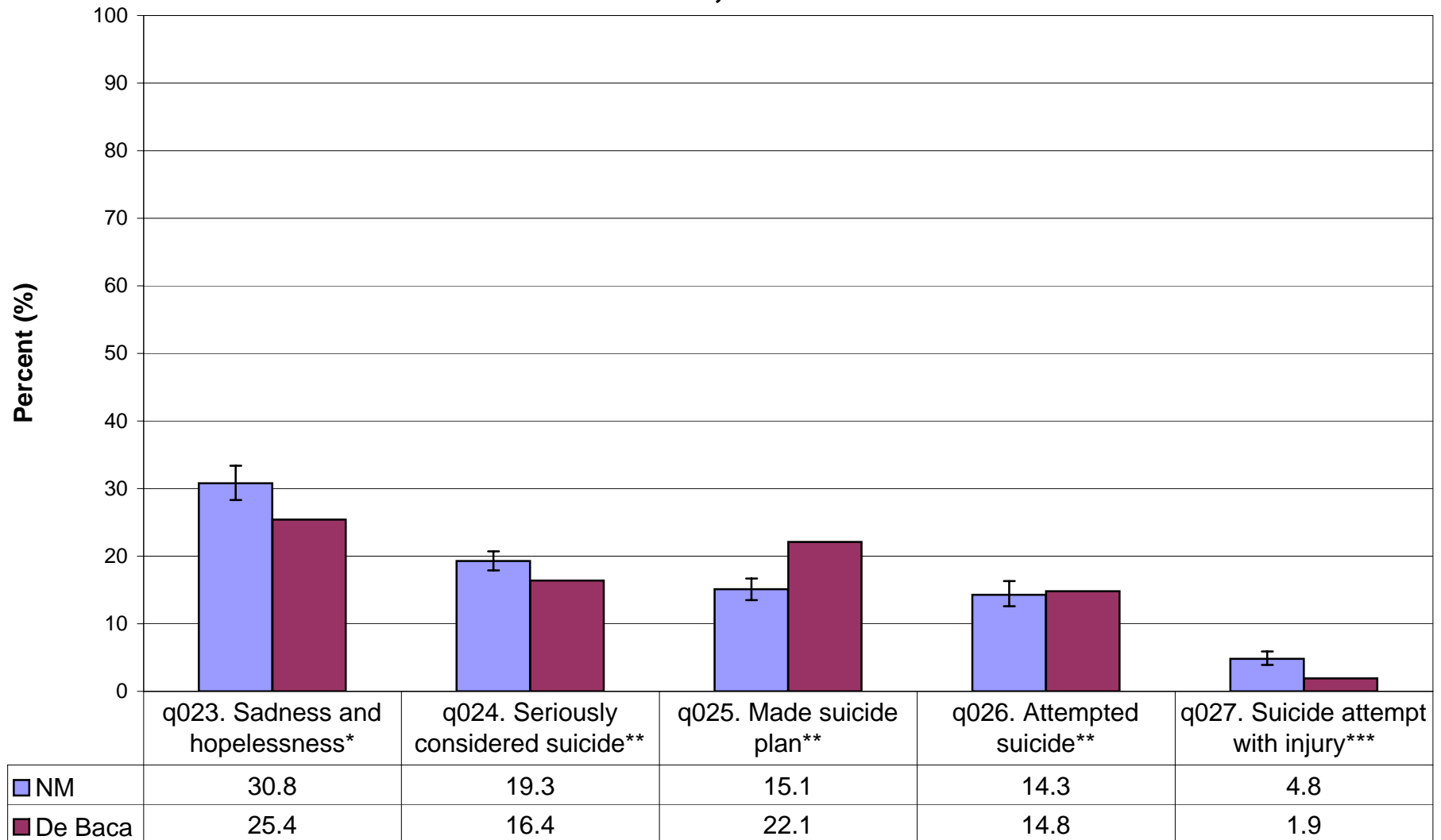


* Almost every day for 2 or more weeks in a row so stopped doing some usual activities, in the past 12 months

** In the past 12 months

*** Suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse

Mental Health, Suicidal Ideation and Suicide Attempts New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS

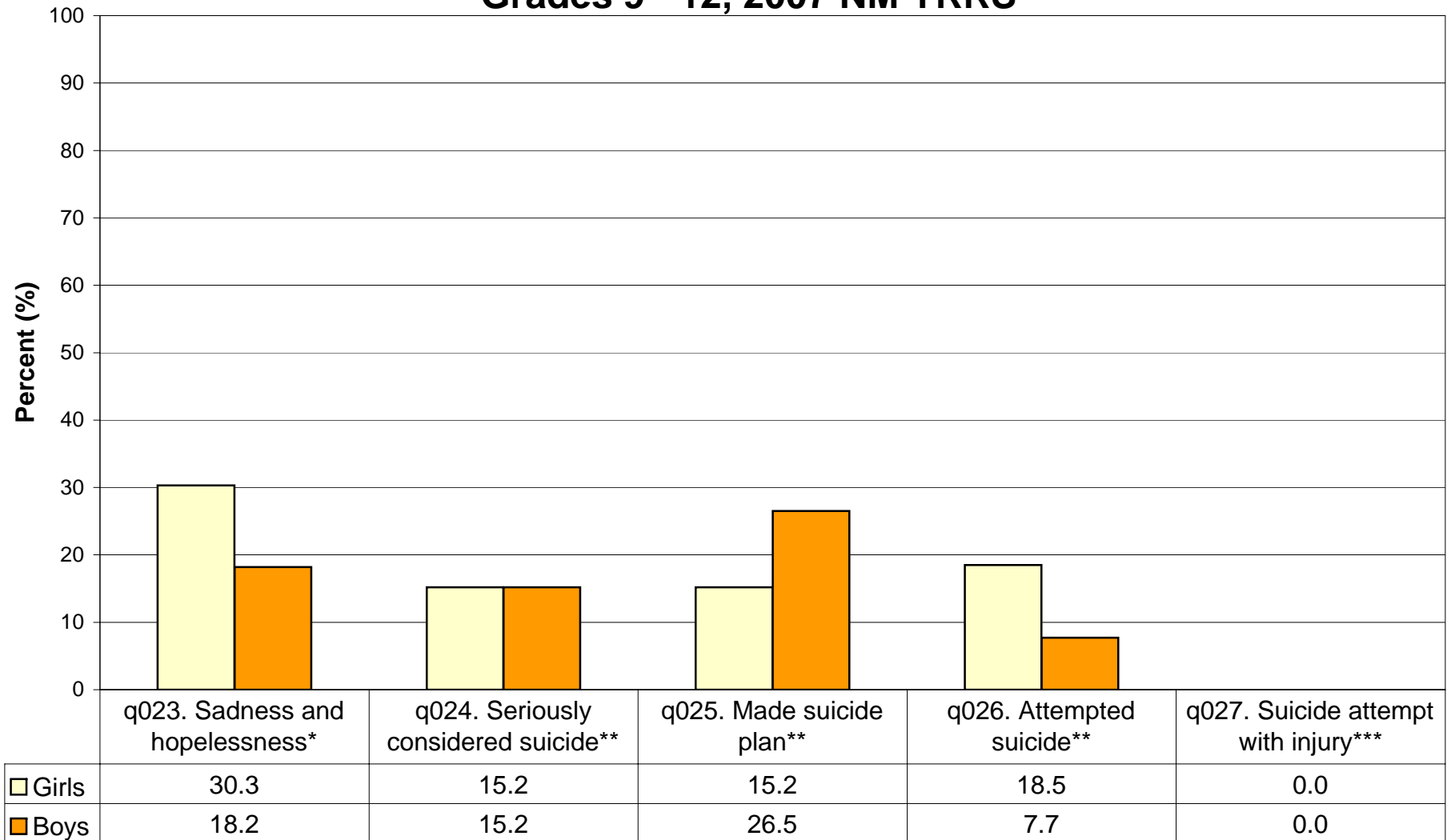


* Almost every day for 2 or more weeks in a row so stopped doing some usual activities, in the past 12 months

** In the past 12 months

*** Suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse

Mental Health, Suicidal Ideation and Suicide Attempts by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



* Almost every day for 2 or more weeks in a row so stopped doing some usual activities, in the past 12 months

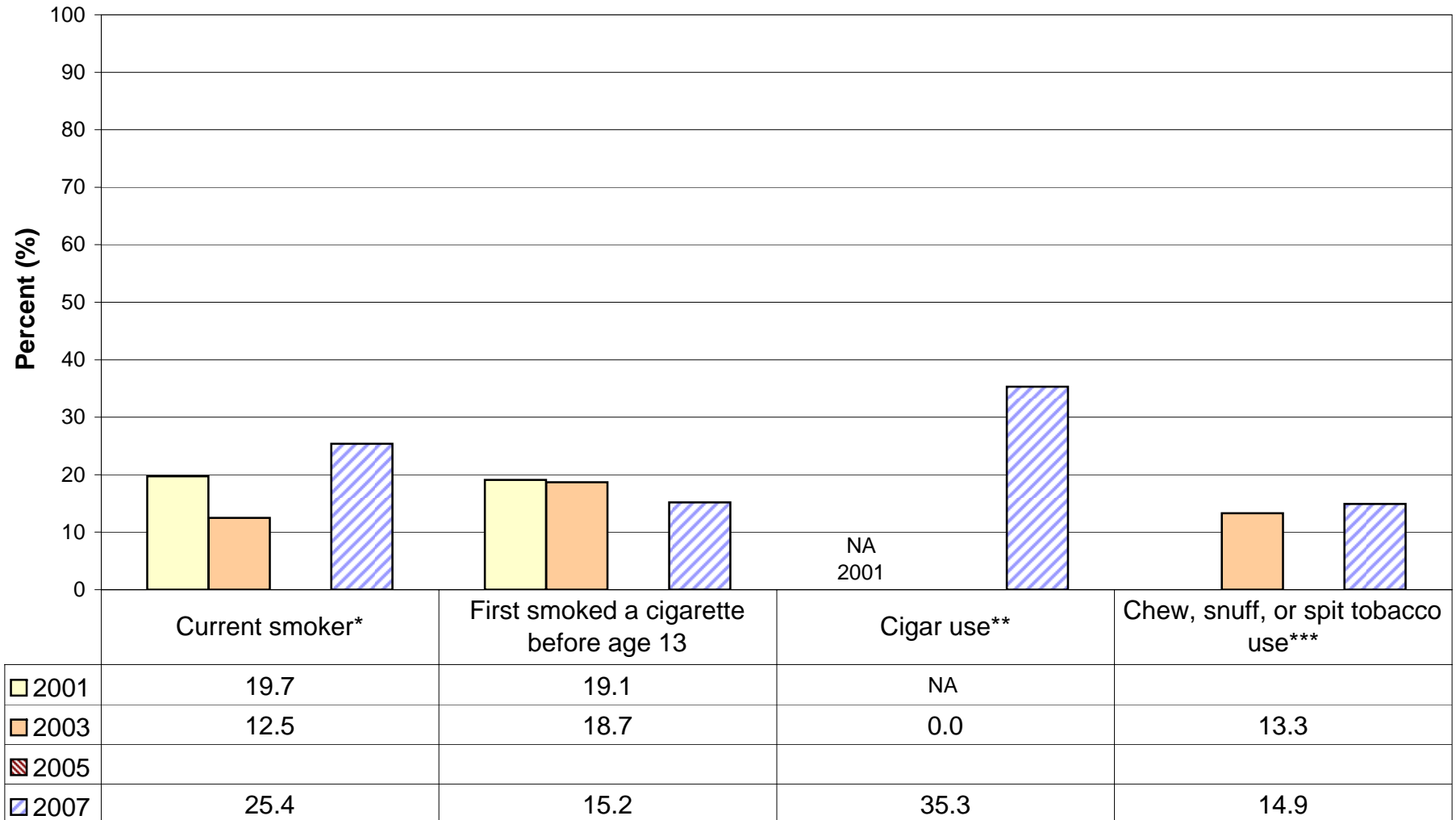
** In the past 12 months

*** Suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse

Tobacco Use

DeBaca County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS



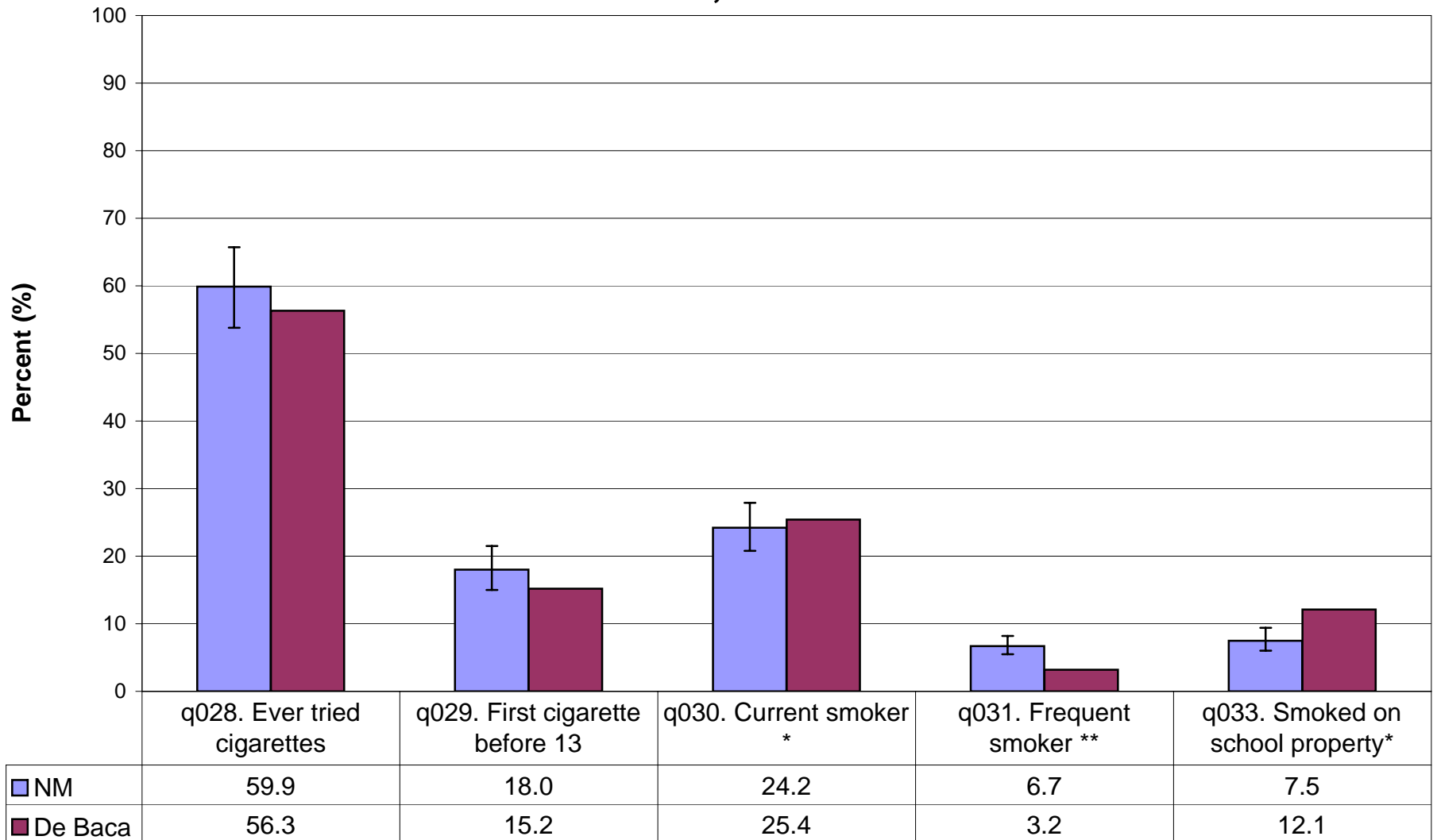
* Smoked cigarettes in the past 30 days

** Smoked cigars, cigarettes, or cigarillos in the past 30 days

*** In the past 30 days

Tobacco Use: Cigarettes

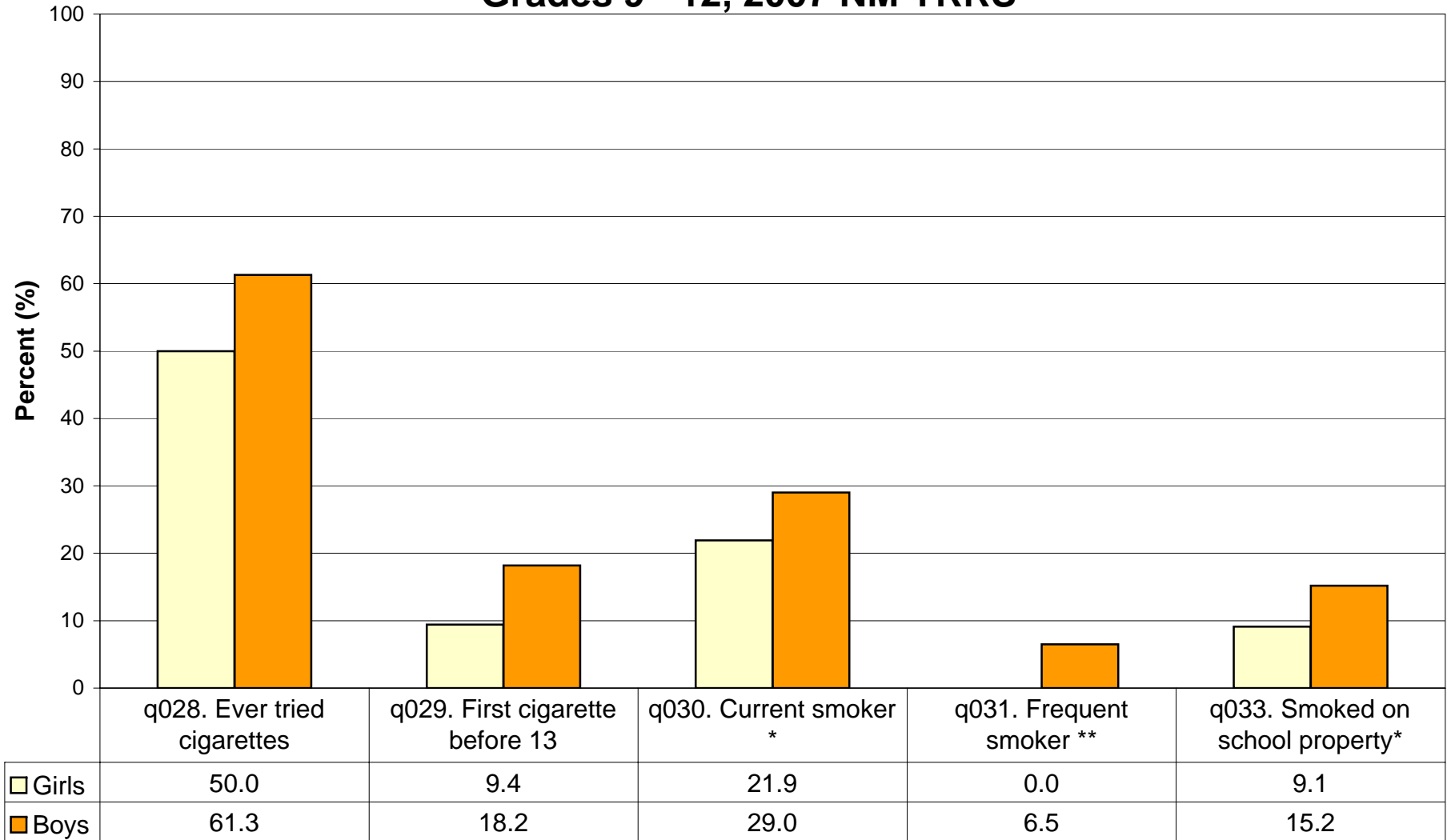
New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* Smoked cigarettes in the past 30 days

** Smoked cigarettes on at least 20 of the past 30 days

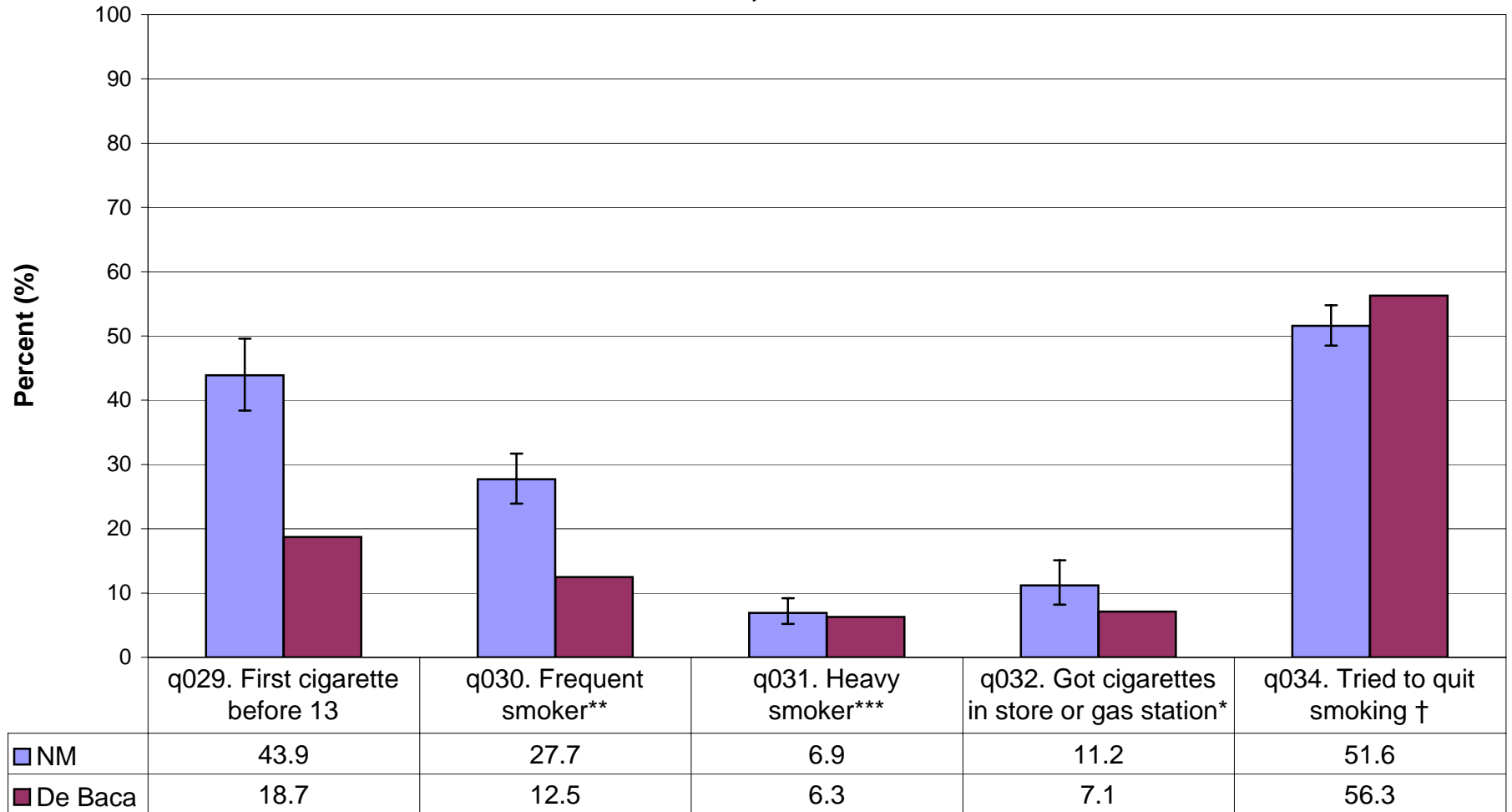
Tobacco Use: Cigarettes by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



* Smoked cigarettes in the past 30 days

** Smoked cigarettes on at least 20 of the past 30 days

Tobacco Use: Behaviors of Current Smokers New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



Among current smokers (smoked a cigarette within the past 30 days):

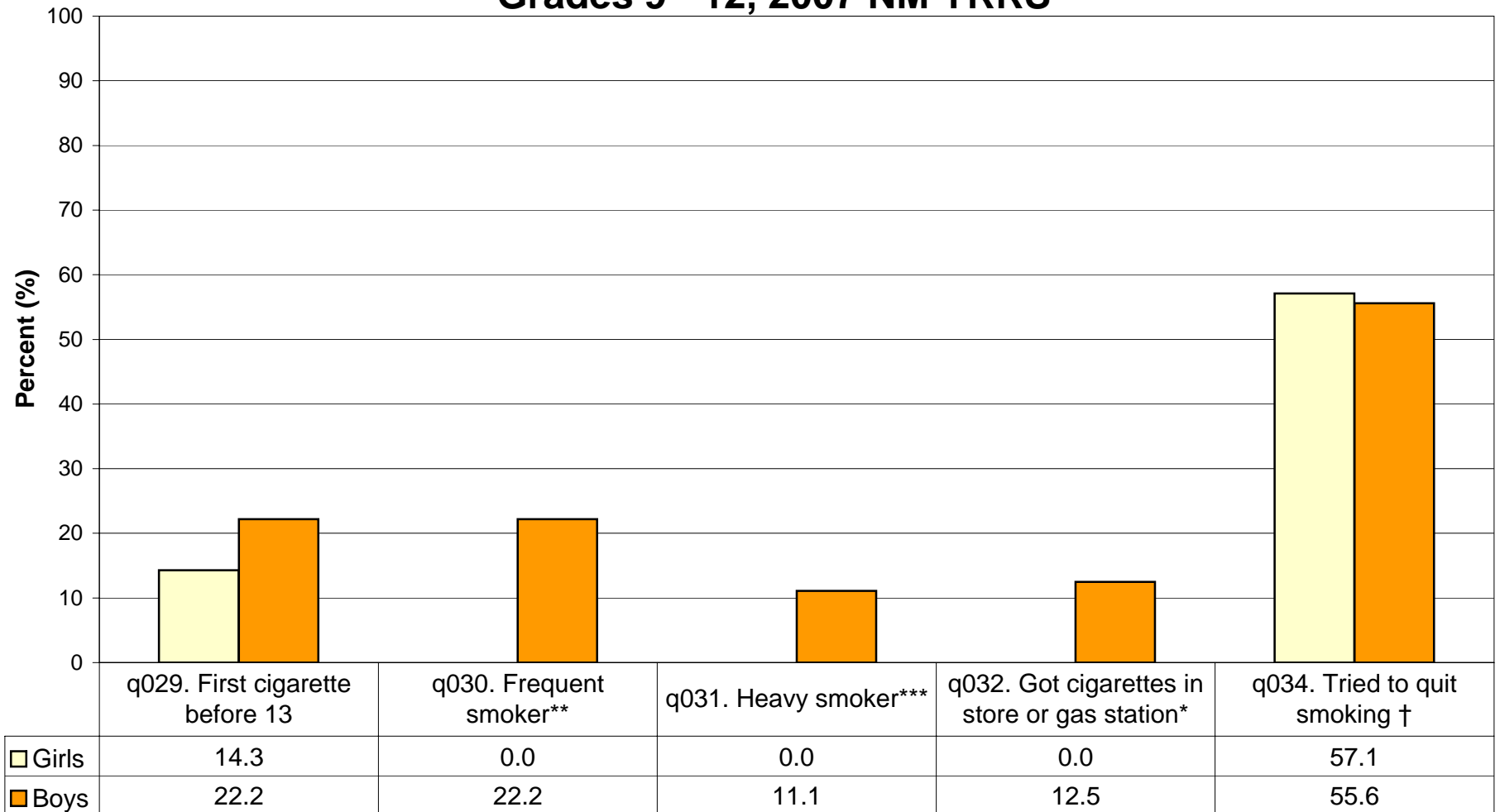
* In the past 30 days

** Smoked cigarettes on at least 20 of the past 30 days

*** Smoked 10+ cigarettes per day on days when smoked cigarettes

† In the past 12 months

Tobacco Use: Behaviors of Current Smokers by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



Among current smokers (smoked a cigarette within the past 30 days):

* In the past 30 days

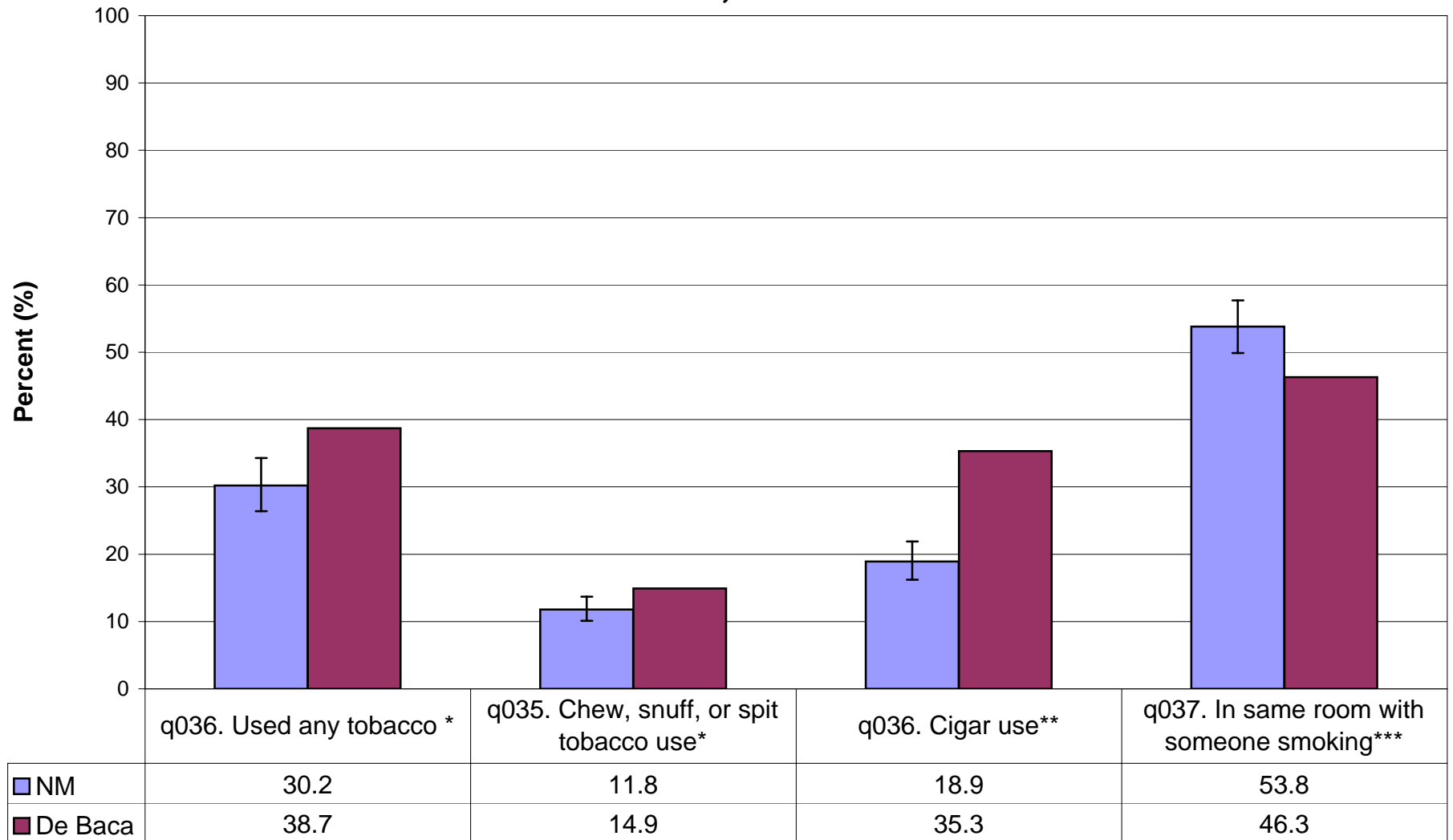
** Smoked cigarettes on at least 20 of the past 30 days

*** Smoked 10+ cigarettes per day on days when smoked cigarettes

† In the past 12 months

Tobacco Use: Other Tobacco Use and Exposure

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS

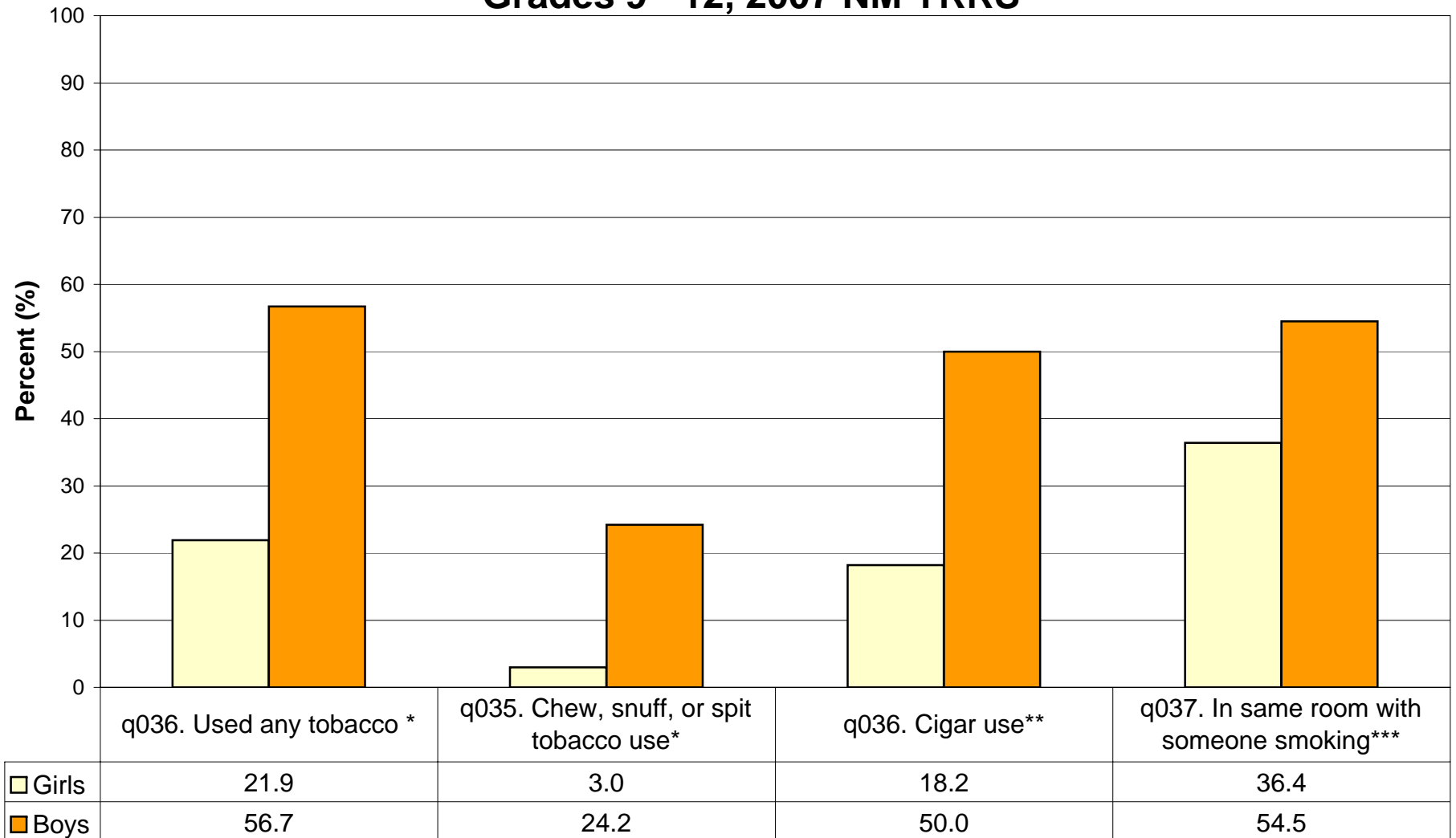


* In the past 30 days

** Smoked cigars, cigarillos, or littlecigars in the past 30 days

*** On at least one of the past 7 days

Tobacco Use: Other Tobacco Use and Exposure by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



* In the past 30 days

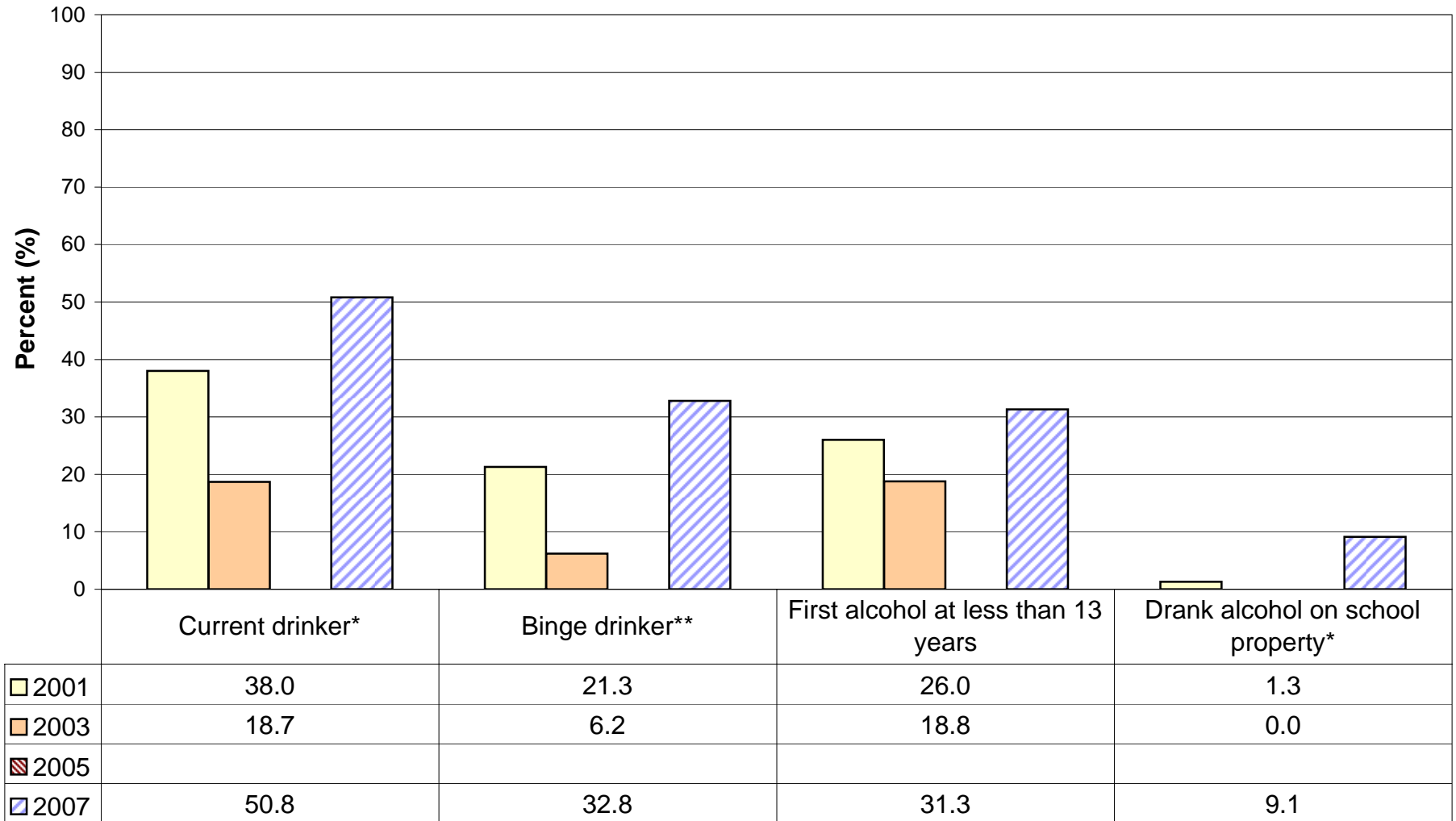
** Smoked cigars, cigarillos, or littlecigars in the past 30 days

