2007 New Mexico Youth Risk and Resiliency Survey (YRRS) High School (Grades 9 - 12)

Los Alamos County

New Mexico Department of Health

New Mexico Public Education Department

University of New Mexico Prevention Research Center

NM YRRS
YOUTH RISK & RESILIENCY SURVEY

ACKNOWLEDGEMENTS

The production of this report was made possible by collaboration between the New Mexico Department of Health (NMDOH), the New Mexico Public Education Department (NMPED), and the University of New Mexico Center for Health Promotion and Disease Prevention (UNM CHPDP), with funding from NMDOH and the CDC-DASH, through the New Mexico Public Education Department (PED). Gratitude is extended to the individuals listed below for their contribution toward developing and producing this report.

New Mexico Public Education Department

Veronica C. García, EdD, Secretary
Dr. Catherine Cross-Maple, Deputy Secretary
James Ball, Interim Supervisor
Kristine M. Meurer, PhD, Director, School and Family Support Bureau *
William O. Blair, Ph.D., Assistant Director, School and Family Support Bureau *
Dean Hopper, MAEd, Assistant Director, School and Family Support Bureau
Lonnie Barraza, MSEd, HIV Program Administrator *

New Mexico Department of Health

Alfredo Vigil, MD, Secretary
C. Mack Sewell, DrPH, MS, State Epidemiologist
Michael Landen, MD, MPH, Deputy State Epidemiologist *
Dan Green, MPH, Social Indicator Epidemiologist *
James Padilla, MS, Epidemiologist *
James Farmer, MPH, Health Services Manager, Office of School and Adolescent Health *
Mary M. Ramos, MD, School Health Officer *

University of New Mexico Prevention Research Center

Linda J. Peñaloza, PhD, Principal Investigator *
Mary Dillon, MA, CTTS, Project Manager *
Judith Rinehart
Eric Chrisp, MA
Susan DeFrancesco, JD, MPH, MAT
Margaret Allen, MA
Tom R. Noland, BS
Laura Gutman, PhD
Jacque M. Garcia, BA

*(Individuals who served on the NM-YRRS 2005 Steering Committee are identified by an *.)*

NM YRRS
YOUTH RISK & RESILIENCY SURVEY

NM YRRS
YOUTH RISK & RESILIENCY SURVEY

Table of Contents

Acknowledgements 3

Introduction 7

How to Read This Report 7

Understanding the Charts, and a Word about Error Bars 8

Methodology 10

Limitations of the YRRS 11

Participation in Los Alamos County 11

Profile of Students Surveyed in Los Alamos County 11

Risk Behaviors 13
- Behaviors that contribute to unintentional injury 15
- Behaviors associated with violence 18
- Mental health, suicidal ideation, and suicide attempts 25
- Tobacco use 28
- Alcohol use 35
- Drug use 48
- Sexual activity 59
- Body weight and nutrition 66
- Physical activity 73
- Asthma 77
- Other 79

Academic Measures and Behaviors 81

Resiliency/Protective Factors 89

Appendix A: 2005 YRRS Questionnaire and Results 105

Appendix B: Definitions of Risk Factors 127

Appendix C: Definitions of Protective Behaviors 132

Appendix D: Definitions of Academic Performance and Motivation Measures 135

2007 New Mexico High School Youth Risk and Resiliency Survey (YRRS)
Los Alamos County

Introduction

This report contains school district level results from the 2007 New Mexico High School Youth Risk and Resiliency Survey (YRRS), a statewide survey of public school students, grades 9-12. Statewide results are available in a series of modular reports entitled *Healthy Choices, Healthy Students: 2007 New Mexico High School Results* . County level reports are available on the NMDOH web site (http://www.health.state.nm.us/epi/yrrs.html). Together, these documents comprise a useful tool for those working on youth-related issues at the state and local level.

The YRRS is organized into two major content areas: risk behaviors and protective (resiliency) factors. Risk behaviors include behaviors associated with unintentional injury, violence, sadness and suicidal ideation, tobacco use, alcohol use, drug use, sexual activity, physical activity, and nutrition (Appendix B). Protective factors are measures of the positive and supportive relationships, experiences, activities, resources and values that encourage healthy youth development. Resiliency factors and related traits include caring and supportive relationships in the family, school, community and with peers; boundaries set by the family and school; positive peer support; meaningful participation and constructive use of time in school and outside of school; and impulsive and sensation seeking behavior (Appendix C).

Additionally, this report includes a section on academic measures and traits. These academic measures include getting good grades (mostly A's and B's), trying hard to do good work in school, planning to go to college, skipping or ditching school, coming to class with paper and something to write with, and completing homework.

How to Read this Report

This report has three main sections, each of which consists of a set of bar charts. The first section presents the results of the major risk behaviors examined in the survey. Each category of risk behavior is presented with two or three kinds of bar charts. The first chart gives results for each year the YRRS had been administered (2001, 2003, 2005, and 2007). Another chart compares results for the school district to results for the entire state, and another compares the risk behaviors of boys to those of girls within the school district. Risk behaviors are defined in Appendix B.

The second section presents results for the academic measures and behaviors. As with the risk behaviors, there are three types of charts presenting results: one presenting trends, one presenting a comparison of the school district to the state, and another comparing boys to girls within the school district. Using the same three chart types, the third section of the report presents results for the resiliency/protective factors.

NOTE: County level YRRS reports are freely available. School district reports have been distributed to school district offices. School districts are encouraged to reproduce and share these reports with community groups concerned with prevention and health promotion. However, school district level results will not be released without express permission of the school district superintendent.

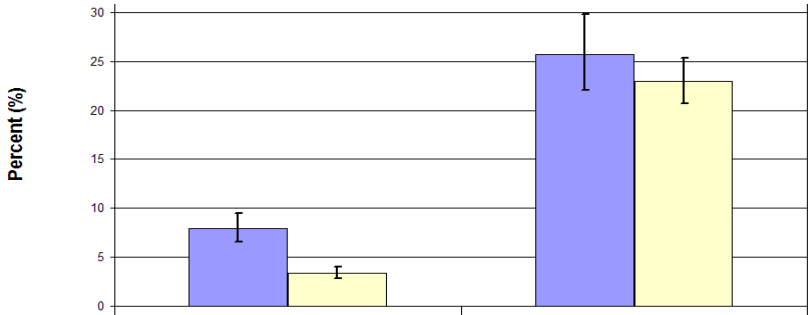
Understanding the Charts - and A Word about Error Bars

The bar charts in this report present the percentage of students who reported engaging in any given risk behavior or who reported having any given protective factor. The height of the bars conveys the percentage of students reporting each trait, and provides a quick visual comparison between different groups of students reporting that trait. Underneath each set of bars is a table that presents the percentage of students who reported each trait. For instance, the chart on page 14, Behaviors Causing Unintentional Injury, shows that 8.9% of students in New Mexico rarely or never wore seatbelts, while 4.6% of students in Los Alamos rarely or never wore seatbelts.

Because of the high cost and logistical complications involved in conducting a statewide survey, the YRRS was administered to a sample of students, rather than to every single student in each school district. Because YRRS data are about a *sample* of students, and not the entire student body, the results in this report are *estimates.* As with all estimates, there is some uncertainty associated with each of these estimates. On the charts in this report, this degree of uncertainty is represented by an error bar (or confidence interval). The error bar is the thin 'I' shaped line that extends above and below the end of each bar in a chart. One of the major influences on the size of the confidence interval or error bar is the number of participants in the survey. In general, this means that with more students participating in the survey, there will be a higher degree of confidence in the results (i.e., error bars will be smaller).

The proper interpretation of an error bar can be illustrated by looking at the chart below. This chart compares the New Mexico prevalence of smoking and of cocaine use to the United States prevalence for 2005, a previous survey year. The chart shows that the prevalence of current smoking was 25.7% in New Mexico and 23.0% in the United States. The error bar for the estimate of current smoking among New Mexico students extends approximately 4 percentage points in either direction, from 22.0% to 29.8%. This means that we are confident that the actual percentage of smokers in this group of students was between 22.0% and 29.8%. The error bar for the estimate current smoking in the US extends approximately 2.5 percentage points in either direction, from 20.7 to 25.3%. We are confident that the actual percentage of smokers among this group was between 20.7% and 25.3%.

Current Smoking and Current Cocaine Use
Grades 9 - 12, 2005



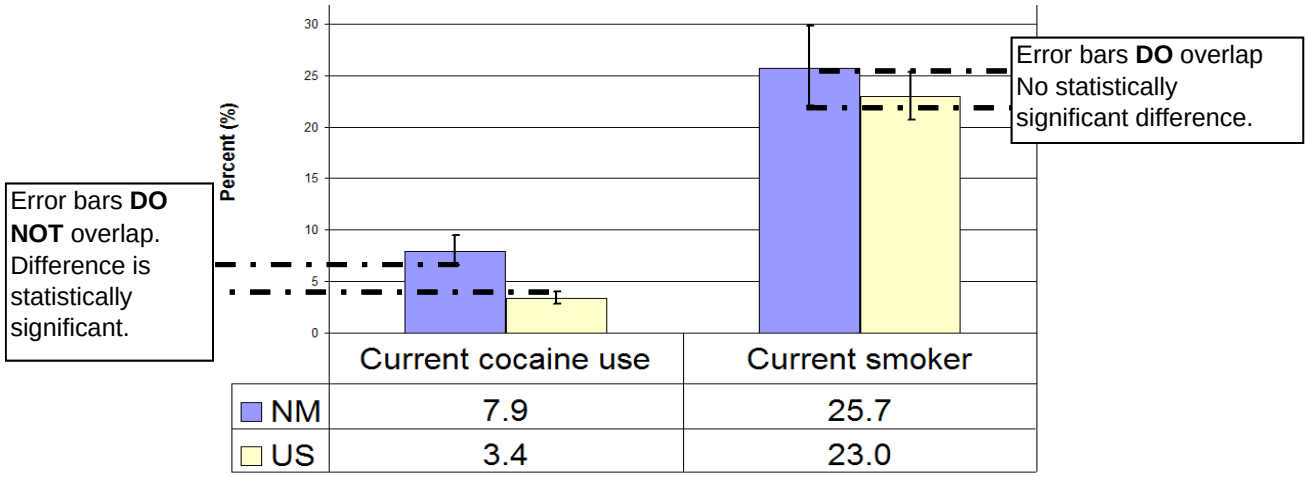
	Current cocaine use	Current smoker
NM	7.9	25.7
US	3.4	23.0

How does knowing the upper and lower limits of our error bars help us? While it appears at first glance that New Mexico has a higher prevalence of smoking than the United States (25.7% vs. 23.0%), a closer look at the error bars shows a more complicated picture. The error bars for the New Mexico estimate (22.0% - 29.8%) and the US estimate (20.7% - 25.3%) overlap. Because of this overlap, we do not have a high degree of confidence that the prevalence of smoking in New Mexico is actually different from the prevalence in the United States. In other words, the difference between the prevalence of smoking in New Mexico and the United States is not statistically significant.

For cocaine use it also appears that in 2005, New Mexico had a higher prevalence than the United States (7.9% vs. 3.4%). The error bar for New Mexico extends from 6.6% to 9.5%, and the error bar for the United States extends from 2.8% to 4.4%. Because the higher extent of the US error bar (4.4%) is lower than the lower extent of the NM error bar (6.6%), these error bars do not overlap. For cocaine use, we are confident in saying that the New Mexico prevalence was higher than the US prevalence. In other words, the difference between the 2005 prevalence of cocaine use in New Mexico and the United States was a statistically significant difference.

For some small school districts, error bars have been removed from this report. With small populations, the number of students sampled can approach the total student population. In these cases, error bars would have limited meaning because with a high percentage of students surveyed, there is less uncertainty around the estimates than error bars suggest.

Current Smoking and Current Cocaine Use
Grades 9 - 12, 2005



	Current cocaine use	Current smoker
NM	7.9	25.7
US	3.4	23.0

Methodology

The YRRS was implemented in the fall semester of the 2007-08 school year. All public school districts in New Mexico were invited to participate in the 2007 YRRS. Of 89 districts statewide, 76 districts participated. From each participating school district, schools with students from 9th to 12th grades were selected to participate. The probability of selection of each school was proportional to the size of its 9th-12th grade population. In large school districts only some of the schools were selected to participate, while in small districts, all schools were selected. Classrooms were systematically selected from each school, and all students in each selected classroom were asked to participate.

In each participating school, a single day was arranged on which to administer the survey. Questionnaire forms and pencils were distributed to each student in participating classes, and students were asked to fill out the questionnaires independently of other students and without teacher assistance.

Questionnaires were electronically scanned, and data were analyzed using STATA 9.2, a statistical software program.

Limitations of the YRRS

All information from the YRRS was self-reported by the participating students. While most questions on the YRRS come from nationally validated surveys, and data quality has been demonstrated to be very high in national surveys, there is no way to guarantee the truthfulness of the participants in any survey that relies on self-reporting.

A good response rate is one of the most important goals in conducting a survey. At the school district level, a response rate is the percentage of all students selected for the survey who complete and return a useable questionnaire form. At the state level, the response rate incorporates the participation of school districts and schools as well as the participation of students. An adequate response rate means that survey results are more likely to represent the actual student population. The statewide response rate for the 2007 YRRS was 60%, an adequate response rate to represent the population.

In order to achieve a 60% statewide response rate, we aimed for a 75% response rate from each participating school district. Most participating school districts met this target or were close to it. While the response rate was generally very good in participating schools, the overall response rate was driven down by the school districts that declined to participate.

Participation in Los Alamos County

The response rate for Los Alamos County was 89%.

A high response rate produces survey results that are more representative of the student population. A response rate of at least 60% allows generalization of results to the entire student body. A response rate of 75% is excellent and allows a high degree of confidence in results. Because a high response rate means that more students have been surveyed, a high response rate will also be reflected in the error bars (i.e., with a higher response rate and more students included in the survey, error bars will be smaller and confidence intervals will be narrower). Response rates below 60% are considered low, and caution should be exercised in interpreting results. Low response rates indicate that the data may represent only students who participated in the survey and not necessarily the entire student body.

Profile of students surveyed

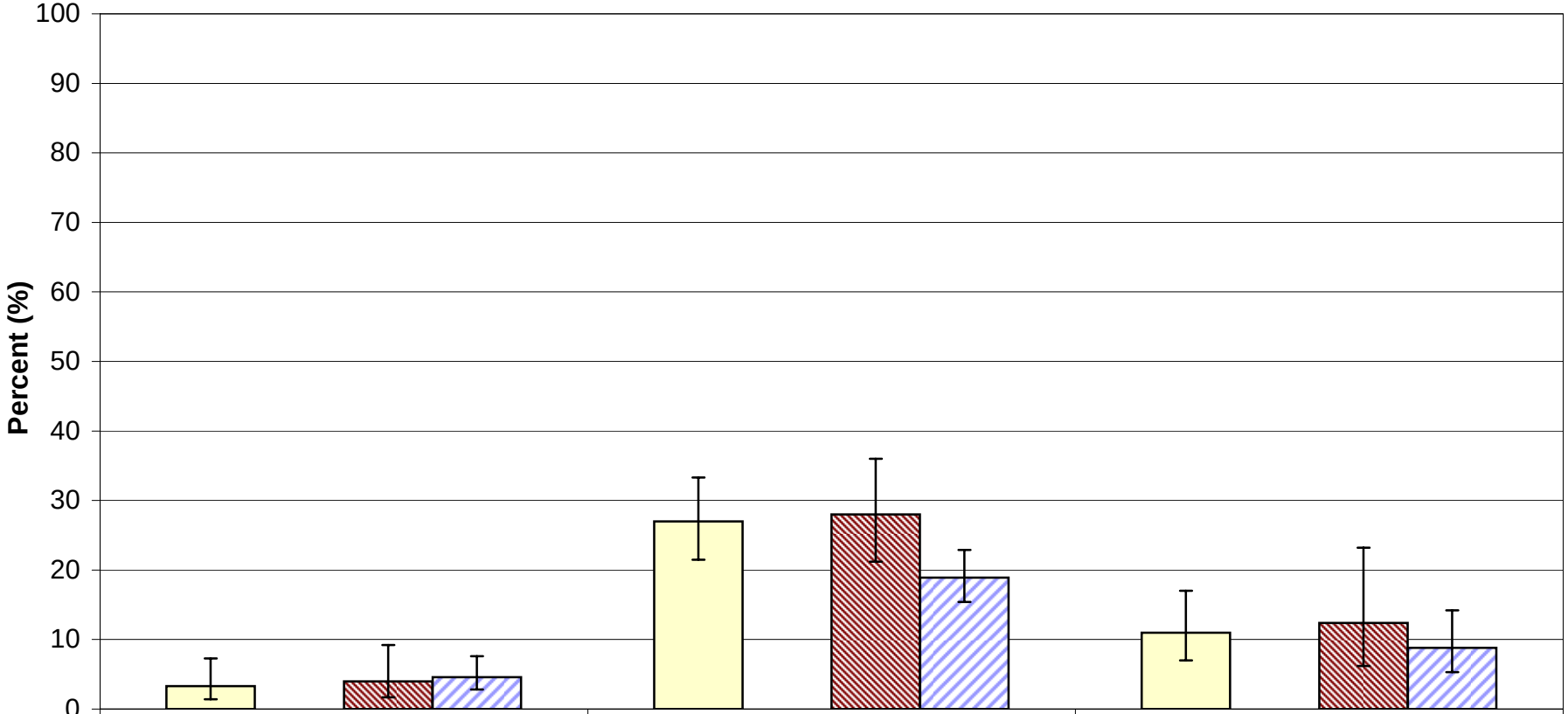
	Number of students	Percent (%)
Total	217	100%
Gender		
Girls	108	(50.5)
Boys	106	(49.5)
Race/Ethnicity		
Hispanic	48	(22.4)
White	130	(60.7)
American Indian	13	(6.1)
Black or African-American	6	(2.8)
Asian or Pacific Islander	17	(7.9)
Grade Level		
9th	73	(33.8)
10th	39	(18.1)
11th	78	(36.1)
12th	26	(12.0)
Other:	0	(0.0)