*** On at least one of the past 7 days

Alcohol Use

DeBaca County: 2001, 2003, 2005, 2007

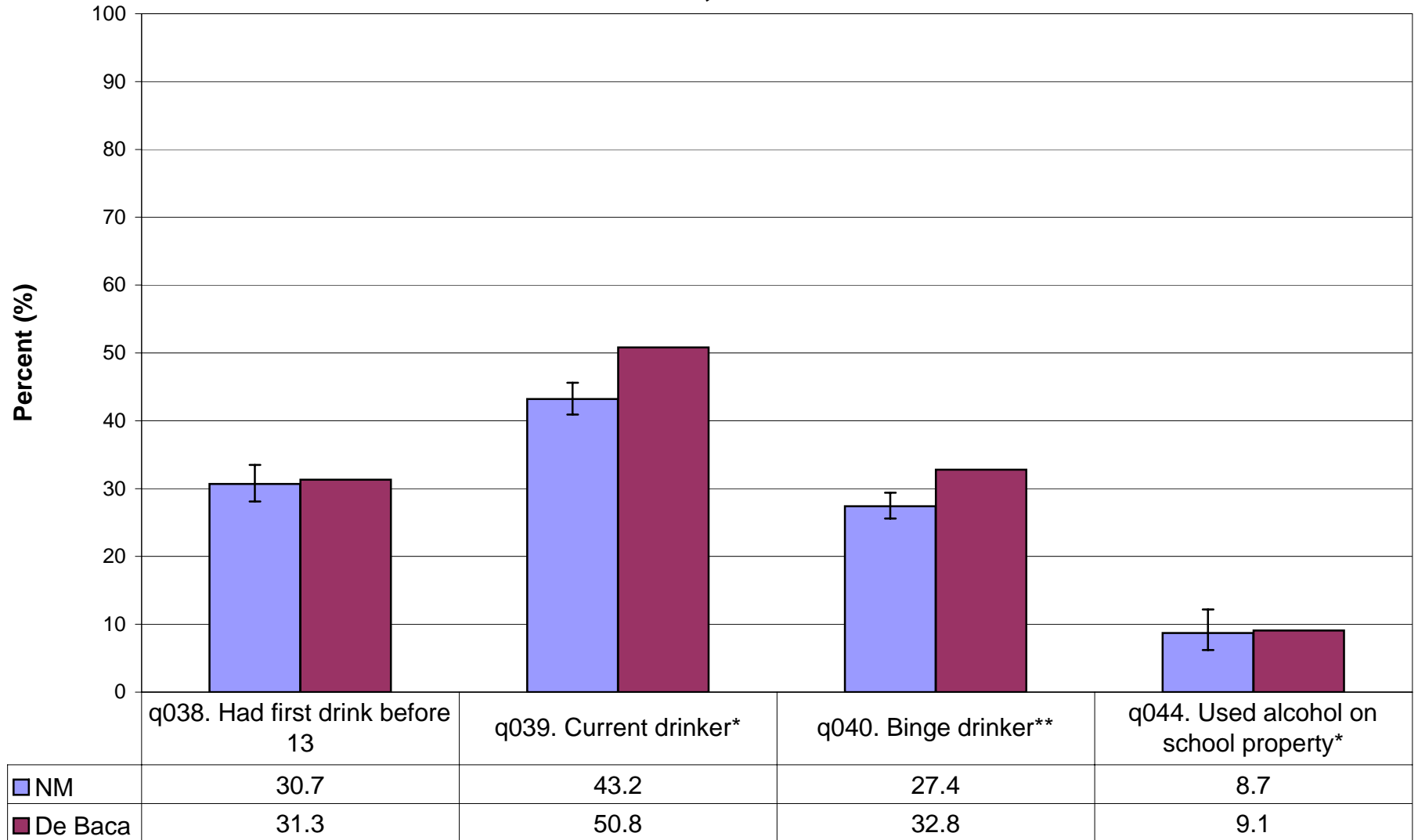
Grades 9 - 12, NM YRRS



* In the past 30 days

** Five or more drinks in a row, or within a couple of hours, in the past 30 days

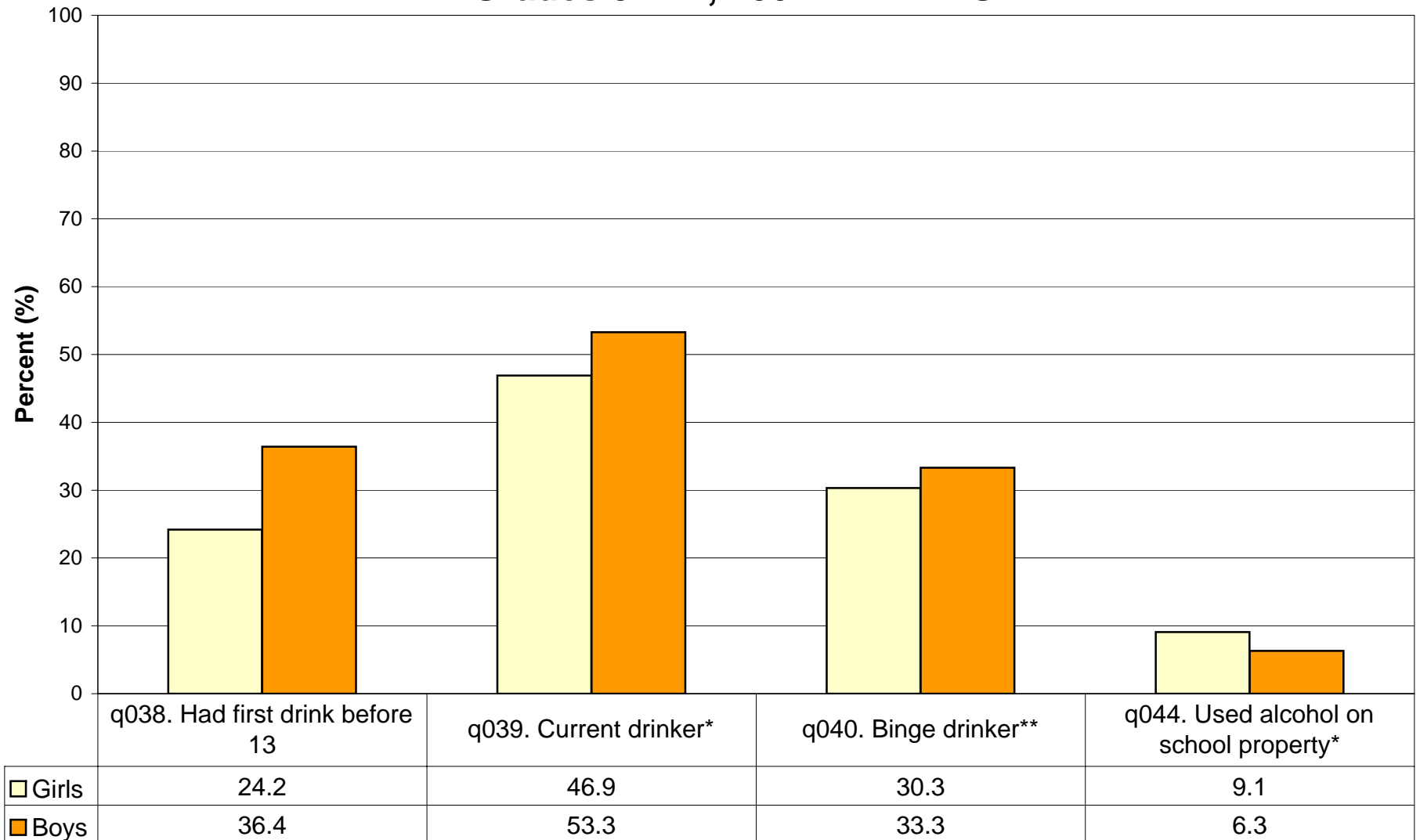
Alcohol Use New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* In the past 30 days

** Five or more drinks in a row, or within a couple of hours, in the past 30 days

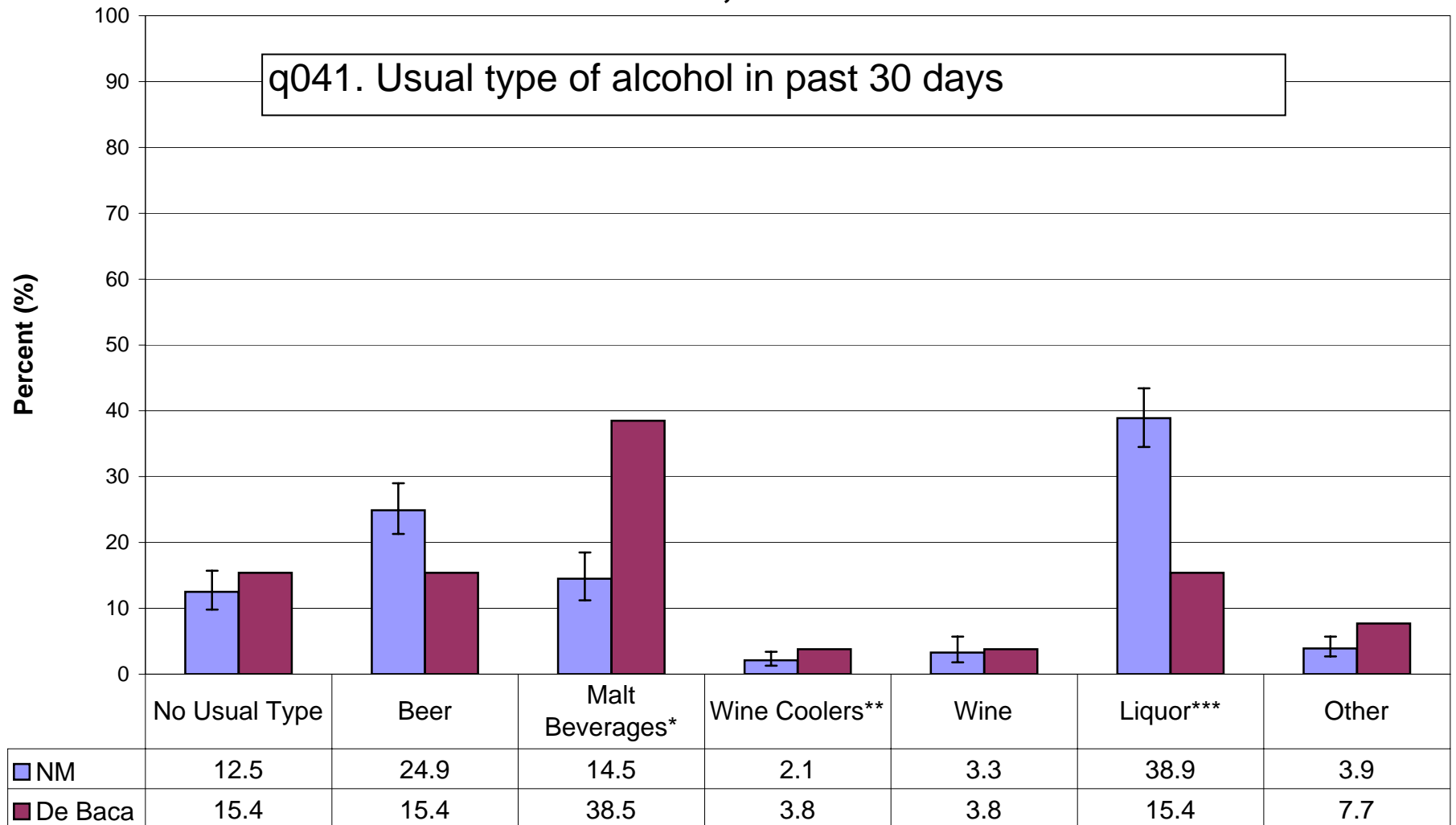
Alcohol Use by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



* In the past 30 days

** Five or more drinks in a row ,or within a couple of hours, in the past 30 days

Alcohol Use: Behaviors of Current Drinkers New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS

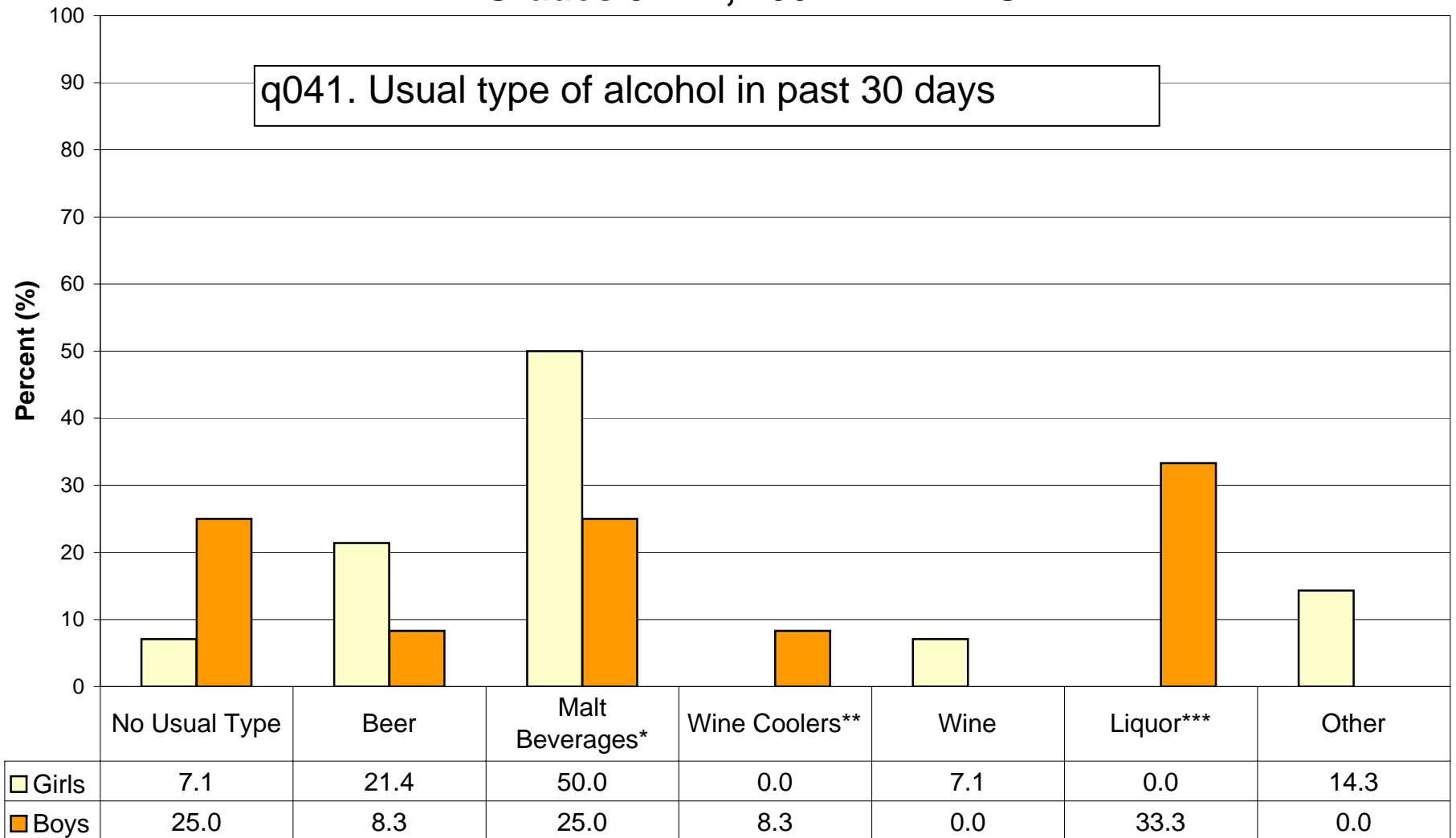


* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade

** Such as Bartles and James or Seagrams

*** Such as vodka, rum, scotch, bourbon, or whiskey

Alcohol Use: Behaviors of Current Drinkers by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

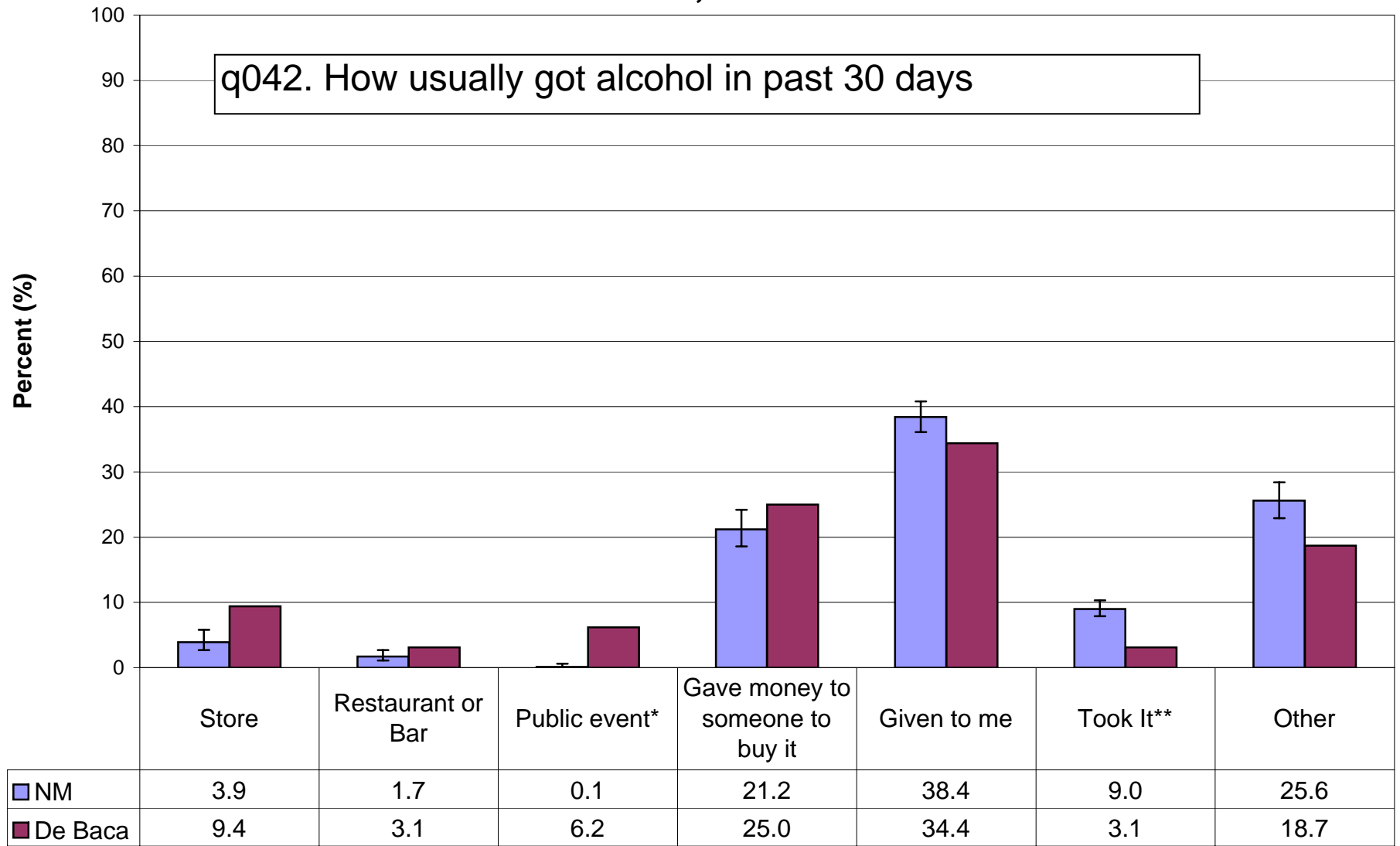


* Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade

** Such as Bartles and James or Seagrams

*** Such as vodka, rum, scotch, bourbon, or whiskey

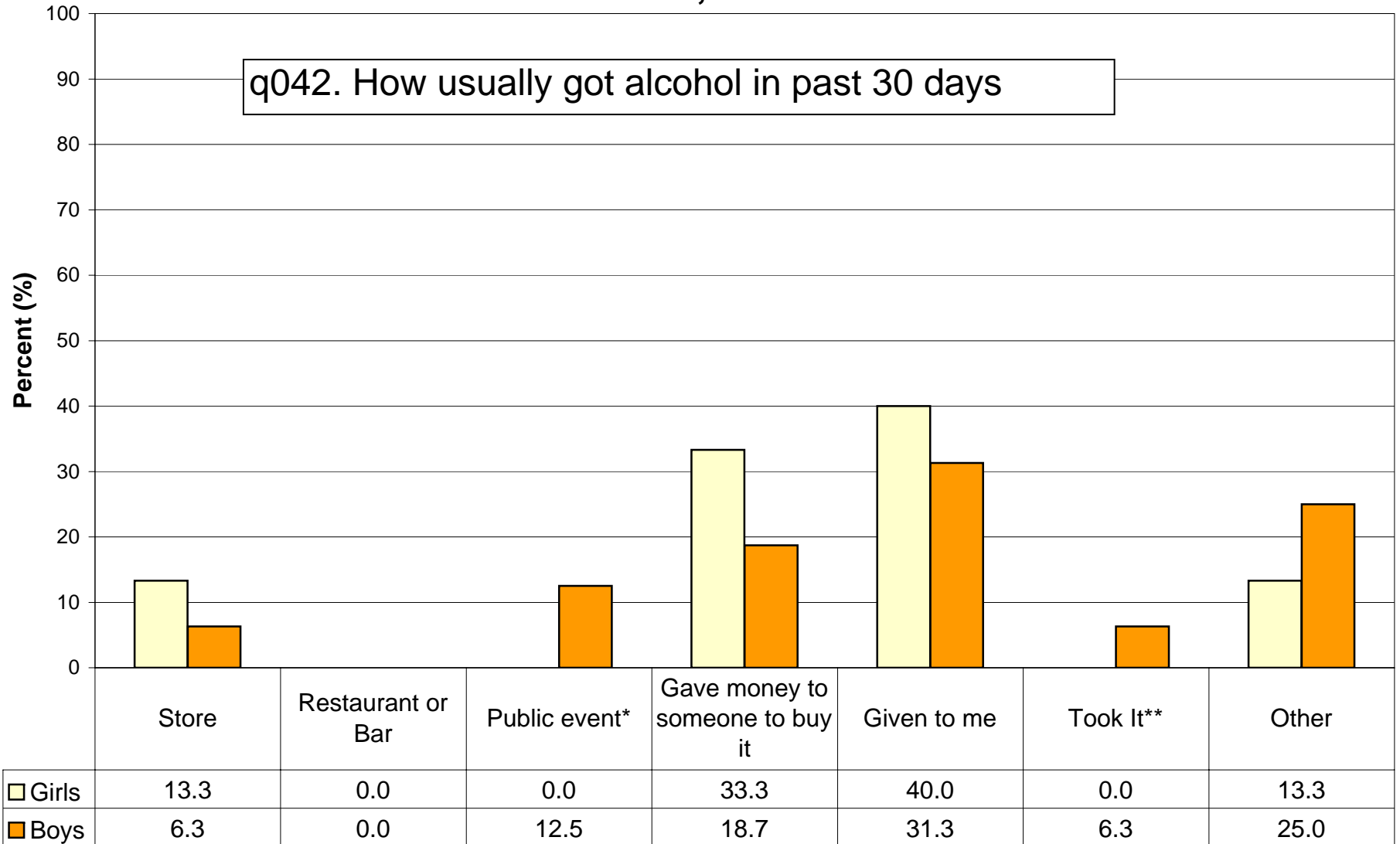
Alcohol Use: Behaviors of Current Drinkers New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* Such as a concert or sporting event

** From a store or family member

Alcohol Use: Behaviors of Current Drinkers by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



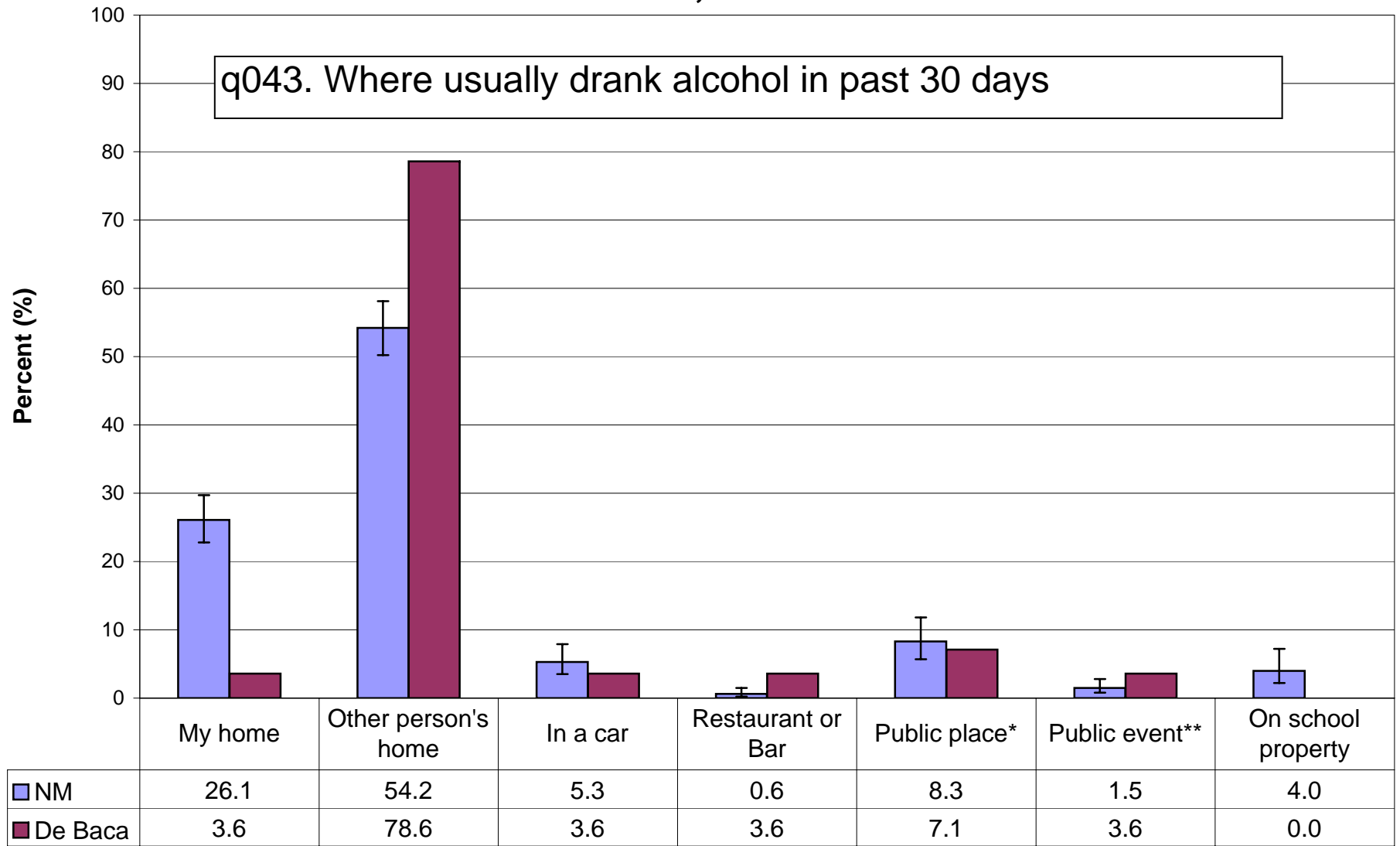
* Such as a concert or sporting event

** From a store or family member

Alcohol Use: Behaviors of Current Drinkers

New Mexico and De Baca County

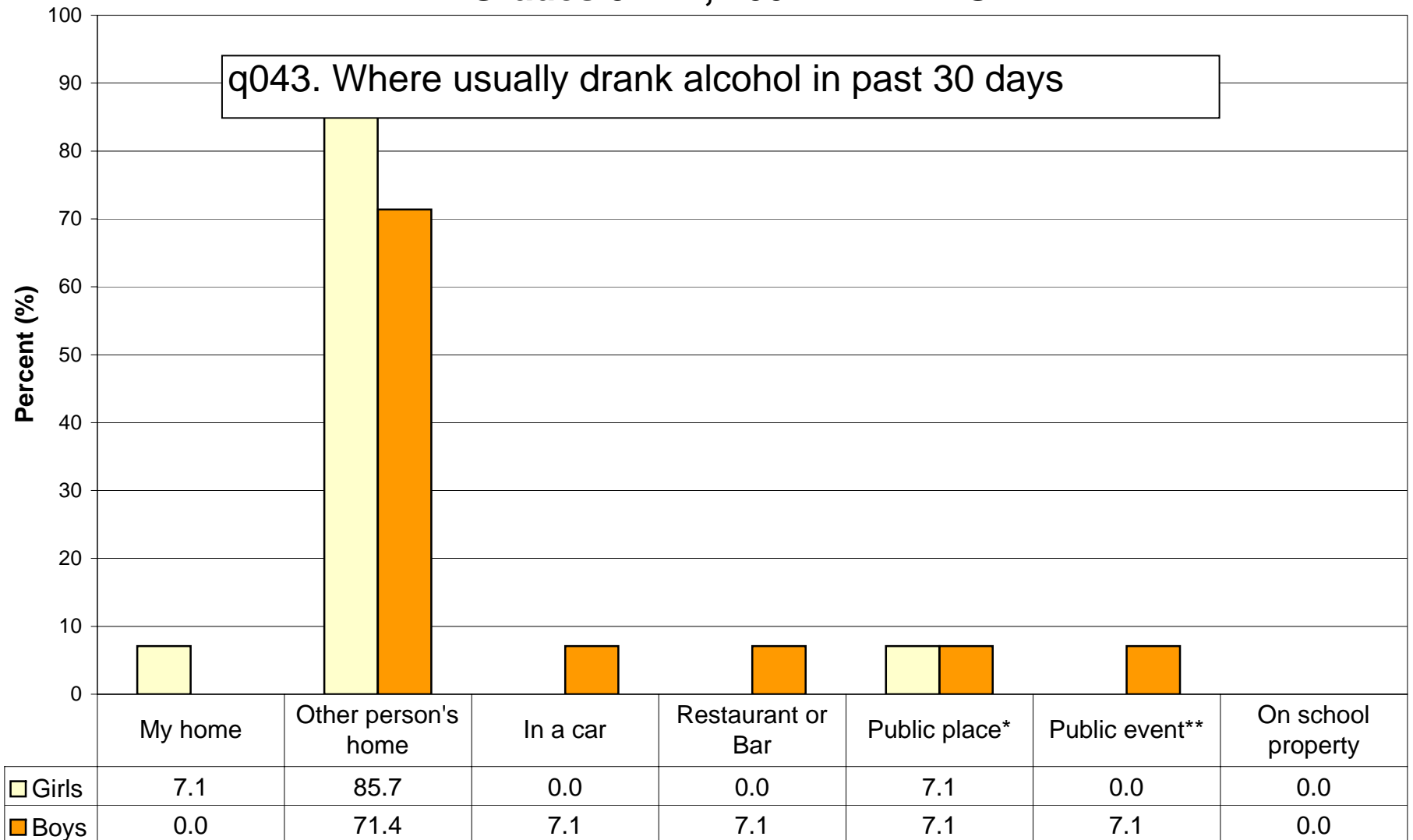
Grades 9 - 12, 2007 NM YRRS



* Such as a park, beach, or parking lot

** Such as a concert or sporting event

Alcohol Use: Behaviors of Current Drinkers by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

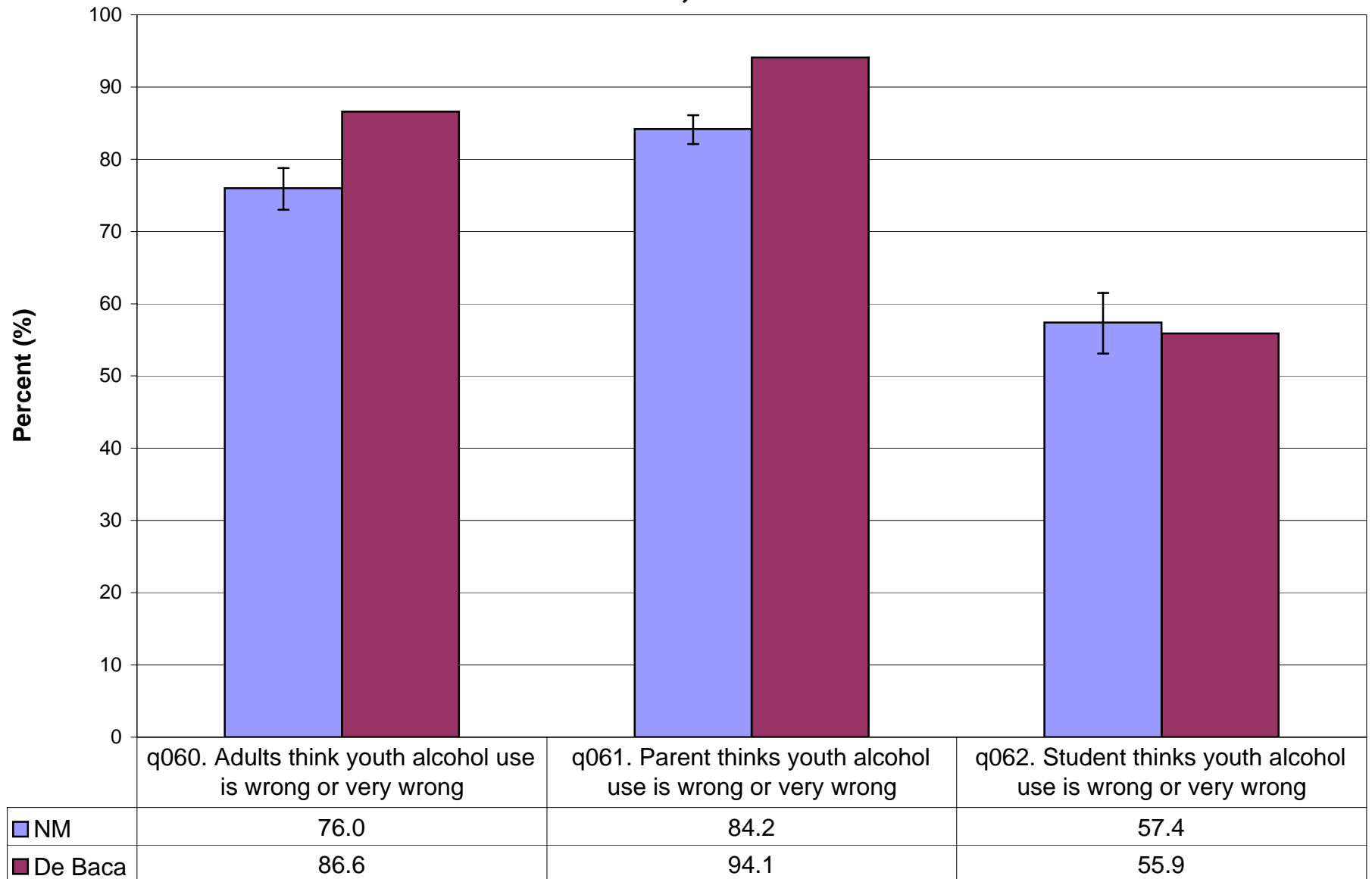


* Such as a park, beach, or parking lot

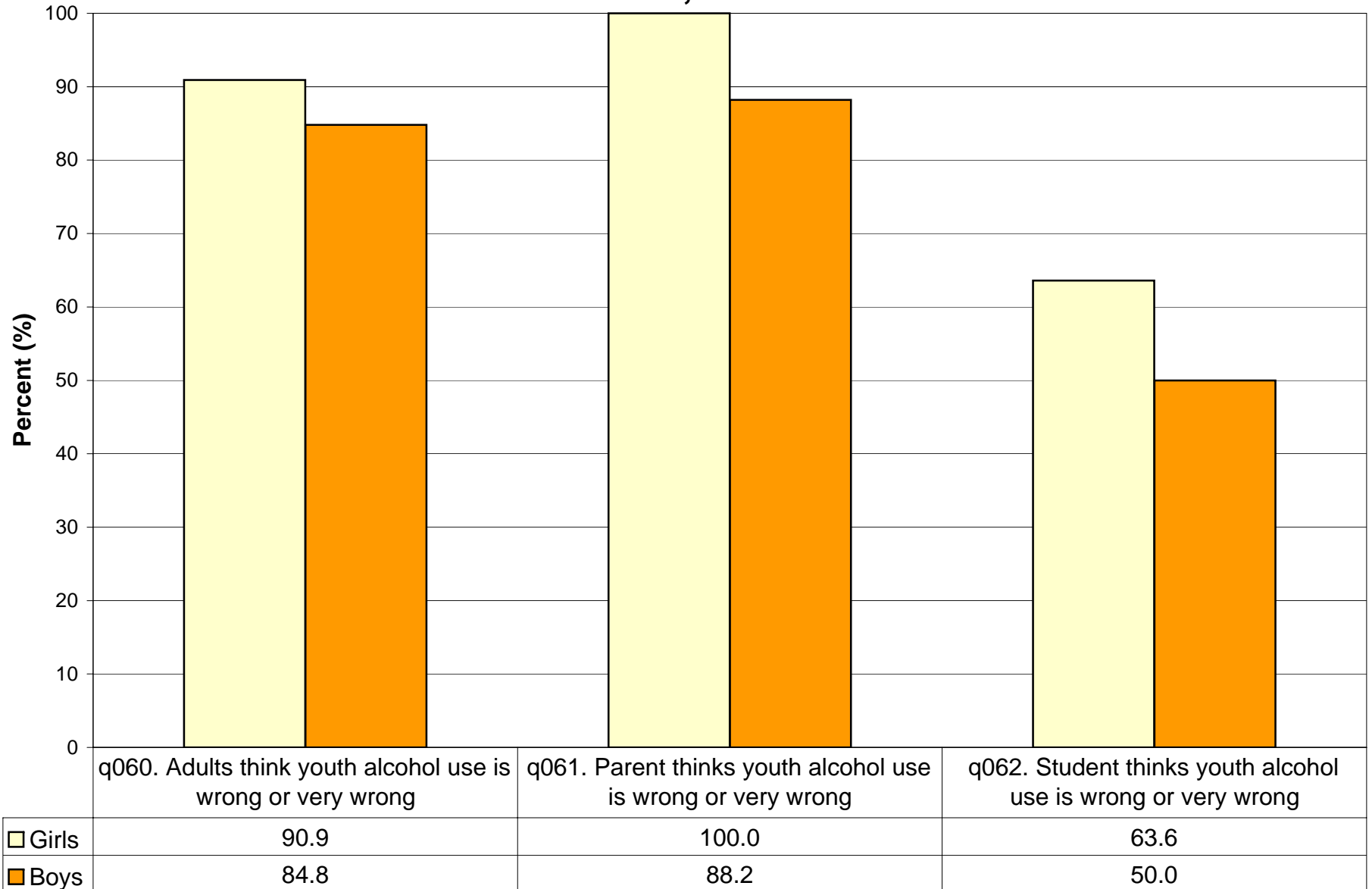
** Such as a concert or sporting event

Alcohol Use: Attitudes

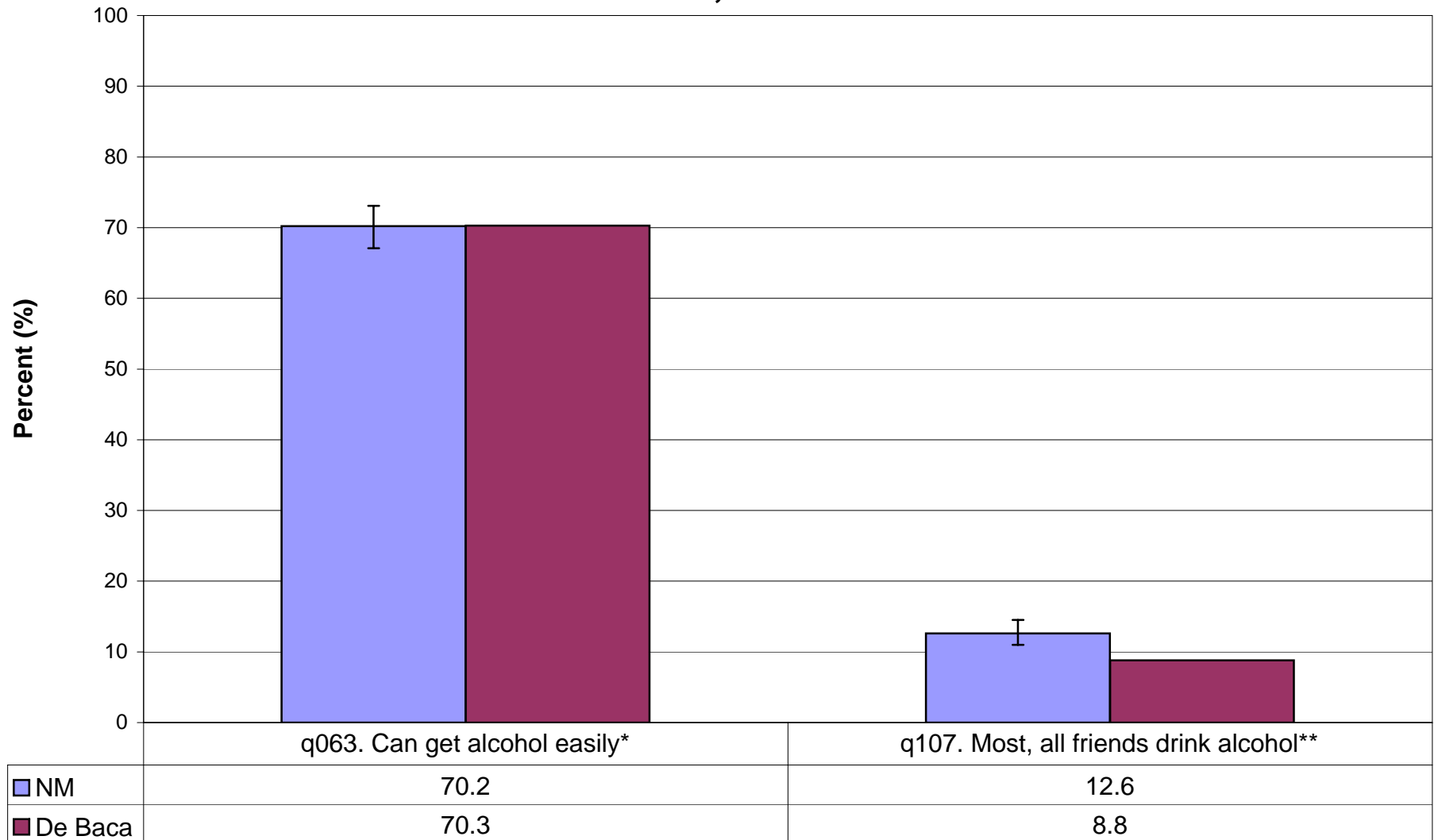
New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