Risk Behaviors

Behaviors that Contribute to Unintentional Injury

Los Alam County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS

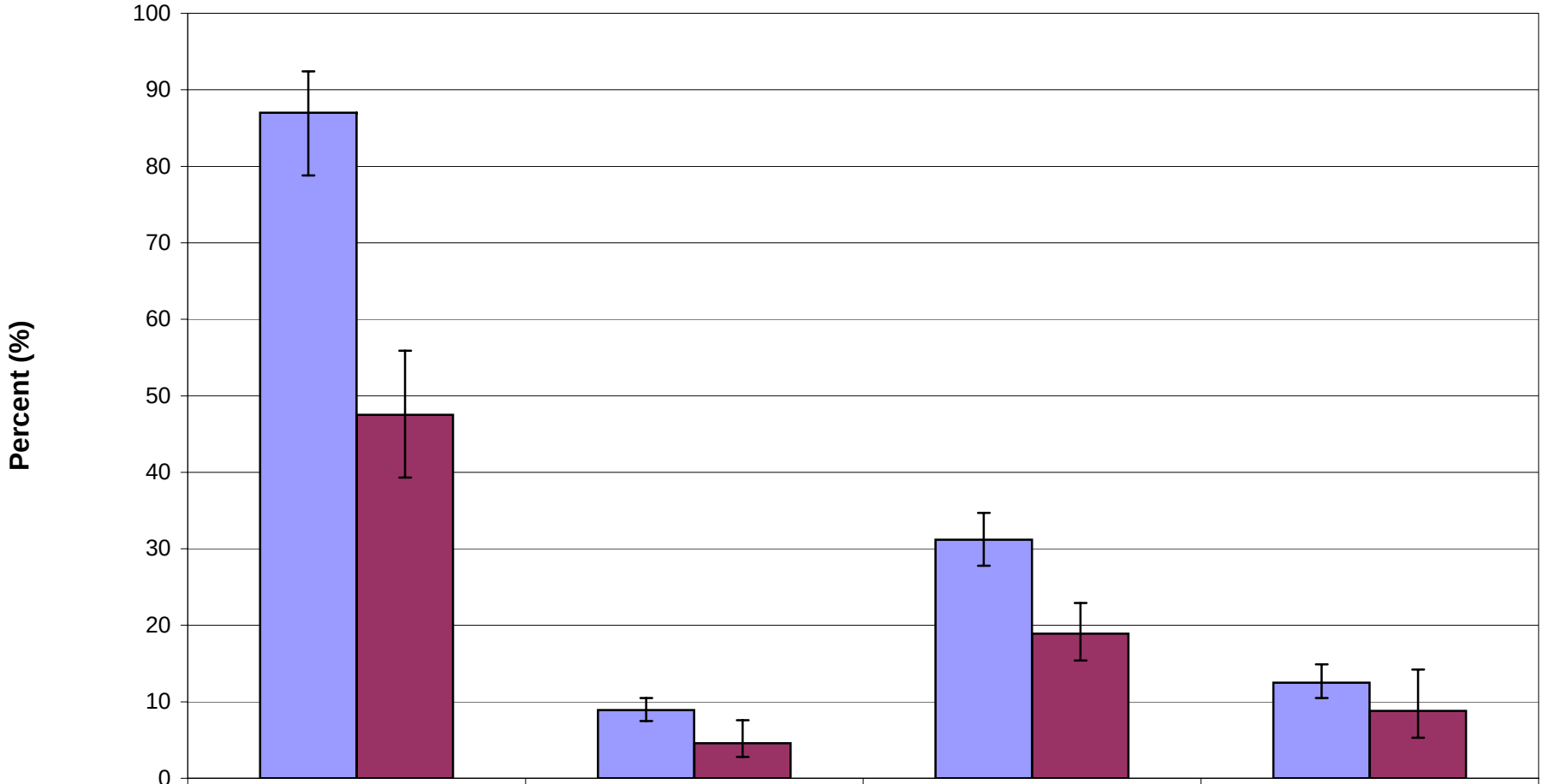


	Never or rarely wore seatbelt	Rode with drinking driver*	Drove when drinking*
2001	3.3	27.0	11.0
2003			
2005	4.0	28.0	12.4
2007	4.6	18.9	8.8

** In past 30 days*

Behaviors that Contribute to Unintentional Injury

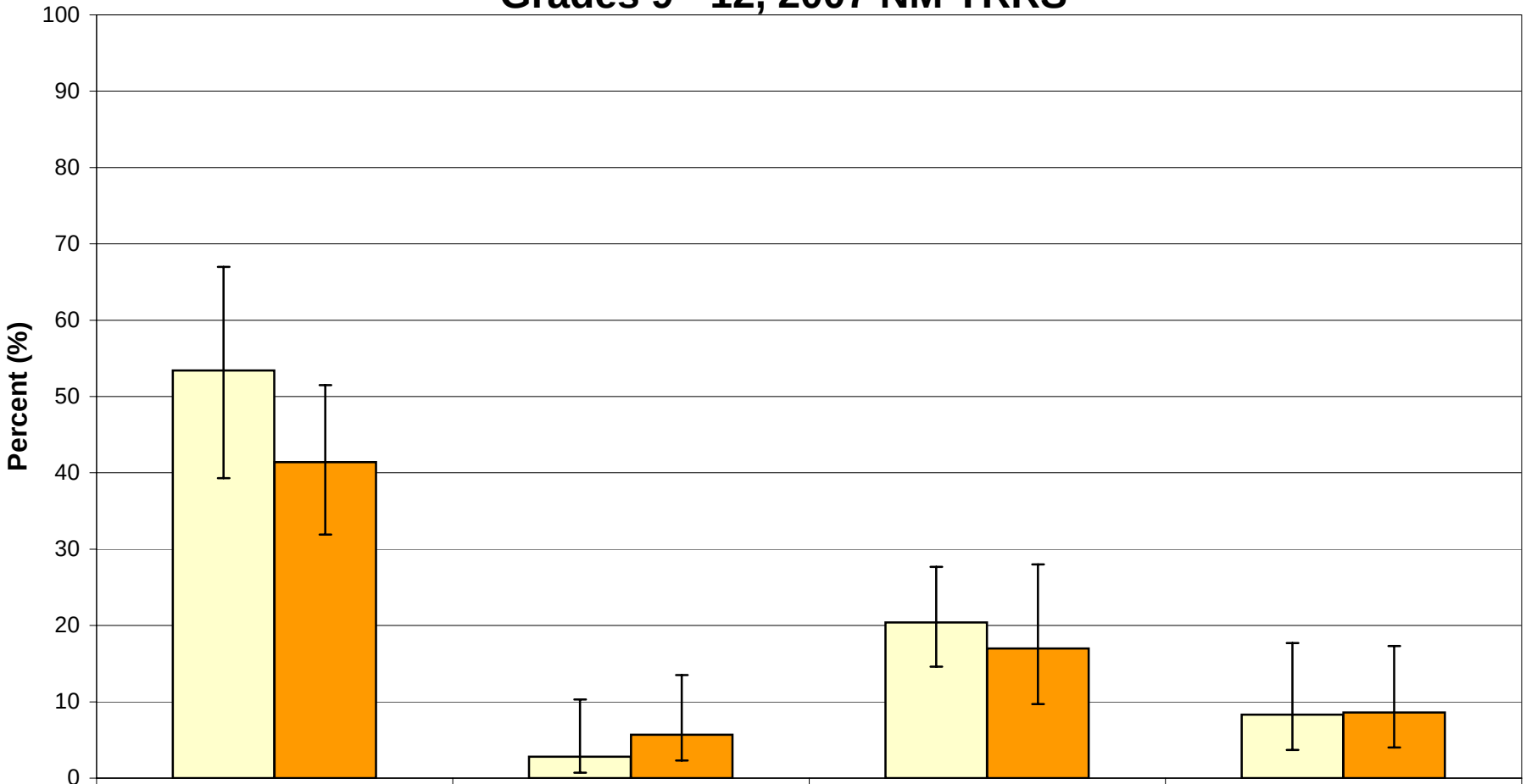
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q009. Never/rarely wore bicycle helmet	q010. Never/rarely wore seat belt	q011. Rode with drinking driver*	q012. Drove when drinking*
NM	87.0	8.9	31.2	12.5
Los Alamos	47.5	4.6	18.9	8.8

** In past 30 days*

Behaviors that Contribute to Unintentional Injury by Gender, Los Alamos County Grades 9 - 12, 2007 NM YRRS



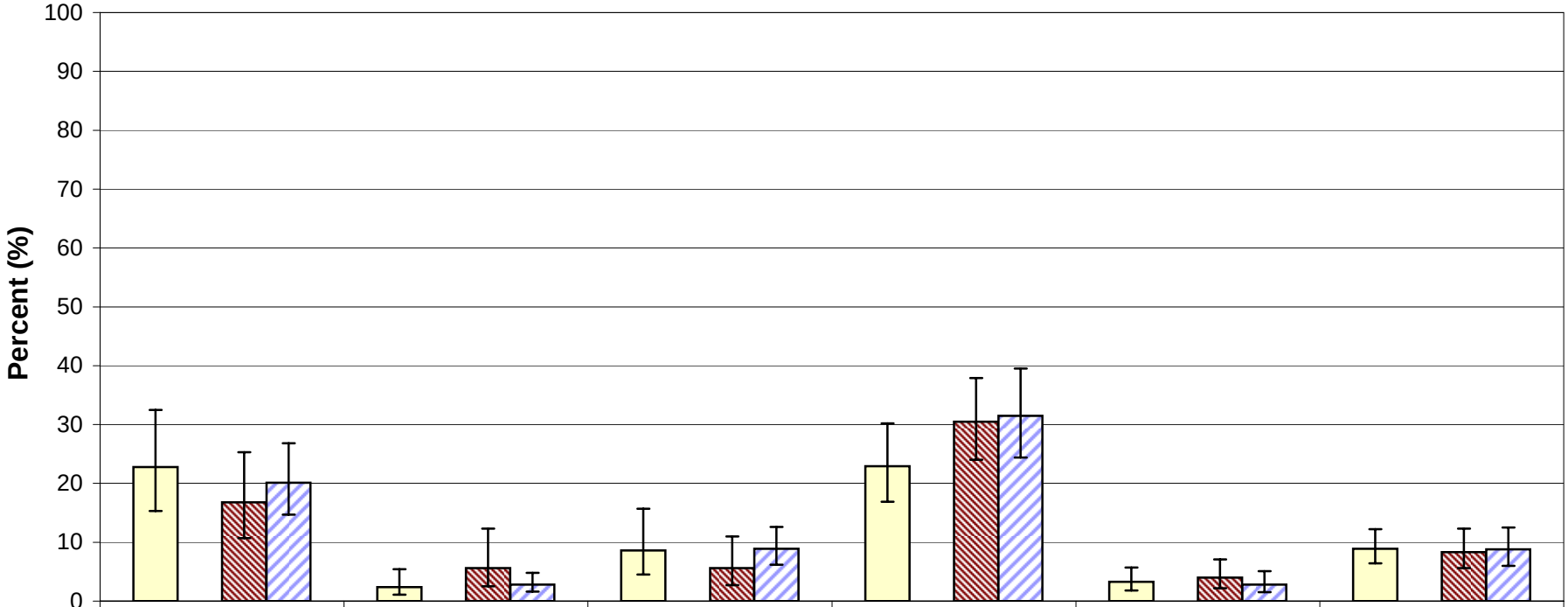
	q009. Never/rarely wore bicycle helmet	q010. Never/rarely wore seat belt	q011. Rode with drinking driver*	q012. Drove when drinking*
Girls	53.4	2.8	20.4	8.3
Boys	41.4	5.7	17.0	8.6

** In past 30 days*

Behaviors Associated with Violence

Los Alam County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS



	Carried weapon**	Carried gun*	Carried weapon on school property**	Physical fight†	Skipped school because felt unsafe*	Threatened/injured with weapon on school property†
2001	22.8	2.4	8.6	22.9	3.3	8.9
2003						
2005	16.8	5.6	5.6	30.5	4.0	8.3
2007	20.1	2.8	8.9	31.5	2.8	8.8

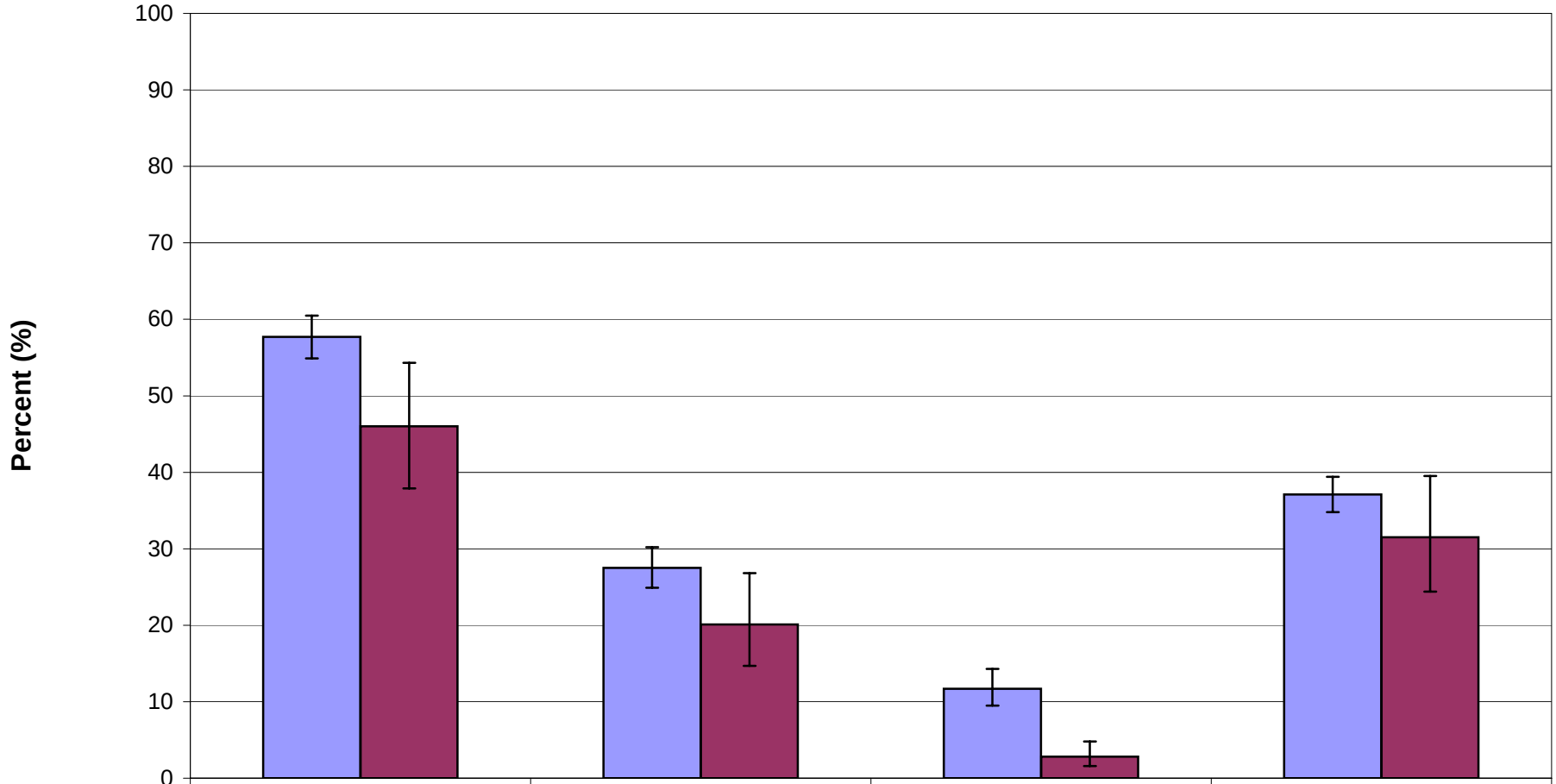
** In past 30 days*

*** Such as a gun, knife, or club in the past 30 days*

†In the past 12 months

Behaviors Associated with Violence

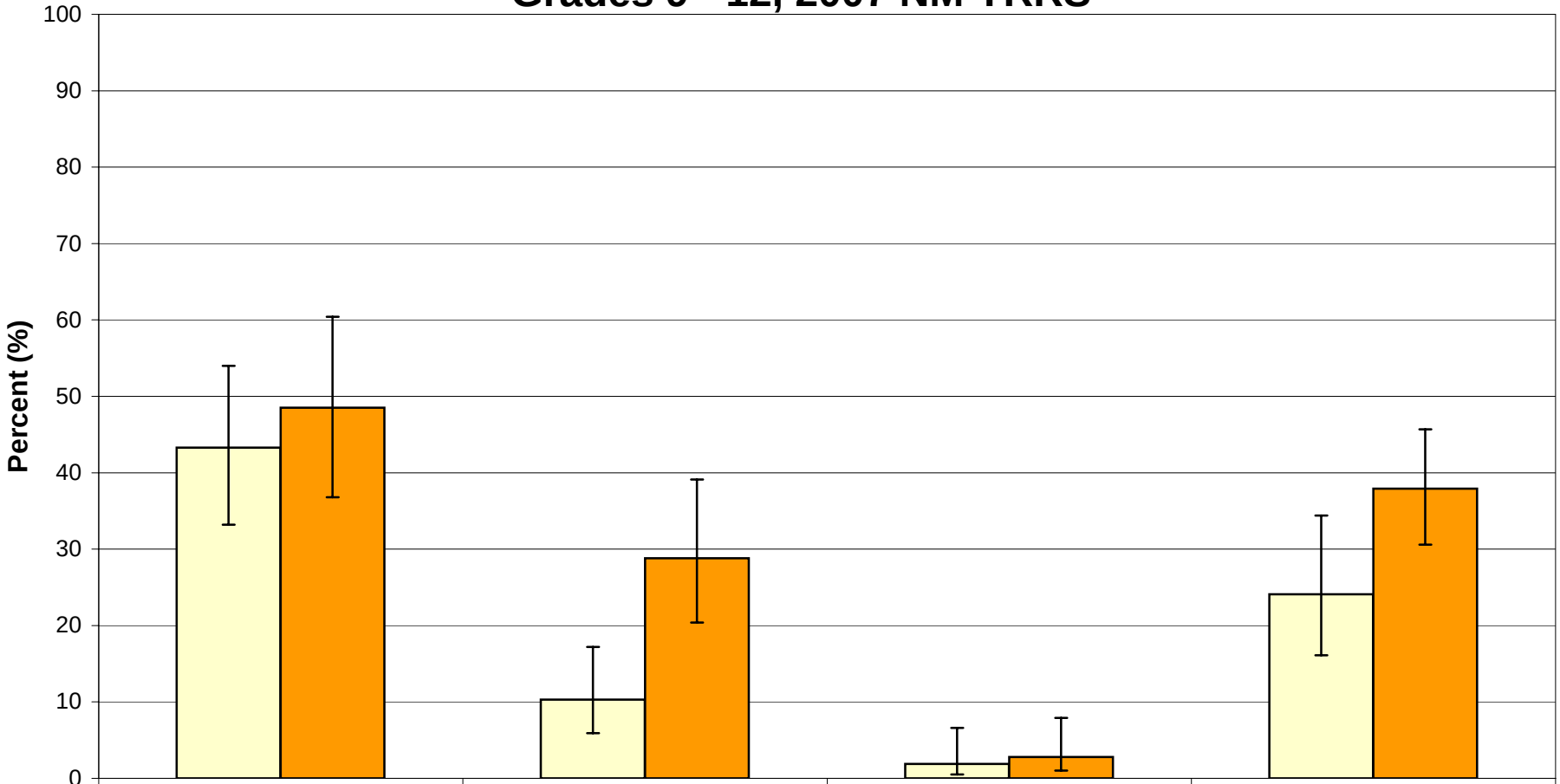
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q013. Have gun in home	q014. Carried weapon*	q015. Carried gun**	q019. Physical Fight †
NM	57.7	27.5	11.7	37.1
Los Alamos	46.0	20.1	2.8	31.5

** Such as a gun, knife, or club in the past 30 days*
*** In past 30 days*
† In past 12 months

Behaviors Associated with Violence by Gender, Los Alamos County Grades 9 - 12, 2007 NM YRRS

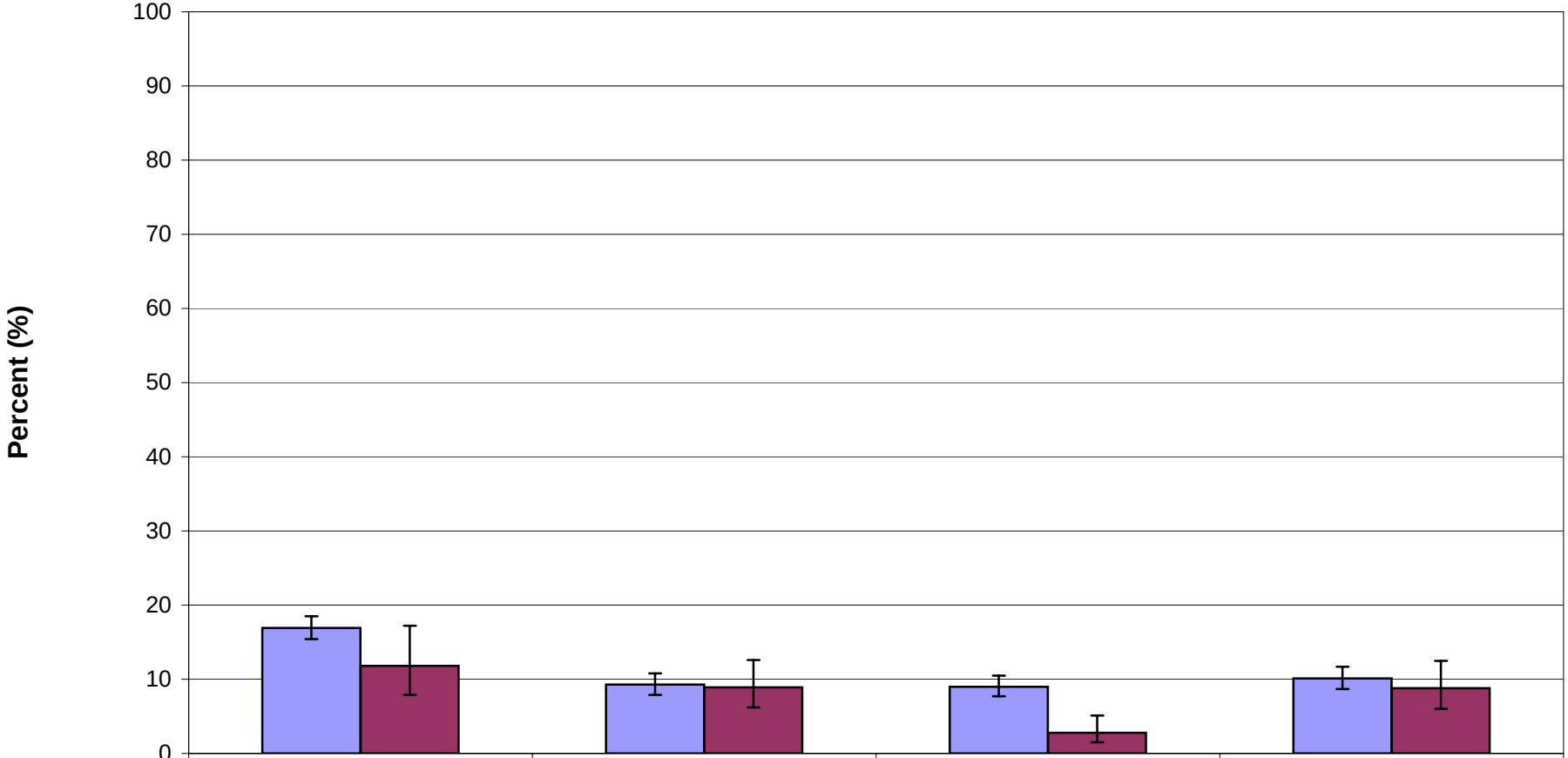


	q013. Have gun in home	q014. Carried weapon*	q015. Carried gun**	q019. Physical Fight †
Girls	43.3	10.3	1.9	24.1
Boys	48.5	28.8	2.8	37.9

** Such as a gun, knife, or club in the past 30 days*
*** In past 30 days*
† In past 12 months

Behaviors Associated with Violence: On School Property

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



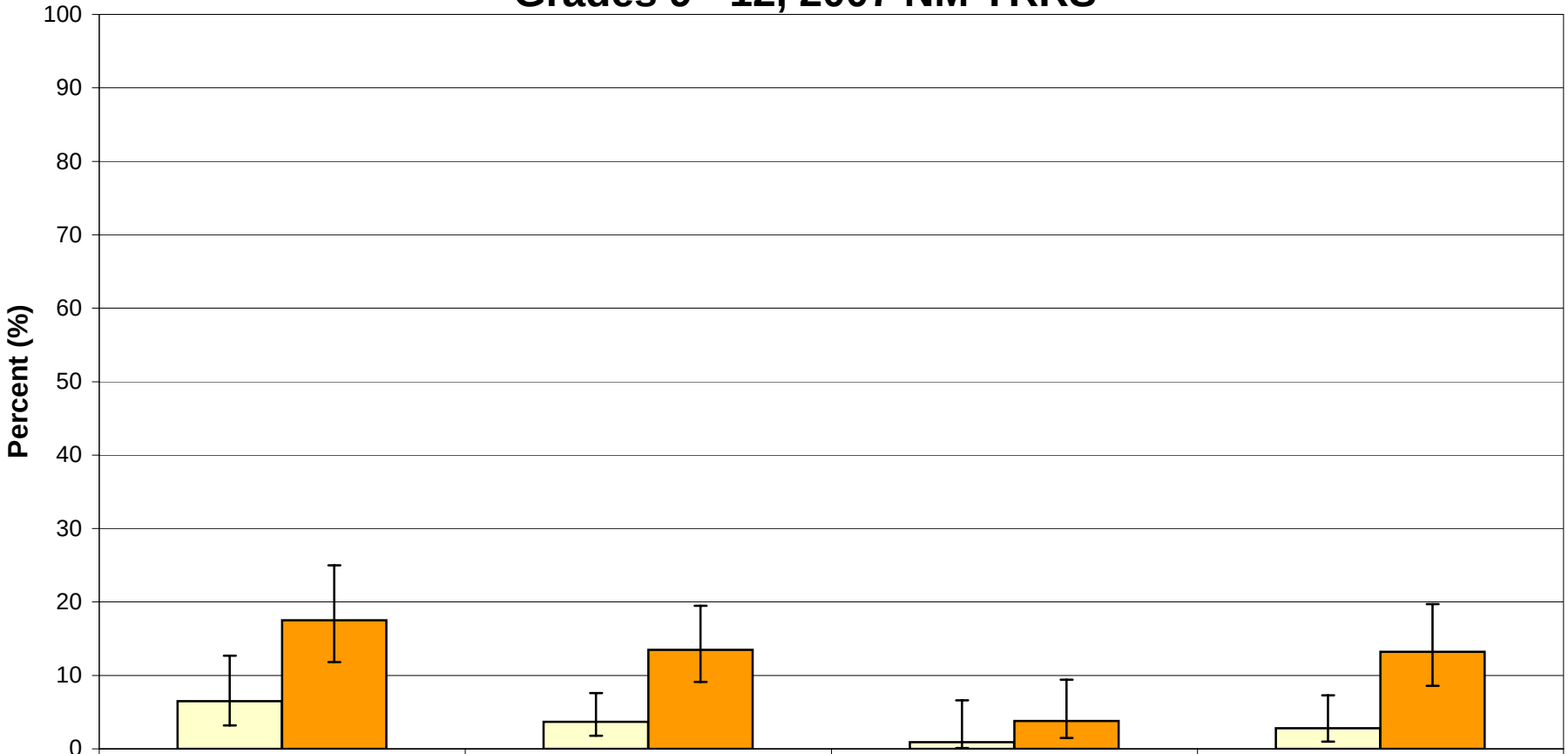
	q020. Physical Fight †	q016. Carried weapon*	q017. Skipped school because felt unsafe**	q018. Threatened or injured with a weapon †
NM	16.9	9.3	9.0	10.1
Los Alamos	11.8	8.9	2.8	8.8

** Such as a gun, knife, or club in the past 30 days*

*** At school or on the way to or from school in past 30 days*

† In past 12 months

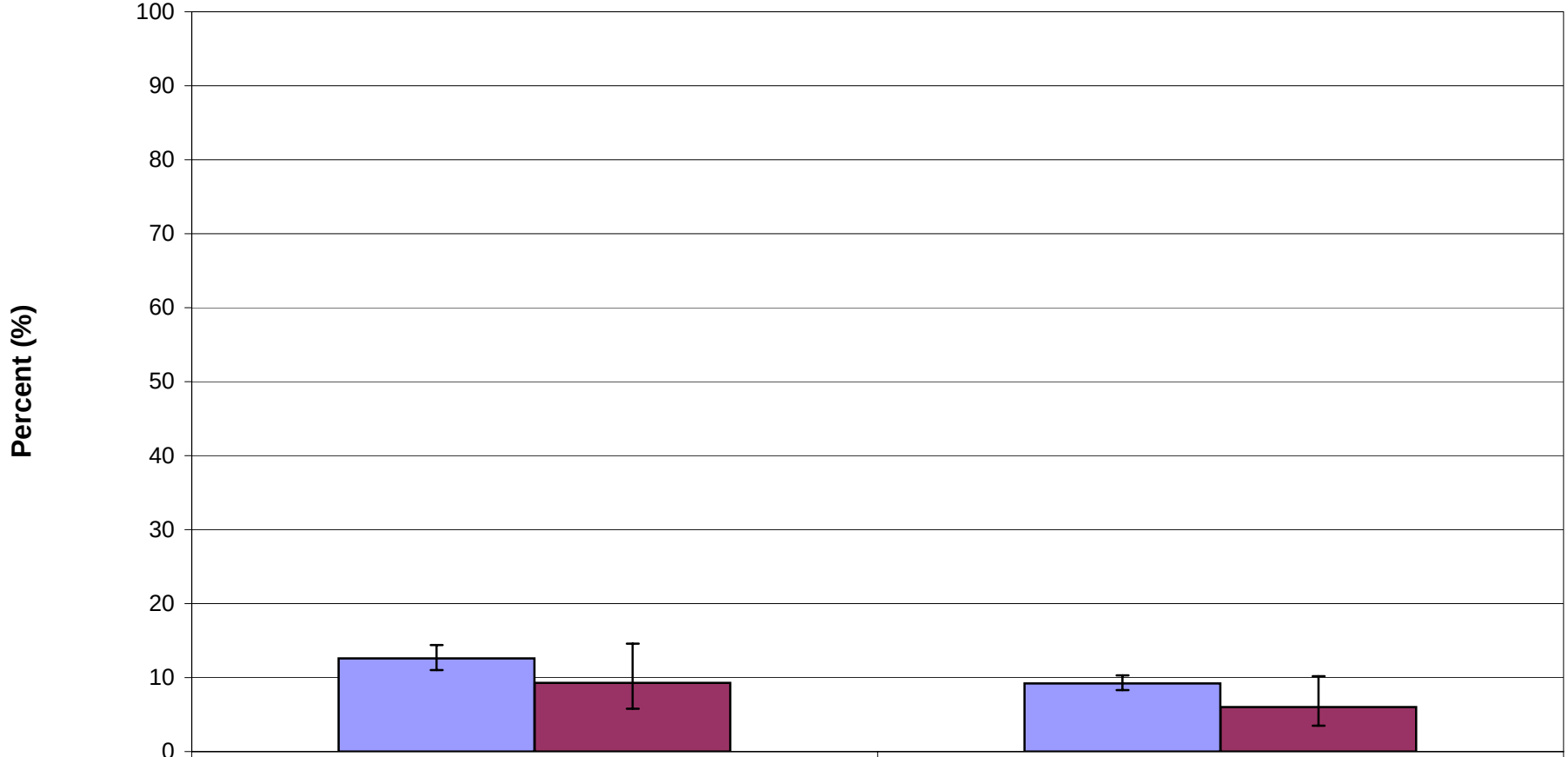
Behaviors Associated with Violence: On School Property by Gender, Los Alamos County Grades 9 - 12, 2007 NM YRRS



	q020. Physical Fight †	q016. Carried weapon*	q017. Skipped school because felt unsafe**	q018. Threatened or injured with a weapon †
Girls	6.5	3.7	0.9	2.8
Boys	17.5	13.5	3.8	13.2