Alcohol Use: Attitudes by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



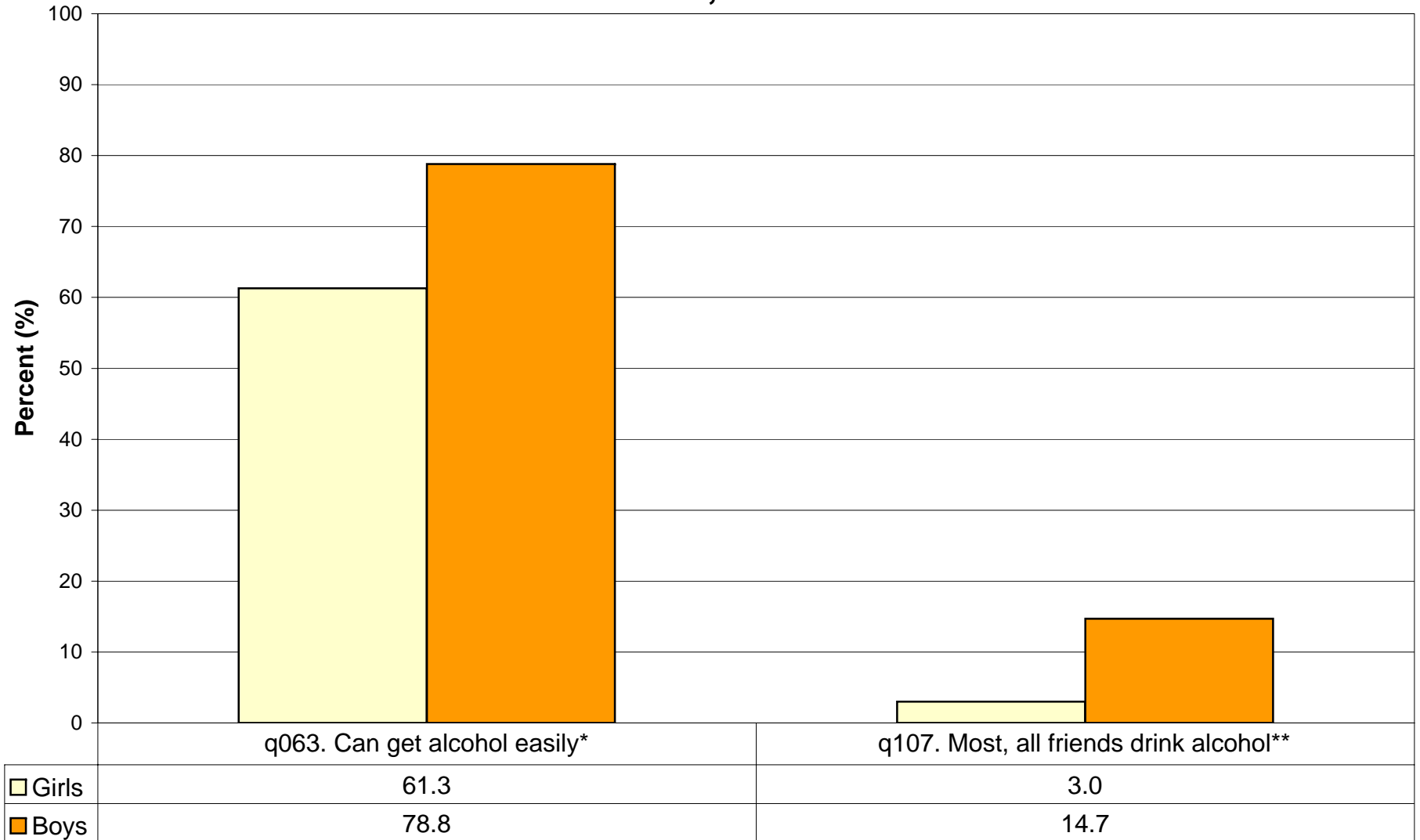
Alcohol Use: Ease of Access and Use by Friends New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* "Sort of easy" or "Very easy" to get alcohol

** Once a week or more

Alcohol Use: Ease of Access and Use by Friends by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



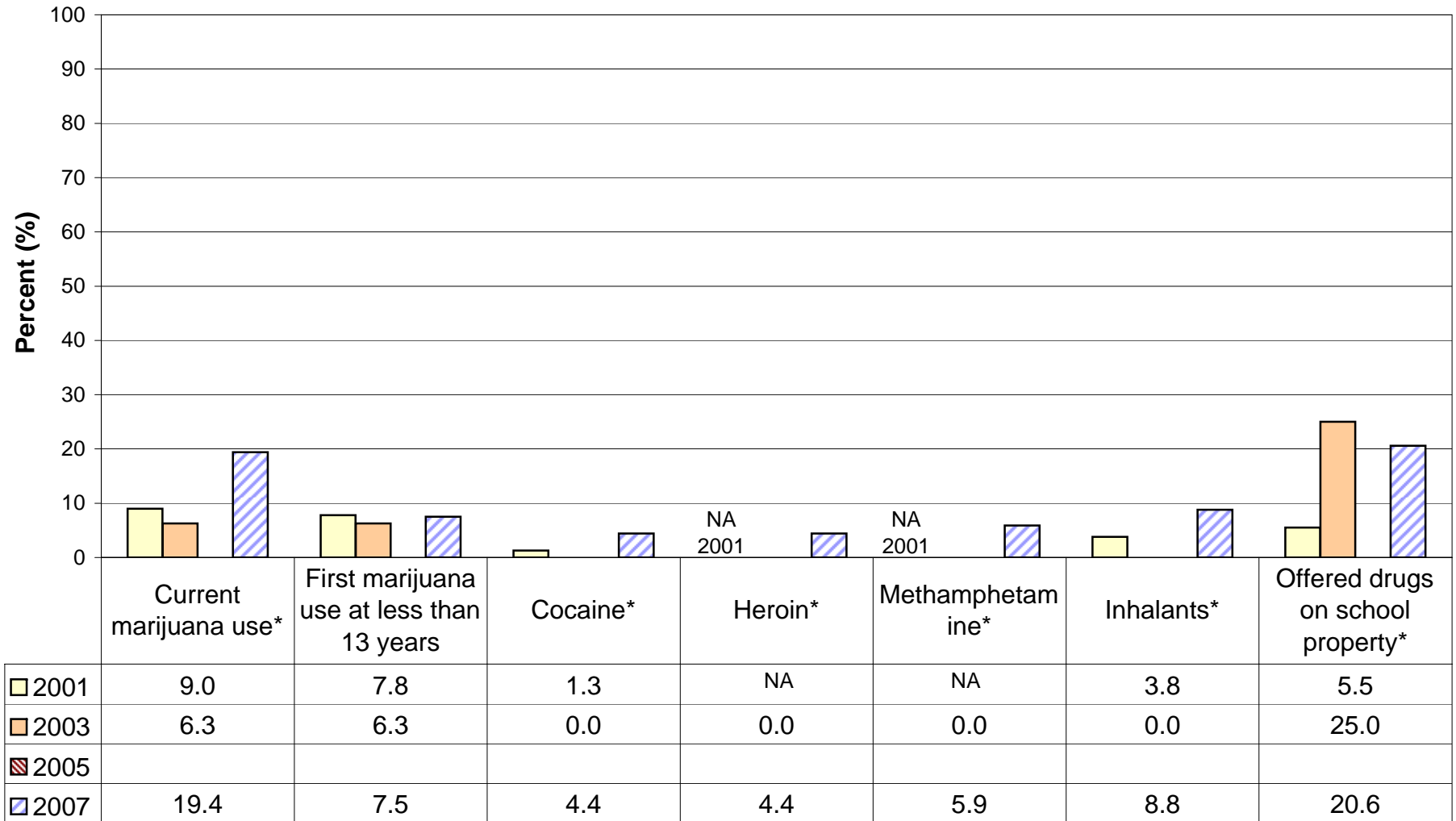
* "Sort of easy" or "Very easy" to get alcohol

** Once a week or more

Drug Use

DeBaca County: 2001, 2003, 2005, 2007

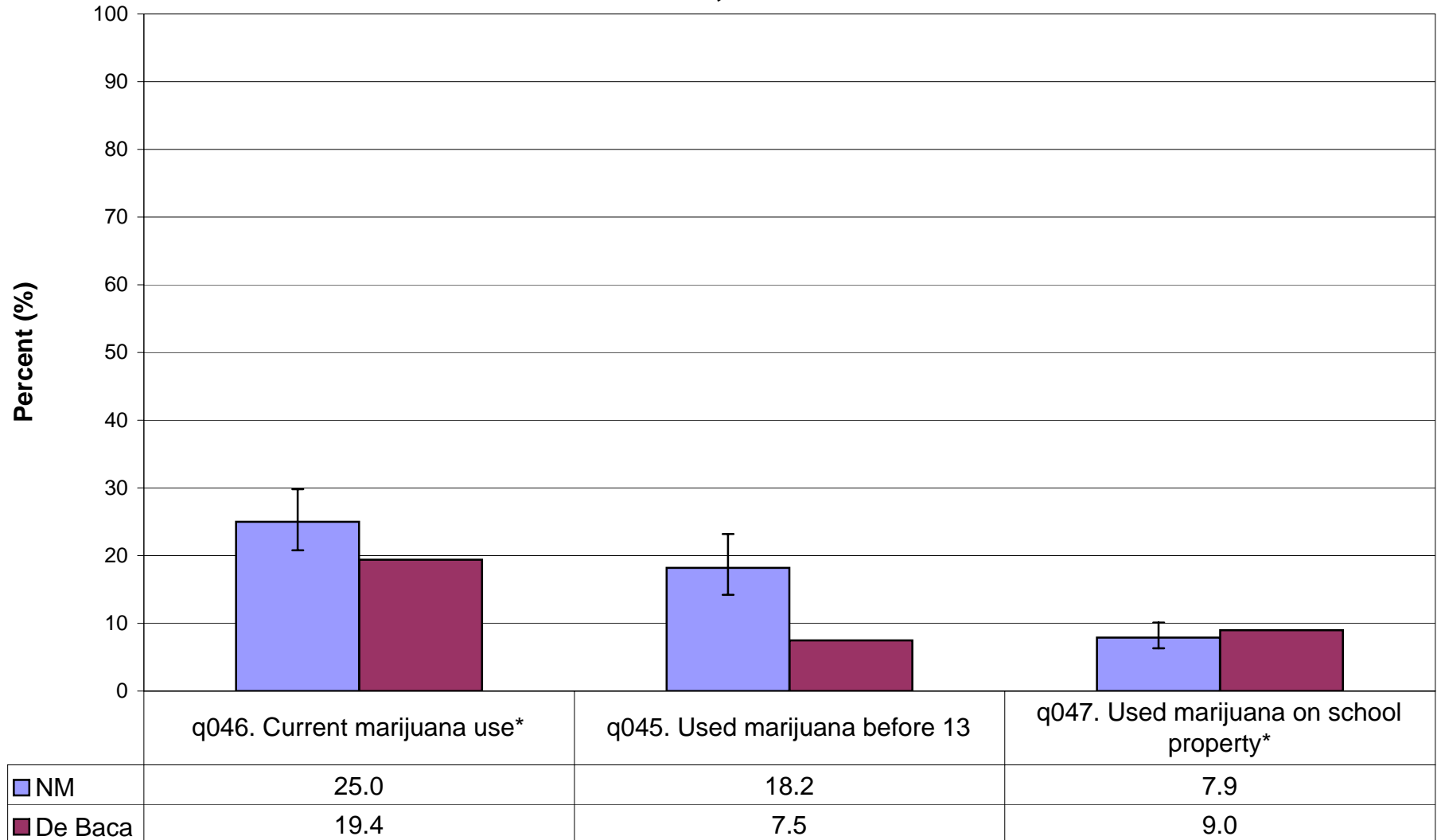
Grades 9 - 12, NM YRRS



* In the past 30 days

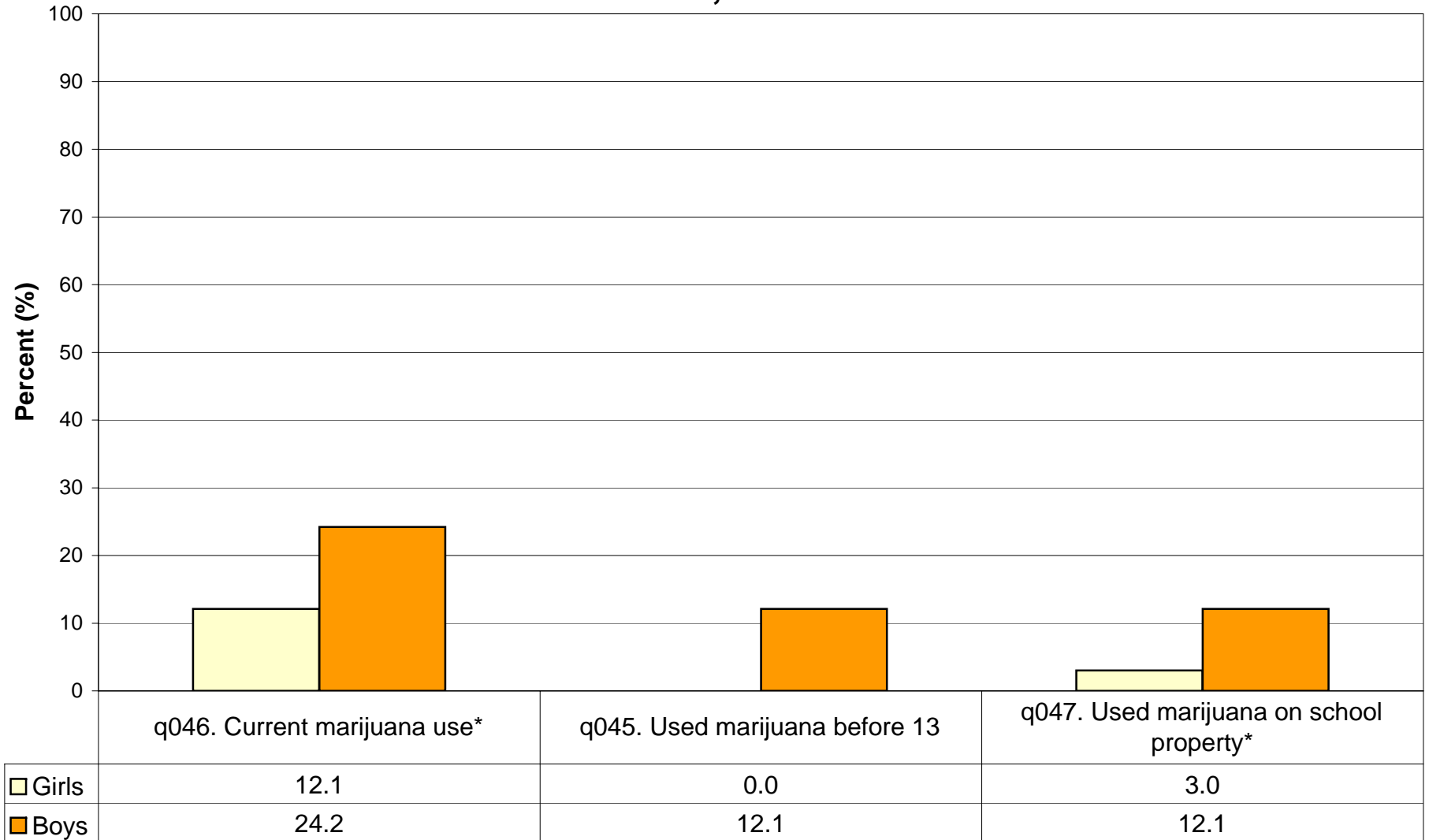
Drug Use: Marijuana

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



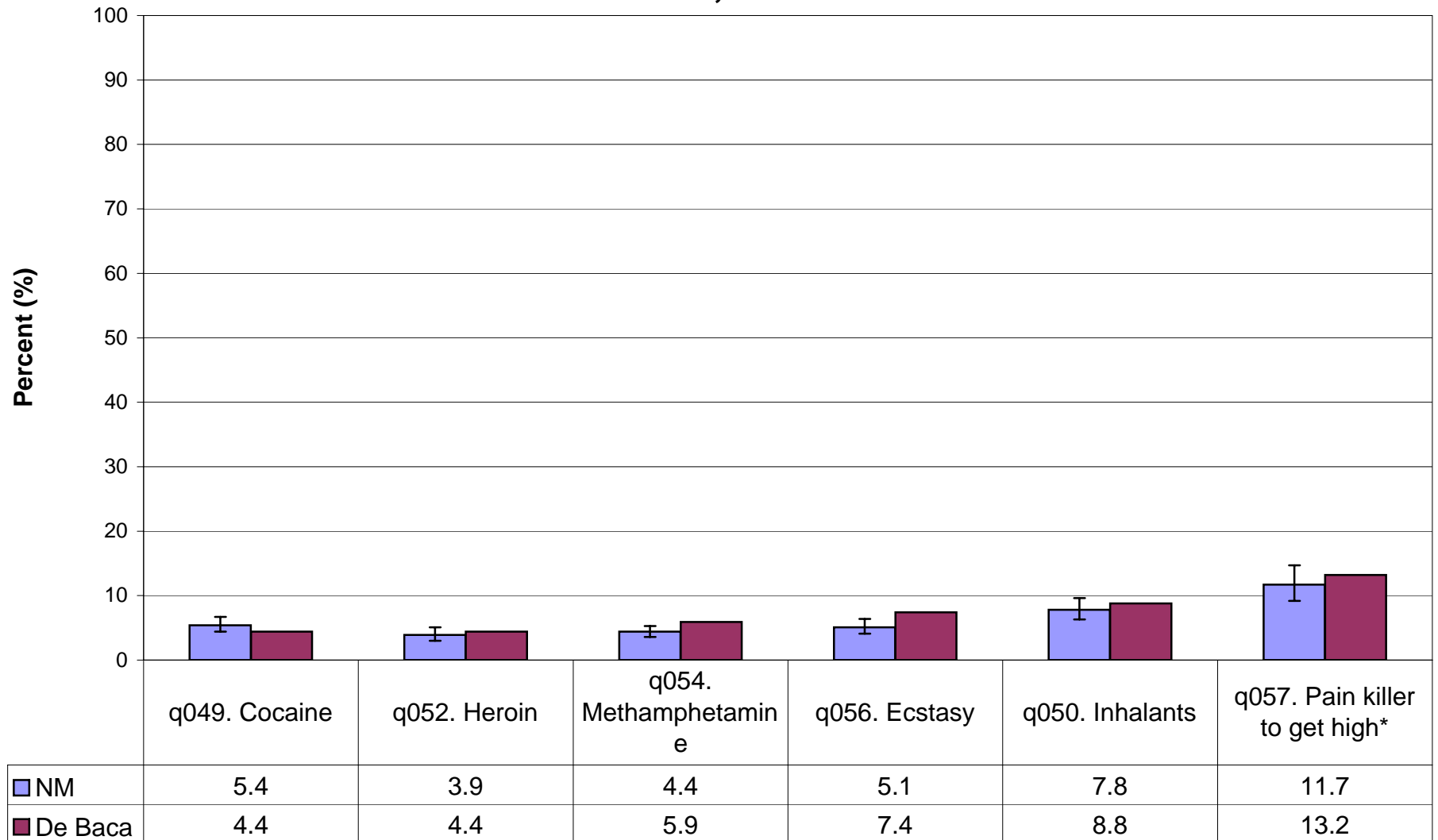
* In past 30 days

Drug Use: Marijuana by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



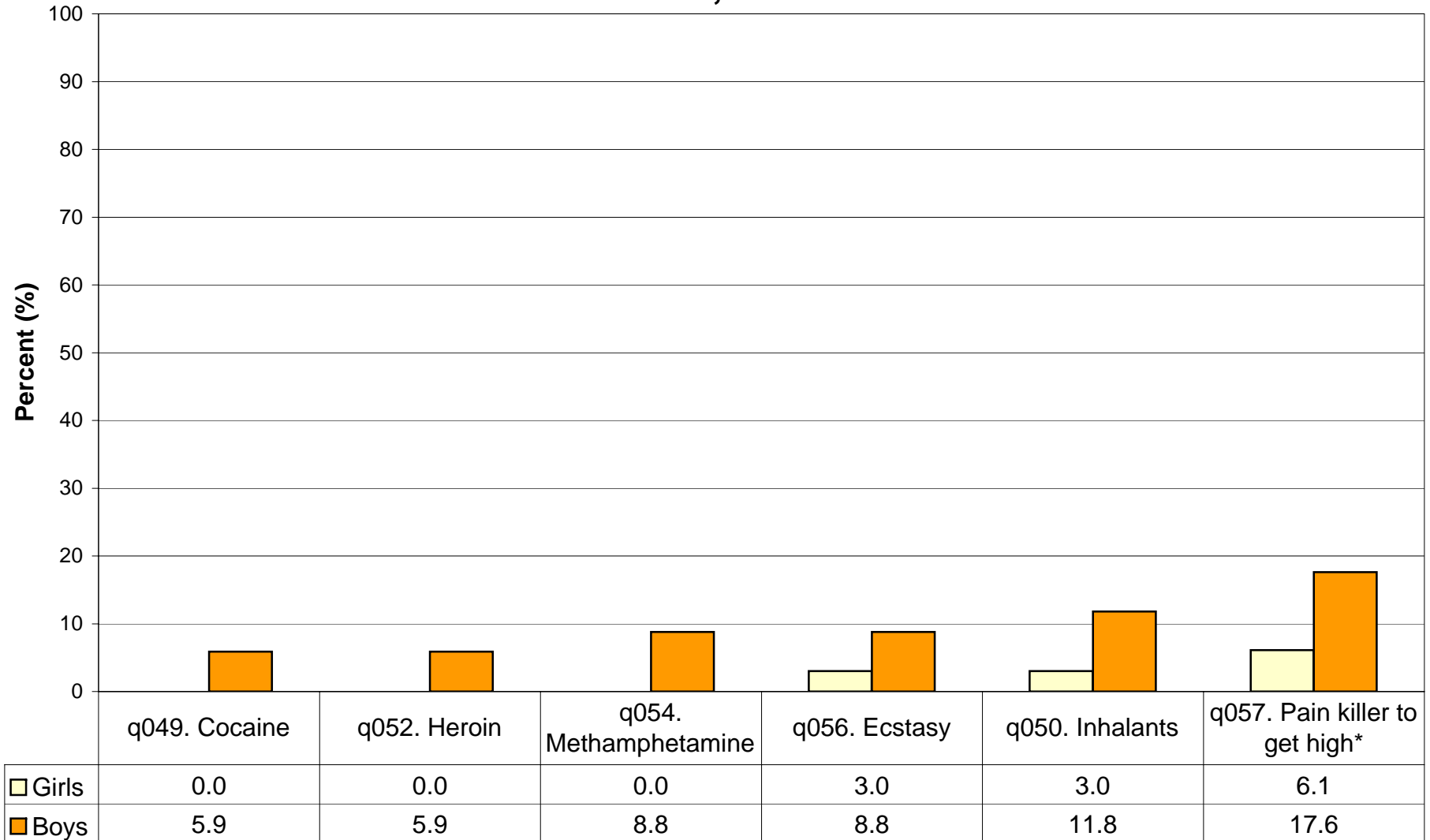
* In past 30 days

Past 30-day Drug Use New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



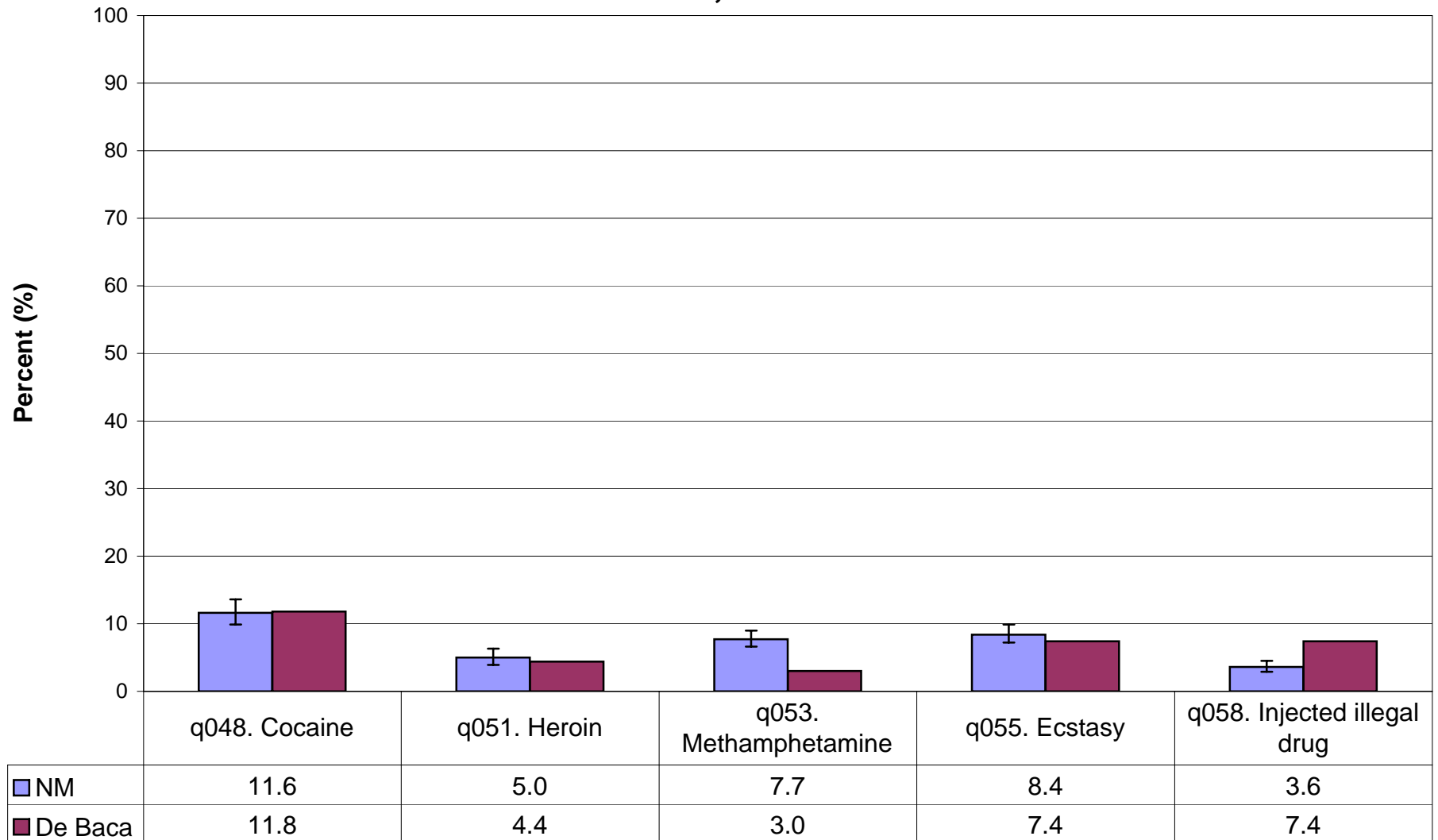
* Like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)

Past 30-day Drug Use by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

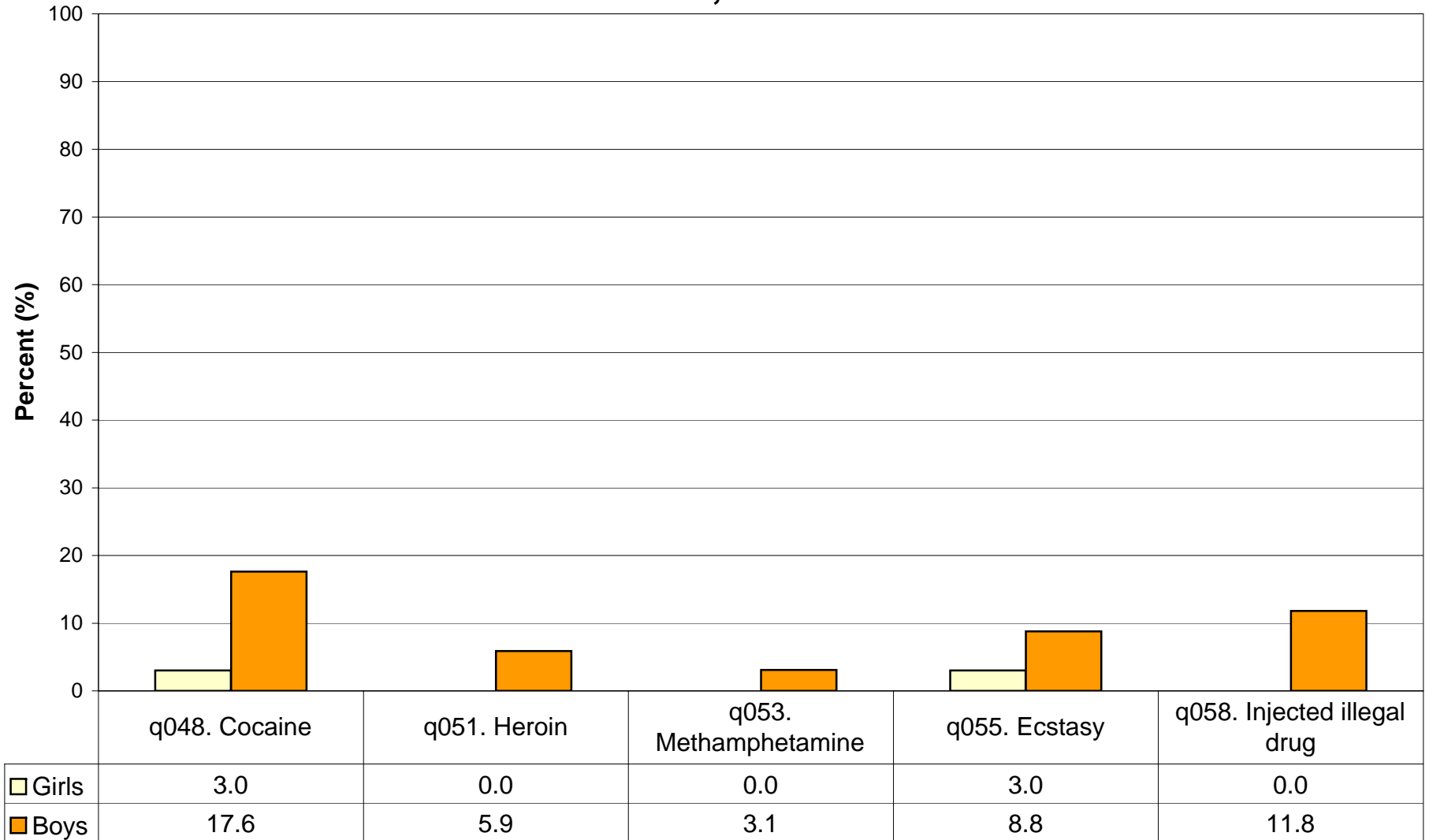


* Like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)

Lifetime Drug Use New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS

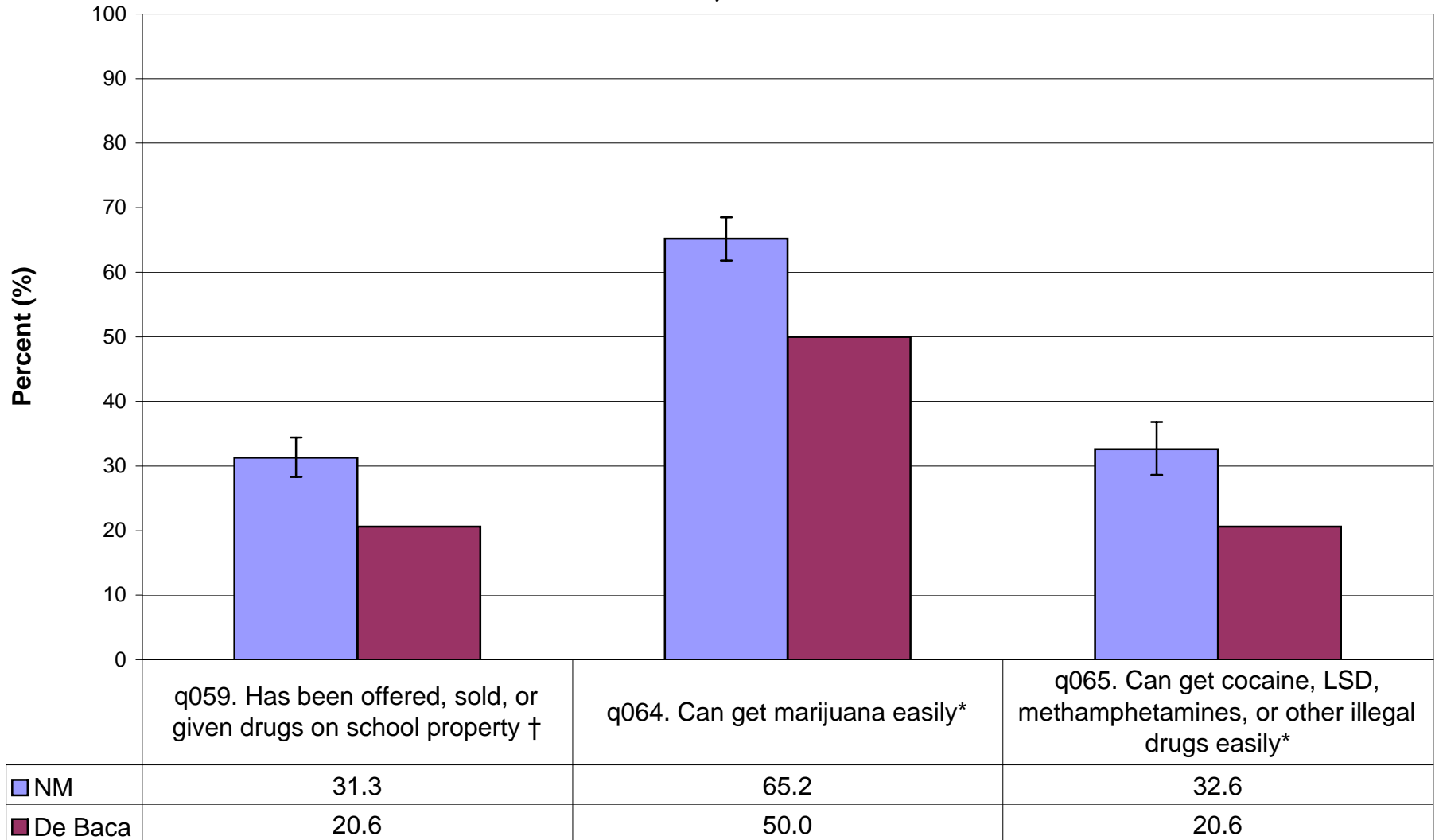


Lifetime Drug Use by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



Drug Use: Access

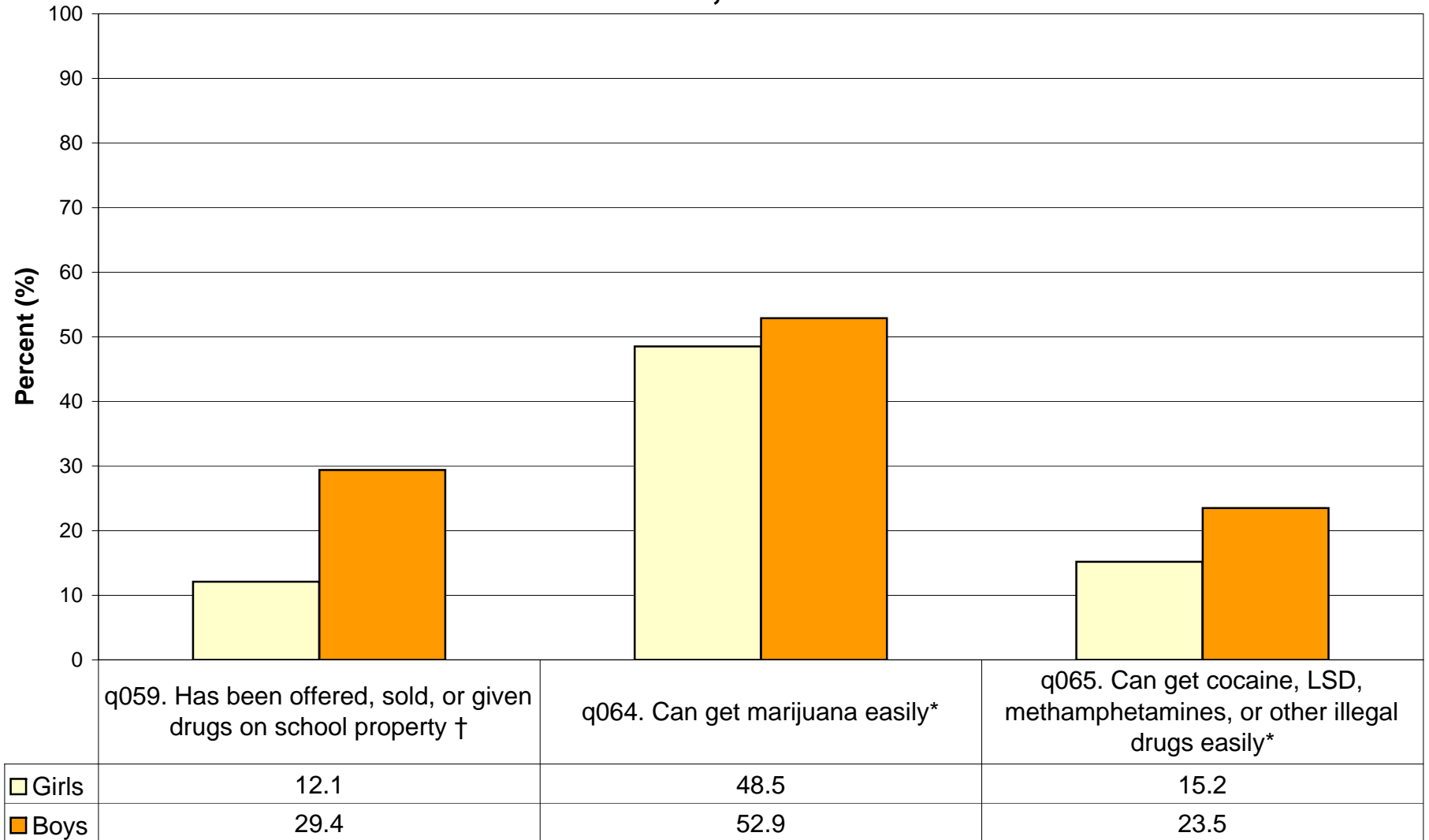
New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



† In the past 12 months

* "Very easy" or "Sort of easy" to get

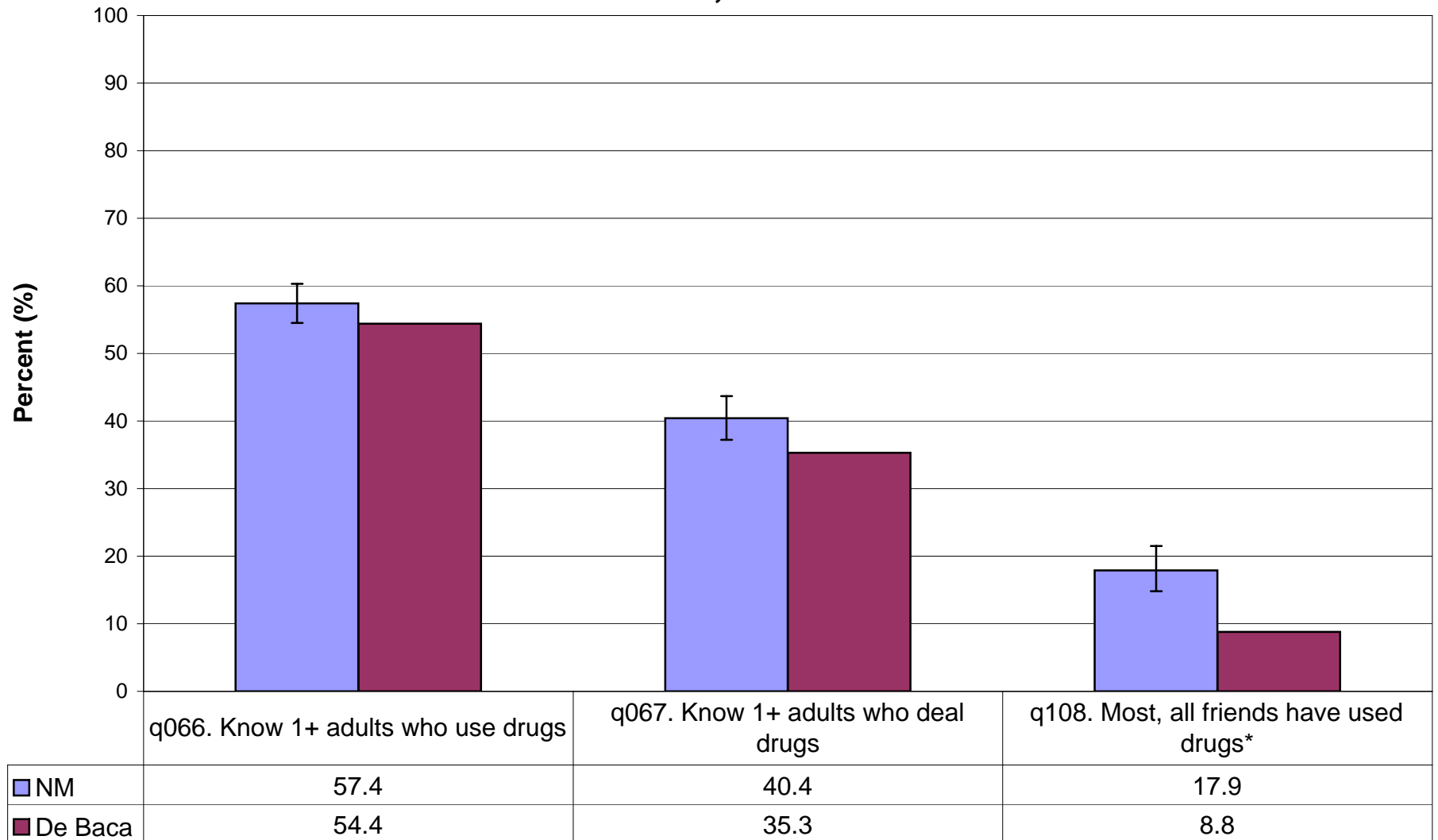
Drug Use: Access by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