** Such as a gun, knife, or club in the past 30 days*
*** At school or on the way to or from school in past 30 days*
† In past 12 months

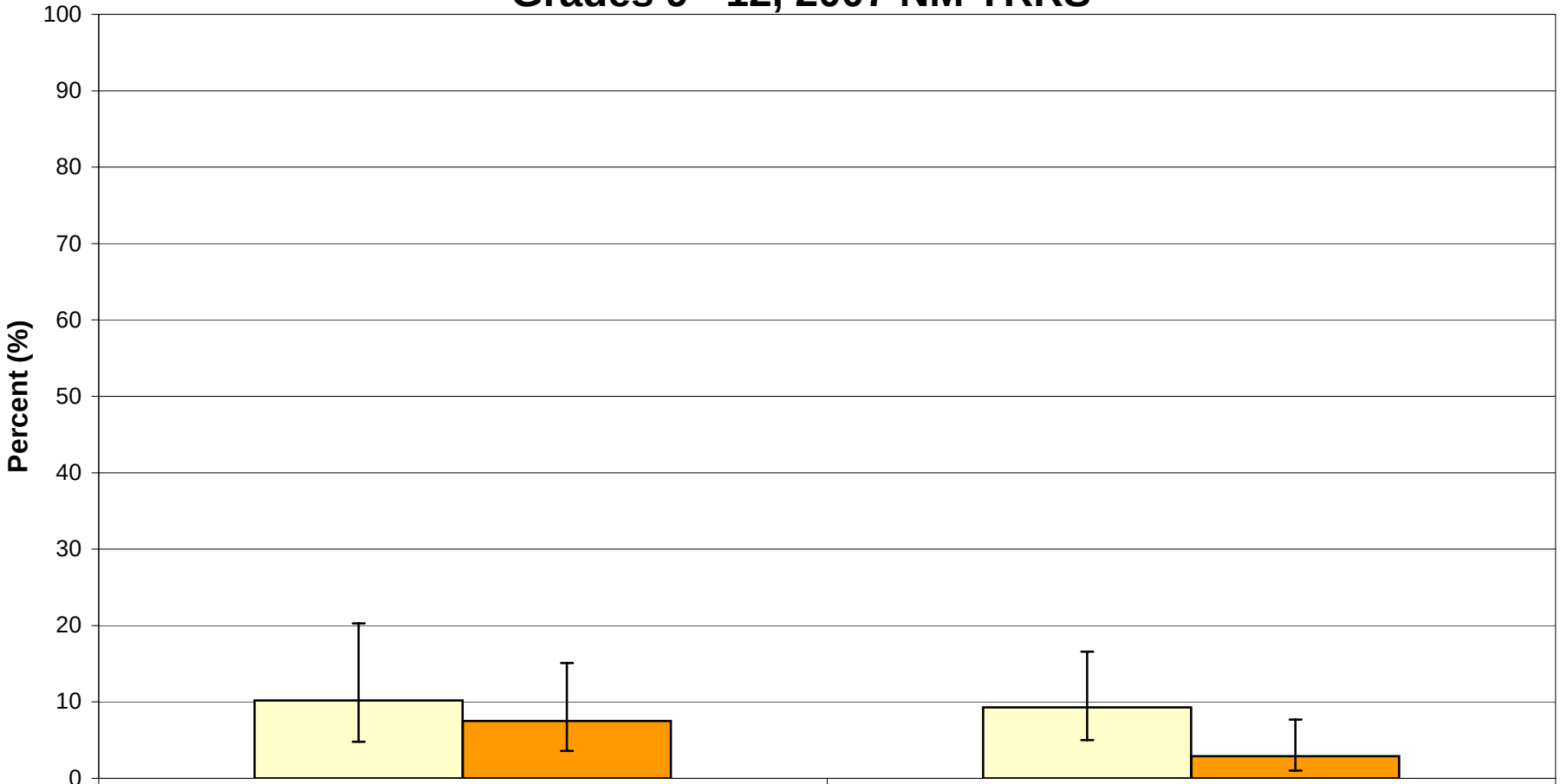
Dating Violence and Sexual Violence
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q021. Hit by boy/girl friend †	q022. Ever physically forced to have sexual intercourse
NM	12.6	9.2
Los Alamos	9.3	6.0

† *In past 12 months*

Dating Violence and Sexual Violence by Gender, Los Alamos County Grades 9 - 12, 2007 NM YRRS



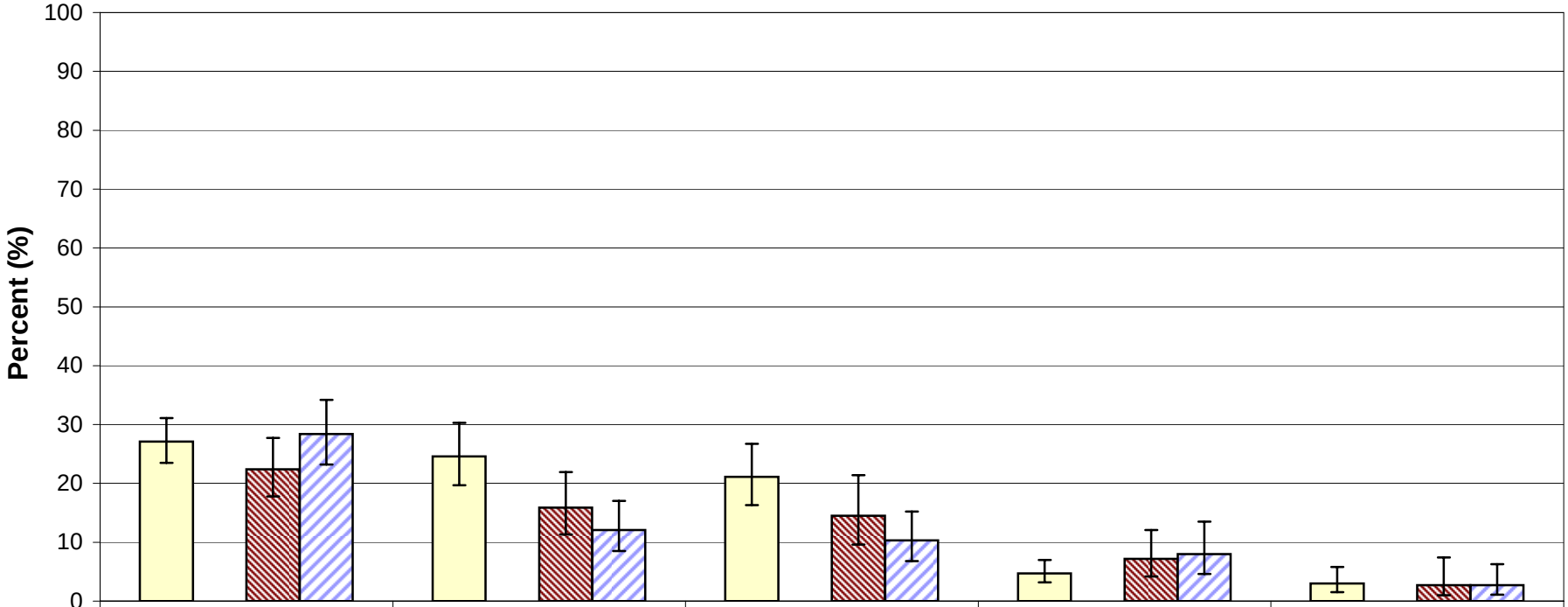
	q021. Hit by boy/girl friend †	q022. Ever physically forced to have sexual intercourse
Girls	10.2	9.3
Boys	7.5	2.9

† *In past 12 months*

Mental Health, Suicidal Ideation, and Suicide Attempts

Los Alam County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS

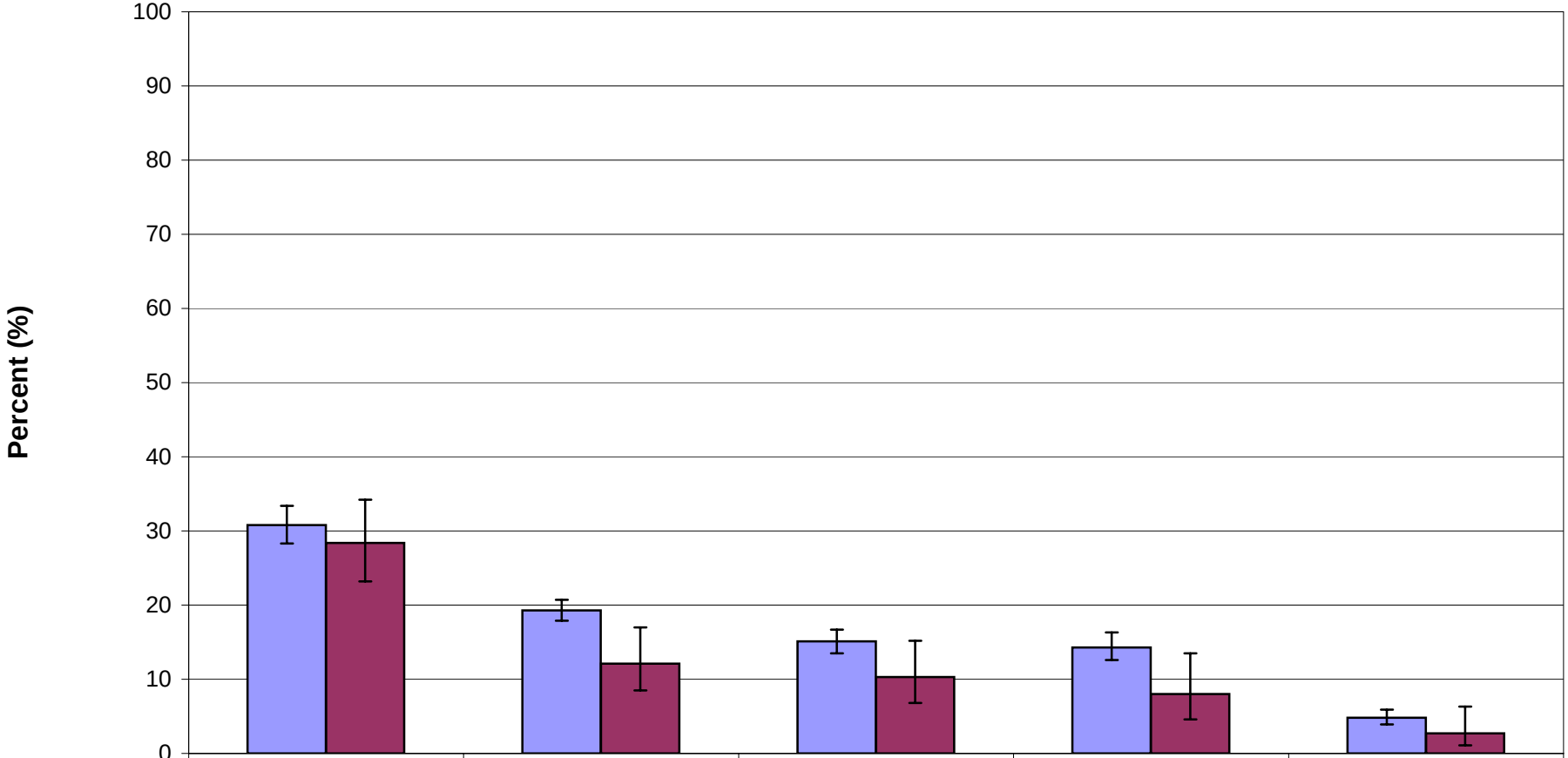


	Persistent feelings of sadness and hopelessness*	Seriously considered suicide**	Made a suicide plan**	Attempted suicide**	Suicide attempt resulting in injury***
2001	27.1	24.6	21.1	4.7	3.0
2003					
2005	22.4	15.9	14.5	7.2	2.7
2007	28.4	12.1	10.3	8.0	2.7

** Almost every day for 2 or more weeks in a row so stopped doing some usual activities, in the past 12 months*
*** In the past 12 months*
**** Suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse*

Mental Health, Suicidal Ideation and Suicide Attempts

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



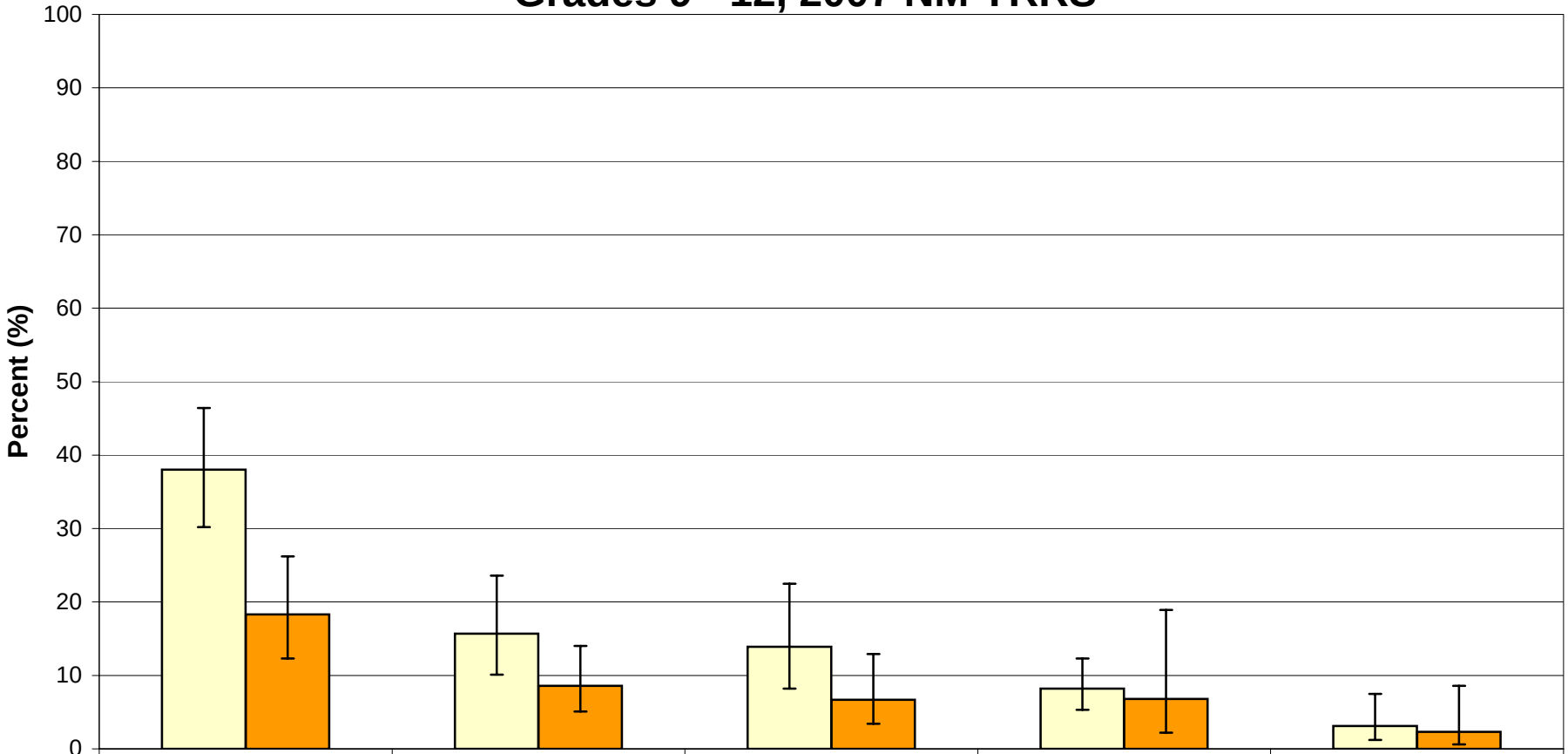
	q023. Sadness and hopelessness*	q024. Seriously considered suicide**	q025. Made suicide plan**	q026. Attempted suicide**	q027. Suicide attempt with injury***
NM	30.8	19.3	15.1	14.3	4.8
Los Alamos	28.4	12.1	10.3	8.0	2.7

** Almost every day for 2 or more weeks in a row so stopped doing some usual activities, in the past 12 months*

*** In the past 12 months*

**** Suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse*

Mental Health, Suicidal Ideation and Suicide Attempts by Gender, Los Alamos County Grades 9 - 12, 2007 NM YRRS



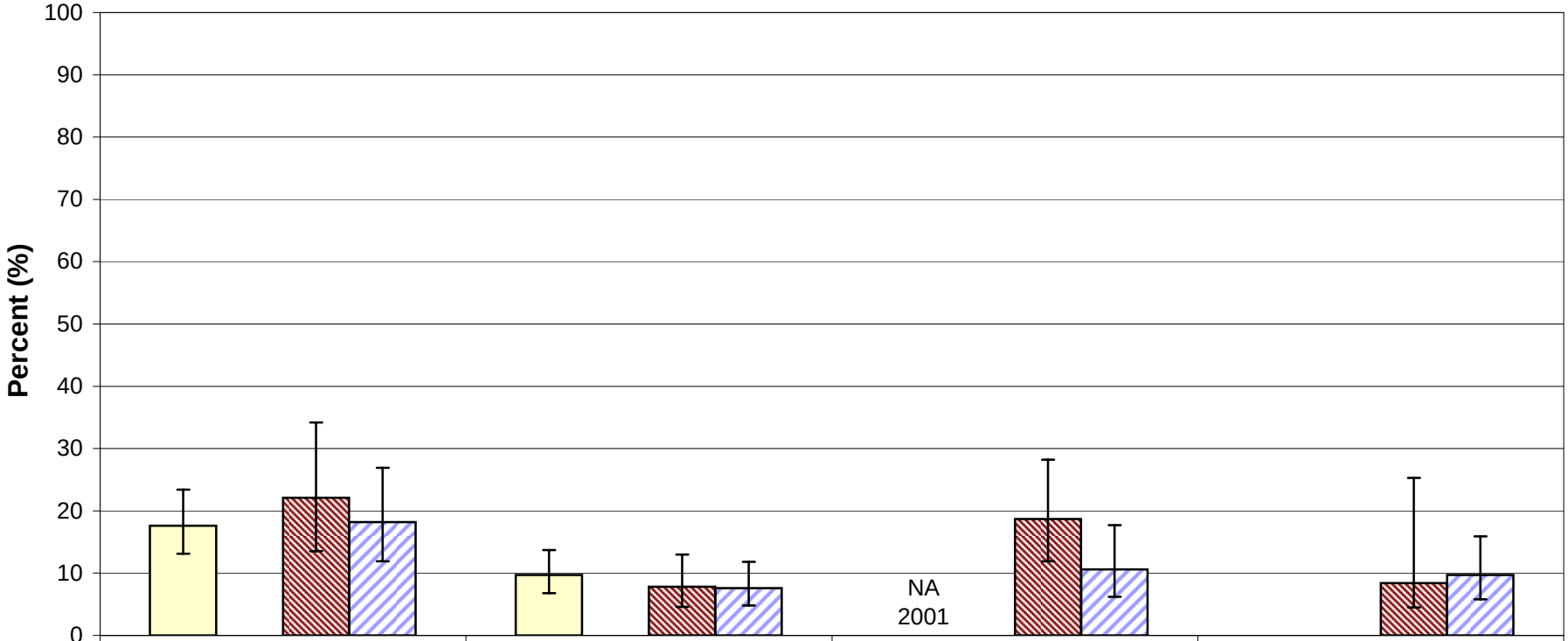
	q023. Sadness and hopelessness*	q024. Seriously considered suicide**	q025. Made suicide plan**	q026. Attempted suicide**	q027. Suicide attempt with injury***
Girls	38.0	15.7	13.9	8.2	3.1
Boys	18.3	8.6	6.7	6.8	2.3

** Almost every day for 2 or more weeks in a row so stopped doing some usual activities, in the past 12 months*
*** In the past 12 months*
**** Suicide attempt resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse*

Tobacco Use

Los Alam County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS

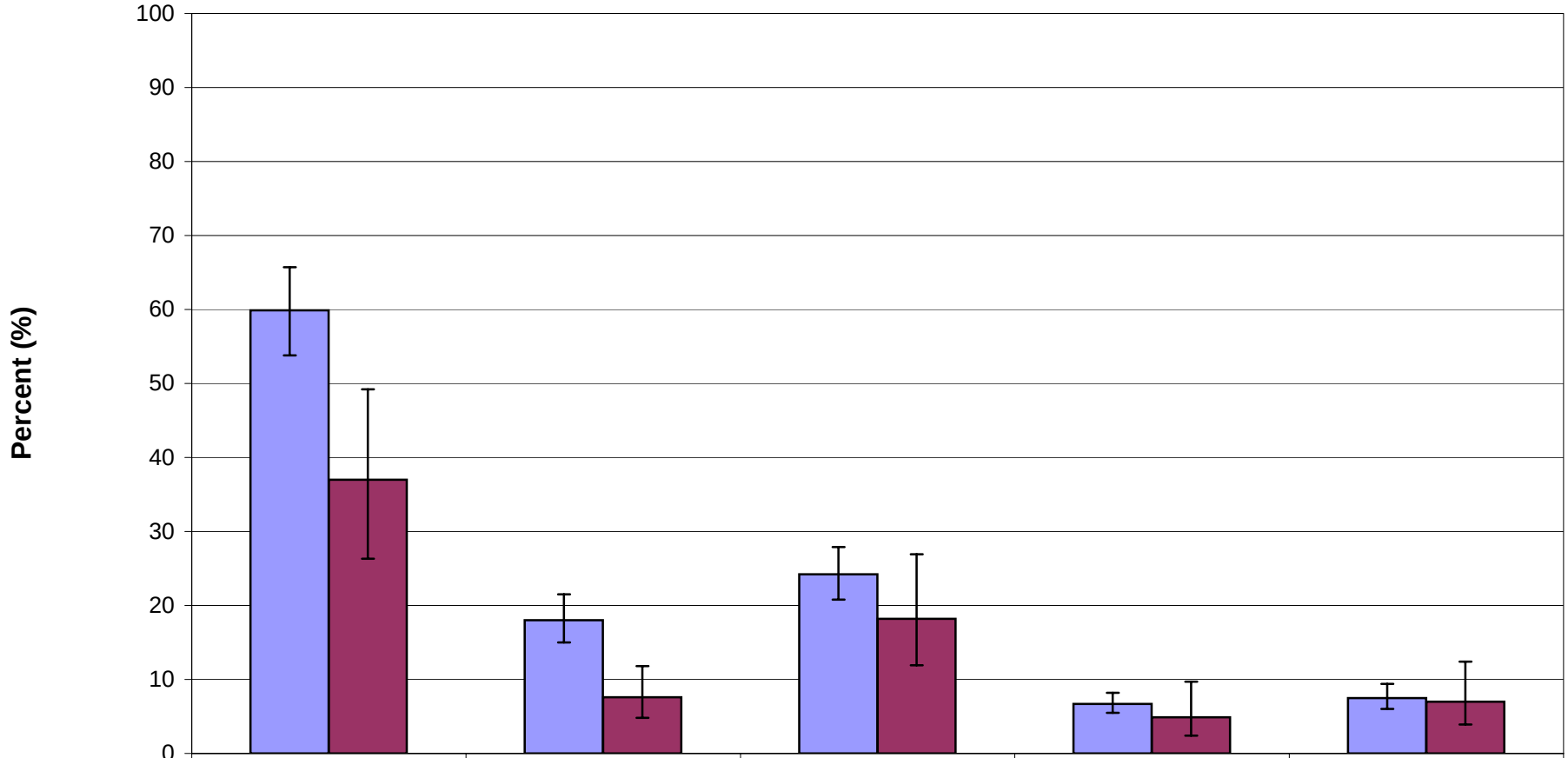


	Current smoker*	First smoked a cigarette before age 13	Cigar use**	Chew, snuff, or spit tobacco use***
2001	17.6	9.7	NA	
2003				
2005	22.1	7.8	18.7	8.4
2007	18.2	7.6	10.6	9.7

** Smoked cigarettes in the past 30 days*
*** Smoked cigars, cigarettes, or cigarillos in the past 30 days*
**** In the past 30 days*

Tobacco Use: Cigarettes

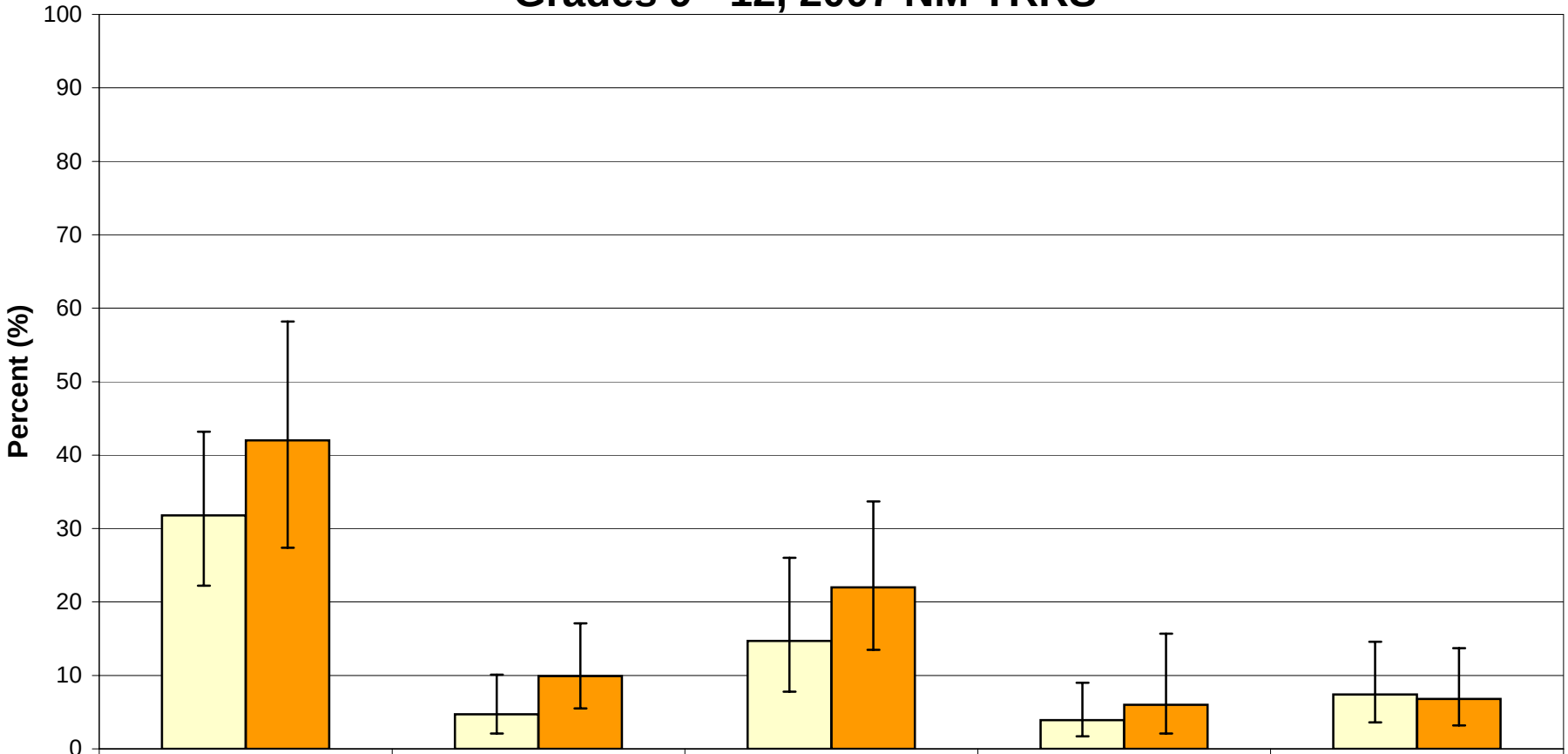
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q028. Ever tried cigarettes	q029. First cigarette before 13	q030. Current smoker *	q031. Frequent smoker **	q033. Smoked on school property*
NM	59.9	18.0	24.2	6.7	7.5
Los Alamos	37.0	7.6	18.2	4.9	7.0

** Smoked cigarettes in the past 30 days*
*** Smoked cigarettes on at least 20 of the past 30 days*

Tobacco Use: Cigarettes
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

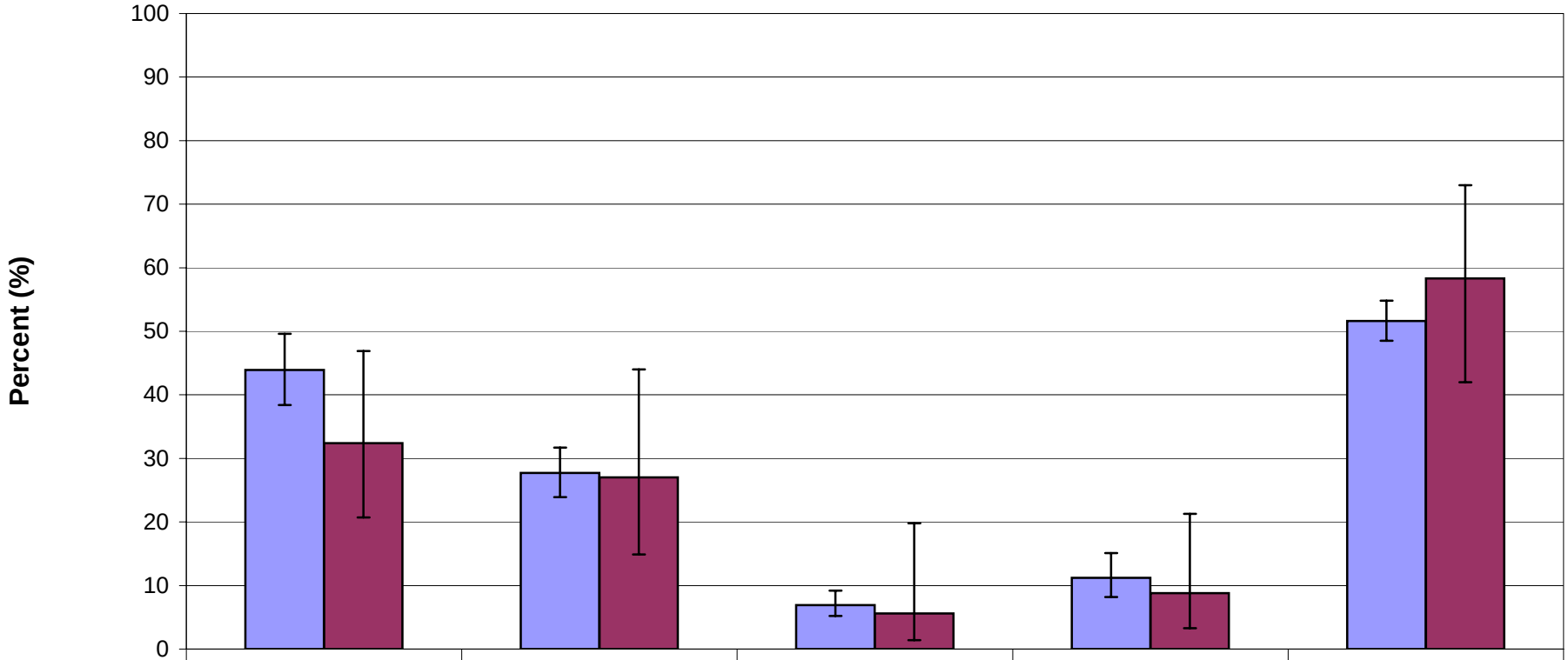


	q028. Ever tried cigarettes	q029. First cigarette before 13	q030. Current smoker *	q031. Frequent smoker **	q033. Smoked on school property*
Girls	31.8	4.7	14.7	3.9	7.4
Boys	42.0	9.9	22.0	6.0	6.8