† In the past 12 months

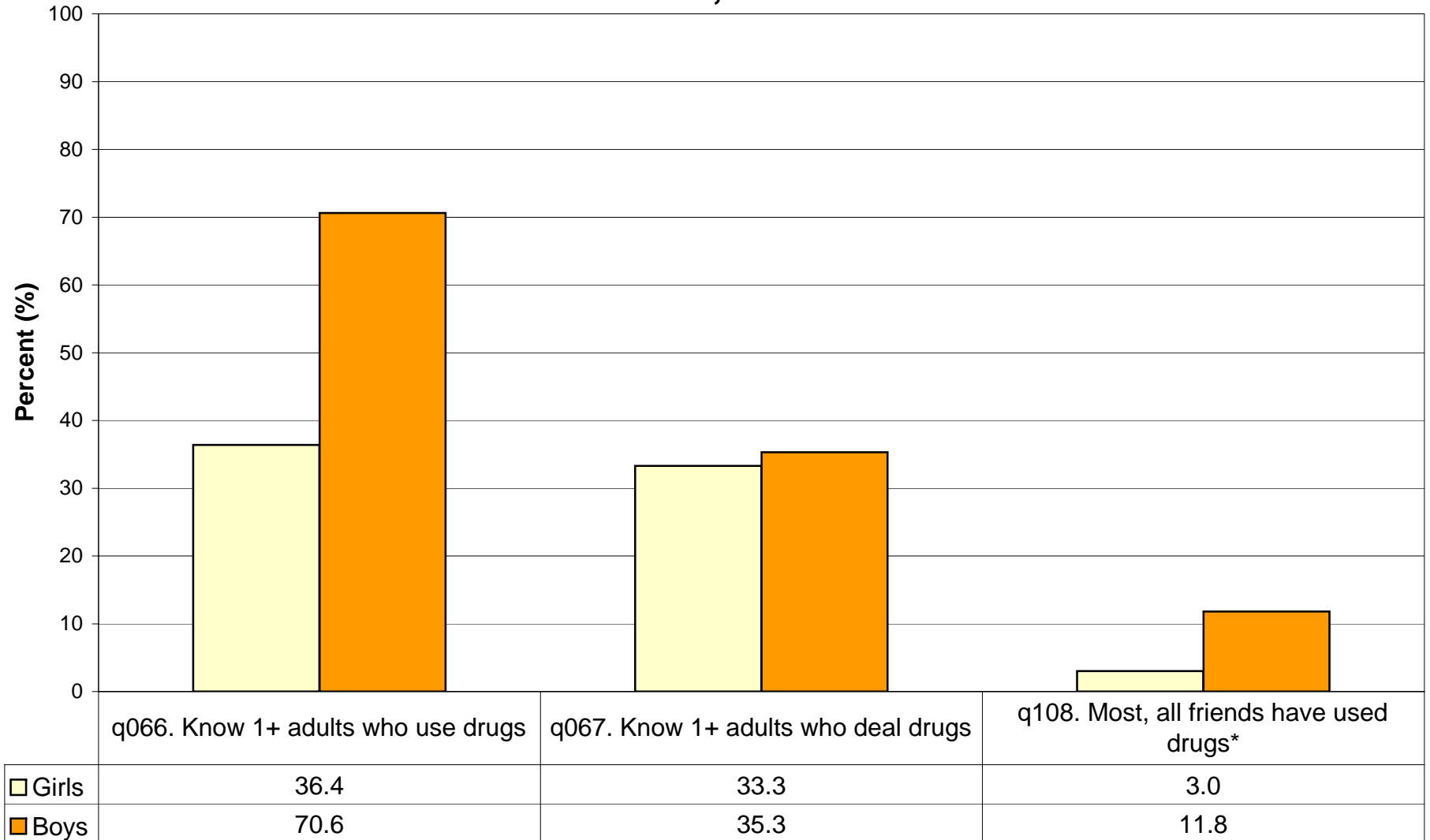
* "Very easy" or "Sort of easy" to get

Drug Use by Friends and Acquaintances New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* Such as marijuana or cocaine

Drug Use by Friends and Acquaintances by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

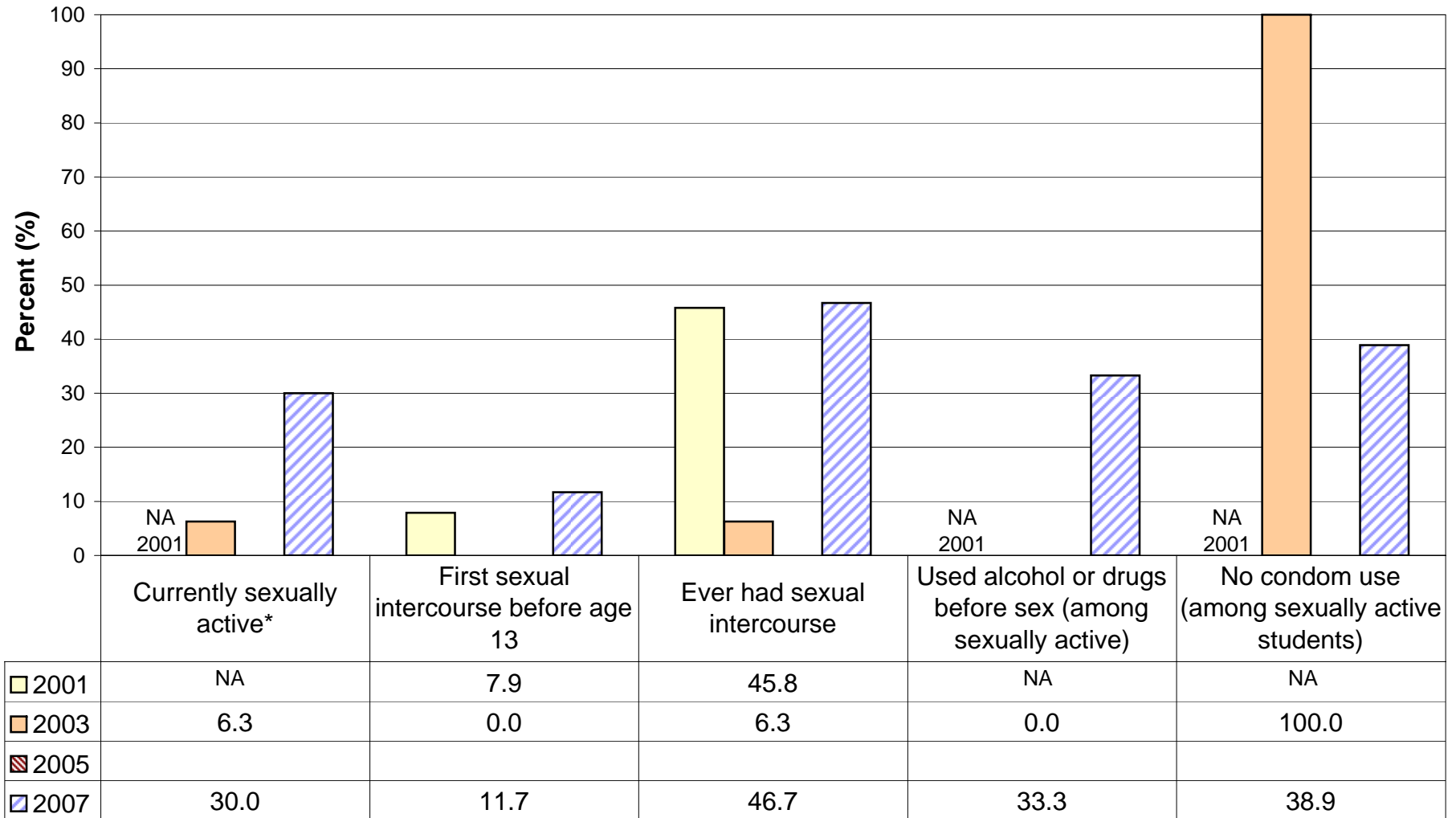


* Such as marijuana or cocaine

Sexual Activity

DeBaca County: 2001, 2003, 2005, 2007

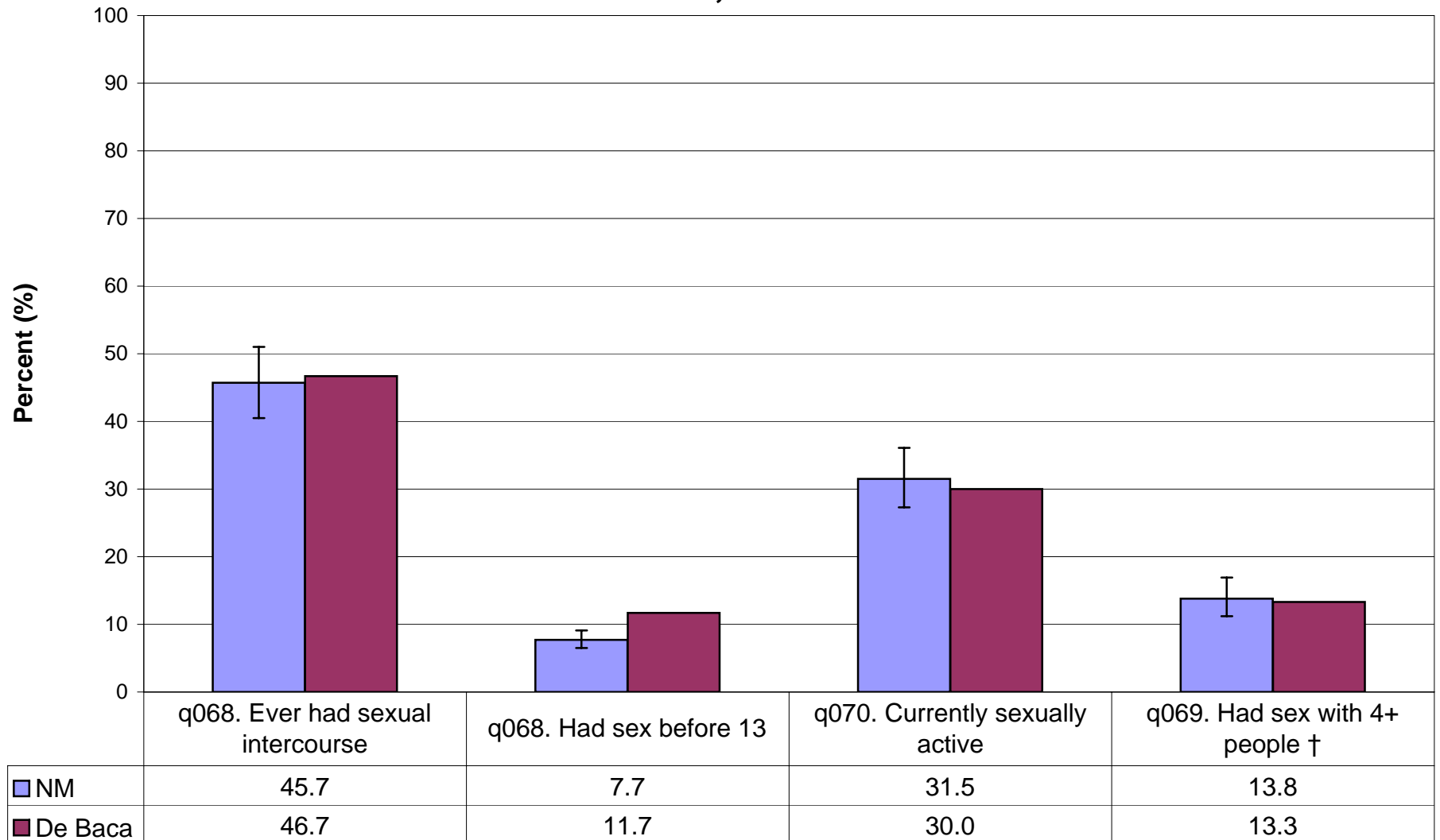
Grades 9 - 12, NM YRRS



* Had sexual intercourse within the past 3 months

Sexual Activity

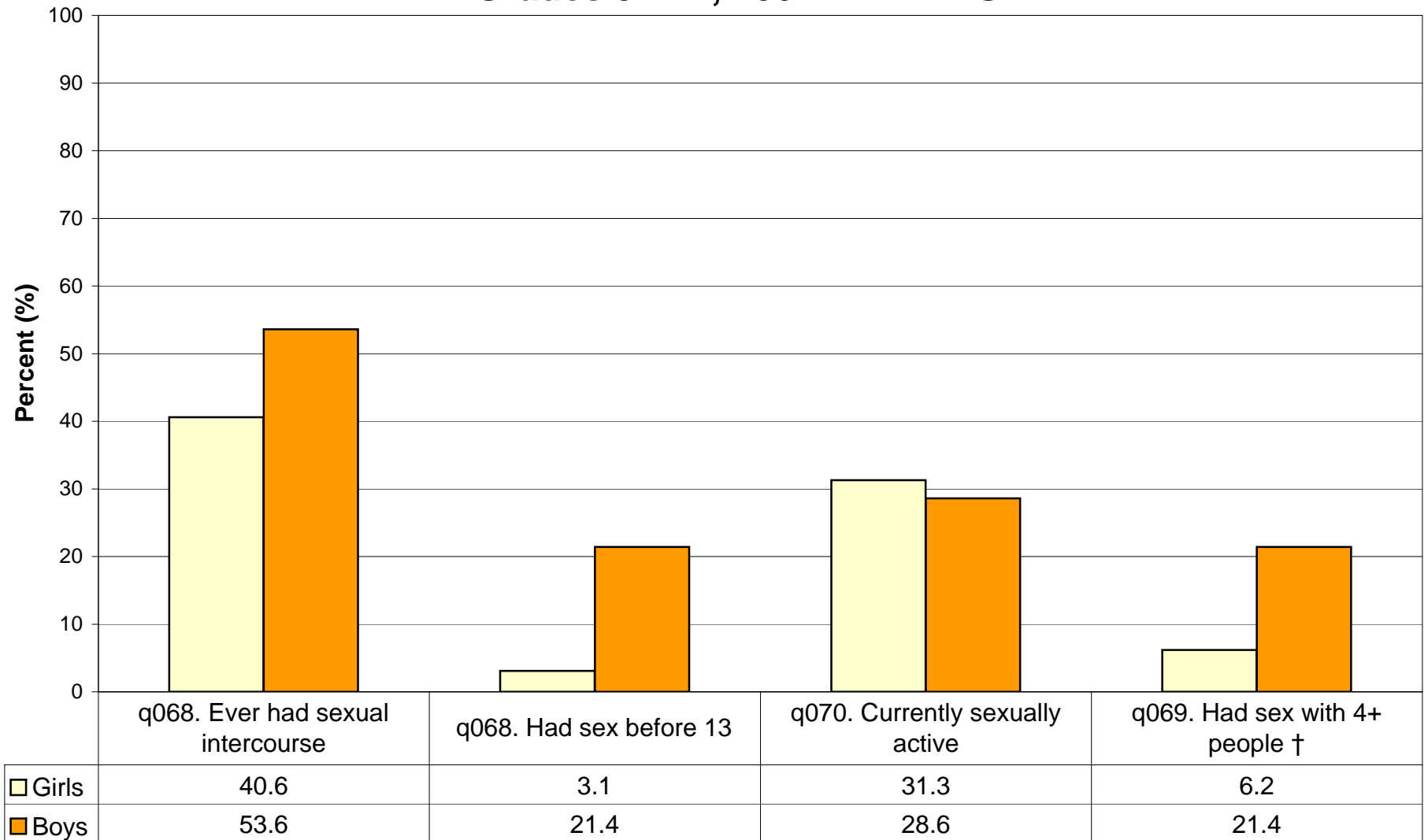
New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* Had sexual intercourse within the past 3 months

† In lifetime

Sexual Activity by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

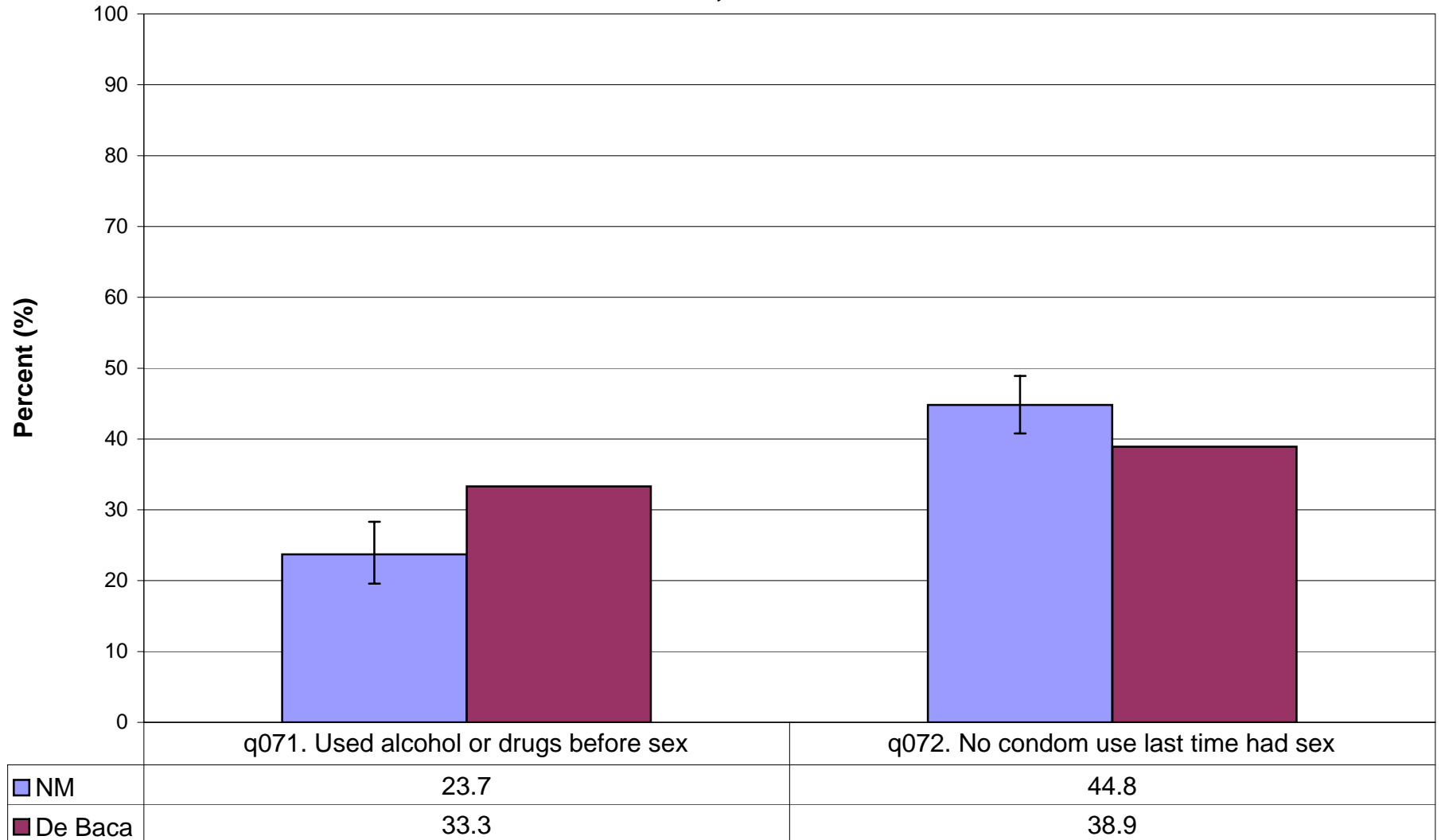


* Had sexual intercourse within the past 3 months

† In lifetime

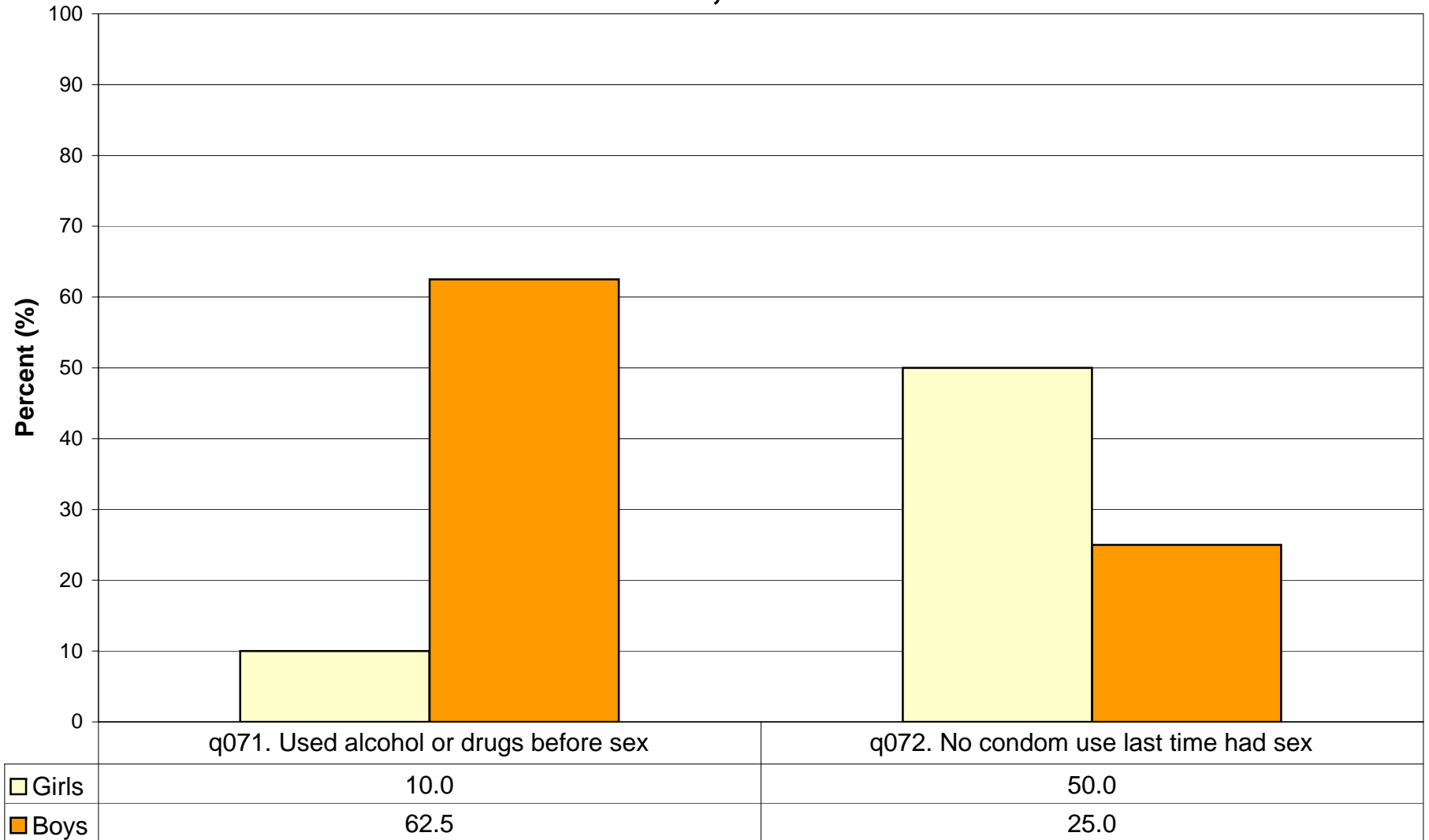
Behaviors of Sexually Active Students*

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* Had sexual intercourse within the past 3 months

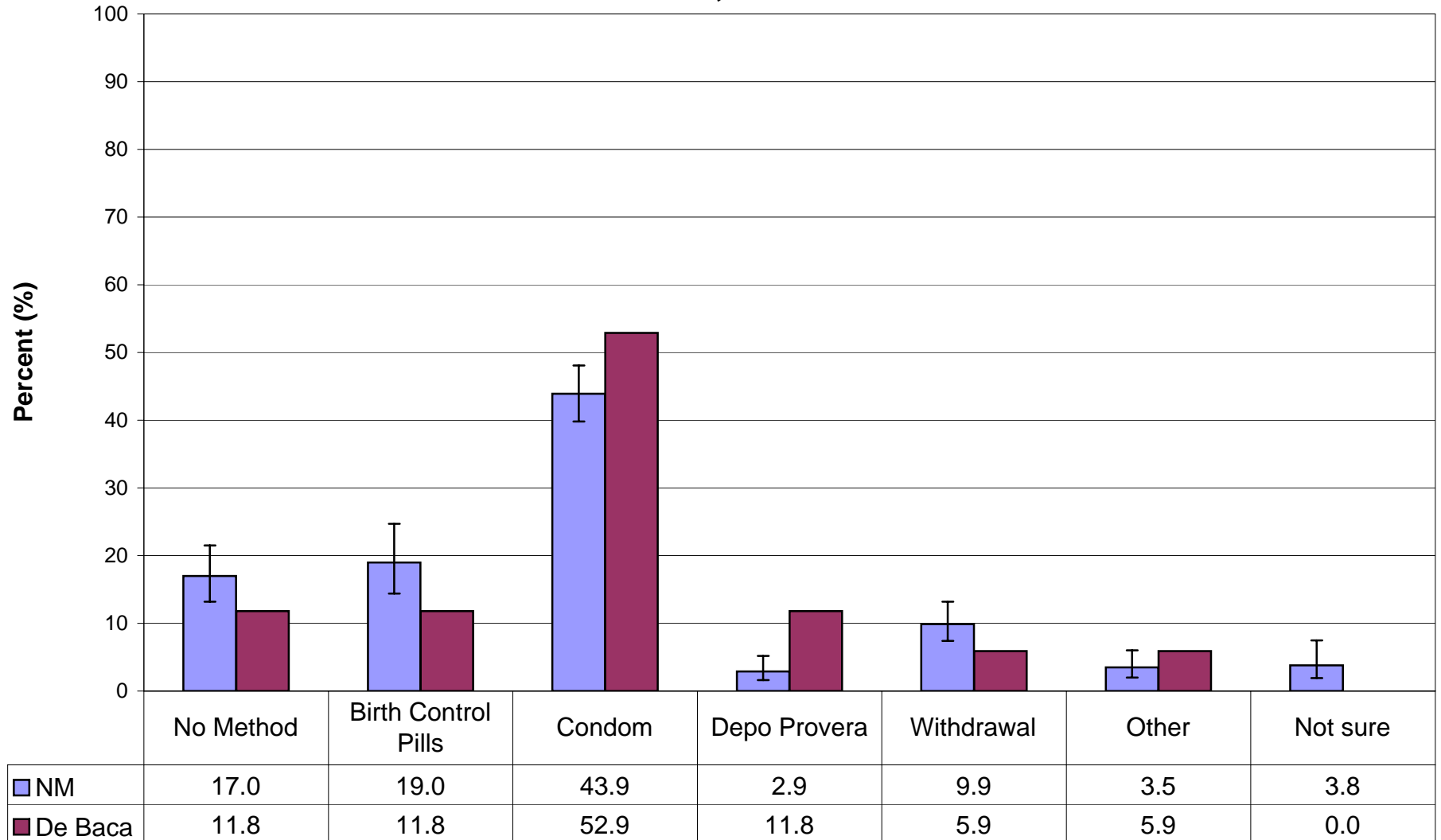
Behaviors of Sexually Active Students* by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



* Had sexual intercourse within the past 3 months

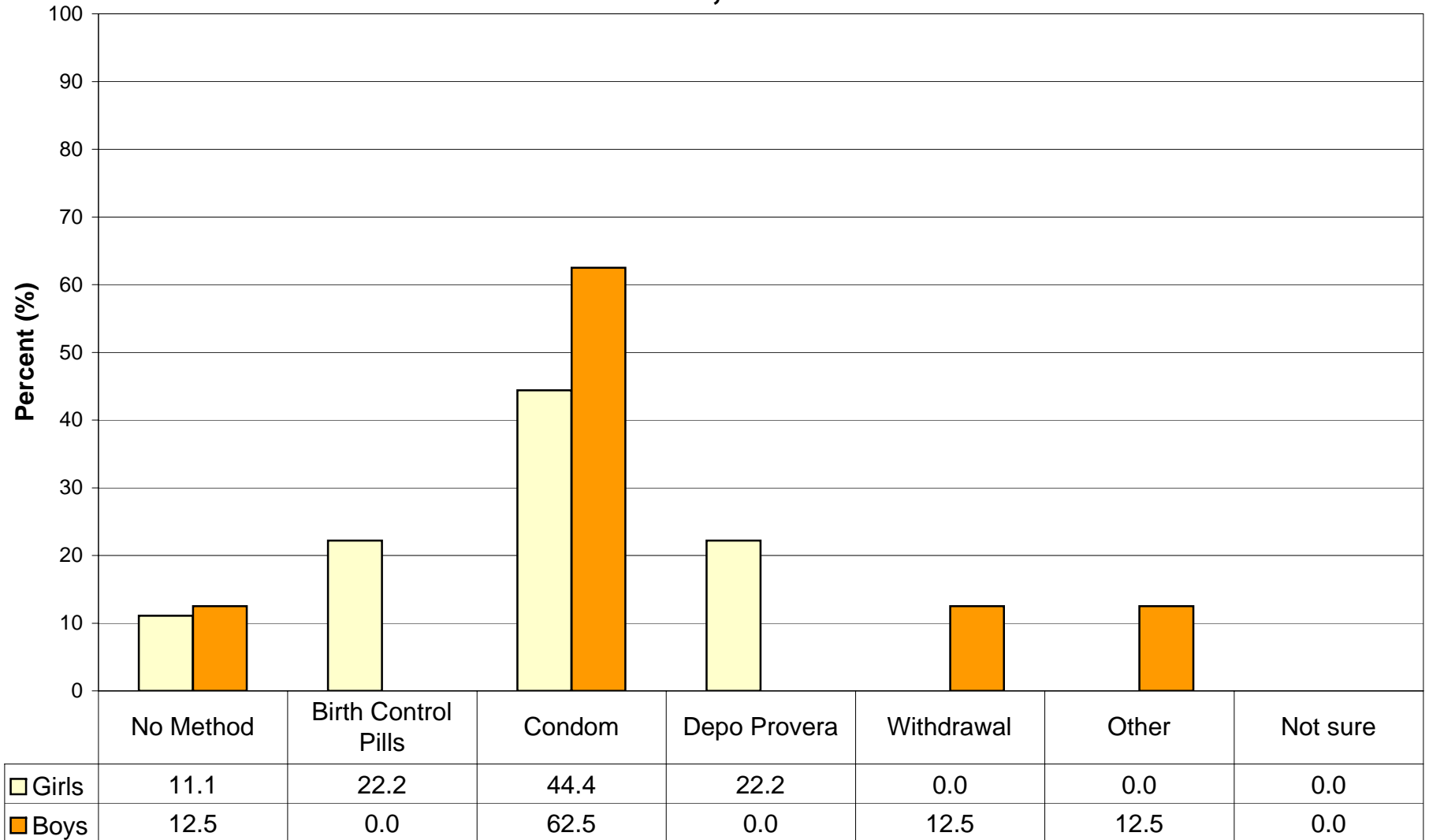
Birth Control Method Used by Sexually Active Students*

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



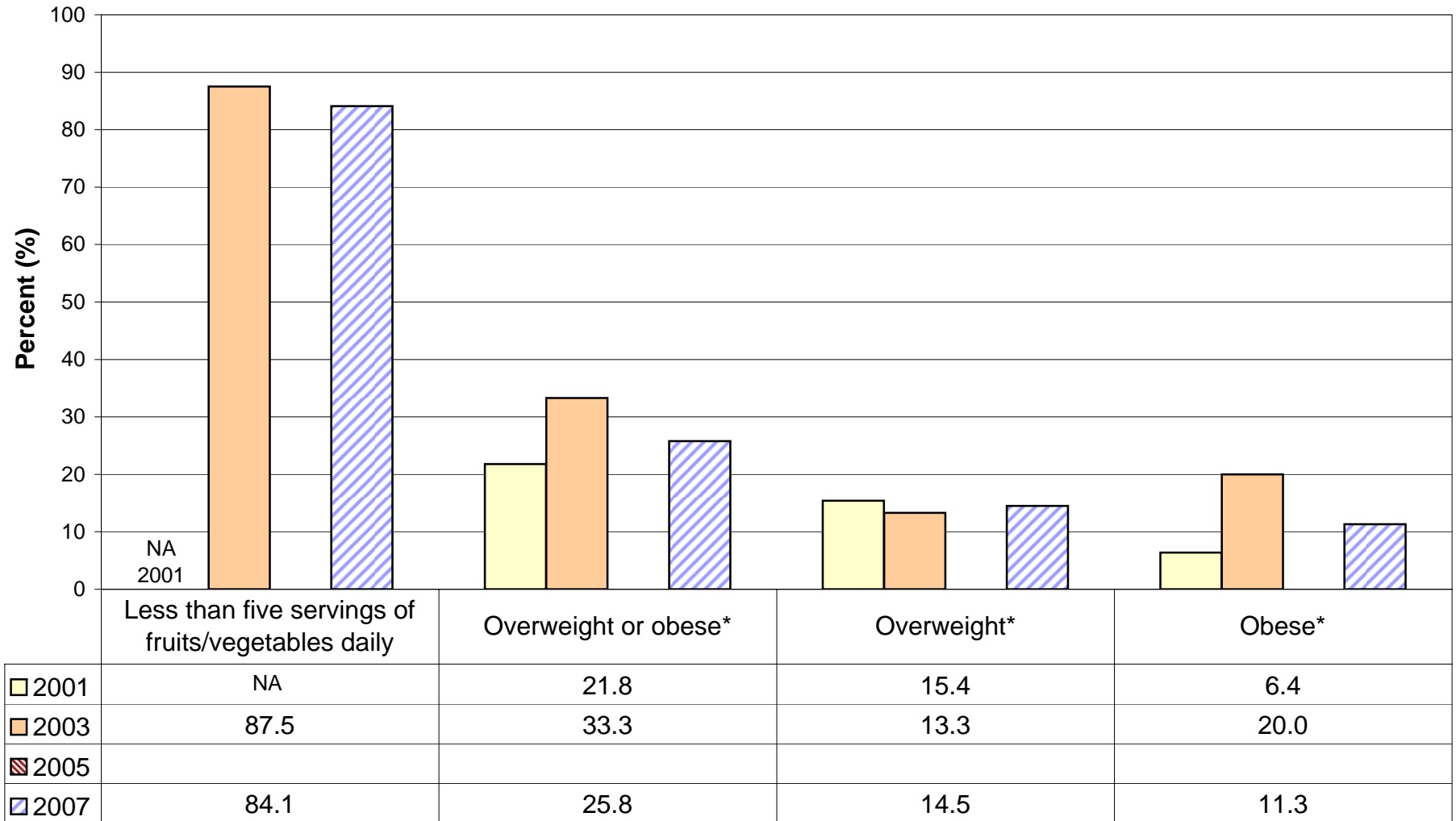
* Of students who had sexual intercourse within the past 3 months, what one birth control method was used

Birth Control Method Used by Sexually Active Students* by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



* Of students who had sexual intercourse within the past 3 months, what one birth control method was used

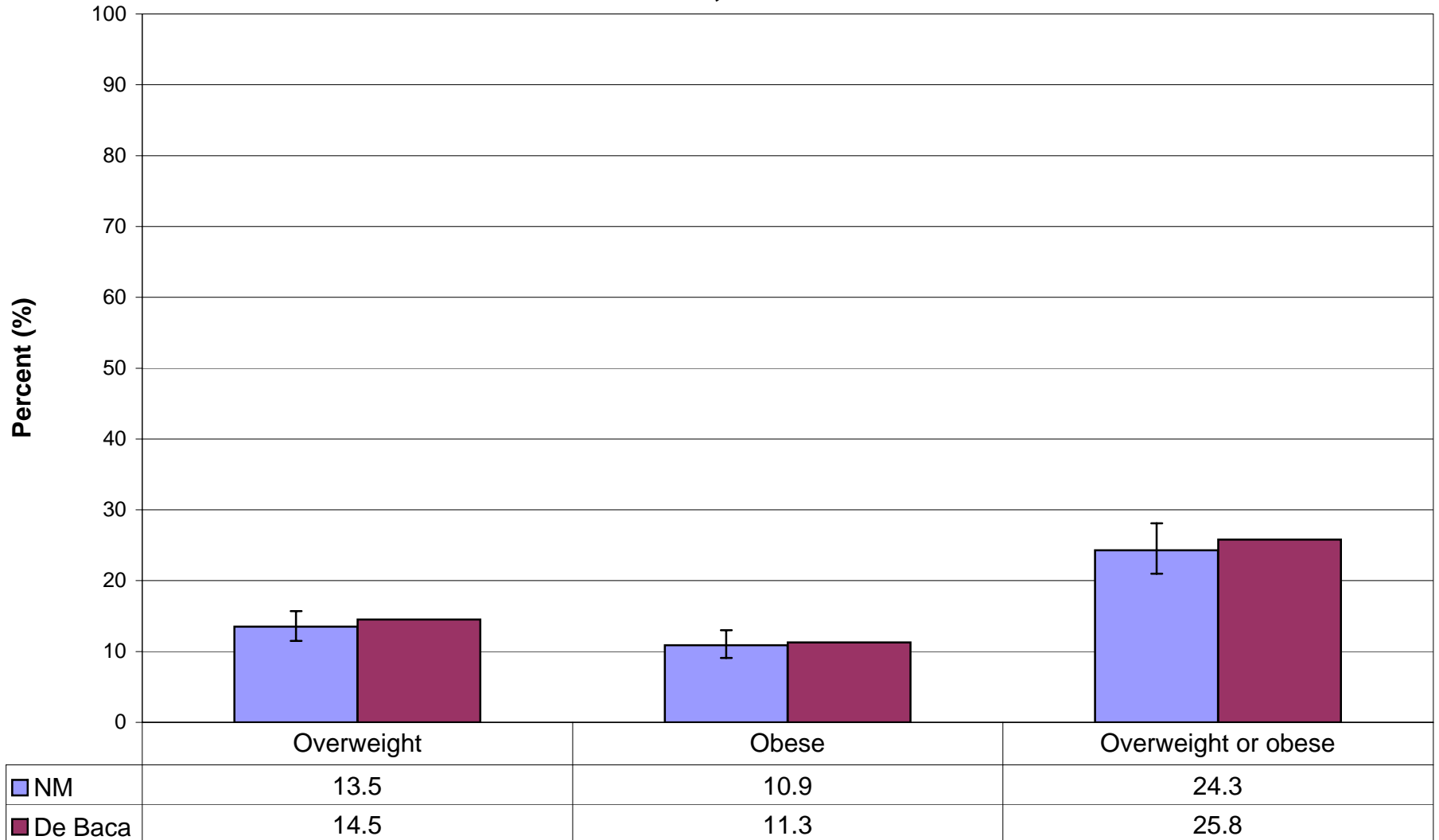
Body Weight and Nutrition DeBaca County: 2001, 2003, 2005, 2007 Grades 9 - 12, NM YRRS



* Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data

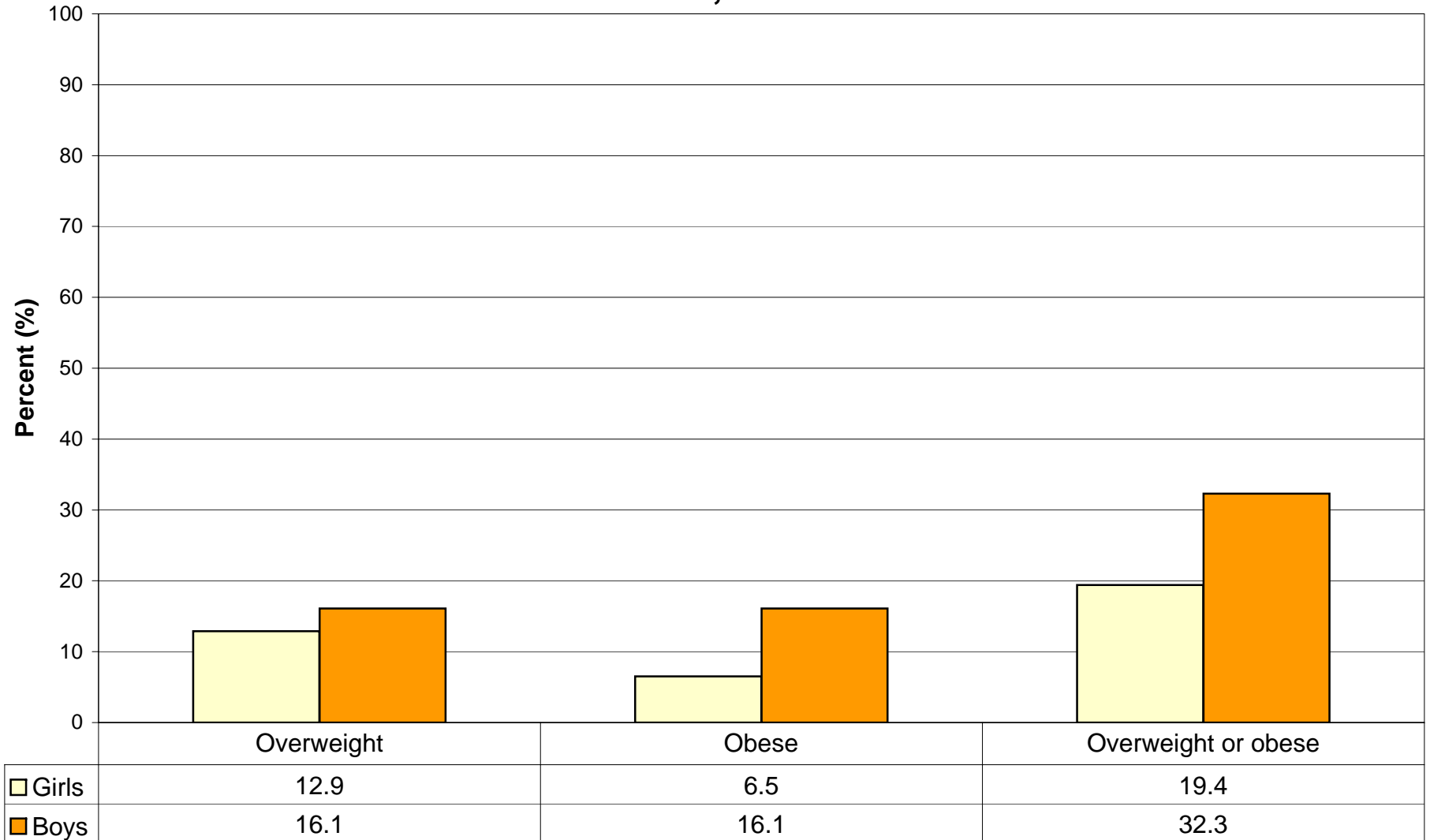
Body Weight

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



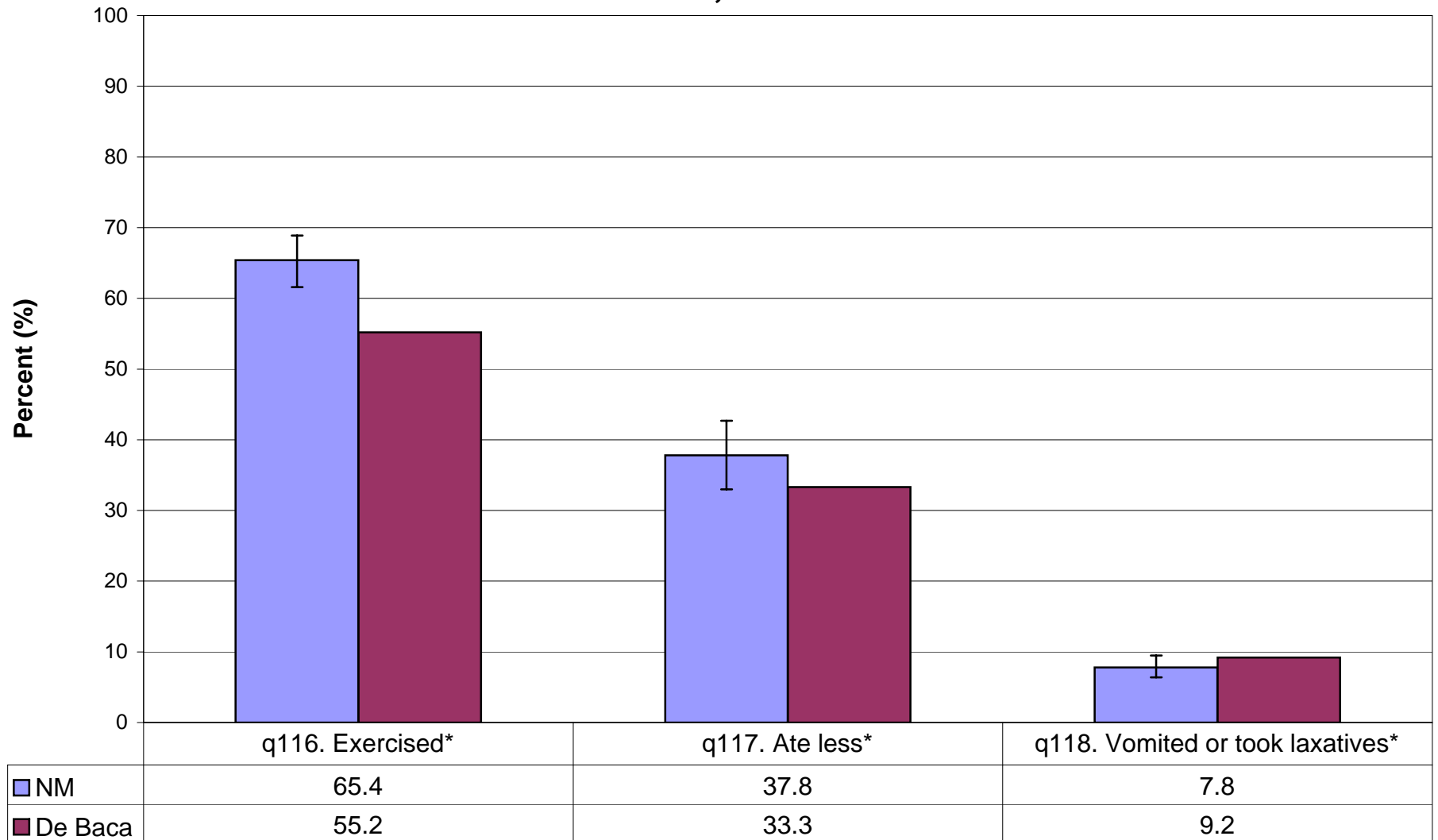
Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data

Body Weight by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



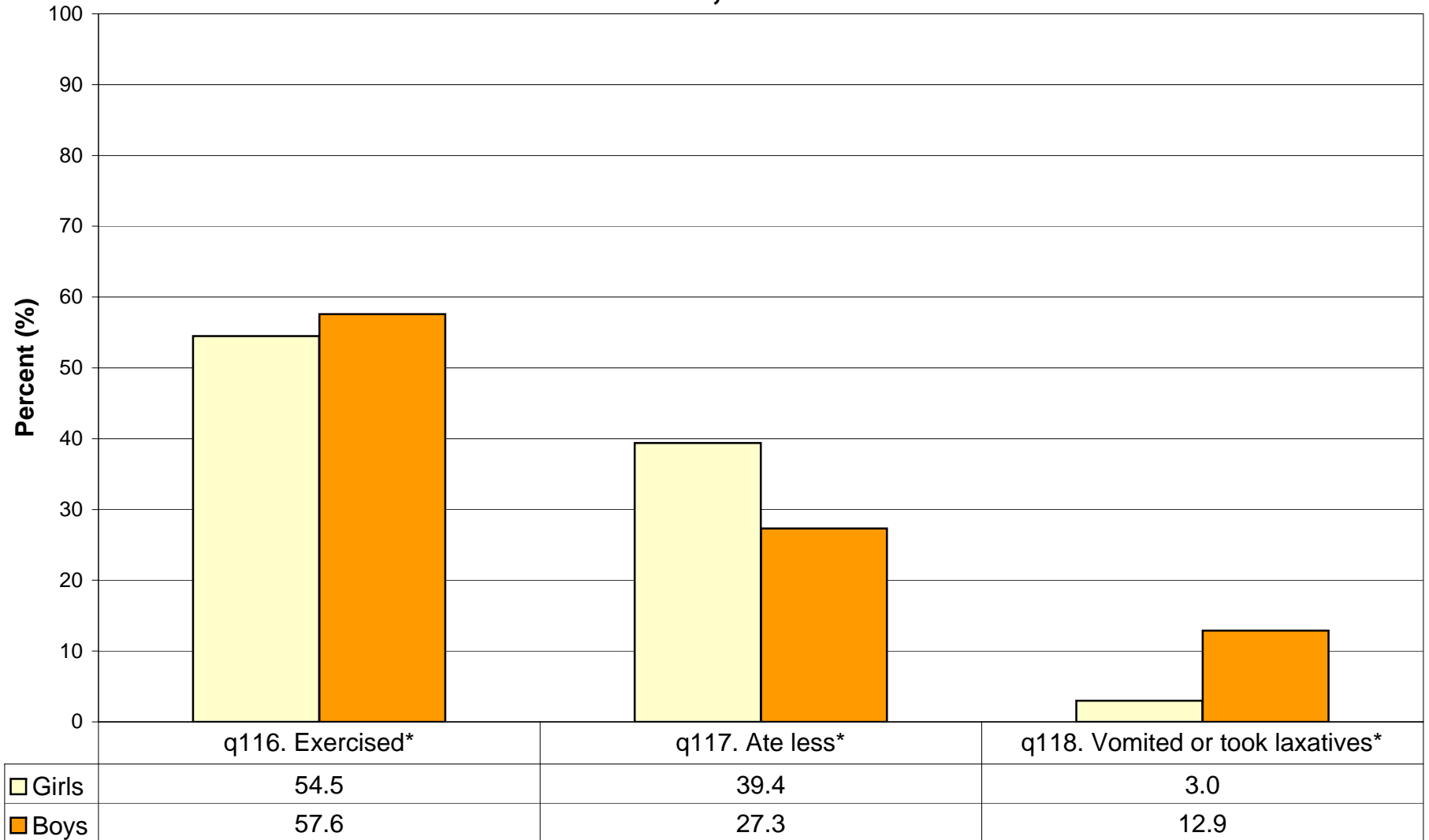
Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data

Body Weight: Attempted Weight Loss New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* To lose weight or keep from gaining weight in the past 30 days

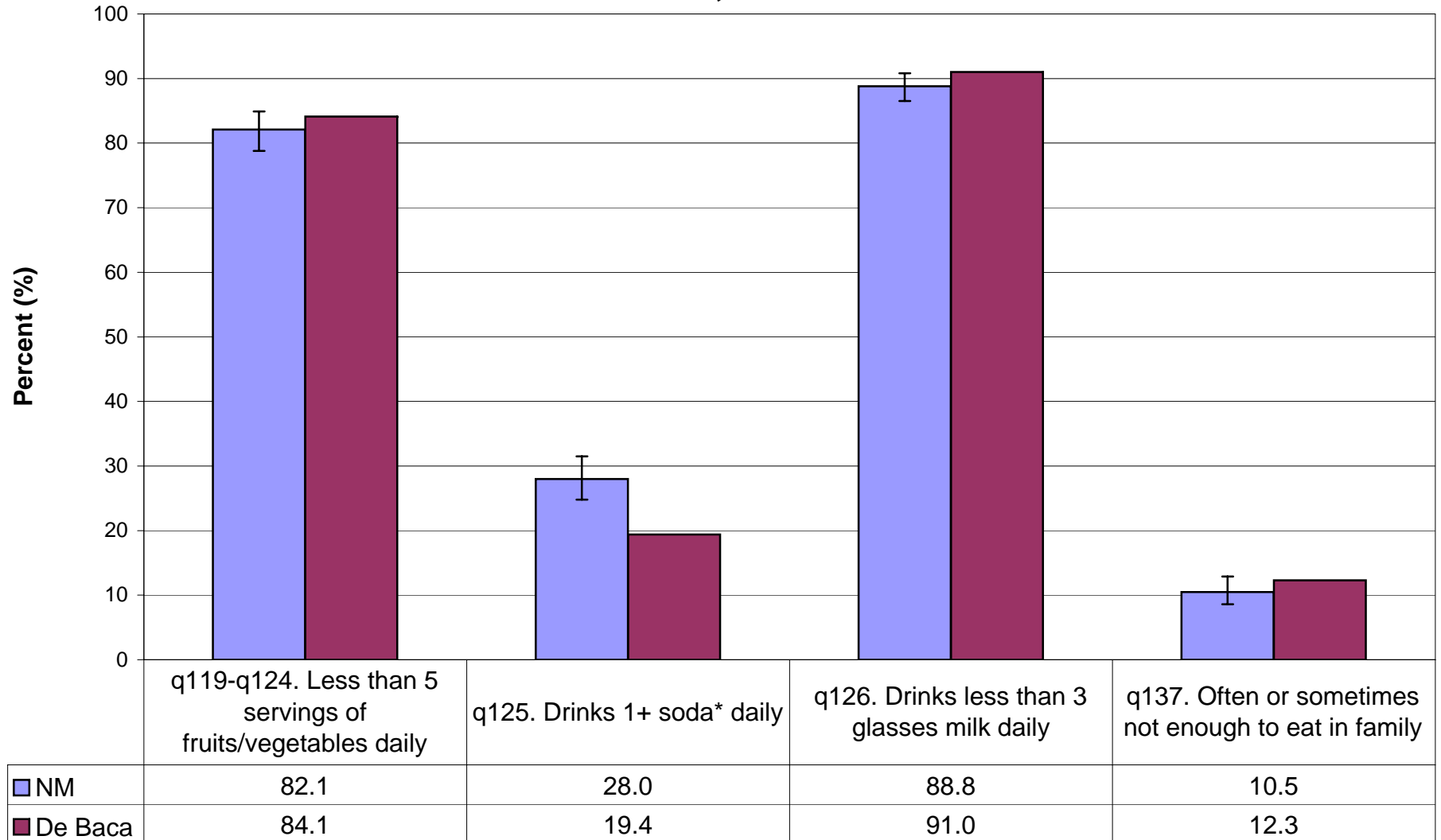
Body Weight: Attempted Weight Loss by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data

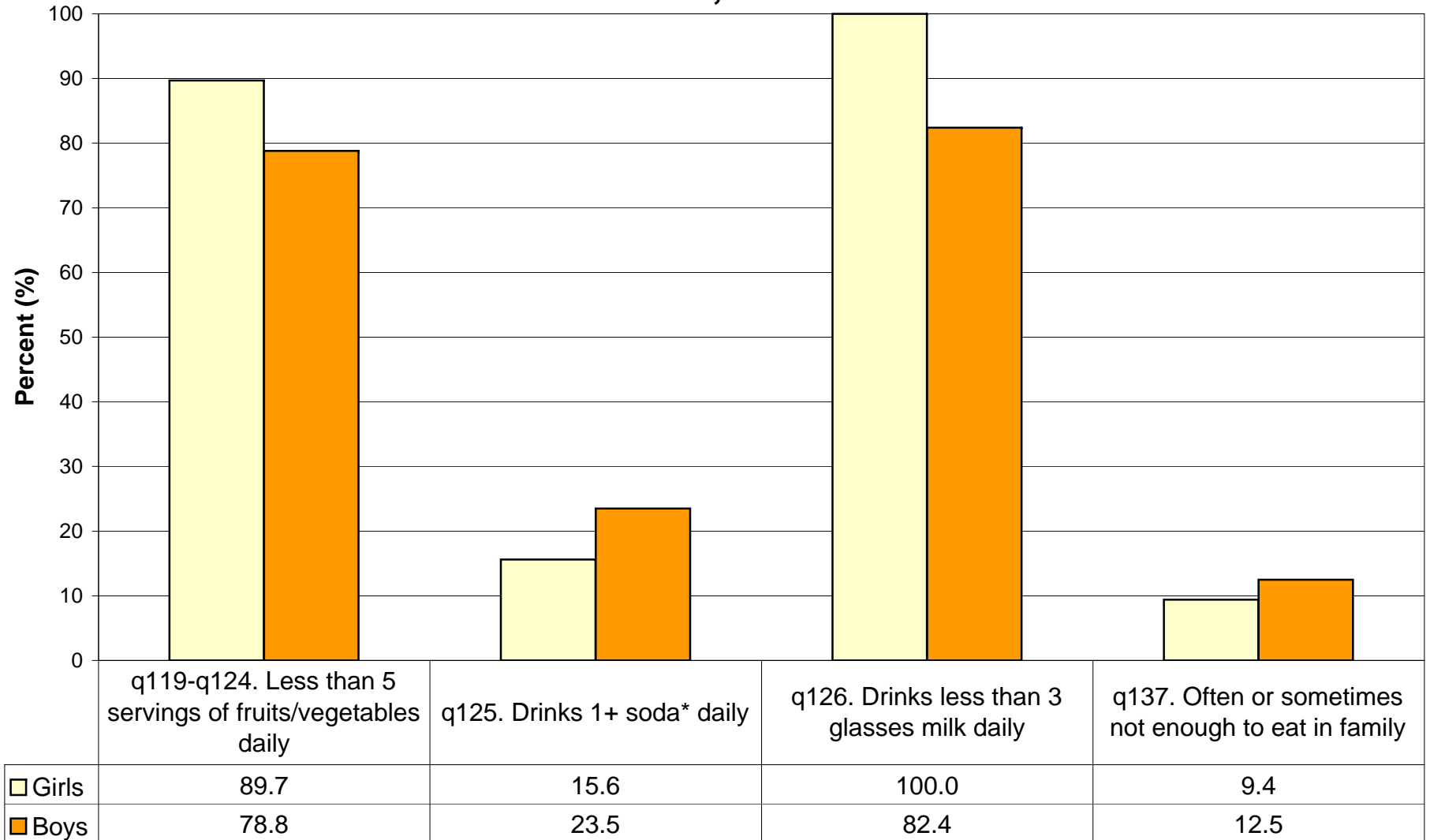
Nutrition

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* A can, bottle, or glass of soda or pop, such as a Coke, Pepsi, or Sprite, not including diet soda or diet pop

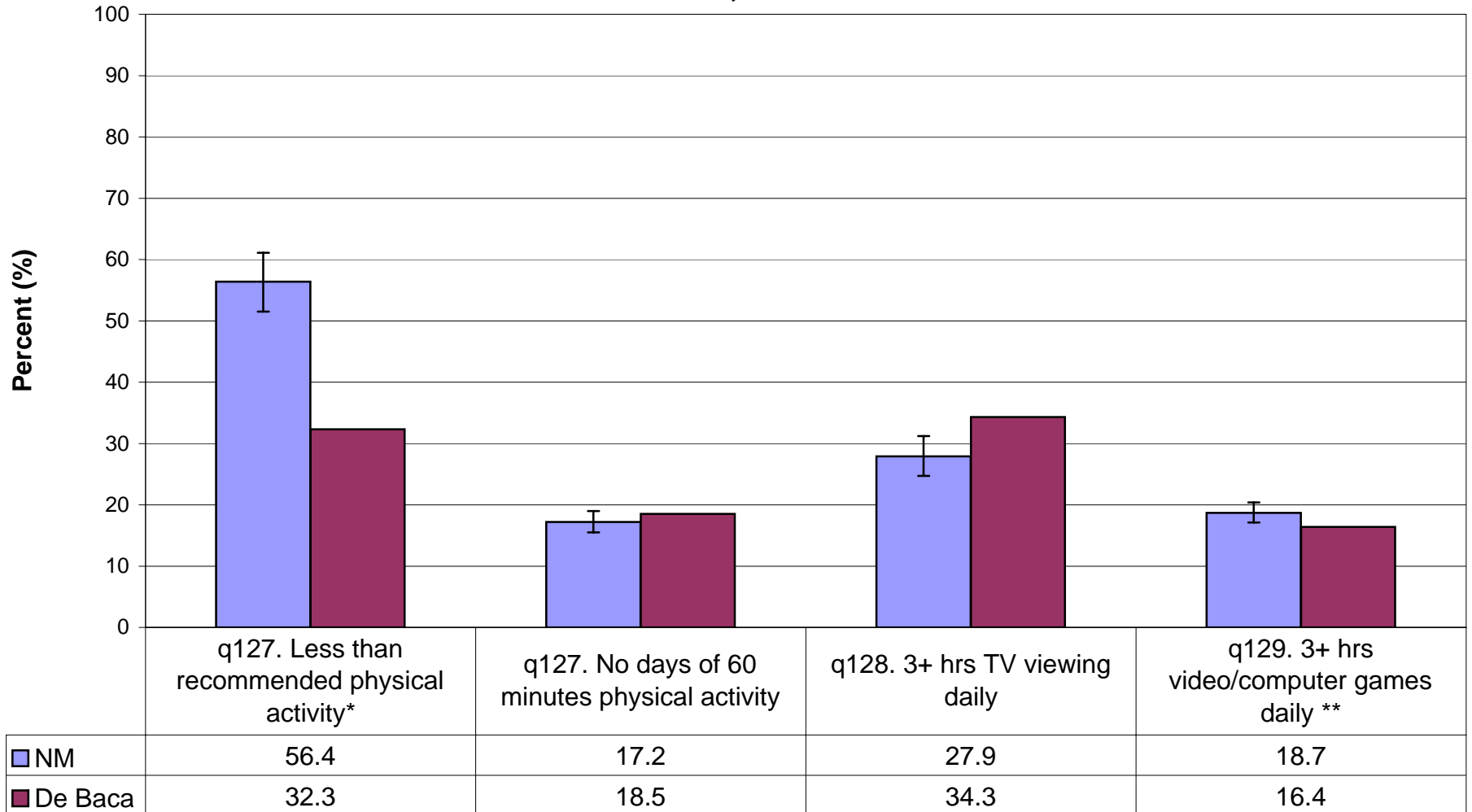
Nutrition by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



* A can, bottle, or glass of soda or pop, such as a Coke, Pepsi, or Sprite, not including diet soda or diet pop

Physical Activity

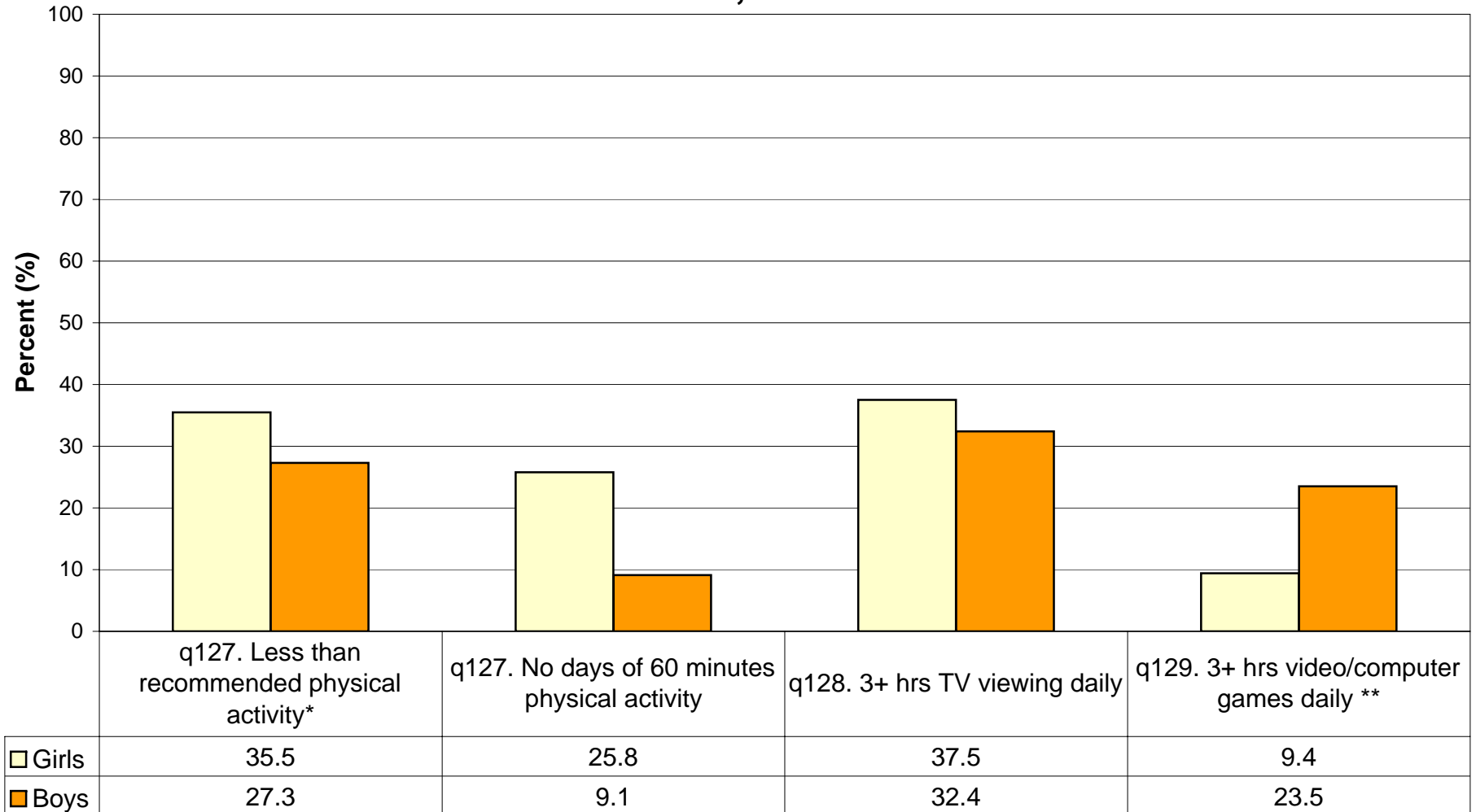
New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* Recommended physical activity: At least 60 minutes of physical activity on 5+ of the past 7 days that increased the heart rate and made student or breathe hard

** Video or computer games or other computer use for something that is not school work, such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet

Physical Activity by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



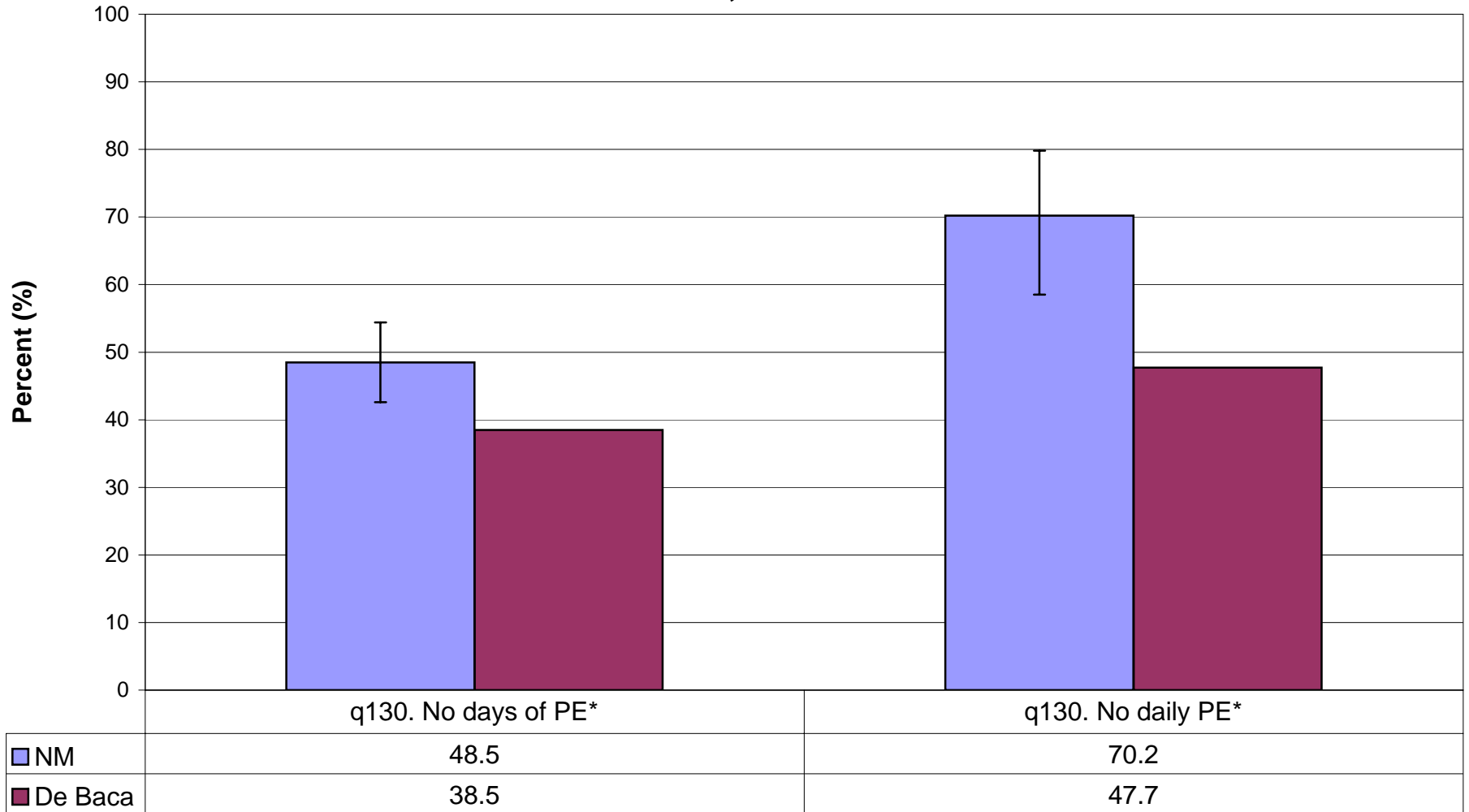
* Recommended physical activity: At least 60 minutes of physical activity on 5+ of the past 7 days that increased the heart rate and made student or breathe hard

** Video or computer games or other computer use for something that is not school work, such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet

Physical Activity at School

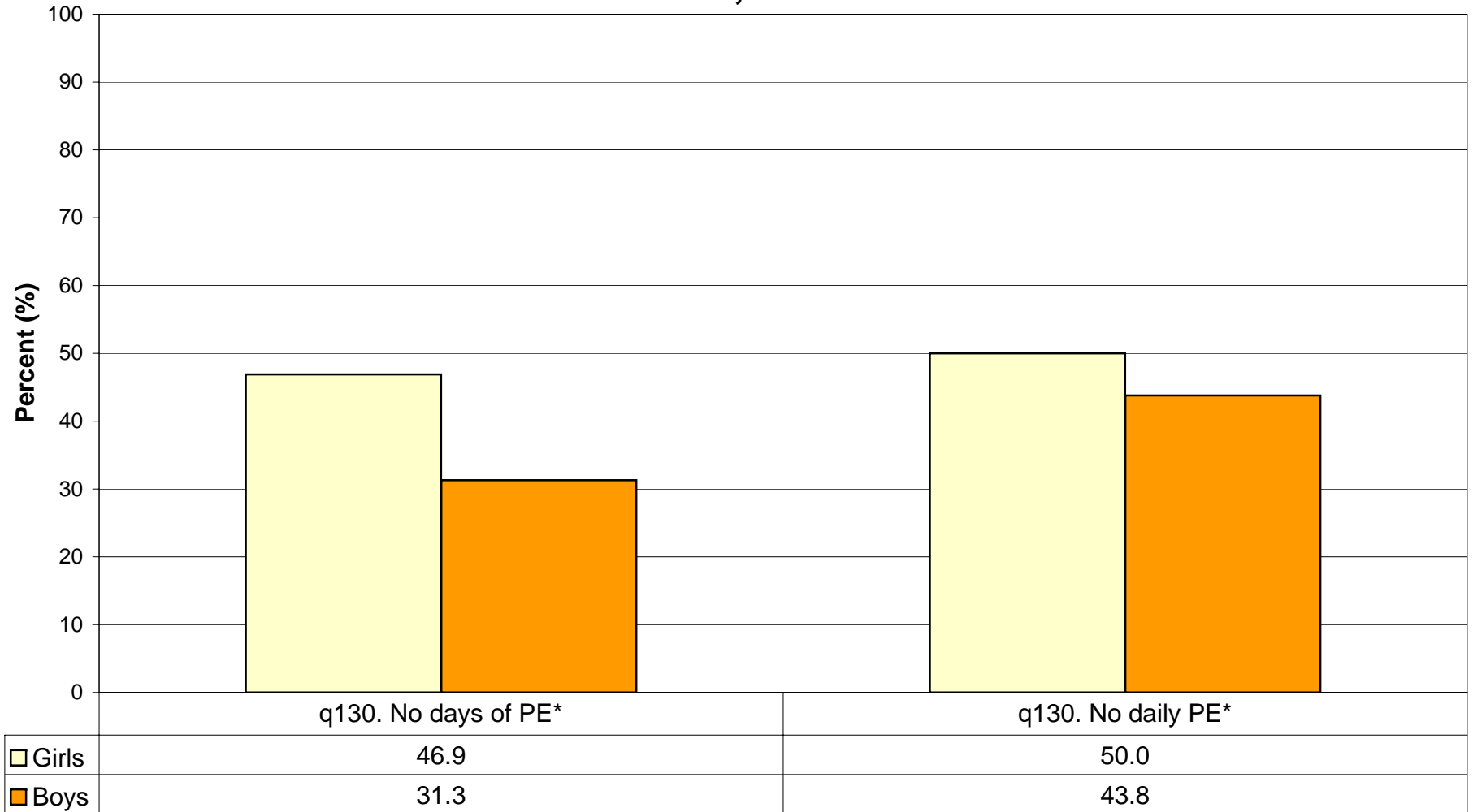
New Mexico and De Baca County

Grades 9 - 12, 2007 NM YRRS



* In an average school week

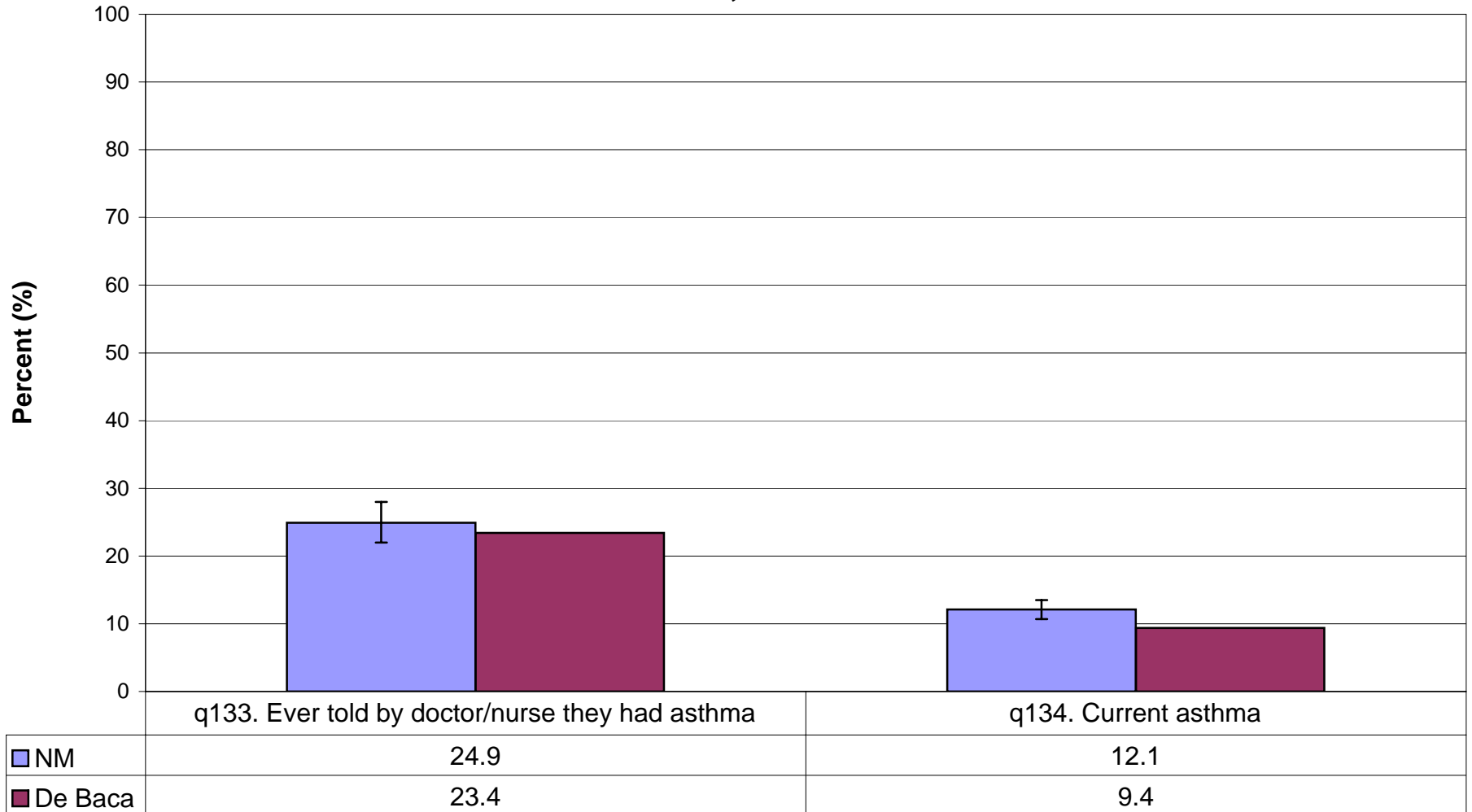
Physical Activity at School by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