** Smoked cigarettes in the past 30 days*
*** Smoked cigarettes on at least 20 of the past 30 days*

Tobacco Use: Behaviors of Current Smokers

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q029. First cigarette before 13	q030. Frequent smoker**	q031. Heavy smoker***	q032. Got cigarettes in store or gas station*	q034. Tried to quit smoking †
NM	43.9	27.7	6.9	11.2	51.6
Los Alamos	32.4	27.0	5.6	8.8	58.3

Among current smokers (smoked a cigarette within the past 30 days):

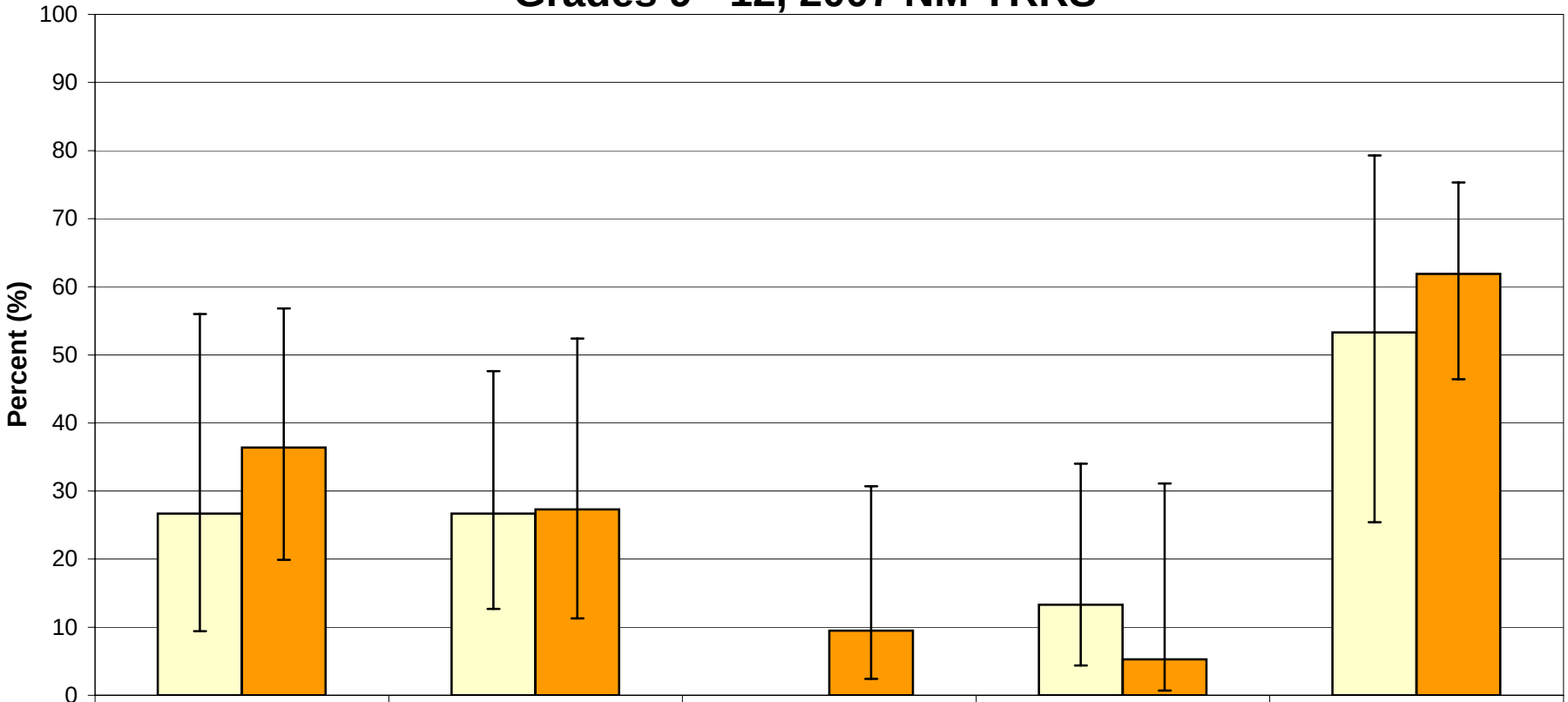
** In the past 30 days*

*** Smoked cigarettes on at least 20 of the past 30 days*

**** Smoked 10+ cigarettes per day on days when smoked cigarettes*

† In the past 12 months

Tobacco Use: Behaviors of Current Smokers by Gender, Los Alamos County Grades 9 - 12, 2007 NM YRRS



	q029. First cigarette before 13	q030. Frequent smoker**	q031. Heavy smoker***	q032. Got cigarettes in store or gas station*	q034. Tried to quit smoking †
Girls	26.7	26.7	0.0	13.3	53.3
Boys	36.4	27.3	9.5	5.3	61.9

Among current smokers (smoked a cigarette within the past 30 days):

** In the past 30 days*

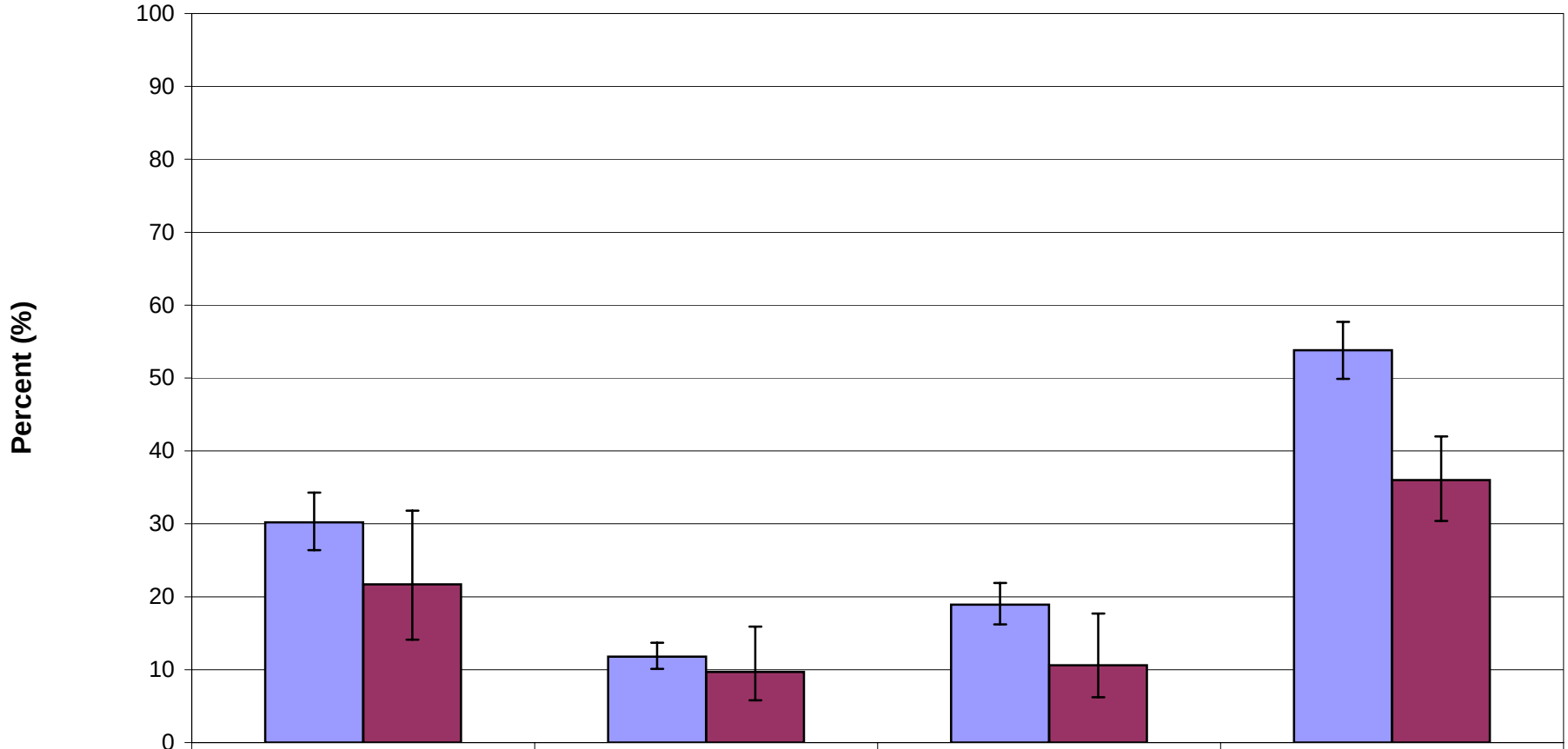
*** Smoked cigarettes on at least 20 of the past 30 days*

**** Smoked 10+ cigarettes per day on days when smoked cigarettes*

† In the past 12 months

Tobacco Use: Other Tobacco Use and Exposure

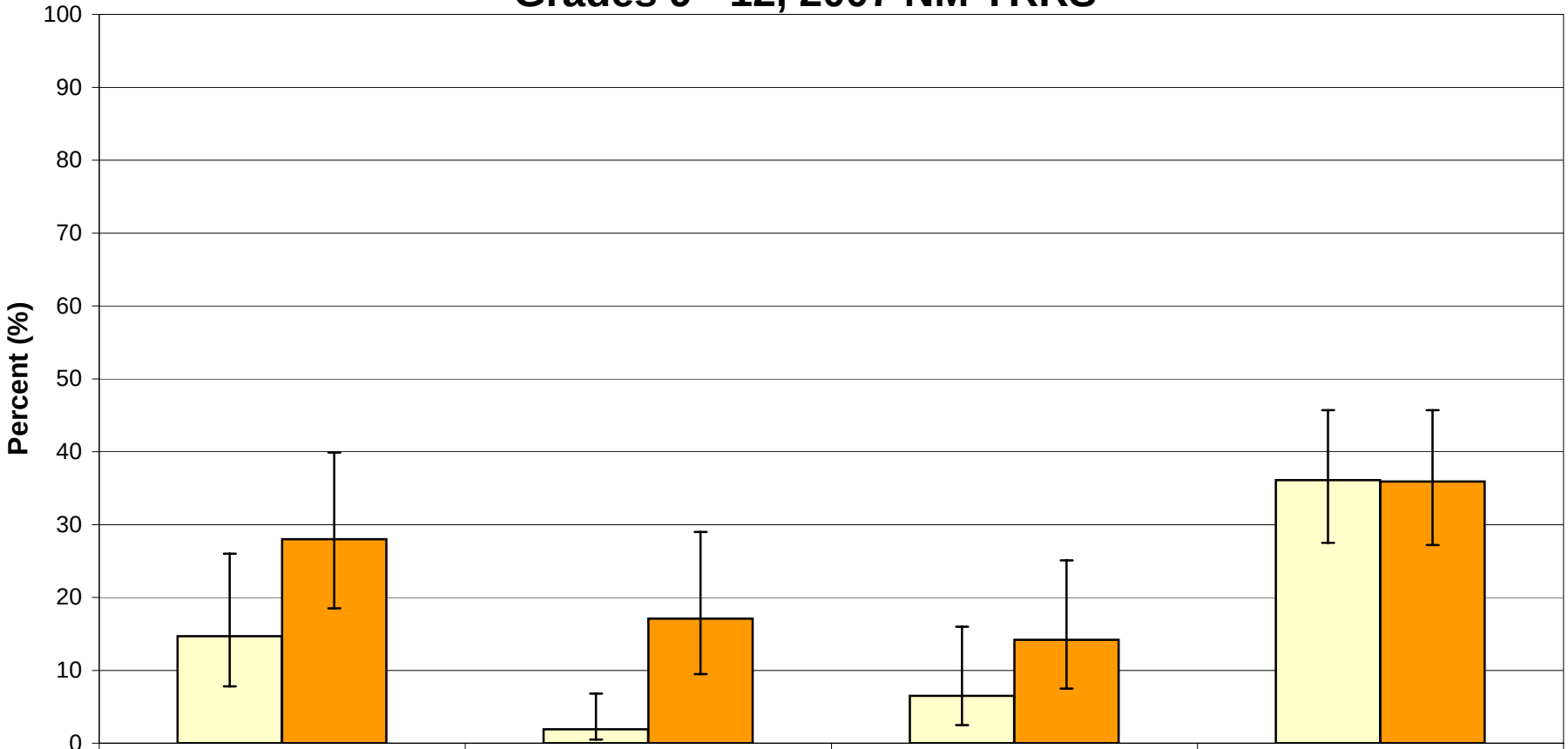
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q036. Used any tobacco *	q035. Chew, snuff, or spit tobacco use*	q036. Cigar use**	q037. In same room with someone smoking***
NM	30.2	11.8	18.9	53.8
Los Alamos	21.7	9.7	10.6	36.0

** In the past 30 days*
*** Smoked cigars, cigarillos, or littlecigars in the past 30 days*
**** On at least one of the past 7 days*

Tobacco Use: Other Tobacco Use and Exposure by Gender, Los Alamos County Grades 9 - 12, 2007 NM YRRS



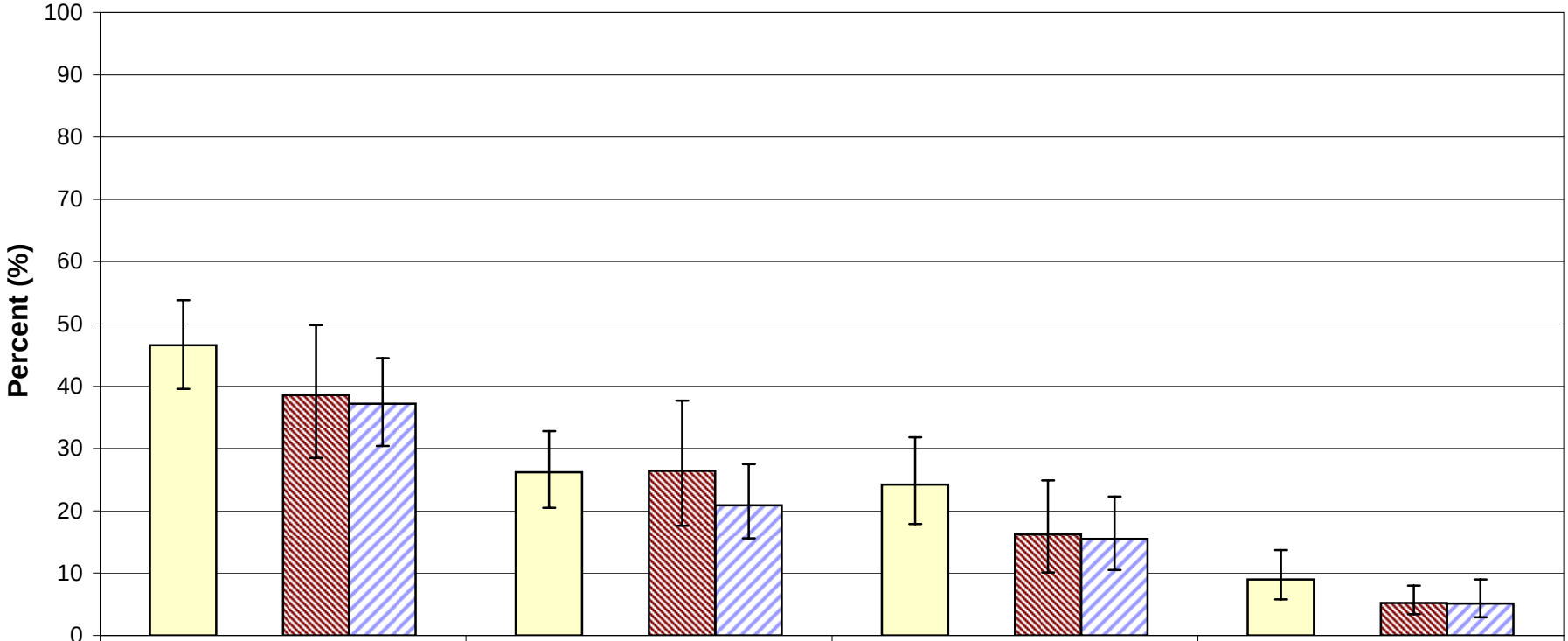
	q036. Used any tobacco *	q035. Chew, snuff, or spit tobacco use*	q036. Cigar use**	q037. In same room with someone smoking***
Girls	14.7	1.9	6.5	36.1
Boys	28.0	17.1	14.2	35.9

** In the past 30 days*
*** Smoked cigars, cigarillos, or littlecigars in the past 30 days*
**** On at least one of the past 7 days*