* In an average school week

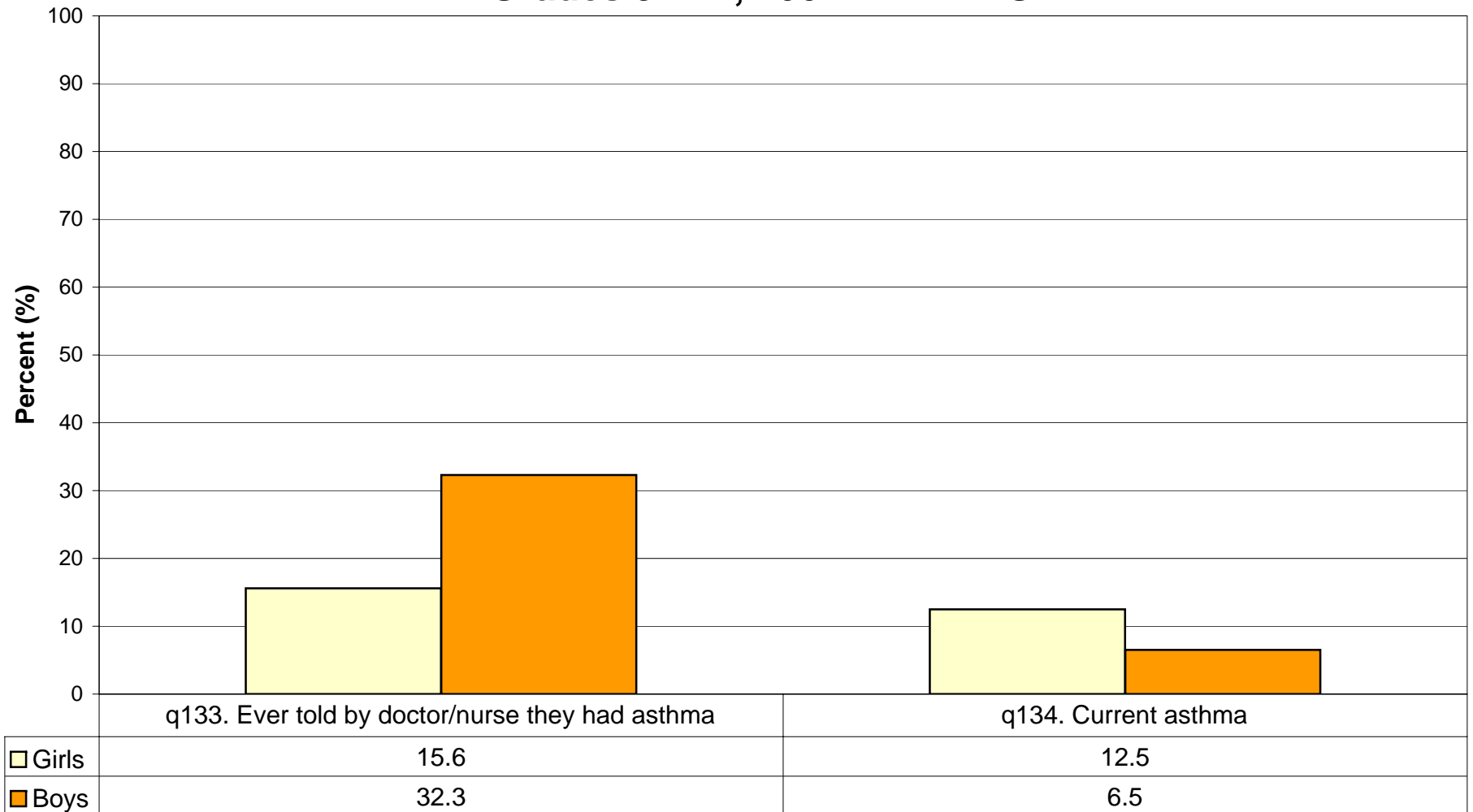
Asthma

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



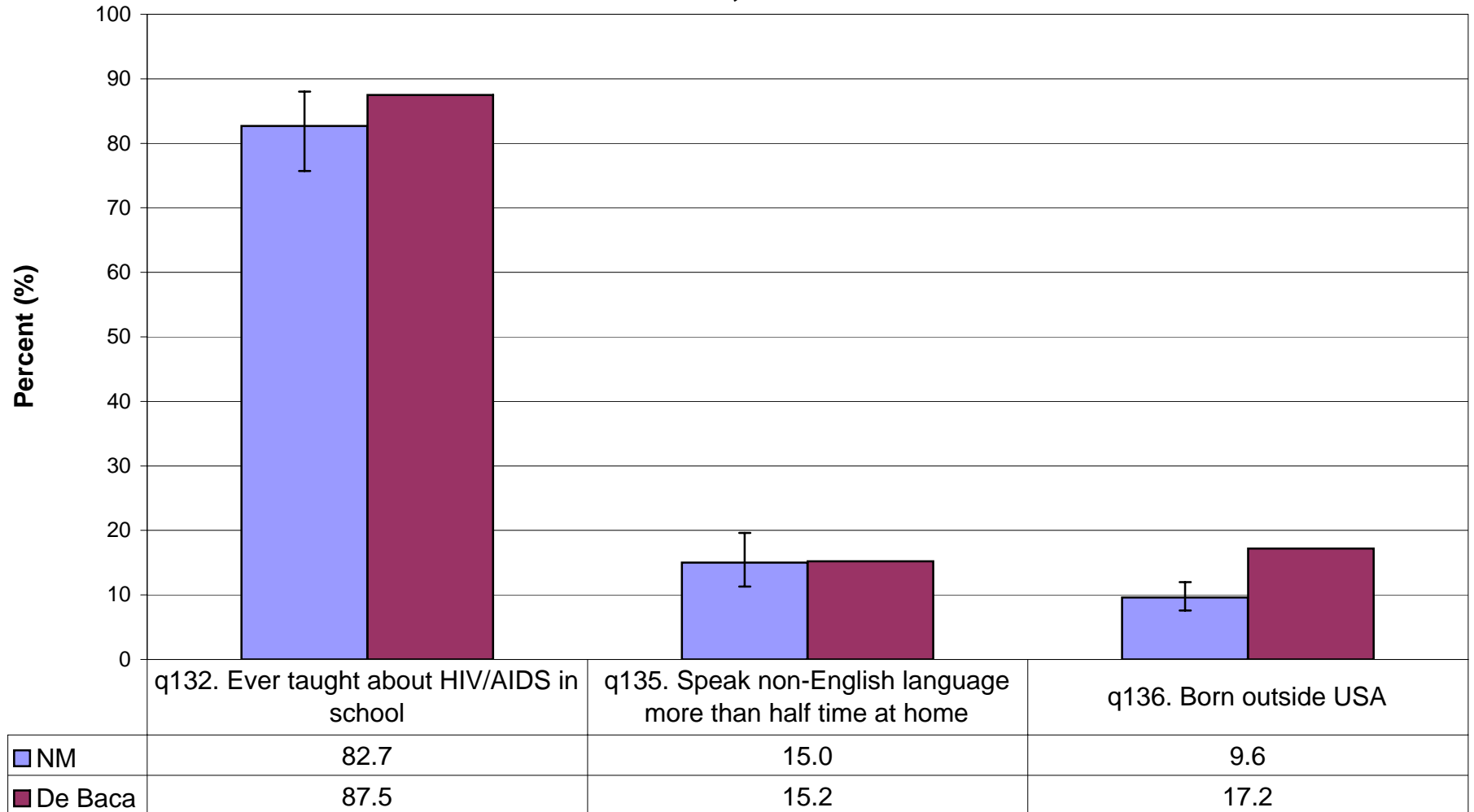
Asthma

by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

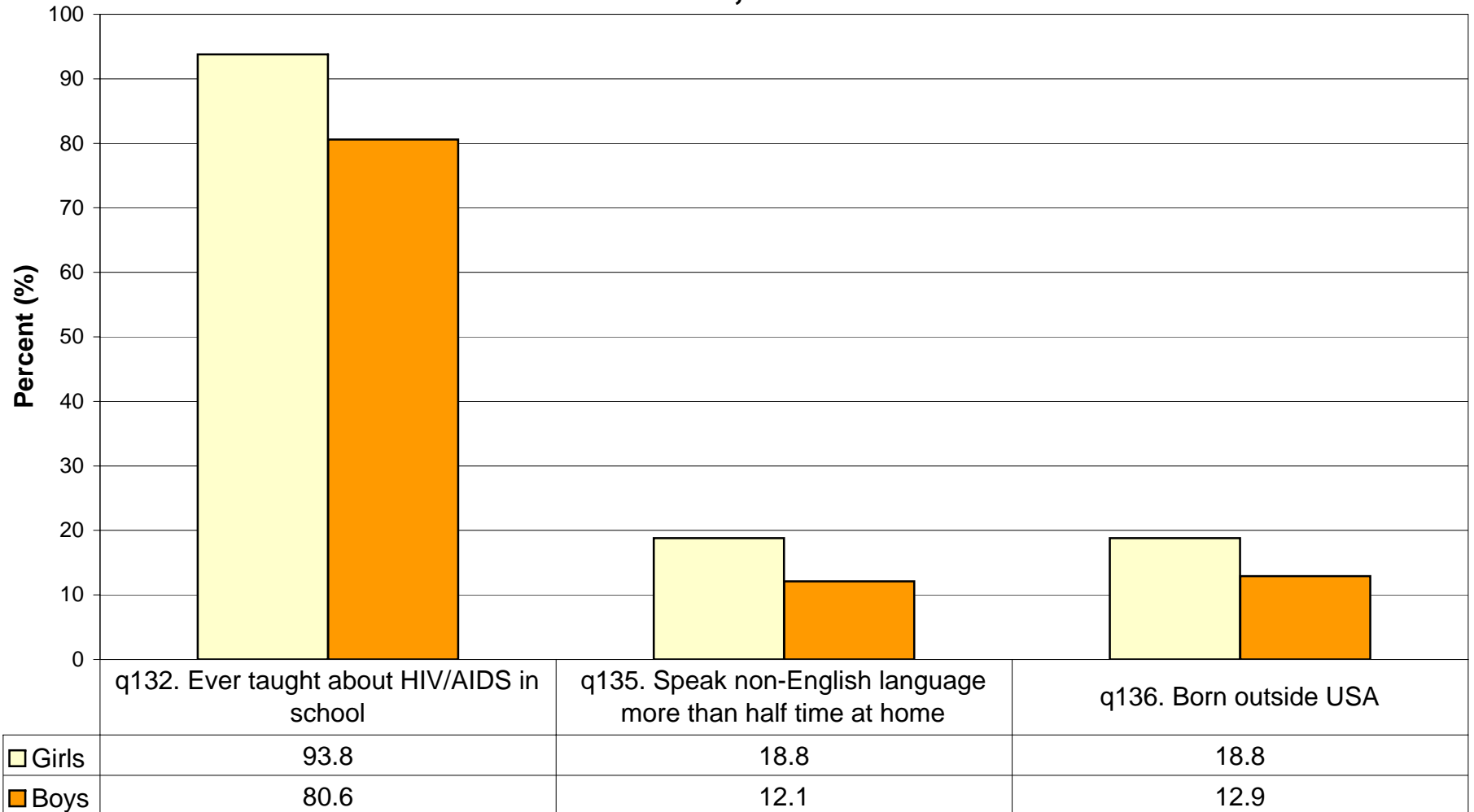


Other Measures

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



Other Measures by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

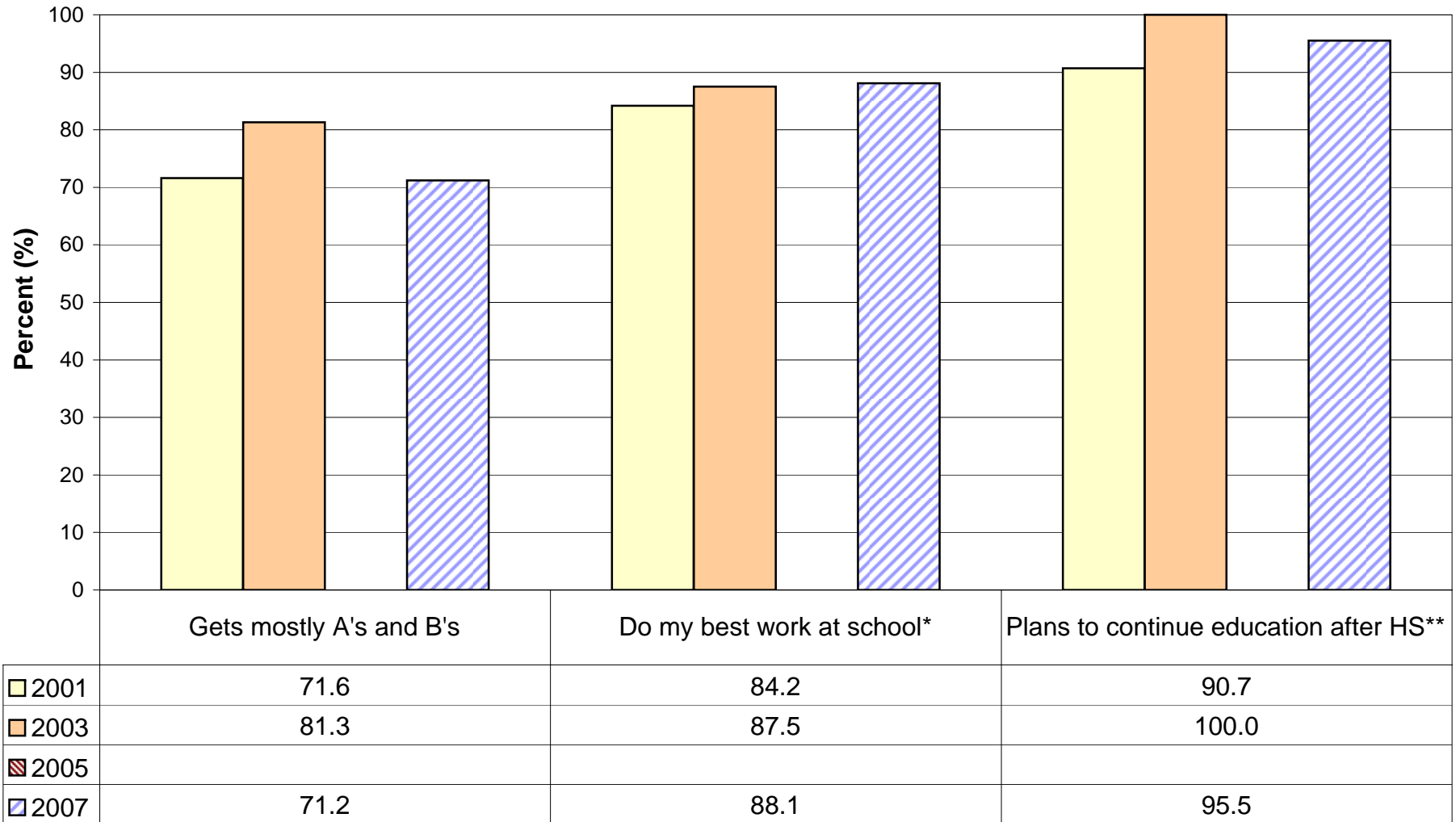


Academic Measures and Behaviors

Academic Measures

DeBaca County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS

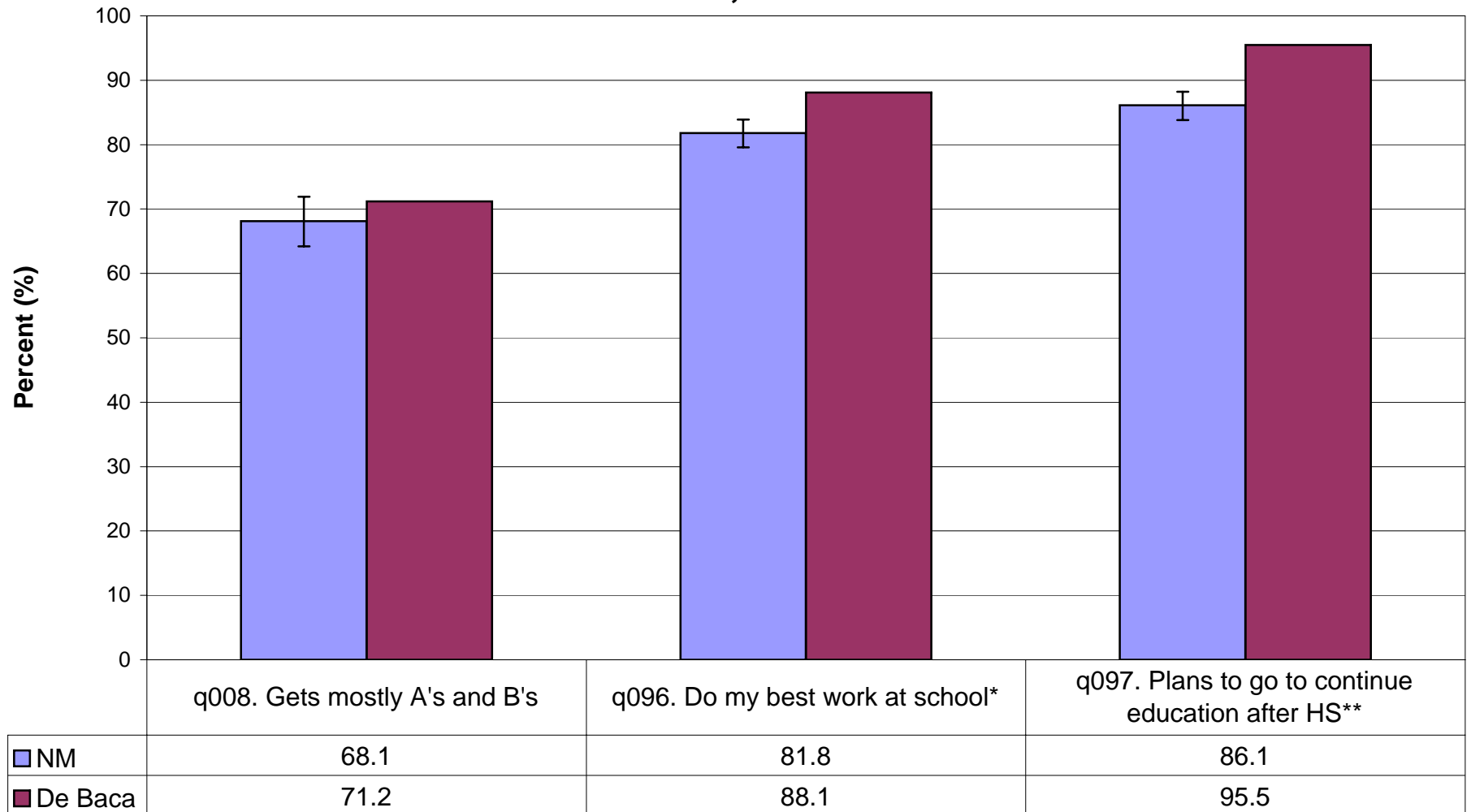


* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

Academic Measures

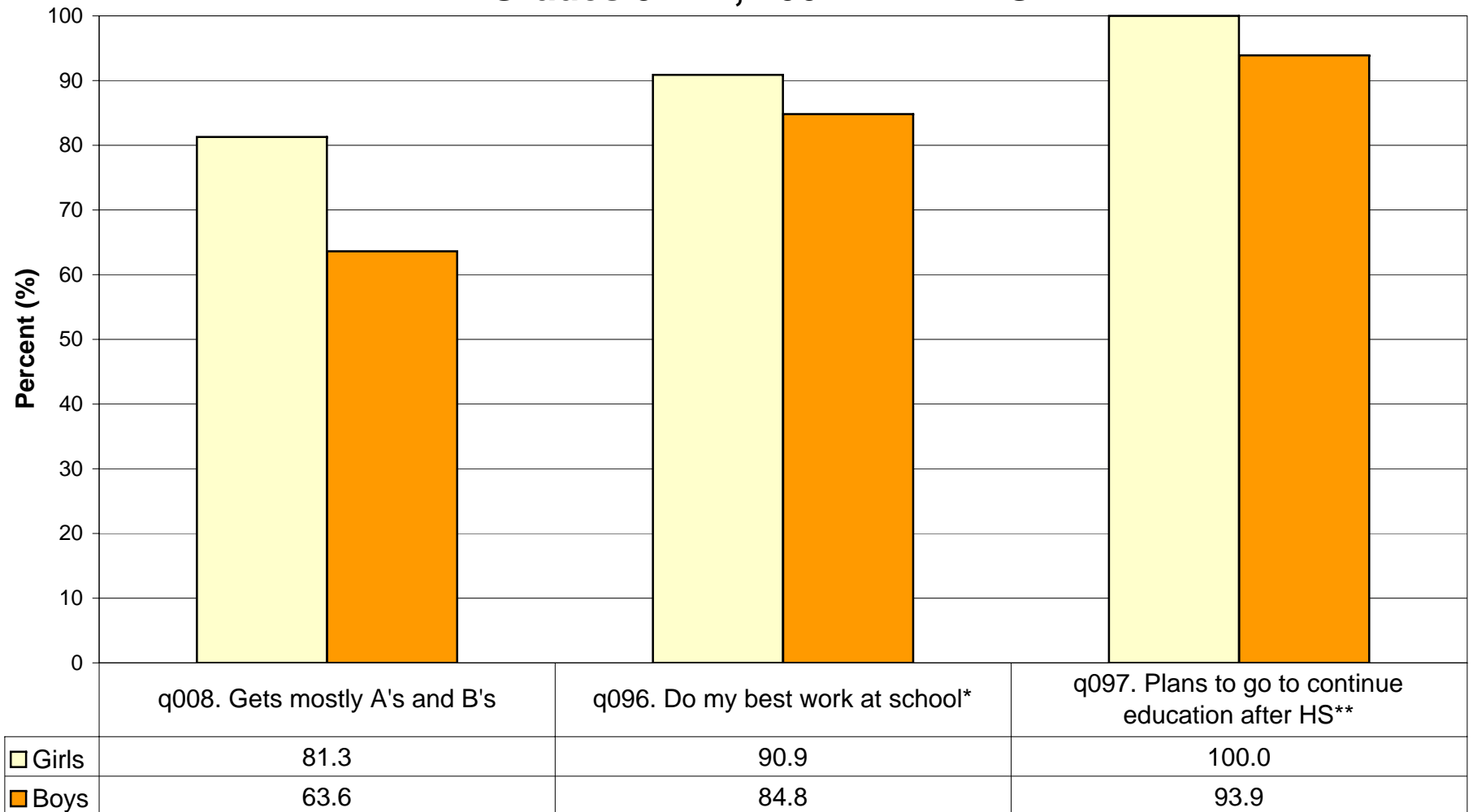
New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

Academic Measures by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

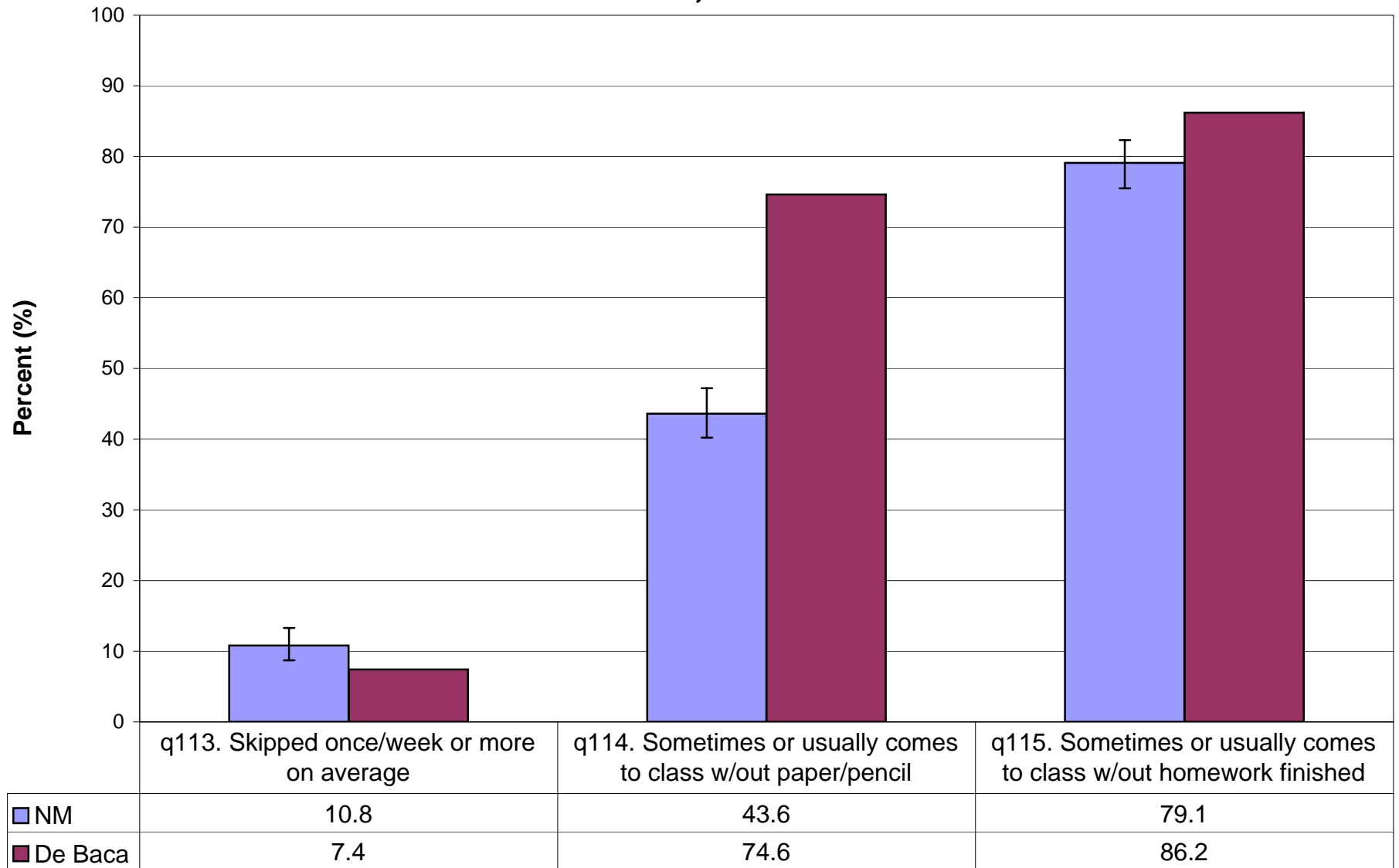


* At school, I try hard to do my best work - "Very much true" or "Pretty much true"

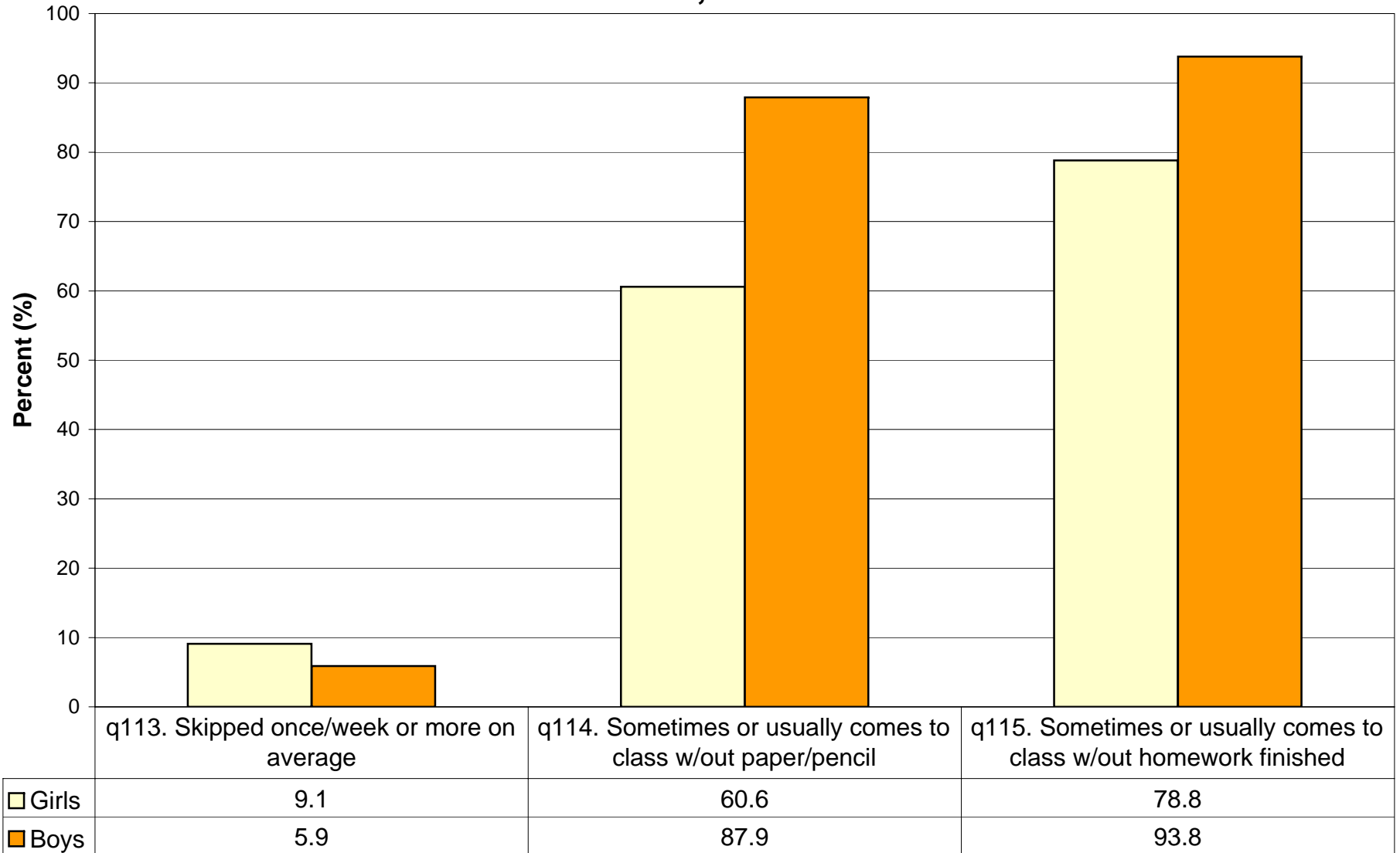
** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"

Academic Measures

New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS

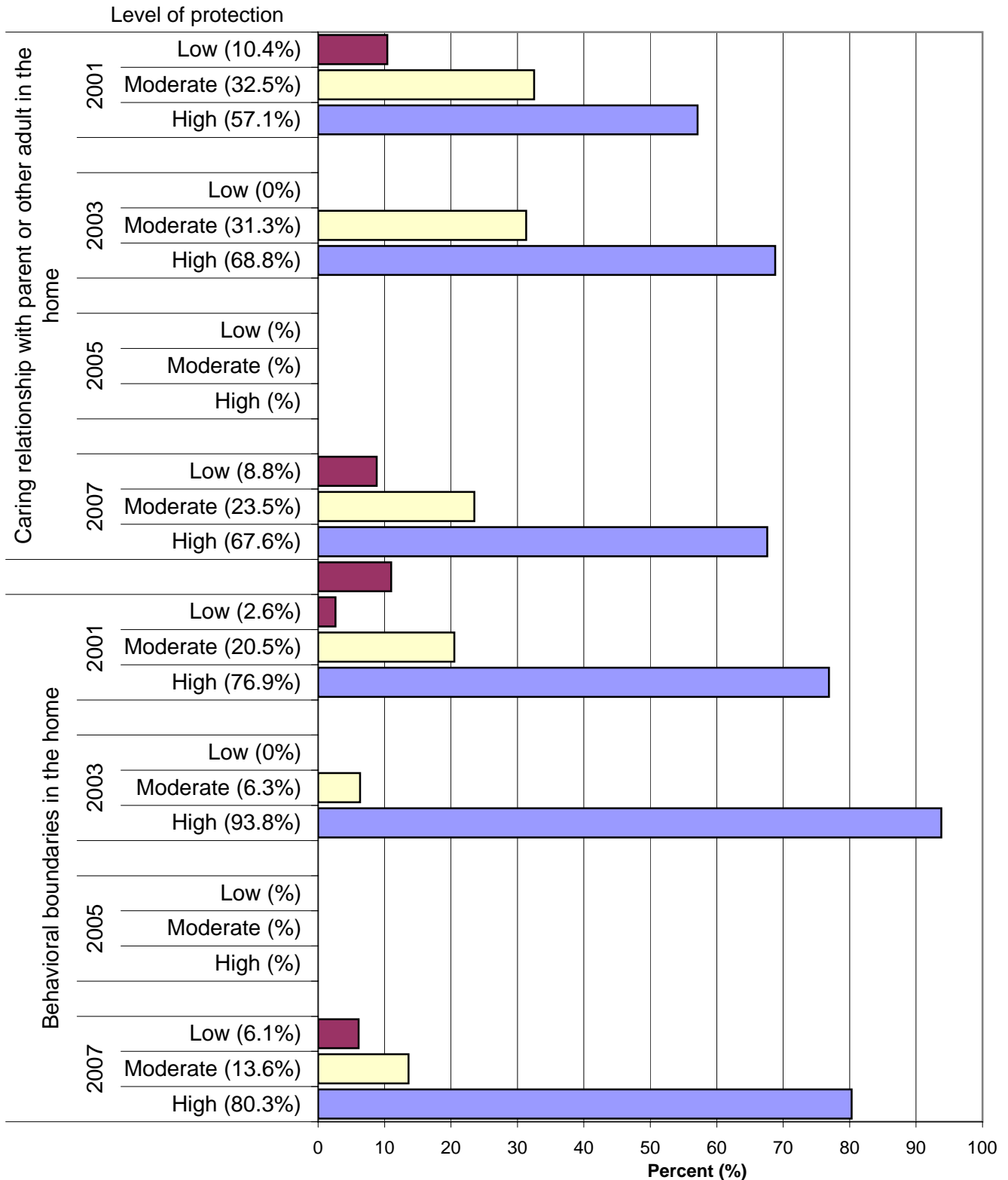


Academic Measures by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



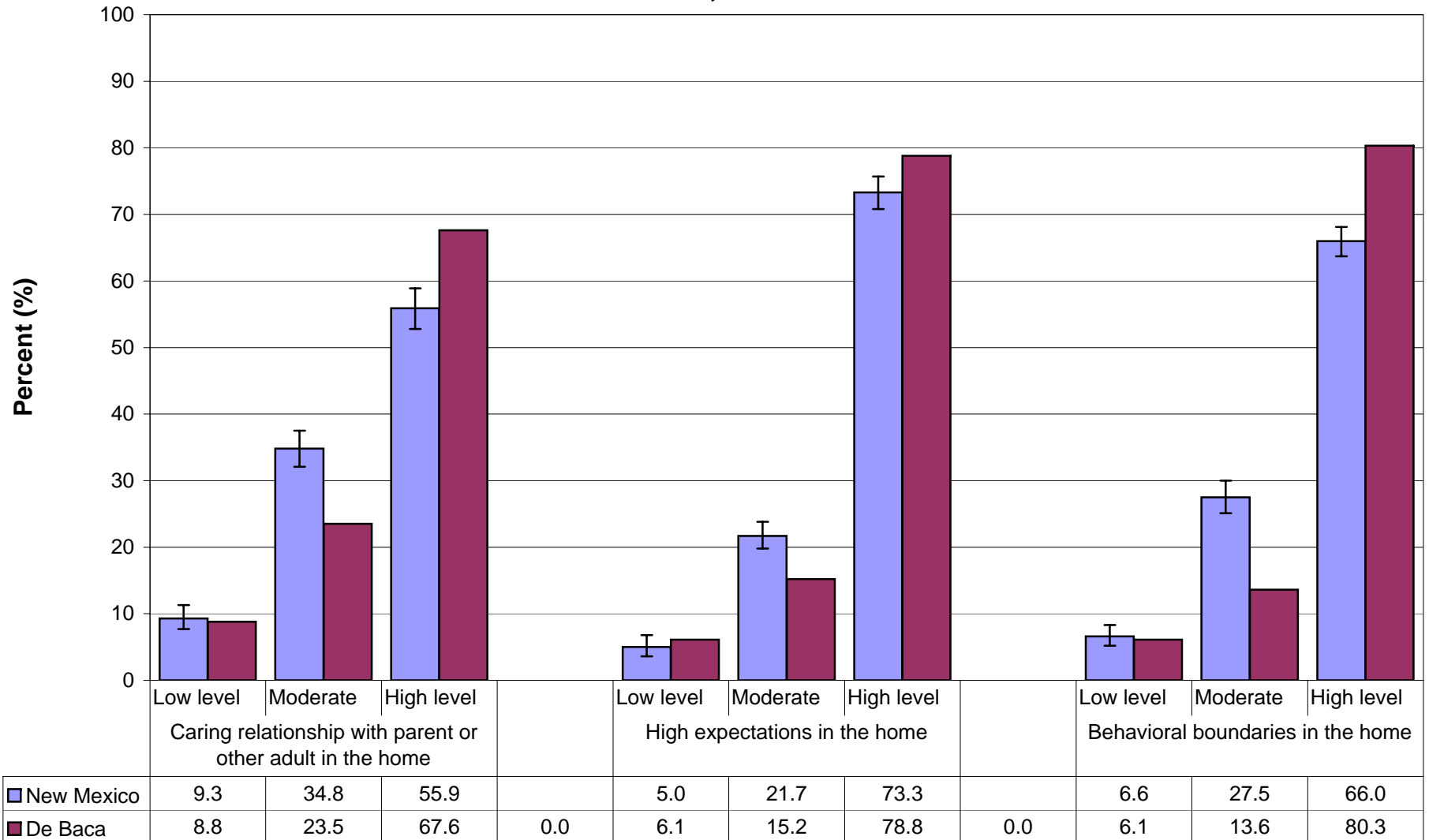
Resiliency/Protective Factors and Related Traits

Protective Factors in the Home De Baca County: 2001, 2003, 2005, 2007 Grades 9 - 12, 2007 NM YRRS



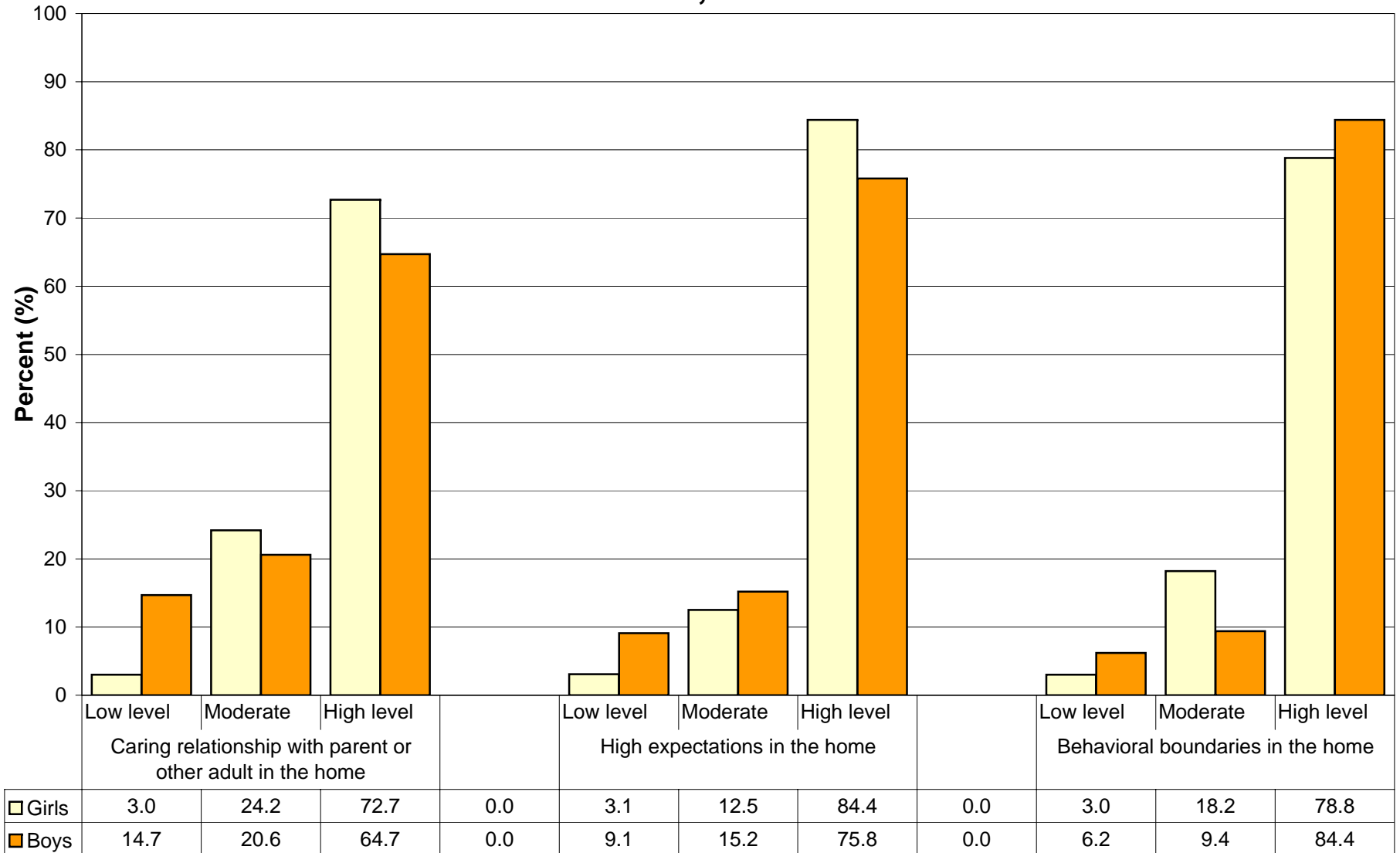
See Appendix C for discussion of resiliency/protective factors.

Protective Factors in the Home New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



See Appendix B for discussion of resiliency/protective

Protective Factors in the Home by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

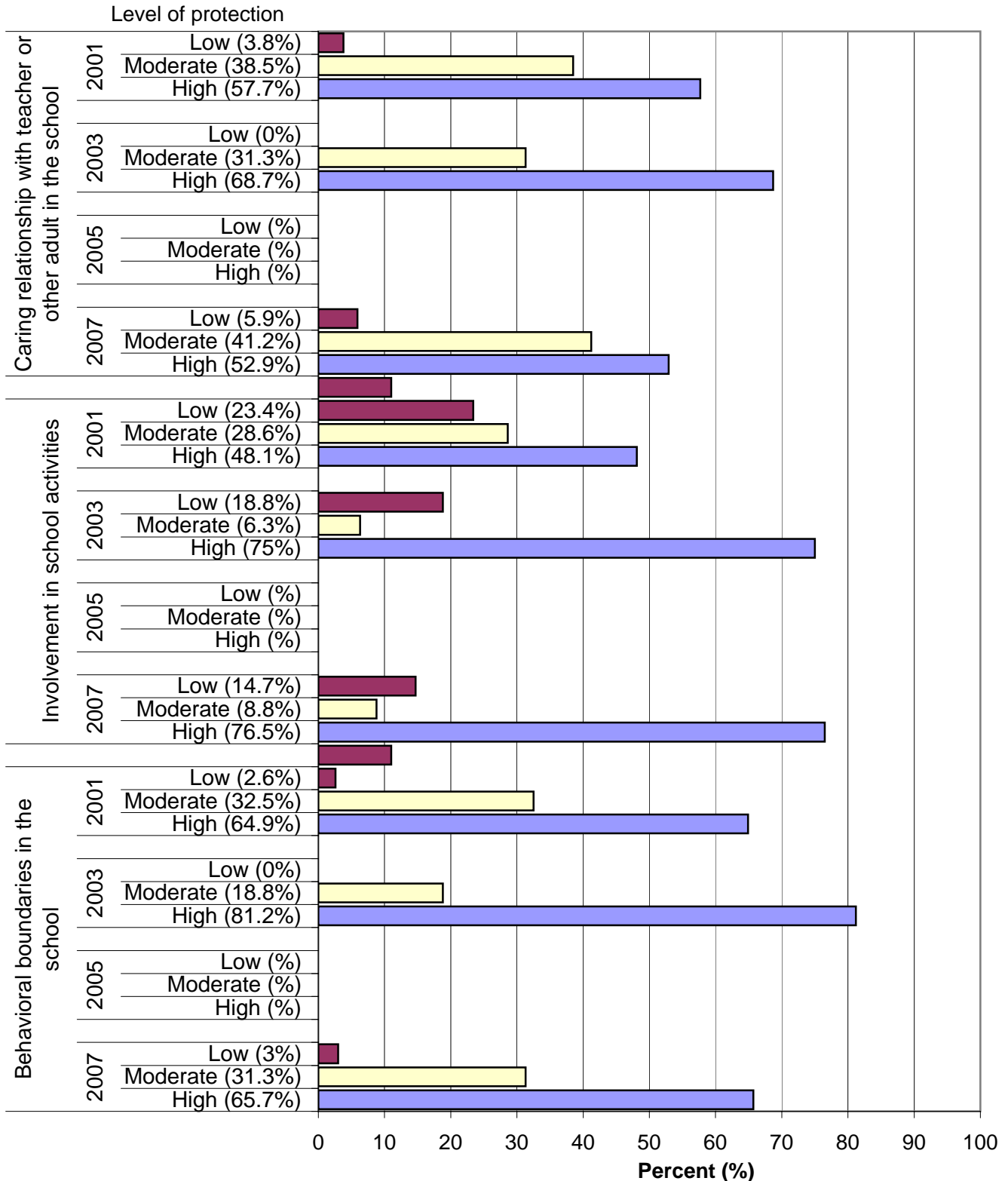


See Appendix C for discussion of resiliency/protective factors.

Protective Factors in the School

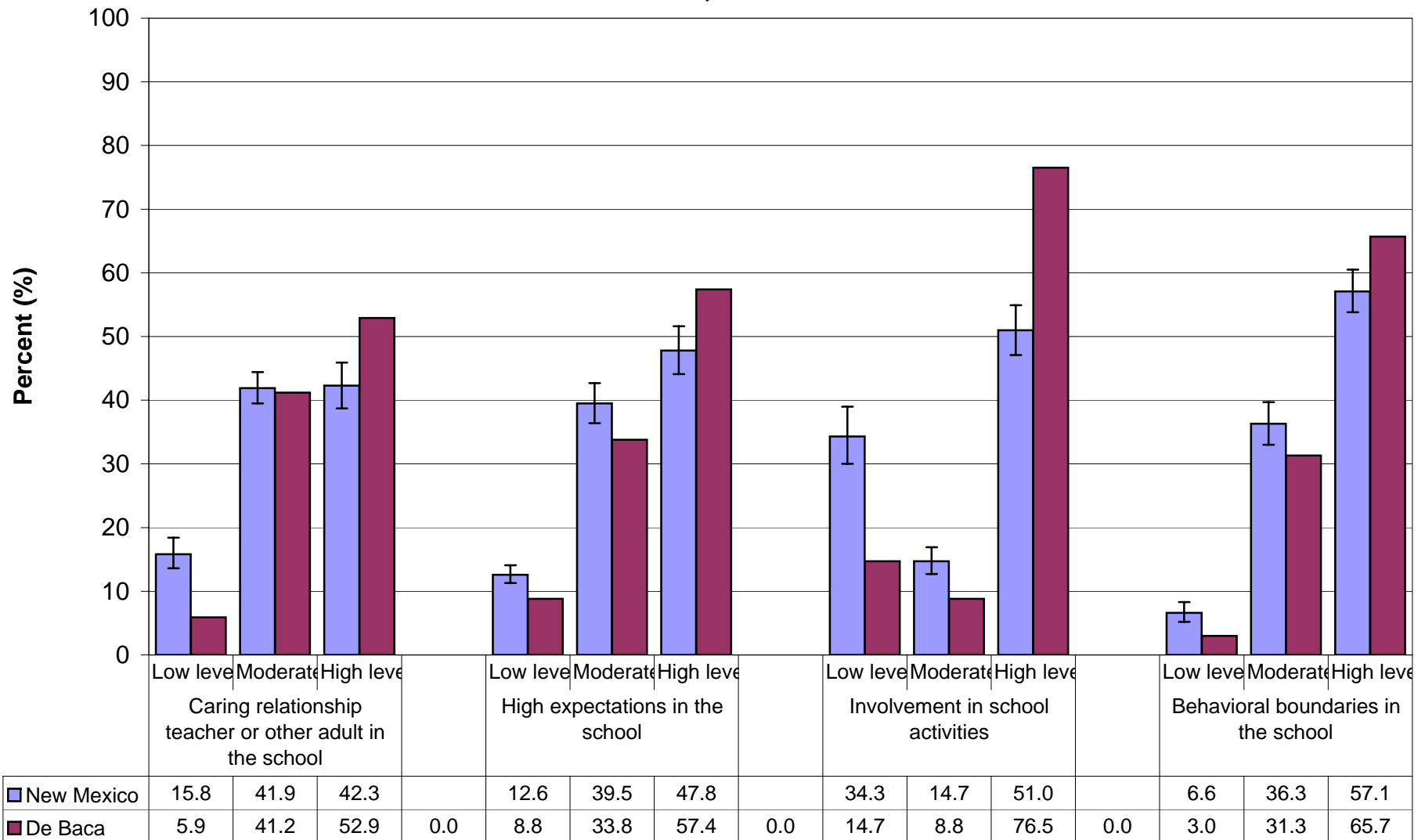
De Baca County: 2001, 2003, 2005, 2007

Grades 9 - 12, 2007 NM YRRS



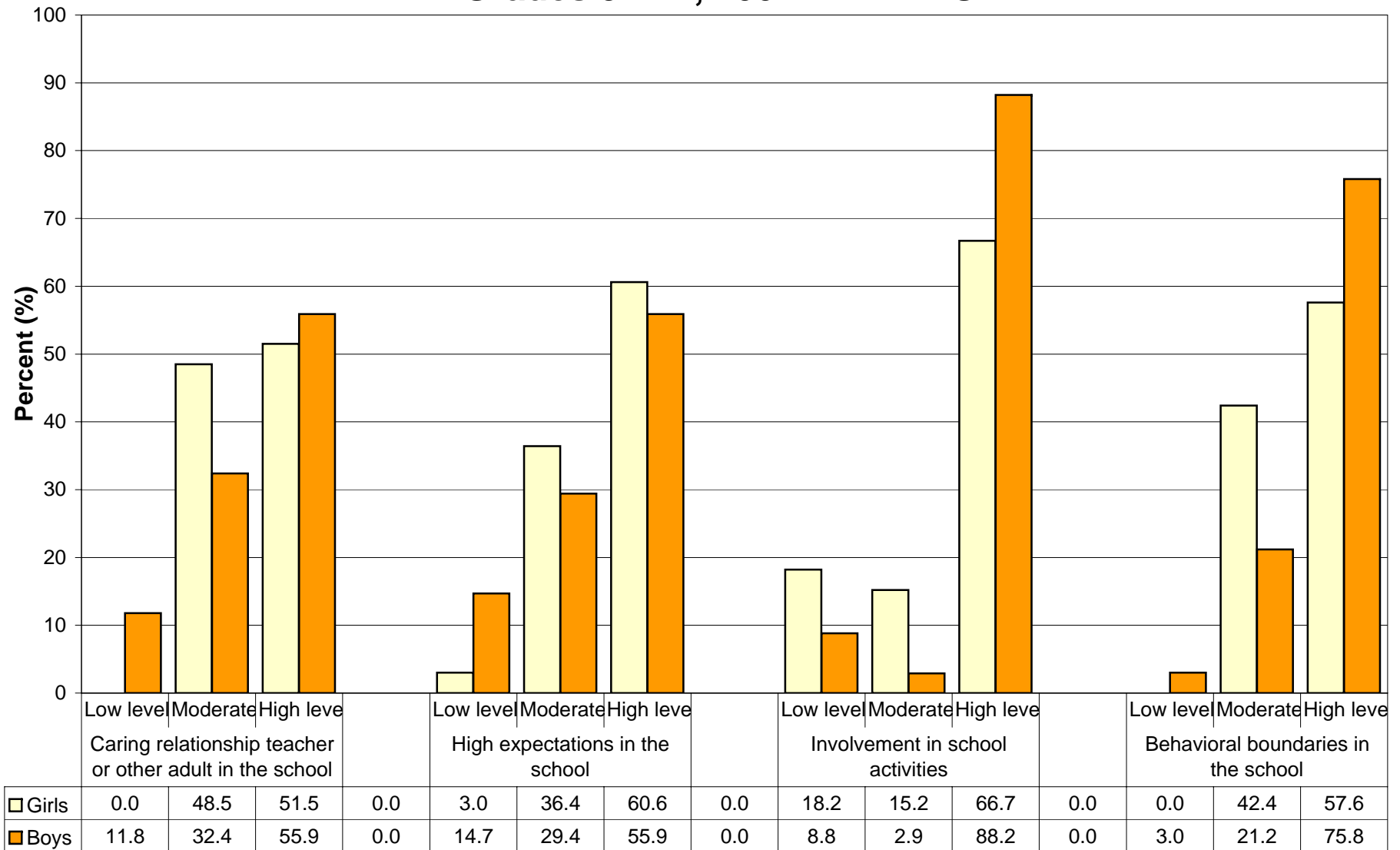
See Appendix C for discussion of resiliency/protective factors.

Protective Factors in the School New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective

Protective Factors in the School by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS

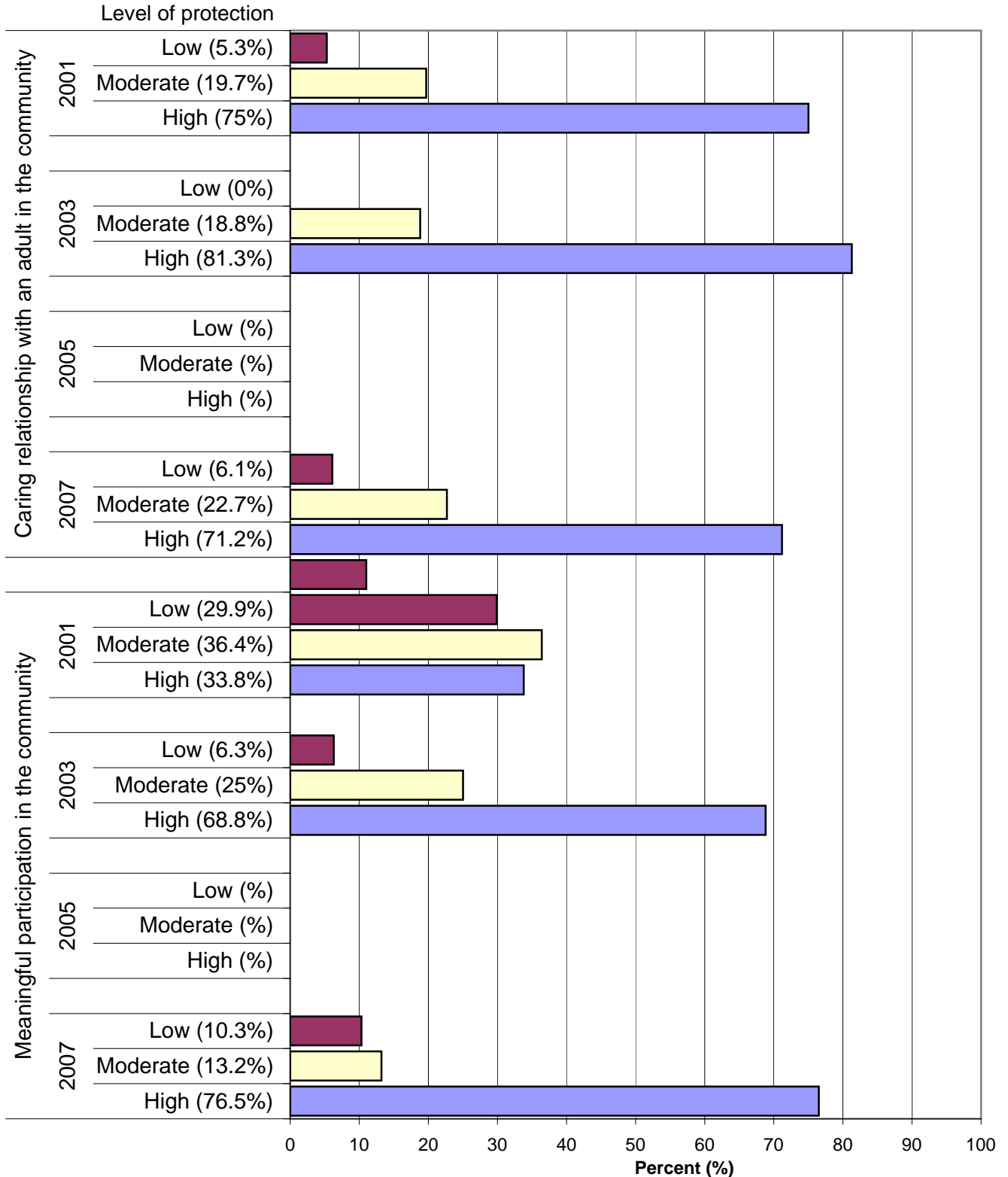


See Appendix C for discussion of resiliency/protective factors.

Protective Factors in the Community

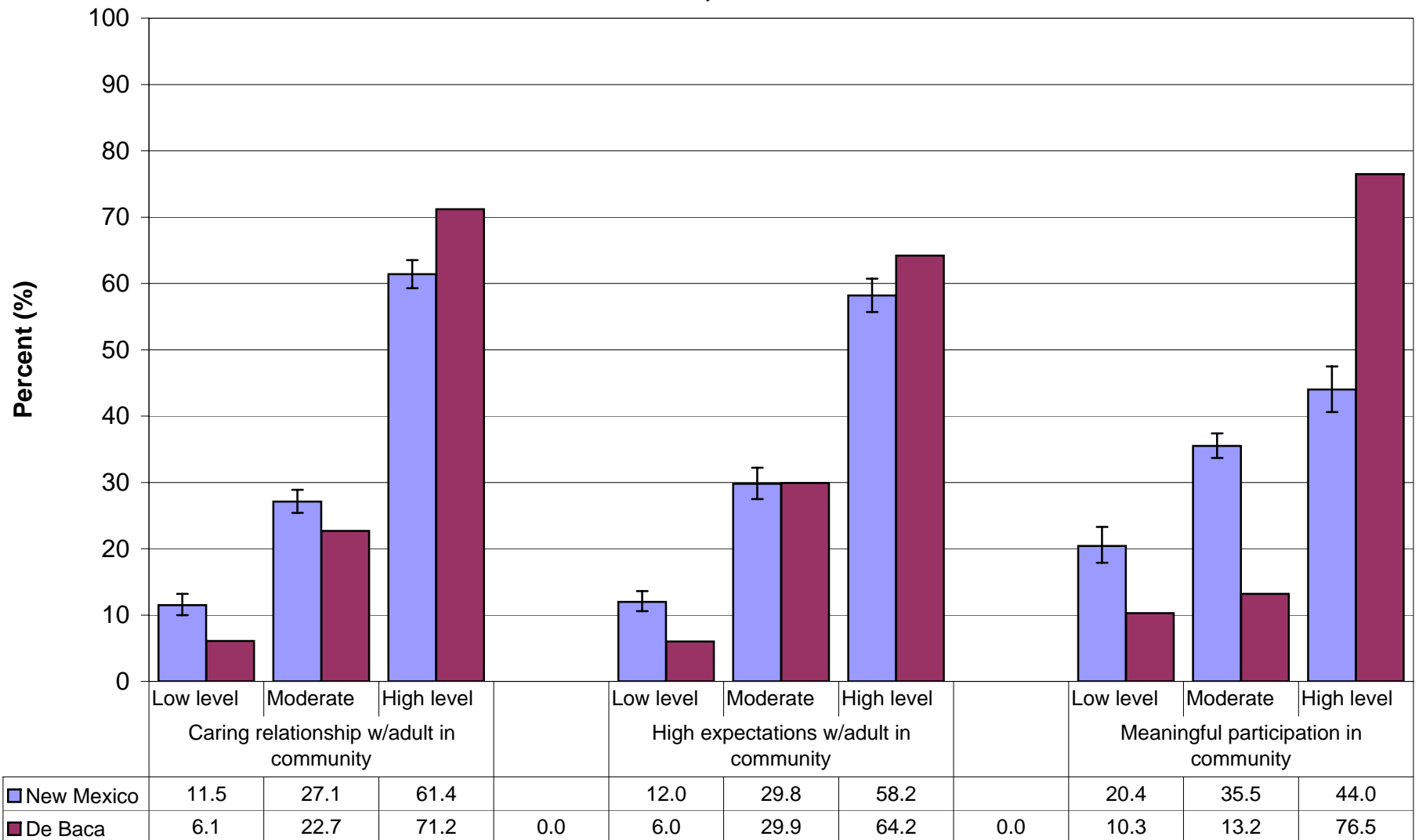
De Baca County: 2001, 2003, 2005, 2007

Grades 9 - 12, 2007 NM YRRS



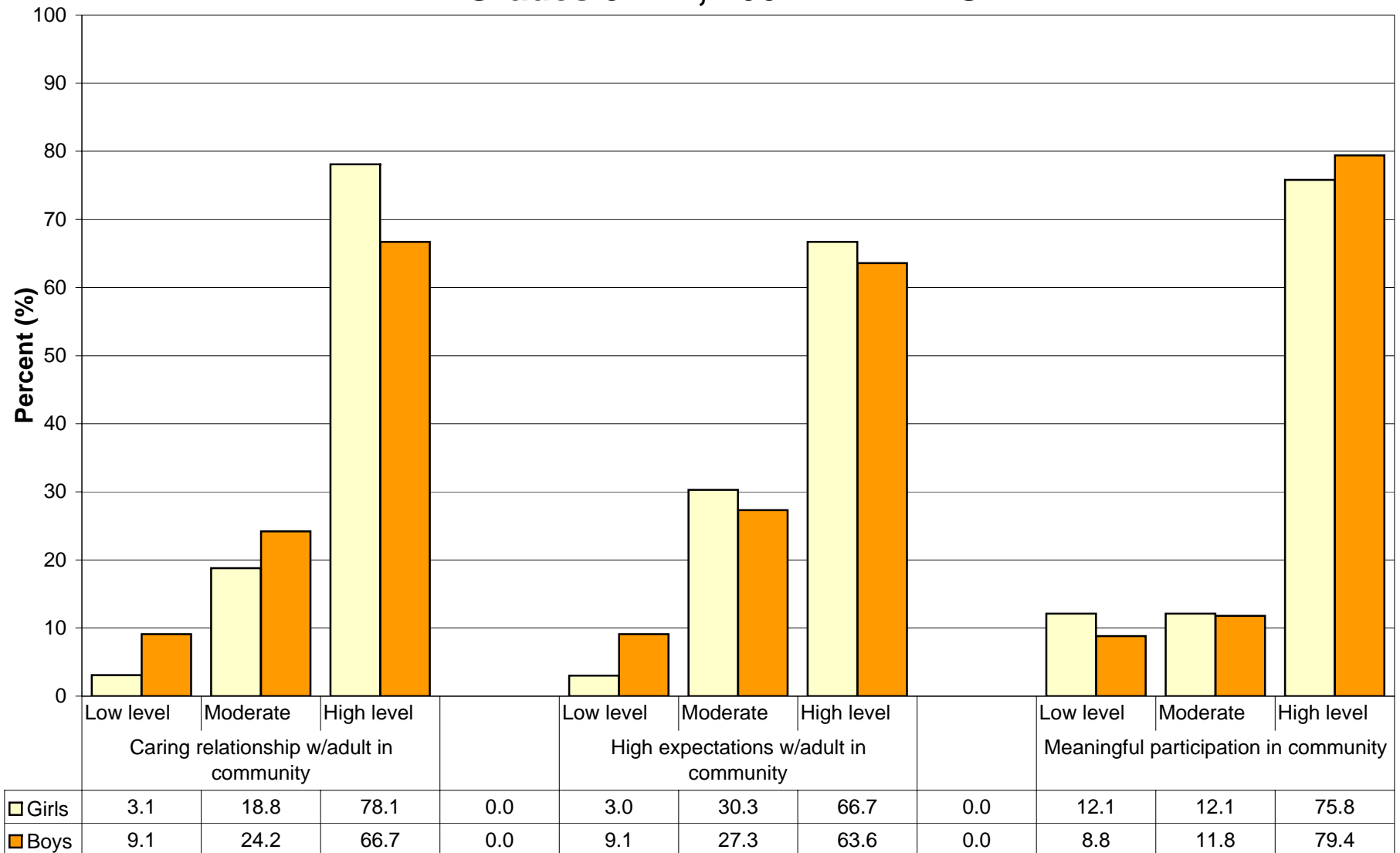
See Appendix C for discussion of resiliency/protective factors.

Protective Factors in the Community New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



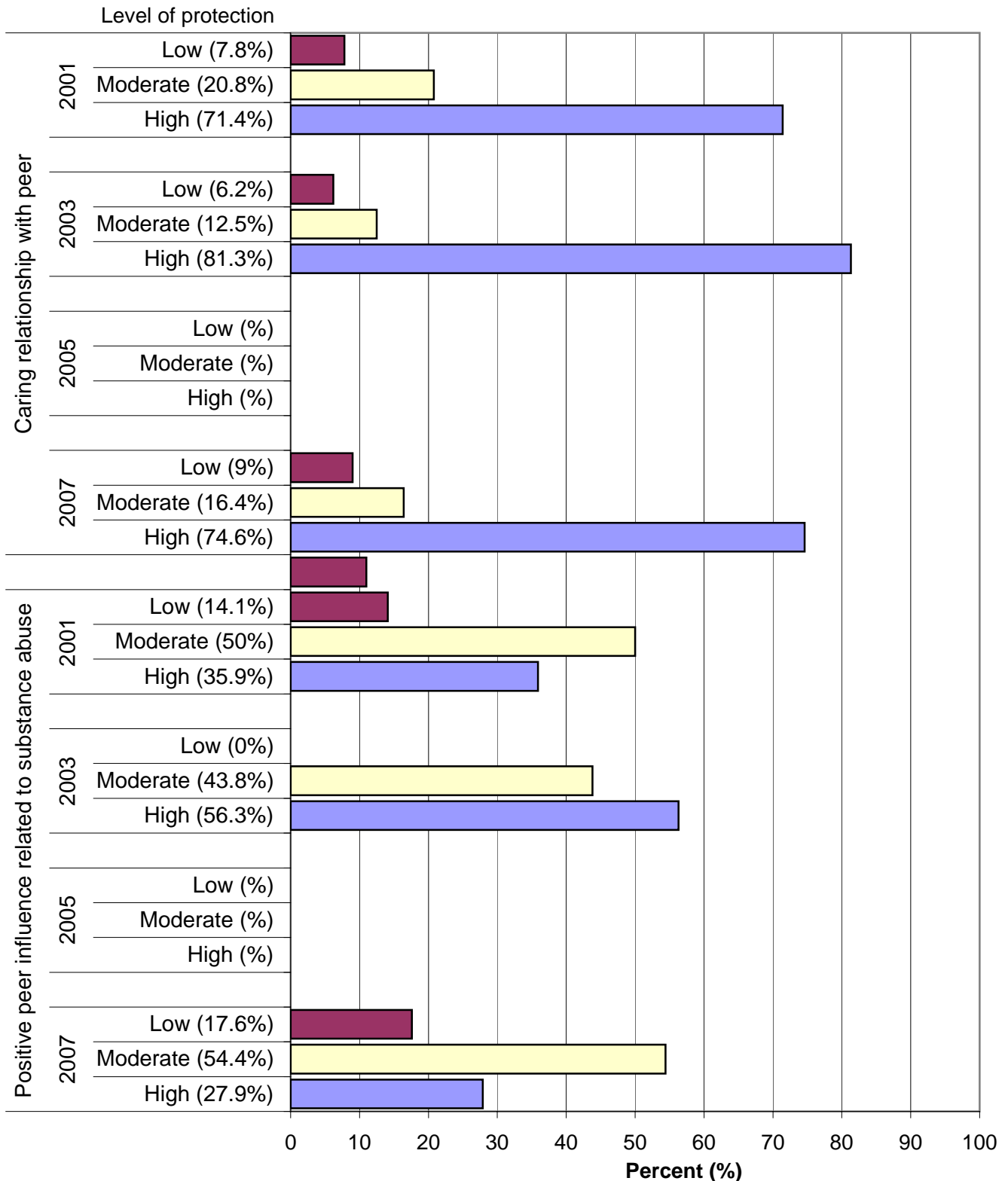
See Appendix C for discussion of resiliency/protective

Protective Factors in the Community by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



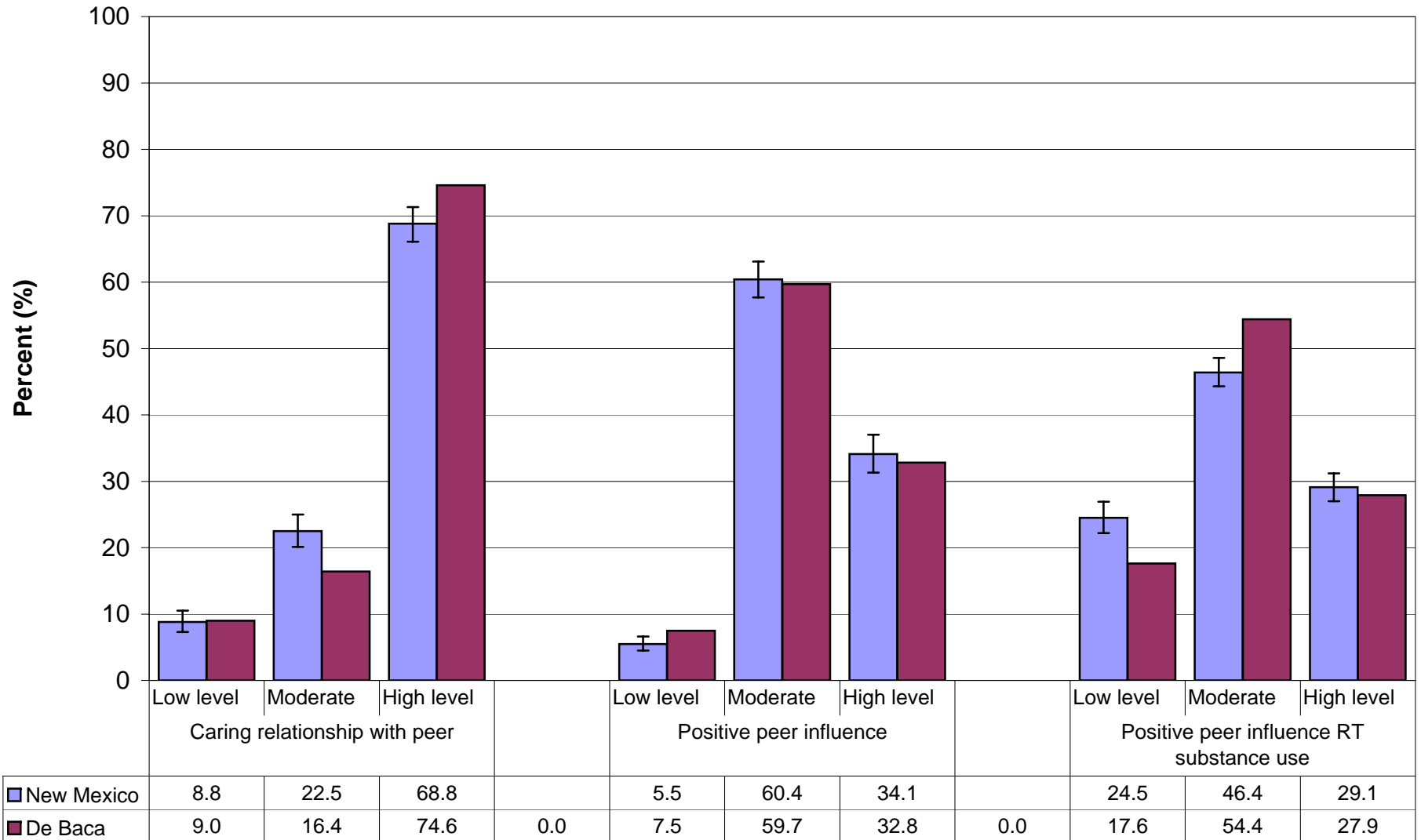
See Appendix C for discussion of resiliency/protective factors.

Protective Factors with Peers De Baca County: 2001, 2003, 2005, 2007 Grades 9 - 12, 2007 NM YRRS



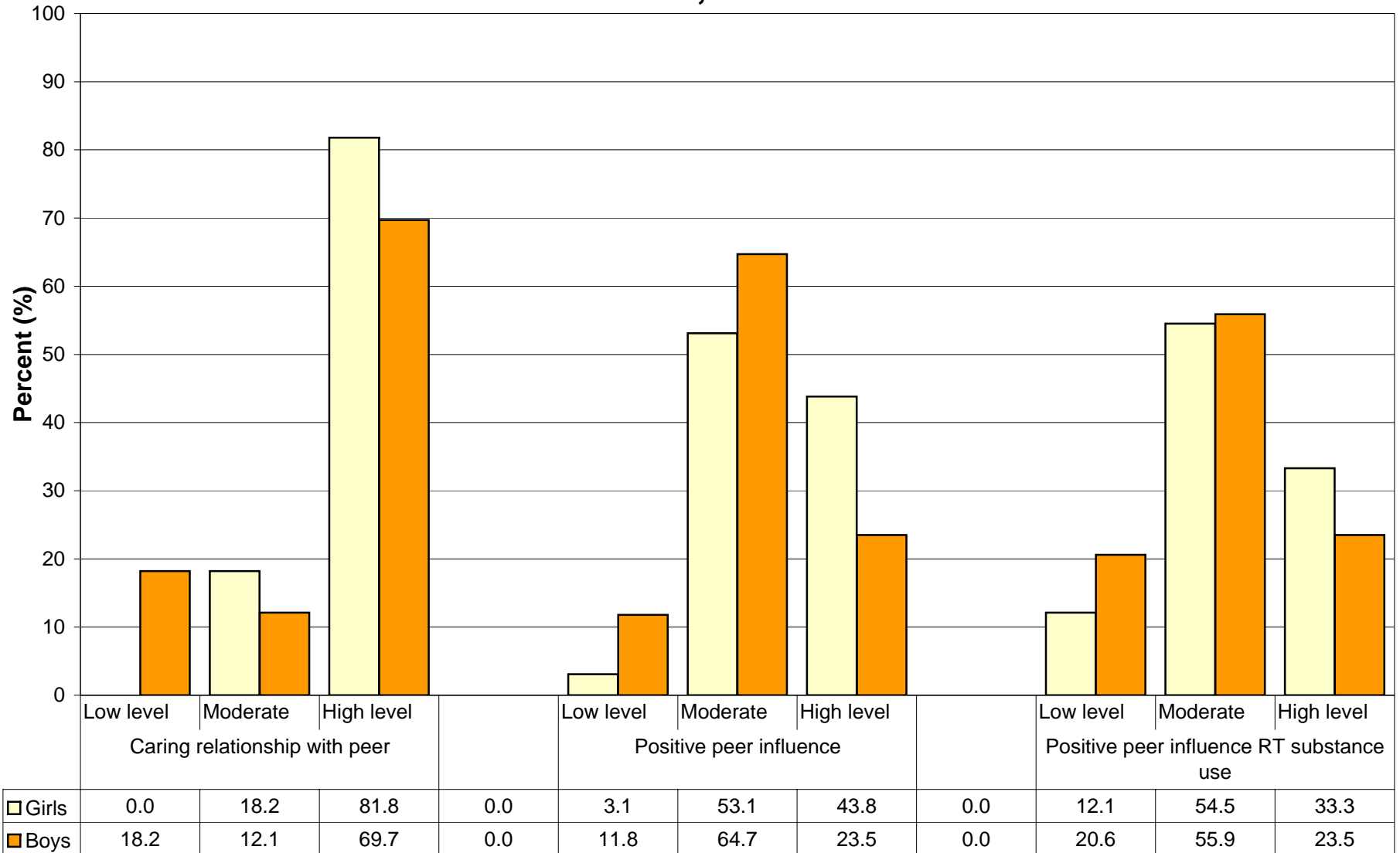
See Appendix C for discussion of resiliency/protective factors.

Protective Factors with Peers New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



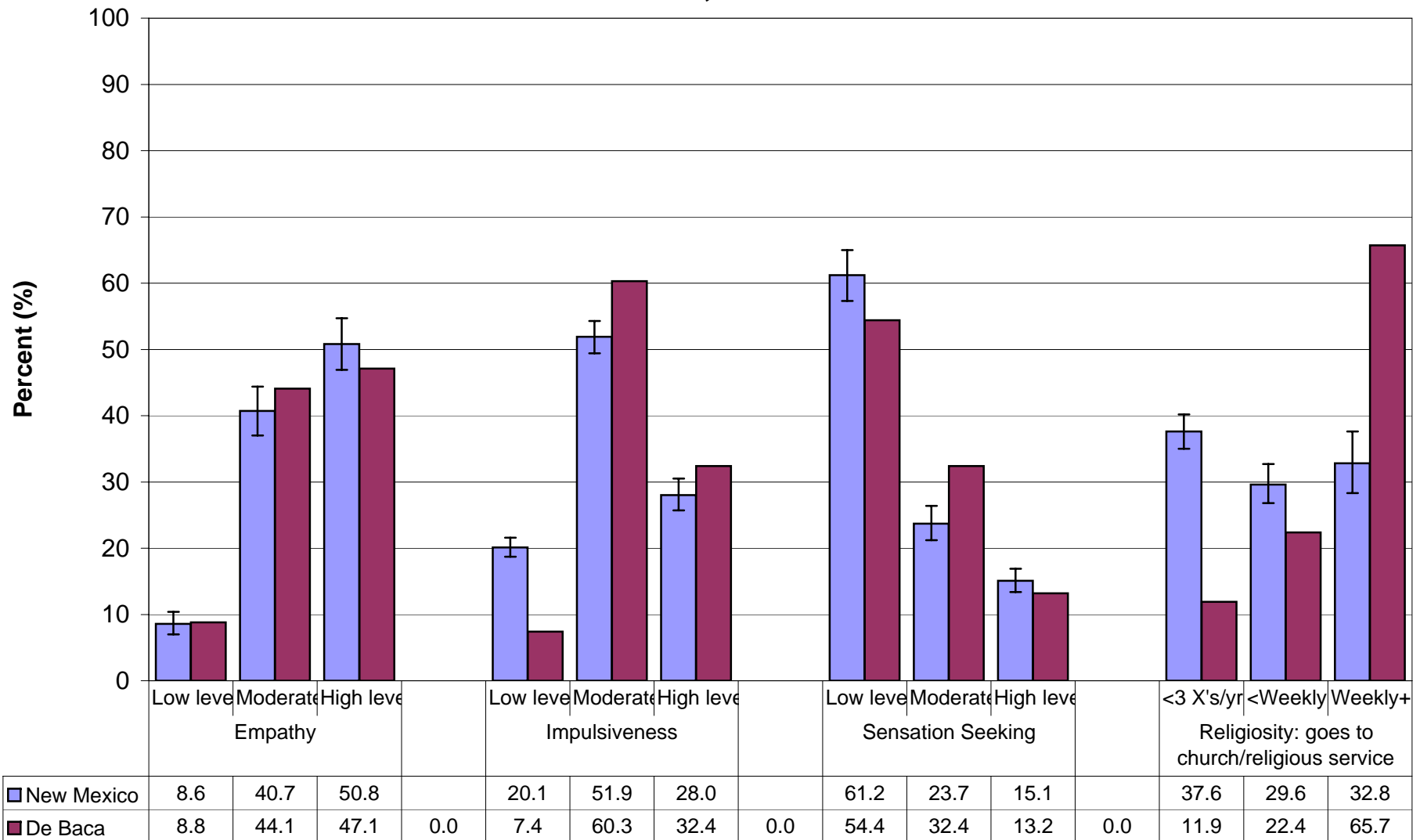
See Appendix C for discussion of resiliency/protective

Protective Factors with Peers by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



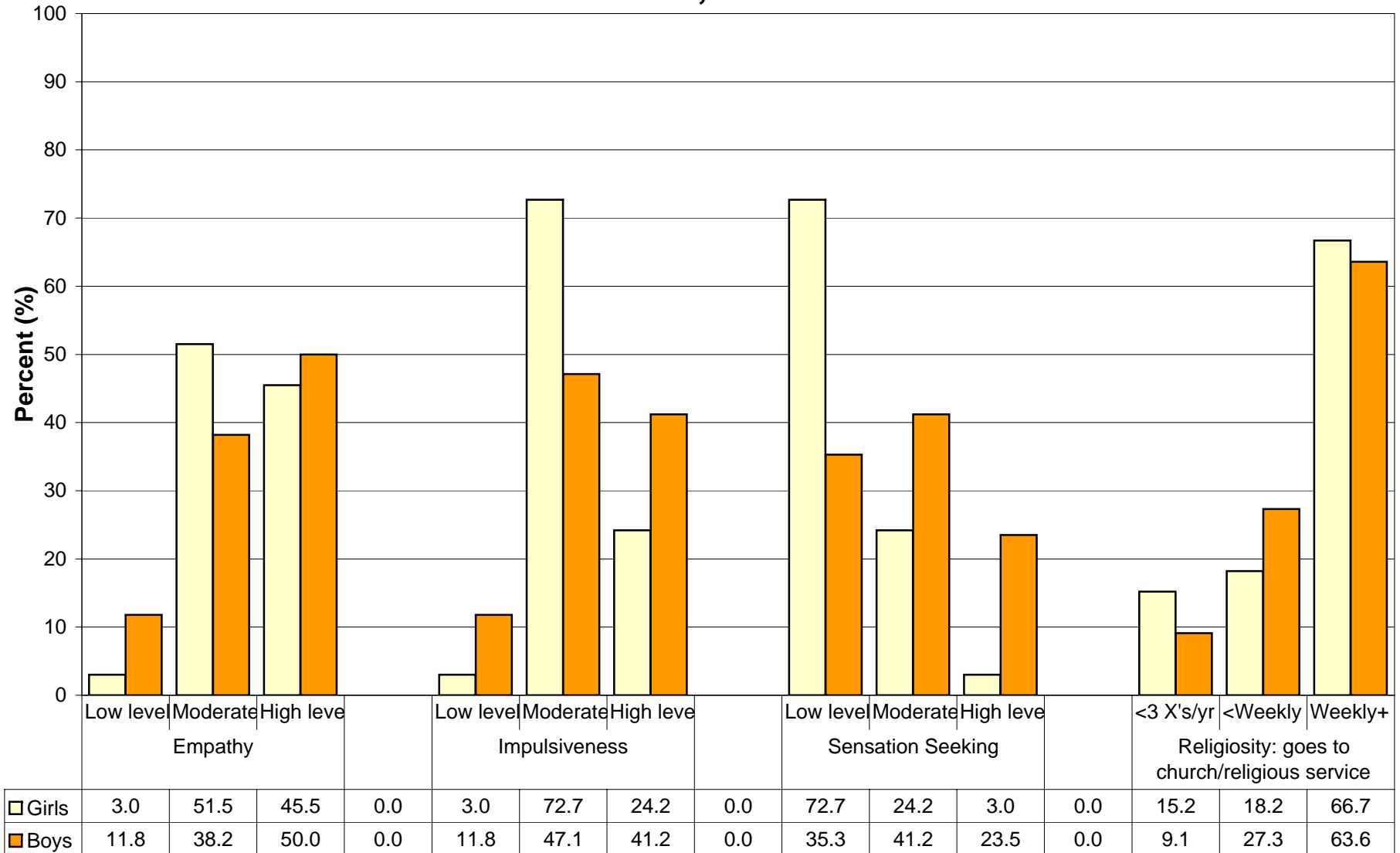
See Appendix C for discussion of resiliency/protective factors.

Other Resiliency Factors and Traits New Mexico and De Baca County Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective

Other Resiliency Factors and Traits by Gender, De Baca County Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective factors.

Appendix A
 2007 Youth Risk and Resiliency Survey
 High School Questionnaire
 De Baca County

	<u>Number</u>	<u>(%)</u>
1. How old are you?		
A. 12 years old or younger	0	(0.0)
B. 13 years old	0	(0.0)
C. 14 years old	6	(8.8)
D. 15 years old	15	(22.1)
E. 16 years old	24	(35.3)
F. 17 years old	15	(22.1)
G. 18 years old or older	8	(11.8)
2. What is your sex?		
A. Female	33	(49.3)
B. Male	34	(50.7)
3. In what grade are you?		
A. 9th grade	19	(28.4)
B. 10th grade	12	(17.9)
C. 11th grade	27	(40.3)
D. 12th grade	9	(13.4)
E. Ungraded or other grade	0	(0.0)
4. Are you Hispanic or Latino?		
5. What is your race? (Select one or more responses.)		
Hispanic	30	(44.1)
White	28	(41.2)
American Indian or Alaska Native	3	(4.4)
Black or African American	5	(7.4)
Asian / Native Hawaiian or Other Pacific Islander	2	(2.9)
6. How tall are you without your shoes on?		
	Mean height in feet and inches	5' 7"
	Mean height in meters	1.70
7. How much do you weigh without your shoes on?		
	Mean weight in pounds	151
	Mean weight in kilograms	69
8. During the past 12 months, how would you describe your grades in school?	<u>%</u>	<u>(95% CI)</u>
A. Mostly A's	27.3	
B. Mostly B's	43.9	
C. Mostly C's	22.7	
D. Mostly D's	4.5	
E. Mostly F's	1.5	
F. None of these grades	0.0	
G. Not sure	0.0	

The next 4 questions ask about personal safety. % **(95% CI)**

9. When you rode a bicycle during the past 12 months, how often did you wear a helmet?

A. I did not ride a bicycle during the past 12 months	19.1
B. Never wore a helmet	72.1
C. Rarely wore a helmet	2.9
D. Sometimes wore a helmet	0.0
E. Most of the time wore a helmet	1.5
F. Always wore a helmet	4.4

10. How often do you wear a seat belt when riding in a car driven by someone else?

A. Never	4.4
B. Rarely	7.4
C. Sometimes	20.6
D. Most of the time	30.9
E. Always	36.8

11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

A. 0 times	72.1
B. 1 time	16.2
C. 2 or 3 times	5.9
D. 4 or 5 times	0.0
E. 6 or more times	5.9

12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

A. 0 times	81.8
B. 1 time	12.1
C. 2 or 3 times	0.0
D. 4 or 5 times	1.5
E. 6 or more times	4.5

The next 10 questions ask about violence-related behaviors.