Alcohol Use

Los Alam County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS



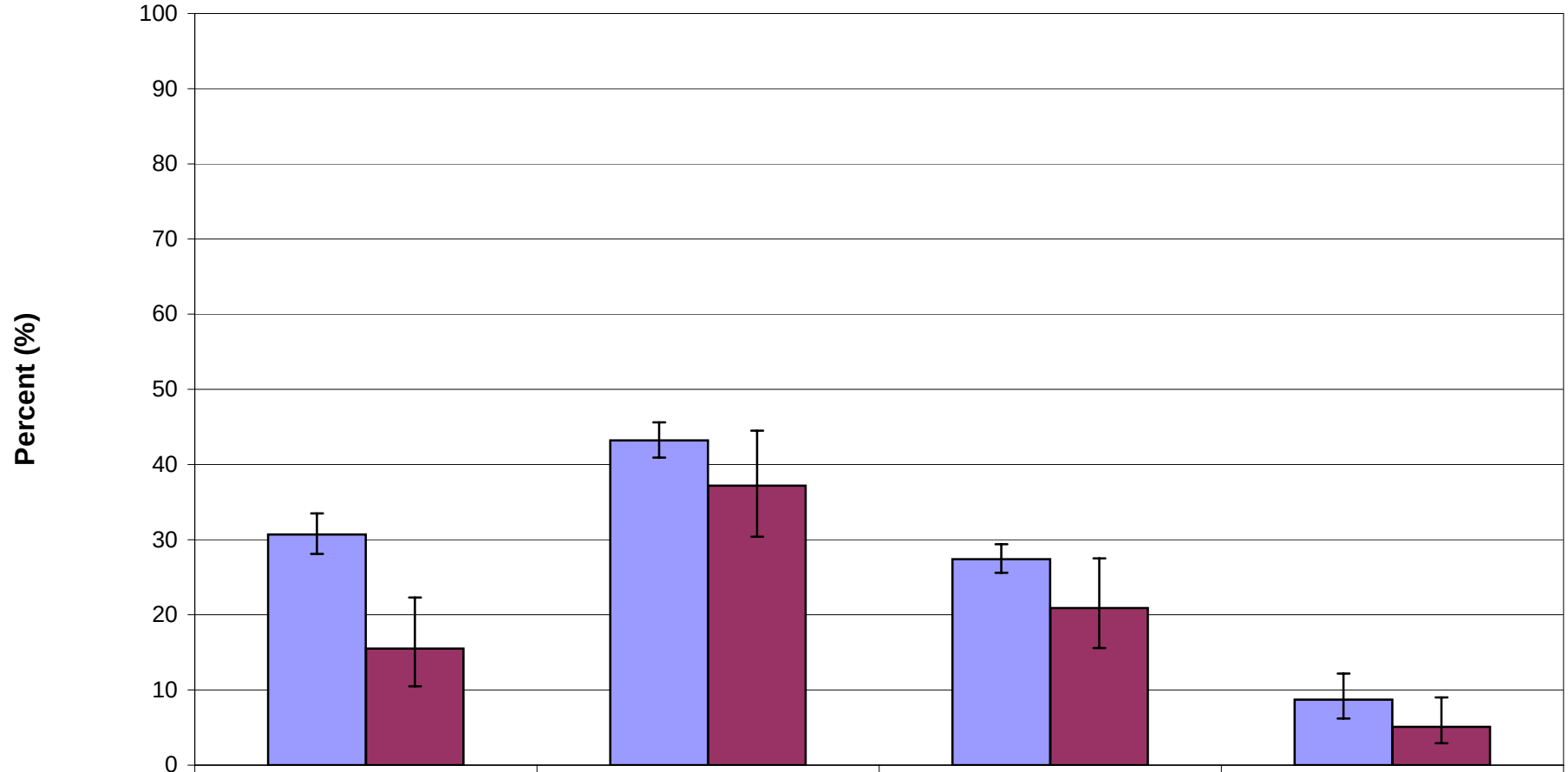
	Current drinker*	Binge drinker**	First alcohol at less than 13 years	Drank alcohol on school property*
2001	46.6	26.2	24.2	9.0
2003				
2005	38.6	26.4	16.2	5.2
2007	37.2	20.9	15.5	5.1

** In the past 30 days*

*** Five or more drinks in a row, or within a couple of hours, in the past 30 days*

Alcohol Use

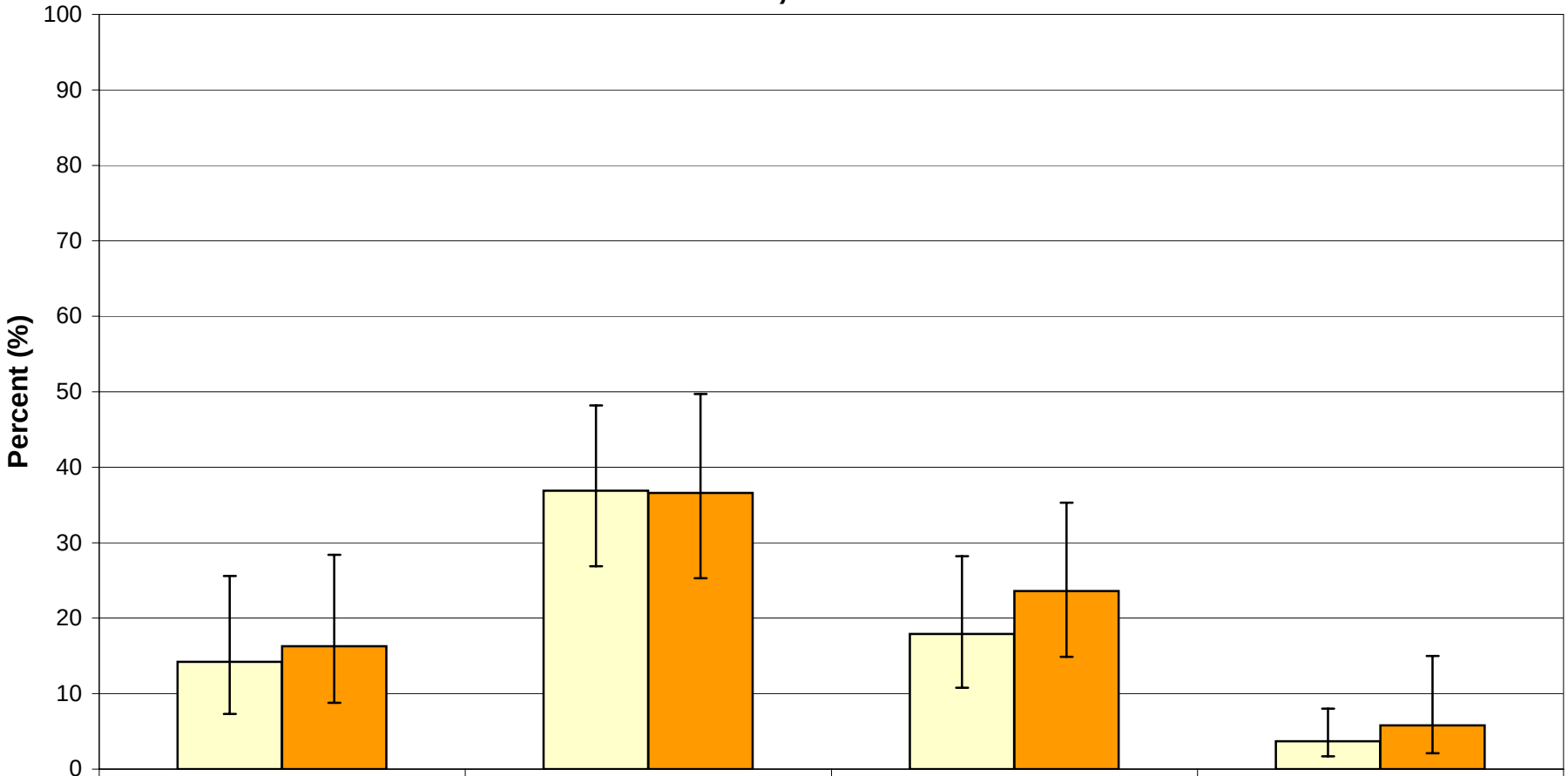
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q038. Had first drink before 13	q039. Current drinker*	q040. Binge drinker**	q044. Used alcohol on school property*
NM	30.7	43.2	27.4	8.7
Los Alamos	15.5	37.2	20.9	5.1

** In the past 30 days*
*** Five or more drinks in a row, or within a couple of hours, in the past 30 days*

Alcohol Use
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

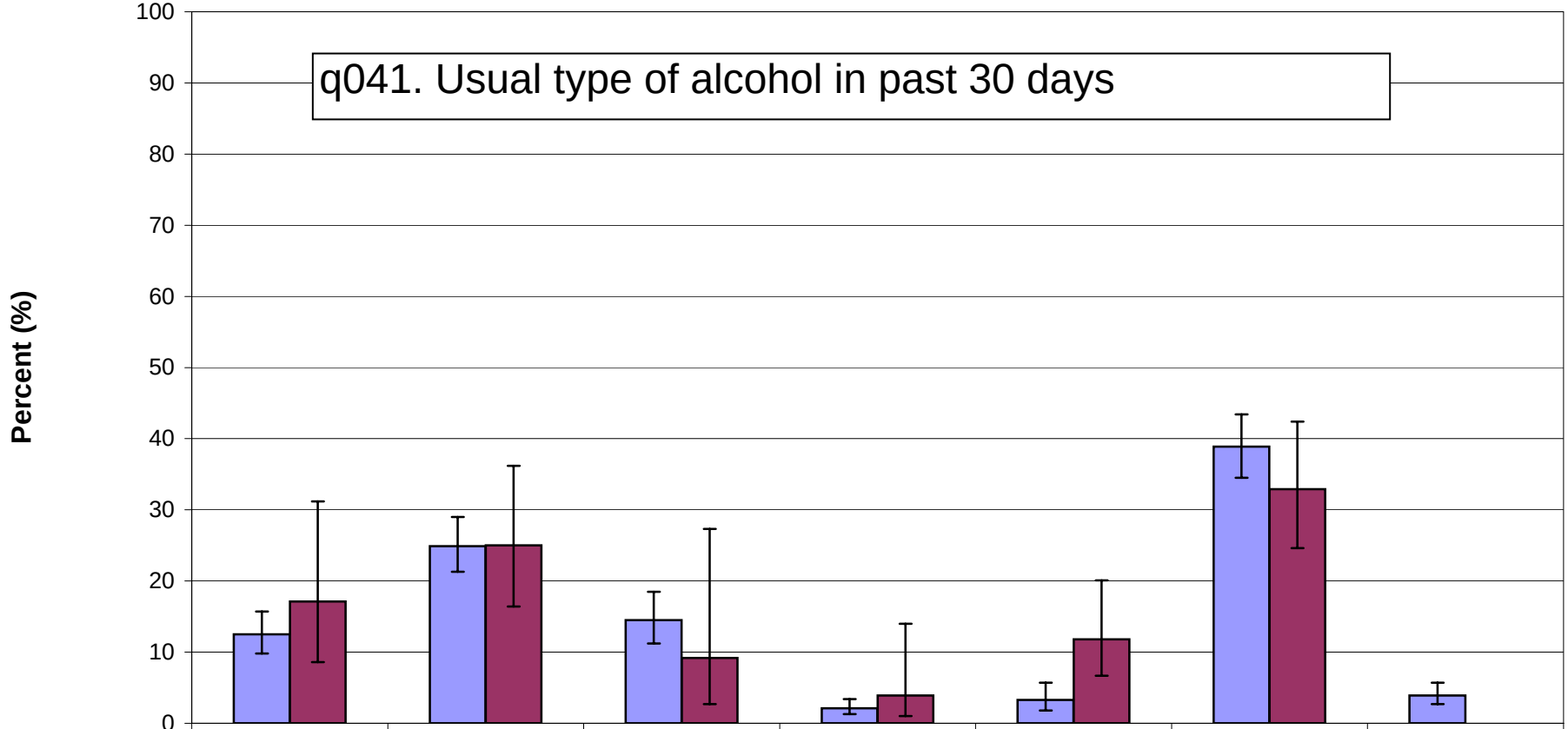


	q038. Had first drink before 13	q039. Current drinker*	q040. Binge drinker**	q044. Used alcohol on school property*
Girls	14.2	36.9	17.9	3.7
Boys	16.3	36.6	23.6	5.8

** In the past 30 days*
*** Five or more drinks in a row ,or within a couple of hours, in the past 30 days*

Alcohol Use: Behaviors of Current Drinkers

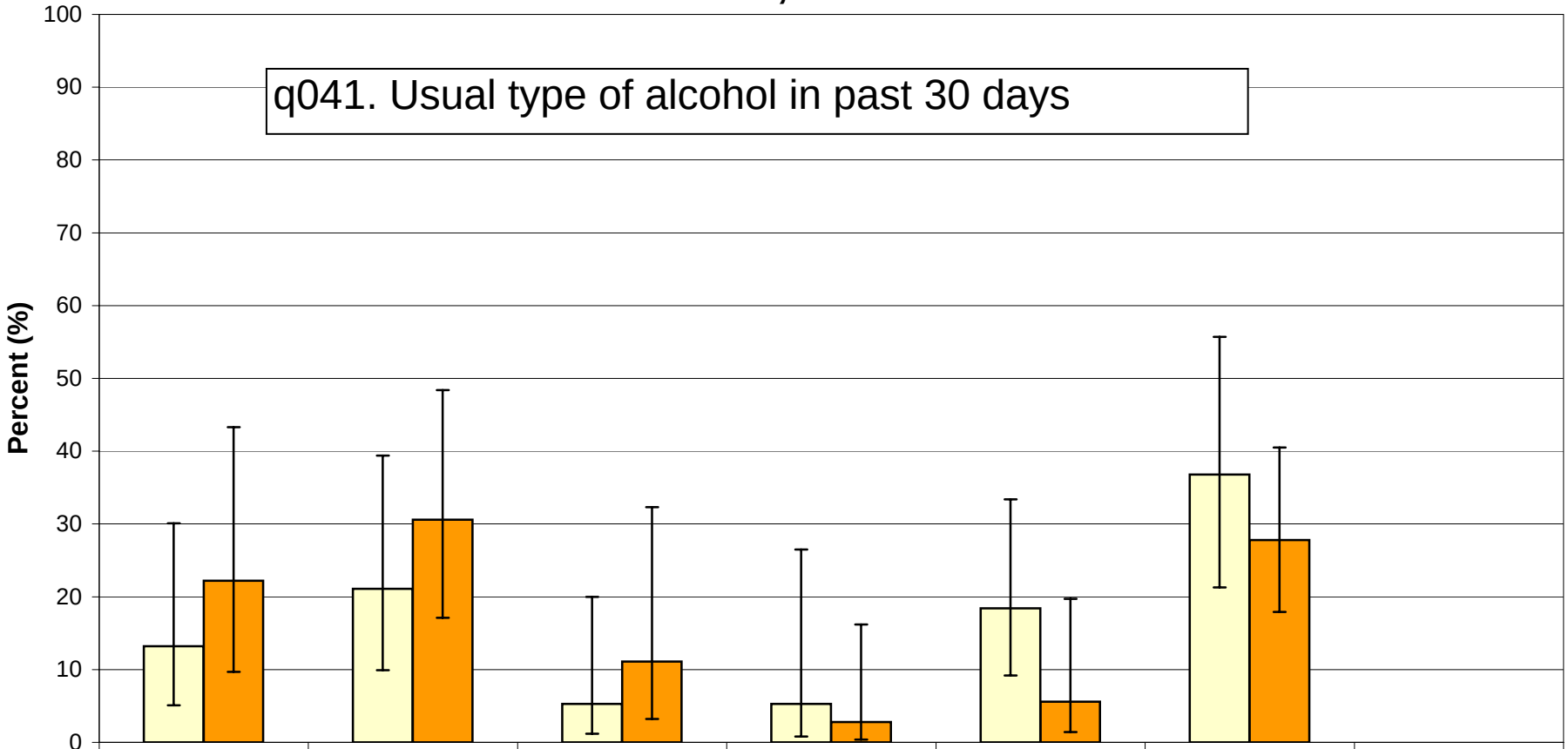
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	No Usual Type	Beer	Malt Beverages*	Wine Coolers**	Wine	Liquor***	Other
NM	12.5	24.9	14.5	2.1	3.3	38.9	3.9
Los Alamos	17.1	25.0	9.2	3.9	11.8	32.9	0.0

** Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade*
*** Such as Bartles and James or Seagrams*
**** Such as vodka, rum, scotch, bourbon, or whiskey*

Alcohol Use: Behaviors of Current Drinkers
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