13. Is there a gun in your home?

A. Yes	74.2
B. No	22.7
C. Not sure	3.0

14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

A. 0 days	61.5
B. 1 day	1.5
C. 2 or 3 days	7.7
D. 4 or 5 days	3.1
E. 6 or more days	26.2

	<u>%</u>	<u>(95% CI)</u>
15. During the past 30 days, on how many days did you carry a gun?		
A. 0 days	65.2	
B. 1 day	6.1	
C. 2 or 3 days	7.6	
D. 4 or 5 days	3.0	
E. 6 or more days	18.2	
16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
A. 0 days	87.7	
B. 1 day	4.6	
C. 2 or 3 days	1.5	
D. 4 or 5 days	0.0	
E. 6 or more days	6.2	
17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
A. 0 days	91.2	
B. 1 day	0.0	
C. 2 or 3 days	2.9	
D. 4 or 5 days	1.5	
E. 6 or more days	4.4	
18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?		
A. 0 times	91.2	
B. 1 time	2.9	
C. 2 or 3 times	0.0	
D. 4 or 5 times	0.0	
E. 6 or 7 times	0.0	
F. 8 or 9 times	0.0	
G. 10 or 11 times	1.5	
H. 12 or more times	4.4	
19. During the past 12 months, how many times were you in a physical fight?		
A. 0 times	60.0	
B. 1 time	20.0	
C. 2 or 3 times	10.8	
D. 4 or 5 times	0.0	
E. 6 or 7 times	4.6	
F. 8 or 9 times	0.0	
G. 10 or 11 times	0.0	
H. 12 or more times	4.6	

	<u>%</u>	<u>(95% CI)</u>
20. During the past 12 months, how many times were you in a physical fight on school property?		
A. 0 times	81.3	
B. 1 time	9.4	
C. 2 or 3 times	3.1	
D. 4 or 5 times	1.6	
E. 6 or 7 times	1.6	
F. 8 or 9 times	0.0	
G. 10 or 11 times	0.0	
H. 12 or more times	3.1	
21. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
A. Yes	14.9	
B. No	85.1	
22. Have you ever been physically forced to have sexual intercourse when you did not want to?		
A. Yes	6.0	
B. No	94.0	
The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide; that is, taking some action to end their own life.		
23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A. Yes	25.4	
B. No	74.6	
24. During the past 12 months, did you ever seriously consider attempting suicide?		
A. Yes	16.4	
B. No	83.6	
25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A. Yes	22.1	
B. No	77.9	
26. During the past 12 months, how many times did you actually attempt suicide?		
A. 0 times	85.2	
B. 1 time	7.4	
C. 2 or 3 times	5.6	
D. 4 or 5 times	0.0	
E. 6 or more times	1.9	

27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	<u>%</u>	<u>(95% CI)</u>
A. I did not attempt suicide during the past 12 months	84.9	
B. Yes	1.9	
C. No	13.2	

The next 10 questions ask about tobacco use.

28. Have you ever tried cigarette smoking, even one or two puffs?	
A. Yes	56.3
B. No	43.8

29. How old were you when you smoked a whole cigarette for the first time?	
A. I have never smoked a whole cigarette	59.1
B. 8 years old or younger	13.6
C. 9 or 10 years old	0.0
D. 11 or 12 years old	1.5
E. 13 or 14 years old	12.1
F. 15 or 16 years old	10.6
G. 17 years old or older	3.0

30. During the past 30 days, on how many days did you smoke cigarettes?	
A. 0 days	74.6
B. 1 or 2 days	7.9
C. 3 to 5 days	1.6
D. 6 to 9 days	6.3
E. 10 to 19 days	6.3
F. 20 to 29 days	0.0
G. All 30 days	3.2

31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?	
A. I did not smoke cigarettes during the past 30 days	74.6
B. Less than 1 cigarette per day	7.9
C. 1 cigarette per day	6.3
D. 2 to 5 cigarettes per day	6.3
E. 6 to 10 cigarettes per day	3.2
F. 11 to 20 cigarettes per day	0.0
G. More than 20 cigarettes per day	1.6

32. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)	
A. I did not smoke cigarettes during the past 30 days	74.6
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	3.2
C. I bought them from a vending machine	0.0
D. I gave someone else money to buy them for me	9.5
E. I borrowed (or bummed) them from someone else	7.9
F. A person 18 years old or older gave them to me	3.2
G. I took them from a store or family member	1.6
H. I got them some other way	0.0

	<u>%</u>	<u>(95% CI)</u>
33. During the past 30 days, on how many days did you smoke cigarettes on school property?		
A. 0 days	87.9	
B. 1 or 2 days	9.1	
C. 3 to 5 days	0.0	
D. 6 to 9 days	1.5	
E. 10 to 19 days	1.5	
F. 20 to 29 days	0.0	
G. All 30 days	0.0	
34. During the past 12 months, did you ever try to quit smoking cigarettes?		
A. I did not smoke during the past 12 months	66.7	
B. Yes	18.2	
C. No	15.2	
35. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
A. 0 days	85.1	
B. 1 or 2 days	6.0	
C. 3 to 5 days	3.0	
D. 6 to 9 days	1.5	
E. 10 to 19 days	3.0	
F. 20 to 29 days	0.0	
G. All 30 days	1.5	
36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A. 0 days	64.7	
B. 1 or 2 days	13.2	
C. 3 to 5 days	7.4	
D. 6 to 9 days	0.0	
E. 10 to 19 days	8.8	
F. 20 to 29 days	1.5	
G. All 30 days	4.4	
37. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?		
A. 0 days	53.7	
B. 1 or 2 days	22.4	
C. 3 or 4 days	10.4	
D. 5 or 6 days	1.5	
E. 7 days	11.9	

The next 7 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

	<u>%</u>	<u>(95% CI)</u>
38. How old were you when you had your first drink of alcohol other than a few sips?		
A. I have never had a drink of alcohol other than a few sips	31.3	
B. 8 years old or younger	26.9	
C. 9 or 10 years old	4.5	
D. 11 or 12 years old	0.0	
E. 13 or 14 years old	17.9	
F. 15 or 16 years old	14.9	
G. 17 years old or older	4.5	
39. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A. 0 days	49.2	
B. 1 or 2 days	30.2	
C. 3 to 5 days	7.9	
D. 6 to 9 days	6.3	
E. 10 to 19 days	3.2	
F. 20 to 29 days	1.6	
G. All 30 days	1.6	
40. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
A. 0 days	67.2	
B. 1 day	14.9	
C. 2 days	3.0	
D. 3 to 5 days	10.4	
E. 6 to 9 days	0.0	
F. 10 to 19 days	1.5	
G. 20 or more days	3.0	
41. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	50.8	
B. I do not have a usual type	8.2	
C. Beer	6.6	
D. Malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade	16.4	
E. Wine coolers, such as Bartles and James or Seagrams	1.6	
F. Wine	3.3	
G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey	9.8	
H. Some other type	3.3	

	<u>%</u>	<u>(95% CI)</u>
42. During the past 30 days, how did you usually get the alcohol you drank?		
A. I did not drink alcohol during the past 30 days	48.4	
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	4.7	
C. I bought it at a restaurant, bar, or club	3.1	
D. I bought it at a public event such as a concert or sporting event	3.1	
E. I gave someone else money to buy it for me	12.5	
F. Someone gave it to me	17.2	
G. I took it from a store or family member	1.6	
H. I got it some other way	9.4	
43. During the past 30 days, where did you usually drink alcohol? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	49.2	
B. At my home	4.8	
C. At another person's home	36.5	
D. While riding in or driving a car	3.2	
E. At a restaurant, bar, or club	1.6	
F. At a public place such as a park, beach, or parking lot	3.2	
G. At a public event such as a concert or sporting event	1.6	
H. On school property	0.0	
44. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
A. 0 days	90.9	
B. 1 or 2 days	4.5	
C. 3 to 5 days	3.0	
D. 6 to 9 days	1.5	
E. 10 to 19 days	0.0	
F. 20 to 29 days	0.0	
G. All 30 days	0.0	
The next 3 questions ask about marijuana use. Marijuana also is called grass or pot.		
45. How old were you when you tried marijuana for the first time?		
A. I have never tried marijuana	67.2	
B. 8 years old or younger	3.0	
C. 9 or 10 years old	1.5	
D. 11 or 12 years old	3.0	
E. 13 or 14 years old	7.5	
F. 15 or 16 years old	16.4	
G. 17 years old or older	1.5	
46. During the past 30 days, how many times did you use marijuana?		
A. 0 times	80.6	
B. 1 or 2 times	7.5	
C. 3 to 9 times	6.0	
D. 10 to 19 times	0.0	
E. 20 to 39 times	3.0	
F. 40 or more times	3.0	

47. During the past 30 days, how many times did you use marijuana on school property?		(95% CI)
	%	
A. 0 times	91.0	
B. 1 or 2 times	3.0	
C. 3 to 9 times	1.5	
D. 10 to 19 times	0.0	
E. 20 to 39 times	1.5	
F. 40 or more times	3.0	

The next 12 questions ask about other drugs.

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?	
A. 0 times	88.2
B. 1 or 2 times	0.0
C. 3 to 9 times	1.5
D. 10 to 19 times	0.0
E. 20 to 39 times	4.4
F. 40 or more times	5.9

49. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?	
A. 0 times	95.6
B. 1 or 2 times	0.0
C. 3 to 9 times	2.9
D. 10 to 19 times	0.0
E. 20 to 39 times	1.5
F. 40 or more times	0.0

50. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	
A. 0 times	91.2
B. 1 or 2 times	2.9
C. 3 to 9 times	1.5
D. 10 to 19 times	0.0
E. 20 to 39 times	1.5
F. 40 or more times	2.9

51. During your life, how many times have you used heroin (also called smack, junk, or China White)?	
A. 0 times	95.6
B. 1 or 2 times	2.9
C. 3 to 9 times	0.0
D. 10 to 19 times	0.0
E. 20 to 39 times	0.0
F. 40 or more times	1.5

	<u>%</u>	<u>(95% CI)</u>
52. During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?		
A. 0 times	95.6	
B. 1 or 2 times	0.0	
C. 3 to 9 times	2.9	
D. 10 to 19 times	0.0	
E. 20 to 39 times	0.0	
F. 40 or more times	1.5	
53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	97.0	
B. 1 or 2 times	1.5	
C. 3 to 9 times	0.0	
D. 10 to 19 times	0.0	
E. 20 to 39 times	0.0	
F. 40 or more times	1.5	
54. During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	94.1	
B. 1 or 2 times	1.5	
C. 3 to 9 times	0.0	
D. 10 to 19 times	2.9	
E. 20 to 39 times	0.0	
F. 40 or more times	1.5	
55. During your life, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	92.6	
B. 1 or 2 times	4.4	
C. 3 to 9 times	0.0	
D. 10 to 19 times	1.5	
E. 20 to 39 times	0.0	
F. 40 or more times	1.5	
56. During the past 30 days, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	92.6	
B. 1 or 2 times	1.5	
C. 3 to 9 times	2.9	
D. 10 to 19 times	0.0	
E. 20 to 39 times	1.5	
F. 40 or more times	1.5	

57. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?	%	(95% CI)
A. 0 times	86.8	
B. 1 or 2 times	5.9	
C. 3 to 9 times	1.5	
D. 10 to 19 times	0.0	
E. 20 to 39 times	2.9	
F. 40 or more times	2.9	

58. During your life, how many times have you used a needle to inject any illegal drug into your body?		
A. 0 times	92.6	
B. 1 time	2.9	
C. 2 or more times	4.4	

59. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A. Yes	20.6	
B. No	79.4	

The next 3 questions ask about what people think about kids your age drinking alcohol.

60. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	38.8	
B. Wrong	47.8	
C. A little bit wrong	10.4	
D. Not wrong at all	3.0	

61. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	76.5	
B. Wrong	17.6	
C. A little bit wrong	2.9	
D. Not wrong at all	2.9	

62. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	25.0	
B. Wrong	30.9	
C. A little bit wrong	33.8	
D. Not wrong at all	10.3	

If you wanted to, how easy would each of the following be to get?

63. Beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?		
A. Very hard	18.7	
B. Sort of hard	10.9	
C. Sort of easy	31.3	
D. Very easy	39.1	

	<u>%</u>	<u>(95% CI)</u>
64. Marijuana?		
A. Very hard	33.8	
B. Sort of hard	16.2	
C. Sort of easy	19.1	
D. Very easy	30.9	
65. Cocaine, LSD, methamphetamines, or other illegal drug?		
A. Very hard	61.8	
B. Sort of hard	17.6	
C. Sort of easy	5.9	
D. Very easy	14.7	
66. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?		
A. None	45.6	
B. 1 adult	14.7	
C. 2 adults	14.7	
D. 3 or 4 adults	11.8	
E. 5 or more adults	13.2	
67. How many adults have you known personally who, in the past year, have sold or dealt drugs?		
A. None	64.7	
B. 1 adult	13.2	
C. 2 adults	7.4	
D. 3 or 4 adults	8.8	
E. 5 or more adults	5.9	
The next 6 questions ask about sexual behavior.		
68. How old were you when you had sexual intercourse for the first time?		
A. I have never had sexual intercourse	53.3	
B. 11 years old or younger	11.7	
C. 12 years old	0.0	
D. 13 years old	5.0	
E. 14 years old	8.3	
F. 15 years old	5.0	
G. 16 years old	6.7	
H. 17 years old or older	10.0	
69. During your life, with how many people have you had sexual intercourse?		
A. I have never had sexual intercourse	53.3	
B. 1 person	21.7	
C. 2 people	11.7	
D. 3 people	0.0	
E. 4 people	5.0	
F. 5 people	1.7	
G. 6 or more people	6.7	

	<u>%</u>	<u>(95% CI)</u>
70. During the past 3 months, with how many people did you have sexual intercourse?		
A. I have never had sexual intercourse	53.3	
B. I have had sexual intercourse, but not during the past 3 months	16.7	
C. 1 person	20.0	
D. 2 people	3.3	
E. 3 people	0.0	
F. 4 people	3.3	
G. 5 people	0.0	
H. 6 or more people	3.3	
71. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
A. I have never had sexual intercourse	53.3	
B. Yes	15.0	
C. No	31.7	
72. The last time you had sexual intercourse, did you or your partner use a condom?		
A. I have never had sexual intercourse	53.3	
B. Yes	31.7	
C. No	15.0	
73. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)		
A. I have never had sexual intercourse	54.2	
B. No method was used to prevent pregnancy	5.1	
C. Birth control pills	3.4	
D. Condoms	25.4	
E. Depo-Provera (injectable birth control)	5.1	
F. Withdrawal	1.7	
G. Some other method	3.4	
H. Not sure	1.7	
The following questions ask about your family, your school, other adults, your friends, and yourself.		
In my home, there is a parent or some other adult ...		
74. who is interested in my school work.		
A. Not true at all	4.4	
B. A little true	10.3	
C. Pretty much true	5.9	
D. Very much true	79.4	
75. who talks with me about my problems.		
A. Not true at all	11.8	
B. A little true	13.2	
C. Pretty much true	27.9	
D. Very much true	47.1	

	<u>%</u>	<u>(95% CI)</u>
76. who listens to me when I have something to say.		
A. Not true at all	8.8	
B. A little true	16.2	
C. Pretty much true	27.9	
D. Very much true	47.1	
77. who expects me to follow the rules.		
A. Not true at all	7.5	
B. A little true	7.5	
C. Pretty much true	13.4	
D. Very much true	71.6	
78. who believes that I will be a success.		
A. Not true at all	6.0	
B. A little true	4.5	
C. Pretty much true	13.4	
D. Very much true	76.1	
At my school, there is a teacher or some other adult...		
79. who really cares about me.		
A. Not true at all	7.4	
B. A little true	14.7	
C. Pretty much true	26.5	
D. Very much true	51.5	
80. who notices when I'm not there.		
A. Not true at all	5.9	
B. A little true	11.8	
C. Pretty much true	27.9	
D. Very much true	54.4	
81. who listens to me when I have something to say.		
A. Not true at all	8.8	
B. A little true	19.1	
C. Pretty much true	26.5	
D. Very much true	45.6	
82. who tells me when I do a good job.		
A. Not true at all	8.8	
B. A little true	10.3	
C. Pretty much true	33.8	
D. Very much true	47.1	
83. who believes that I will be a success.		
A. Not true at all	11.8	
B. A little true	8.8	
C. Pretty much true	26.5	
D. Very much true	52.9	

	<u>%</u>	<u>(95% CI)</u>
Outside of my home and school, there is an adult...		
84. who really cares about me.		
A. Not true at all	3.0	
B. A little true	10.6	
C. Pretty much true	15.2	
D. Very much true	71.2	
85. who notices when I am upset about something.		
A. Not true at all	7.4	
B. A little true	11.8	
C. Pretty much true	23.5	
D. Very much true	57.4	
86. whom I trust.		
A. Not true at all	5.9	
B. A little true	10.3	
C. Pretty much true	25.0	
D. Very much true	58.8	
87. who tells me when I do a good job.		
A. Not true at all	6.0	
B. A little true	11.9	
C. Pretty much true	26.9	
D. Very much true	55.2	
88. who believes that I will be a success.		
A. Not true at all	7.4	
B. A little true	10.3	
C. Pretty much true	20.6	
D. Very much true	61.8	
I have a friend about my own age...		
89. who really cares about me.		
A. Not true at all	5.9	
B. A little true	5.9	
C. Pretty much true	22.1	
D. Very much true	66.2	
90. who talks with me about my problems.		
A. Not true at all	10.4	
B. A little true	9.0	
C. Pretty much true	17.9	
D. Very much true	62.7	
91. who helps me when I'm having a hard time.		
A. Not true at all	7.5	
B. A little true	3.0	
C. Pretty much true	23.9	
D. Very much true	65.7	

How true do you feel these statements are for you?	%	(95% CI)
92. When I am not at home, one of my parents/guardians knows where I am and who I am with.		
A. Not true at all	5.9	
B. A little true	7.4	
C. Pretty much true	32.4	
D. Very much true	54.4	
93. My family has clear rules about drug and alcohol use.		
A. Not true at all	4.5	
B. A little true	7.6	
C. Pretty much true	21.2	
D. Very much true	66.7	
94. My family has clear rules and standards for my behavior.		
A. Not true at all	3.0	
B. A little true	6.0	
C. Pretty much true	17.9	
D. Very much true	73.1	
95. In my school, there are clear rules about what students can and cannot do.		
A. Not true at all	3.0	
B. A little true	4.5	
C. Pretty much true	26.9	
D. Very much true	65.7	
96. At school, I try hard to do my best work.		
A. Not true at all	4.5	
B. A little true	7.5	
C. Pretty much true	37.3	
D. Very much true	50.7	
97. I plan to go to college or some other school after high school.		
A. Not true at all	3.0	
B. A little true	1.5	
C. Pretty much true	10.4	
D. Very much true	85.1	
98. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).		
A. Not true at all	14.7	
B. A little true	4.4	
C. Pretty much true	4.4	
D. Very much true	76.5	
99. Outside of my home and school, I am a part of clubs, sports teams, church/temple, or other group activities.		
A. Not true at all	8.8	
B. A little true	7.4	
C. Pretty much true	11.8	
D. Very much true	72.1	

	<u>%</u>	<u>(95% CI)</u>
100. Outside of my home and school, I am involved in music, art, literature, sports, or a hobby.		
A. Not true at all	14.7	
B. A little true	5.9	
C. Pretty much true	10.3	
D. Very much true	69.1	
101. Outside of my home and school, I help other people.		
A. Not true at all	8.8	
B. A little true	8.8	
C. Pretty much true	29.4	
D. Very much true	52.9	
102. I try to understand what other people feel and think.		
A. Not true at all	8.8	
B. A little true	13.2	
C. Pretty much true	30.9	
D. Very much true	47.1	
103. I often do things without thinking about what will happen.		
A. Not true at all	7.4	
B. A little true	32.4	
C. Pretty much true	27.9	
D. Very much true	32.4	
104. It is hard for me to stick with one thing even when it is fun.		
A. Not true at all	41.2	
B. A little true	17.6	
C. Pretty much true	14.7	
D. Very much true	26.5	
105. My friends get into a lot of trouble.		
A. Not true at all	27.9	
B. A little true	38.2	
C. Pretty much true	8.8	
D. Very much true	25.0	
106. My friends do well in school.		
A. Not true at all	7.5	
B. A little true	11.9	
C. Pretty much true	43.3	
D. Very much true	37.3	
Among the people you consider to be your closest friends, how many would you say do the following?		
107. Drink alcohol once a week or more?		
A. None	36.8	
B. A few	42.6	
C. Some	11.8	
D. Most	2.9	
E. All	5.9	

	<u>%</u>	<u>(95% CI)</u>
108. Have used drugs such as marijuana or cocaine?		
A. None	47.1	
B. A few	35.3	
C. Some	8.8	
D. Most	2.9	
E. All	5.9	

The next 7 questions ask about how many times you have done the following things.

109. How many times have you done something dangerous because someone dared you to do it?

A. I have never done this	39.7
B. I have done it but not in the past year	22.1
C. Less than once a month	17.6
D. About once a month	8.8
E. 2 or 3 times a month	4.4
F. Once a week or more	7.4

110. How many times have you done crazy exciting things even if they are a little dangerous?

A. I have never done this	22.1
B. I have done it but not in the past year	17.6
C. Less than once a month	25.0
D. About once a month	8.8
E. 2 or 3 times a month	14.7
F. Once a week or more	11.8

111. How often do you attend religious or spiritual services?

A. Every day	9.0
B. 1 to 6 times a week	56.7
C. 1 to 3 times a month	14.9
D. 3 to 11 times a year	7.5
E. Only once or twice a year	6.0
F. Never	6.0

112. During the school year, how many hours a week do you work at a job?

A. I do not work	59.7
B. 1 to 4 hours per week	17.9
C. 5 to 9 hours per week	7.5
D. 10 to 20 hours per week	7.5
E. Over 20 hours per week	7.5

113. During the last four weeks, how many days of school have you missed because you skipped or ditched?

A. None	85.3
B. 1 day	4.4
C. 2 days	1.5
D. 3 days	1.5
E. 4 to 5 days	4.4
F. 6 to 10 days	0.0
G. 11 or more days	2.9

114. How often do you come to classes without bringing paper or something to write with?		(95% CI)
	%	
A. Never	25.4	
B. Sometimes	49.3	
C. Usually	25.4	

115. How often do you come to classes without your homework finished?	
A. Never	13.8
B. Sometimes	64.6
C. Usually	21.5

The next 3 questions ask about body weight.

116. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?	
A. Yes	55.2
B. No	44.8

117. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?	
A. Yes	33.3
B. No	66.7

118. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?	
A. Yes	9.2
B. No	90.8

The next 8 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

119. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)	
A. I did not drink 100% fruit juice during the past 7 days	23.9
B. 1 to 3 times during the past 7 days	32.8
C. 4 to 6 times during the past 7 days	16.4
D. 1 time per day	11.9
E. 2 times per day	7.5
F. 3 times per day	1.5
G. 4 or more times per day	6.0

120. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)	
A. I did not eat fruit during the past 7 days	16.7
B. 1 to 3 times during the past 7 days	42.4
C. 4 to 6 times during the past 7 days	25.8
D. 1 time per day	9.1
E. 2 times per day	1.5
F. 3 times per day	0.0
G. 4 or more times per day	4.5

	<u>%</u>	<u>(95% CI)</u>
121. During the past 7 days, how many times did you eat green salad?		
A. I did not eat green salad during the past 7 days	28.4	
B. 1 to 3 times during the past 7 days	41.8	
C. 4 to 6 times during the past 7 days	16.4	
D. 1 time per day	7.5	
E. 2 times per day	3.0	
F. 3 times per day	0.0	
G. 4 or more times per day	3.0	
122. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)		
A. I did not eat potatoes during the past 7 days	22.4	
B. 1 to 3 times during the past 7 days	55.2	
C. 4 to 6 times during the past 7 days	4.5	
D. 1 time per day	11.9	
E. 2 times per day	1.5	
F. 3 times per day	0.0	
G. 4 or more times per day	4.5	
123. During the past 7 days, how many times did you eat carrots?		
A. I did not eat carrots during the past 7 days	47.0	
B. 1 to 3 times during the past 7 days	37.9	
C. 4 to 6 times during the past 7 days	4.5	
D. 1 time per day	6.1	
E. 2 times per day	1.5	
F. 3 times per day	0.0	
G. 4 or more times per day	3.0	
124. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)		
A. I did not eat other vegetables during the past 7 days	14.3	
B. 1 to 3 times during the past 7 days	38.1	
C. 4 to 6 times during the past 7 days	28.6	
D. 1 time per day	7.9	
E. 2 times per day	7.9	
F. 3 times per day	0.0	
G. 4 or more times per day	3.2	
125. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as a Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)		
A. I did not drink soda or pop during the past 7 days	22.4	
B. 1 to 3 times during the past 7 days	38.8	
C. 4 to 6 times during the past 7 days	19.4	
D. 1 time per day	10.4	
E. 2 times per day	4.5	
F. 3 times per day	1.5	
G. 4 or more times per day	3.0	

126. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)	<u>%</u>	<u>(95% CI)</u>
A. I did not drink milk during the past 7 days	11.9	
B. 1 to 3 glasses during the past 7 days	31.3	
C. 4 to 6 glasses during the past 7 days	19.4	
D. 1 glass per day	10.4	
E. 2 glasses per day	17.9	
F. 3 glasses per day	3.0	
G. 4 or more glasses per day	6.0	

The next 4 questions ask about physical activity.

127. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)	
A. 0 days	18.5
B. 1 day	4.6
C. 2 days	1.5
D. 3 days	3.1
E. 4 days	4.6
F. 5 days	18.5
G. 6 days	16.9
H. 7 days	32.3

128. On an average school day, how many hours do you watch TV?	
A. I do not watch TV on an average school day	11.9
B. Less than 1 hour per day	13.4
C. 1 hour per day	17.9
D. 2 hours per day	22.4
E. 3 hours per day	13.4
F. 4 hours per day	9.0
G. 5 or more hours per day	11.9

129. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)	
A. I do not play video or computer games or use a computer for something that is not school work	26.9
B. Less than 1 hour per day	37.3
C. 1 hour per day	7.5
D. 2 hours per day	11.9
E. 3 hours per day	10.4
F. 4 hours per day	1.5
G. 5 or more hours per day	4.5

130. In an average week when you are in school, on how many days do you go to physical education (PE) classes?	<u>%</u>	<u>(95% CI)</u>
A. 0 days	38.5	
B. 1 day	3.1	
C. 2 days	3.1	
D. 3 days	0.0	
E. 4 days	3.1	
F. 5 days	52.3	

The next 4 questions ask about other health-related topics.

131. If your school has a school-based health center, how many times did you use it for services this year?	
A. My school does not have a school-based health center	10.6
B. 0 times	43.9
C. 1 time	24.2
D. 2 times	10.6
E. 3 or more times	10.6

132. Have you ever been taught about AIDS or HIV infection in school?	
A. Yes	87.5
B. No	4.7
C. Not sure	7.8

133. Has a doctor or nurse ever told you that you have asthma?	
A. Yes	23.4
B. No	73.4
C. Not sure	3.1

134. Do you still have asthma?	
A. I have never had asthma	53.8
B. Yes	21.5
C. No	13.8
D. Not sure	10.8

These last 3 questions ask for some information about you and your family.

135. How often do you speak a language other than English at home?	
A. Never	53.0
B. Less than half the time	27.3
C. About half the time	4.5
D. More than half the time but not all of the time	3.0
E. All of the time	12.1

136. Were you born in the USA?	
A. Yes	82.8
B. No	17.2

137. During the past 12 months, which of the following statements best describes the food eaten by you and your family?	
A. Enough food to eat	87.7
B. Sometimes not enough food to eat	10.8
C. Often not enough food to eat	1.5

This is the end of the survey.
Thank you very much for your help.

Appendix B: Definitions of Risk Behaviors

Behaviors that Contribute to Unintentional Injury

Never or rarely wore a seatbelt

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?*

Rarely or never wore a bicycle helmet

Of those who rode a bicycle within the past 12 months, responded 'Never wore a helmet' or 'Rarely wore a helmet' to the question, *When you rode a bicycle during the past 12 months, how often did you wear a helmet?*

Rode with drinking driver

Answered *one or more times* to the question, *During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?*

Drove after drinking

Answered *one or more times* to the question, *During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?*

Behaviors Associated with Violence

Carried weapon

Answered *one or more days* to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?*

Carried a gun

Answered *one or more days* to the question, *During the past 30 days, on how many days did you carry a gun?*

Carried a weapon on school property

Answered *one or more days* to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?*

In a physical fight

Answered *one or more times* to the question, *During the past 12 months, how many times were you in a physical fight?*

In a physical fight on school property

Answered *one or more times* to the question, *During the past 12 months, how many times were you in a physical fight on school property?*

Skipped school because felt unsafe

Answered *one or more days* to the question, *During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?*

Threatened or injured with a weapon on school property

Answered *one or more times* to the question, *During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?*

Physically hurt by boy/girlfriend

Answered 'Yes' to the question, *During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?*

Ever physically forced to have sexual intercourse

Answered 'Yes' to the question, *Have you ever been physically forced to have sexual intercourse when you did not want to?*

Mental Health, Suicidal Ideation, and Suicide Attempts

Persistent feelings of sadness or hopelessness

Answered 'Yes' to the question, *During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?*

Seriously considered suicide

Answered 'Yes' to the question, *During the past 12 months, did you ever seriously consider attempting suicide?*

Made a suicide plan

Answered 'Yes' to the question, *During the past 12 months, did you make a plan about how you would attempt suicide?*

Attempted suicide

Answered *one or more times* to the question, *During the past 12 months, how many times did you actually attempt suicide?*

Injured as result of suicide attempt

Answered 'Yes' to the question, *If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?*

Cigarette Smoking

Ever tried cigarettes

Answered 'Yes' to the question, *Have you ever tried cigarette smoking, even one or two puffs?*

First smoked a cigarette before age 13

Answered *12 years old or younger* to the question, *How old were you when you smoked a whole cigarette for the first time?*

Current Smoker (Smoked at least one cigarette in past 30 days)

Answered *one or more days* to the question, *During the past 30 days, on how many days did you smoke cigarettes?*

Frequent Smoker (Smoked cigarettes on 20 of past 30 days)

Answered *20 or more days* to the question, *During the past 30 days, on how many days did you smoke cigarettes?*

Smoked on school property

Answered *one or more days* to the question, *During the past 30 days, on how many days did you smoke cigarettes on school property?*

Bought cigarettes in a store

Answered *'I bought them in a store such as a convenience store, supermarket, discount store, or gas station'* to the question, *During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)*

Other Tobacco Use

Current cigar smoking

Answered *one or more days* to the question, *During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?*

Chew, snuff, or spit tobacco use

Answered *'one or more days'* to the question, *During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?*

Used any tobacco

Respondent reported any form of tobacco use in the previous 30 days (i.e., smoking cigarettes, cigars, cigarillos, or little cigars, or using smokeless tobacco).

In same room as smoker

Answered *one or more days* to the question, *During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?*

Alcohol Use

Ever drank alcohol

Gave any response other than *'I have never had a drink of alcohol other than a few sips'* to the question, *How old were you when you had your first drink of alcohol other than a few sips?*

Current drinker (Had drink of alcohol in past 30 days)

Answered *one or more days* to the question, *During the past 30 days, on how many days did you have at least one drink of alcohol?*

Binge drinking

Answered *one or more days* to the question, *During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?*

Drank on school property

Answered *one or more days* to the question, *During the past 30 days, on how many days did you have at least one drink of alcohol on school property?*

First drink before age 13

Answered *12 years old or younger* to the question, *How old were you when you had your first drink of alcohol other than a few sips?*

Marijuana and Other Drug Use

Current marijuana use (Used marijuana in past 30 days)

Answered *one or more days* to the question, *During the past 30 days, how many times did you use marijuana?*

Used marijuana on school property

Answered *one or more days* to the question, *During the past 30 days, how many times did you use marijuana on school property?*

First used marijuana before age 13

Answered *12 years old or younger* to the question, *How old were you when you tried marijuana for the first time?*

Past 30-day use

Answered *one or more times* to the questions, *During the past 30 days, how many times ...*

...did you use any form of cocaine, including powder, crack, or freebase?

...have you used heroin (also called smack, junk, or China White)?

...have you used methamphetamines (also called speed, crystal, crank, or ice)?

...have you used ecstasy (also called MDMA)?

...have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

...did you use a pain killer to get high, like Vicodin, Oxycontin (also called Oxy or OC), or Percocet (also called Percs)?

Lifetime use

Answered *one or more times* to the question, *During your life...*

...have you used any form of cocaine, including powder, crack, or freebase?

...have you used heroin (also called smack, junk, or China White)?

...have you used methamphetamines (also called speed, crystal, crank, or ice)?

...have you used ecstasy (also called MDMA)?

...have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

...have you used a needle to inject any illegal drug into your body?

Access to drugs

Offered illegal drugs on school property

Answered *'Yes'* to the question, *During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?*

Can get marijuana easily, AND

Can get cocaine, LSD, methamphetamines, or other illegal drugs easily

Answered *'Very easy'* or *'Sort of easy'* to the questions, *If you wanted to, how easy would each of the following be to get?*

Marijuana?

Cocaine, LSD, methamphetamines, or other illegal drug?

Sexual Activity

Ever had sexual intercourse

Gave any responses other than *'I have never had sexual intercourse'* to the question, *How old were you when you had sexual intercourse for the first time?*

Currently sexually active

Respondent reported having sexual intercourse within the previous 3 months. Answered *one or more people* to the question, *During the past 3 months, with how many people did you have sexual intercourse?*

First sexual intercourse before age 13

Answered *12 years old or younger* to the question, *How old were you when you had sexual intercourse for the first time?*

Used alcohol or drugs before last sexual intercourse (among sexually active students)

Answered *'Yes'* to the question, *Did you drink alcohol or use drugs before you had sexual intercourse the last time?*

- and -

Is currently sexually active (see above)

No condom use (among sexually active students)

Answered *'No'* to the question, *The last time you had sexual intercourse, did you or your partner use a condom?*

- and -

Is currently sexually active (see above)

Body Weight and Weight Control

Overweight and Obese

Body Mass Index (BMI) was calculated from self-reported height and weight. The categories *'Overweight'* and *'Obese'* were based on age- and sex-specific BMI values. These values were determined from national, multi-year reference data.

Overweight: Greater than or equal to the 85th national BMI percentile for age and sex, and less than the 95th percentile.

Obese: Greater than or equal to the 95th national BMI percentile for age and sex.

Exercised for weight control in last 30 days

Answered *'Yes'* to the question, *During the past 30 days, did you exercise to lose weight or to keep from gaining weight?*

Ate less for weight control in last 30 days

Answered *'Yes'* to the question, *During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?*

Vomited or used laxatives for weight control in last 30 days

Answered *'Yes'* to the question, *During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?*

Physical Activity and Nutrition

Less than 5 servings of fruits/vegetables daily

Reported consuming fewer than five daily servings of fruit juice, fruit, green salad, potatoes, carrots, or other vegetables over the previous five days.

Food insecurity (Sometimes or often not enough food to eat)

Answered '*Sometimes not enough food to eat*' or '*Often not enough food to eat*' to the question, *During the past 12 months, which of the following statements best describes the food eaten by you and your family?*

Less than recommended physical activity

Answered less than 5 days to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)*

No days of 60 minutes of physical activity

Answered 0 days to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)*

Three or more hours per day TV viewing

Answered 3 hours per day or more to the question, *On an average school day, how many hours do you watch TV?*

Three or more hours video computer games daily

Answered 3 hours per day or more to the question, *On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)*

No daily PE

Answered less than 5 days to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?*

No days of PE

Answered 0 days to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?*

Other

Ever told by a doctor/nurse they had asthma

Answered 'Yes' to the question, *Has a doctor or nurse ever told you that you have asthma?*

Current asthma

Answered 'Yes' to the question, *Do you still have asthma?*

Ever taught about HIV/AIDS in school

Answered 'Yes' to the question, *Have you ever been taught about AIDS or HIV infection in school?*

Born outside USA

Answered 'No' to the question, *Were you born in the USA?*

Speak non-English language more than half time at home

Answered '*All of the time*' or '*More than half the time but not all of the time*' to the question, *How often do you speak a language other than English at home?*

Appendix C: Definitions of Protective Behaviors

Each protective factor is briefly described below. The measure is constructed from the responses to the survey questions listed below its description.

Caring and Supportive Relationships

Caring and supportive relationships refer to the interactions between youth and parents, peers, and

Parent or other adult in the family

How true do you feel these statements are for you?

In my home, there is a parent or some other adult...

Who is interested in my school work.

Who talks with me about my problems.

Who listens to me when I have something to say.

Teacher or other adult at school

How true do you feel these statements are for you?

At my school, there is a teacher or some other adult...

Who really cares about me.

Who notices when I'm not there.

Who listens to me when I have something to say.

Adult in the Community

How true do you feel these statements are for you?

Outside of my home and school, there is an adult...

Who really cares about me.

Who notices when I am upset about something.

Whom I trust.

Peers

How true do you feel these statements are for you?

I have a friend about my own age...

Who really cares about me.

Who talks with me about my problems.

Who helps me when I'm having a hard time.

Boundaries

Boundaries refer to interactions with parents, school, and the community that convey standards for

Family

In my home, there is a parent or some other adult...

How true do you feel these statements are for you?

When I am not at home, one of my parents/guardians knows where I am and who I am with.

My family has clear rules about drug and alcohol use.

My family has clear rules and standards for my behavior.

School

How true do you feel these statements are for you?

In my school, there are clear rules about what students can and cannot do.

High Expectations

Home

In my home, there is a parent or some other adult ...
who expects me to follow the rules.
who believes that I will be a success.

School

At my school, there is a teacher or some other adult...
who tells me when I do a good job.
who believes that I will be a success.

Adult in the community

Outside of my home and school, there is an adult...
who tells me when I do a good job.
who believes that I will be a success.

Other

Positive Peer Influence

Youth standards for acceptable behavior are influenced by their peers and close friends.
How true do you feel these statements are for you?
My friends get into a lot of trouble.
My friends do well in school.

Positive Peer Influence Related to Substance Use

Among the people you consider to be your closest friends, how many would you say do the following?
Drink alcohol once a week or more?
Have used drugs such as marijuana or cocaine?

Involvement in school activities

At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).

Empathy

I try to understand what other people feel and think.

Sensation Seeking

How many times have you done something dangerous because someone dared you to do it?
How many times have you done crazy exciting things even if they are a little dangerous?

Religiosity: goes to church/religious service

How often do you attend religious or spiritual services?

Appendix D: Academic Performance and Related Behaviors

Academic performance and motivation measures included the following:

Gets mostly A's and B's (Good Grades)

Answered "Mostly A's" or "Mostly B's" to the question,
During the past 12 months, how would you describe your grades in school?

Do my best work at school

Answered "Very much true" or "Pretty much true" to the statement,
At school, I try hard to do my best work

Plans to continue education after high school

Answered "Very much true" or "Pretty much true" to the statement,
I plan to go to college or some other school after high school.

Skipped school once a week or more on average

Answered 4 or more days to the question,
During the last four weeks, how many days of school have you missed because you skipped or ditched?

Sometimes or usually comes to class w/out paper/pencil

Answered "Sometimes" or "Usually" to the question,
How often do you come to classes without bringing paper or something to write with?

Sometimes or usually comes to class w/out homework finished

Answered "Sometimes" or "Usually" to the question,
How often do you come to classes without your homework finished?

NM YRRS reports can be found at:
<http://www.health.state.nm.us/epi/yrrs.html>

For questions about this report or about the YRRS, contact:

Dan Green
Epidemiology and Response Division, NM DOH
Dan.Green@state.nm.us
(505)476-1779

William O. Blair, Ph.D.
Assistant Director, School and Family Support Bureau
School and Family Support Bureau, NM PED
williamowen.blair@state.nm.us
(505) 222-4749

Linda Peñaloza
University of New Mexico Prevention Research Center
LPenalozas@salud.unm.edu
505-272-4462