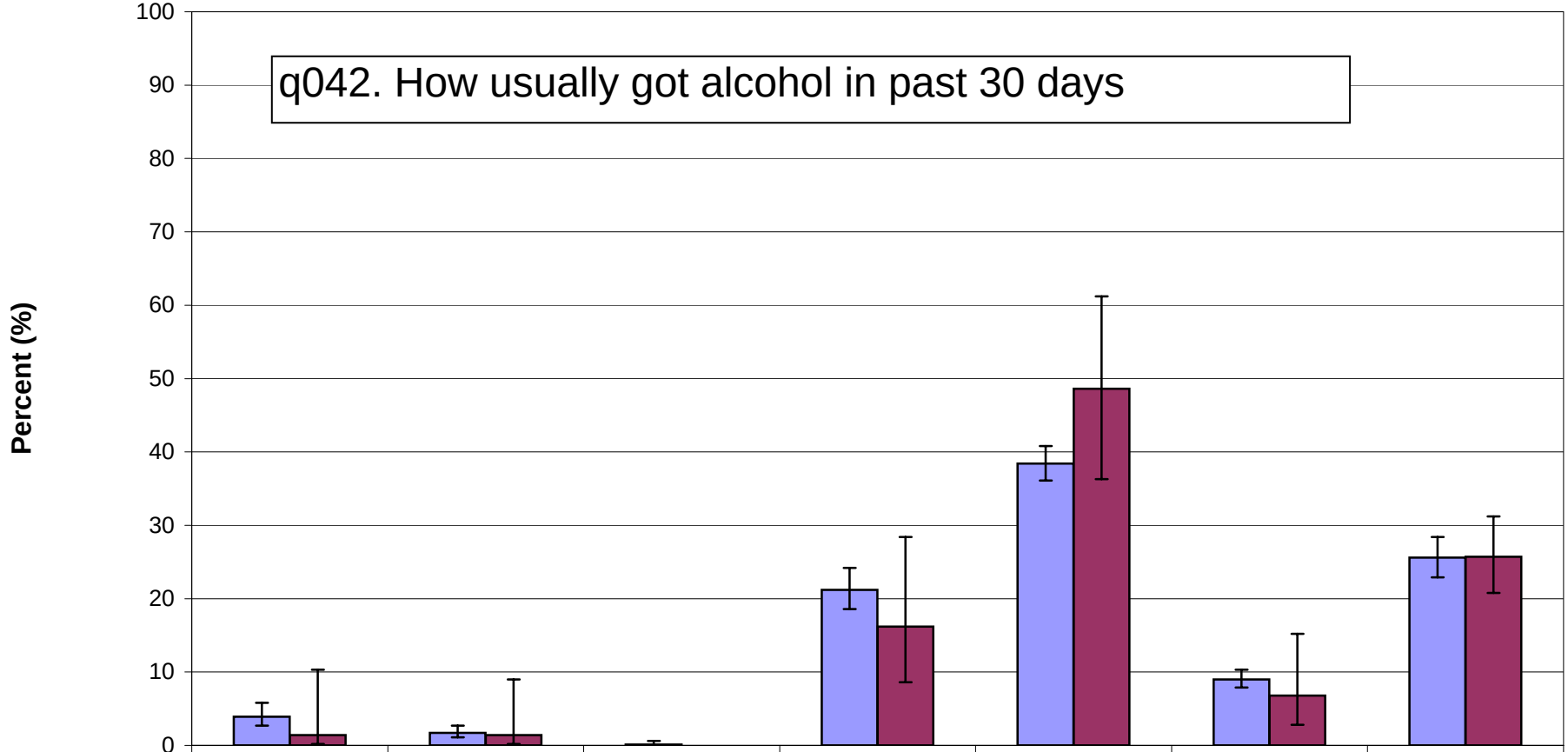


	No Usual Type	Beer	Malt Beverages*	Wine Coolers**	Wine	Liquor***	Other
Girls	13.2	21.1	5.3	5.3	18.4	36.8	0.0
Boys	22.2	30.6	11.1	2.8	5.6	27.8	0.0

** Such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade*
*** Such as Bartles and James or Seagrams*
**** Such as vodka, rum, scotch, bourbon, or whiskey*

Alcohol Use: Behaviors of Current Drinkers

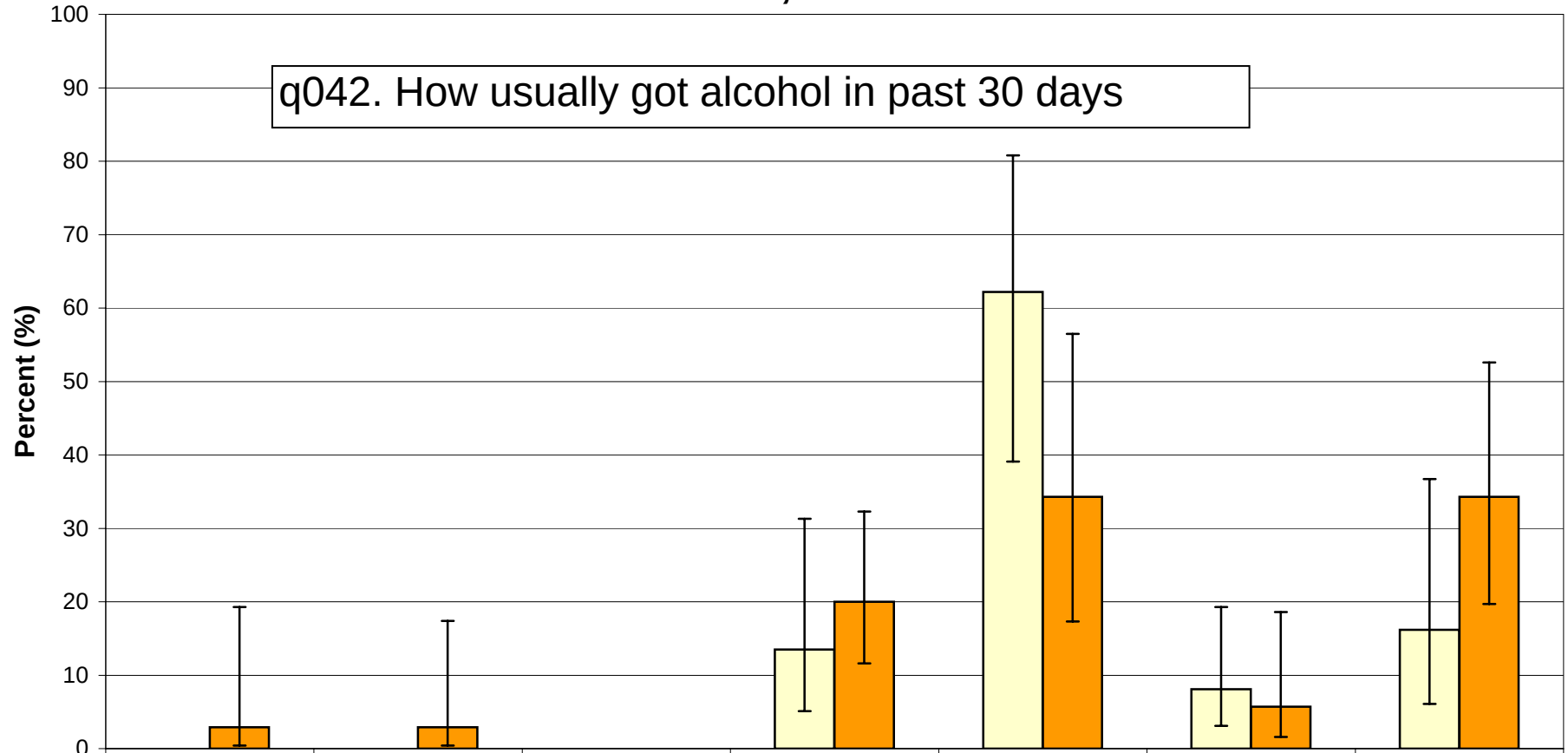
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Store	Restaurant or Bar	Public event*	Gave money to someone to buy it	Given to me	Took It**	Other
NM	3.9	1.7	0.1	21.2	38.4	9.0	25.6
Los Alamos	1.4	1.4	0.0	16.2	48.6	6.8	25.7

** Such as a concert or sporting event*
*** From a store or family member*

Alcohol Use: Behaviors of Current Drinkers
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

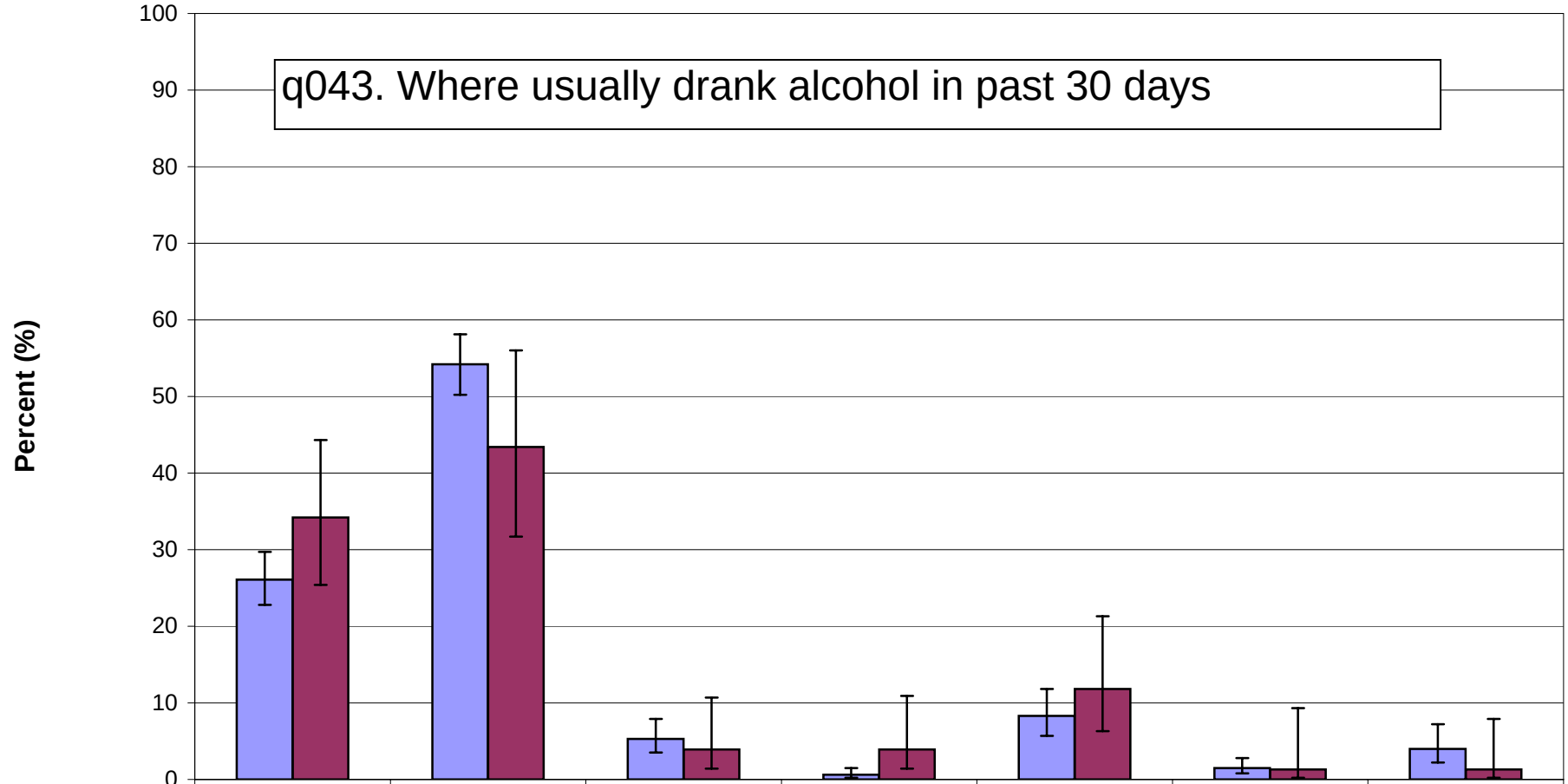


	Store	Restaurant or Bar	Public event*	Gave money to someone to buy it	Given to me	Took It**	Other
Girls	0.0	0.0	0.0	13.5	62.2	8.1	16.2
Boys	2.9	2.9	0.0	20.0	34.3	5.7	34.3

** Such as a concert or sporting event*
*** From a store or family member*

Alcohol Use: Behaviors of Current Drinkers

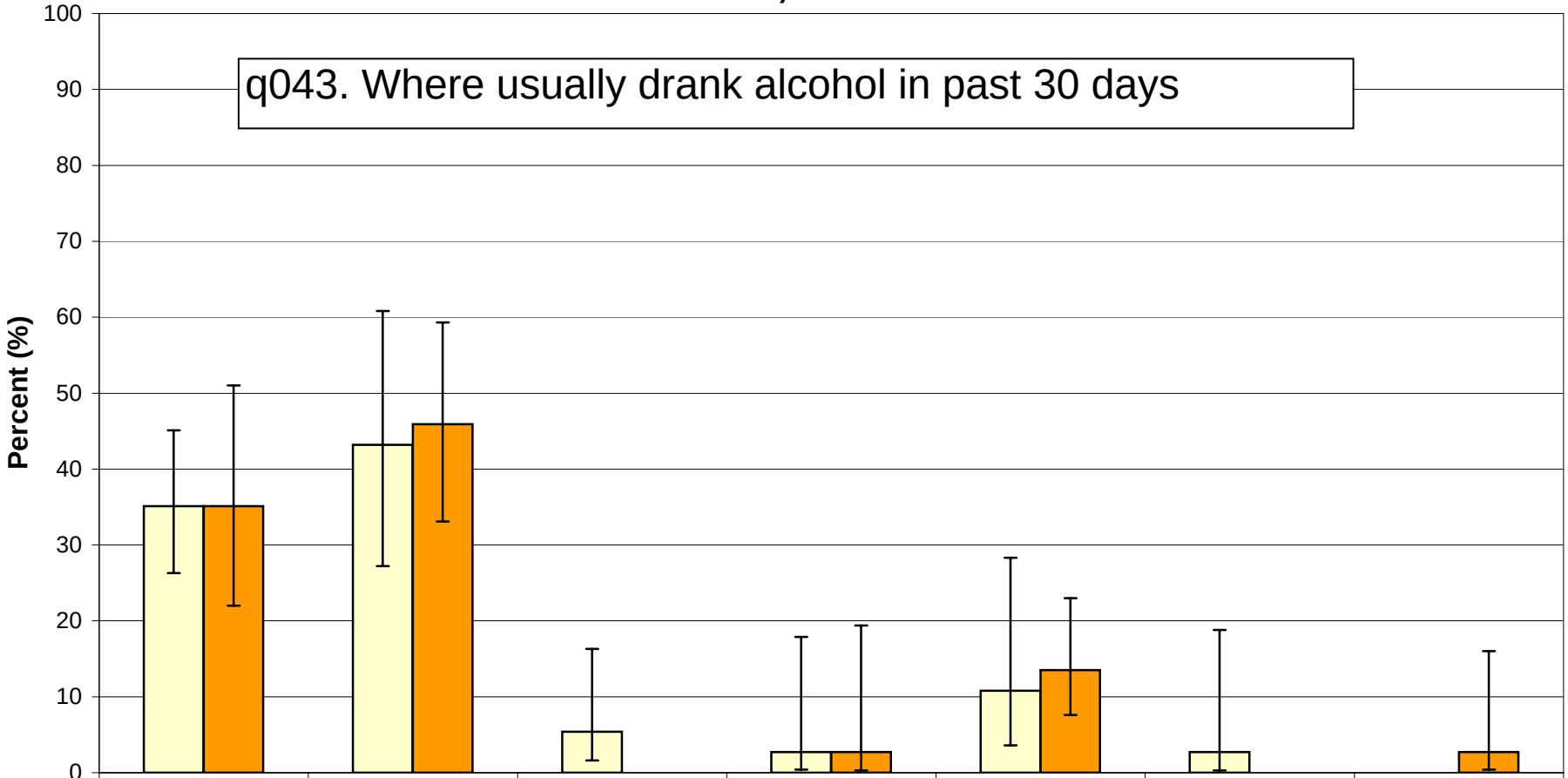
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	My home	Other person's home	In a car	Restaurant or Bar	Public place*	Public event**	On school property
NM	26.1	54.2	5.3	0.6	8.3	1.5	4.0
Los Alamos	34.2	43.4	3.9	3.9	11.8	1.3	1.3

** Such as a park, beach, or parking lot*
*** Such as a concert or sporting event*

Alcohol Use: Behaviors of Current Drinkers
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

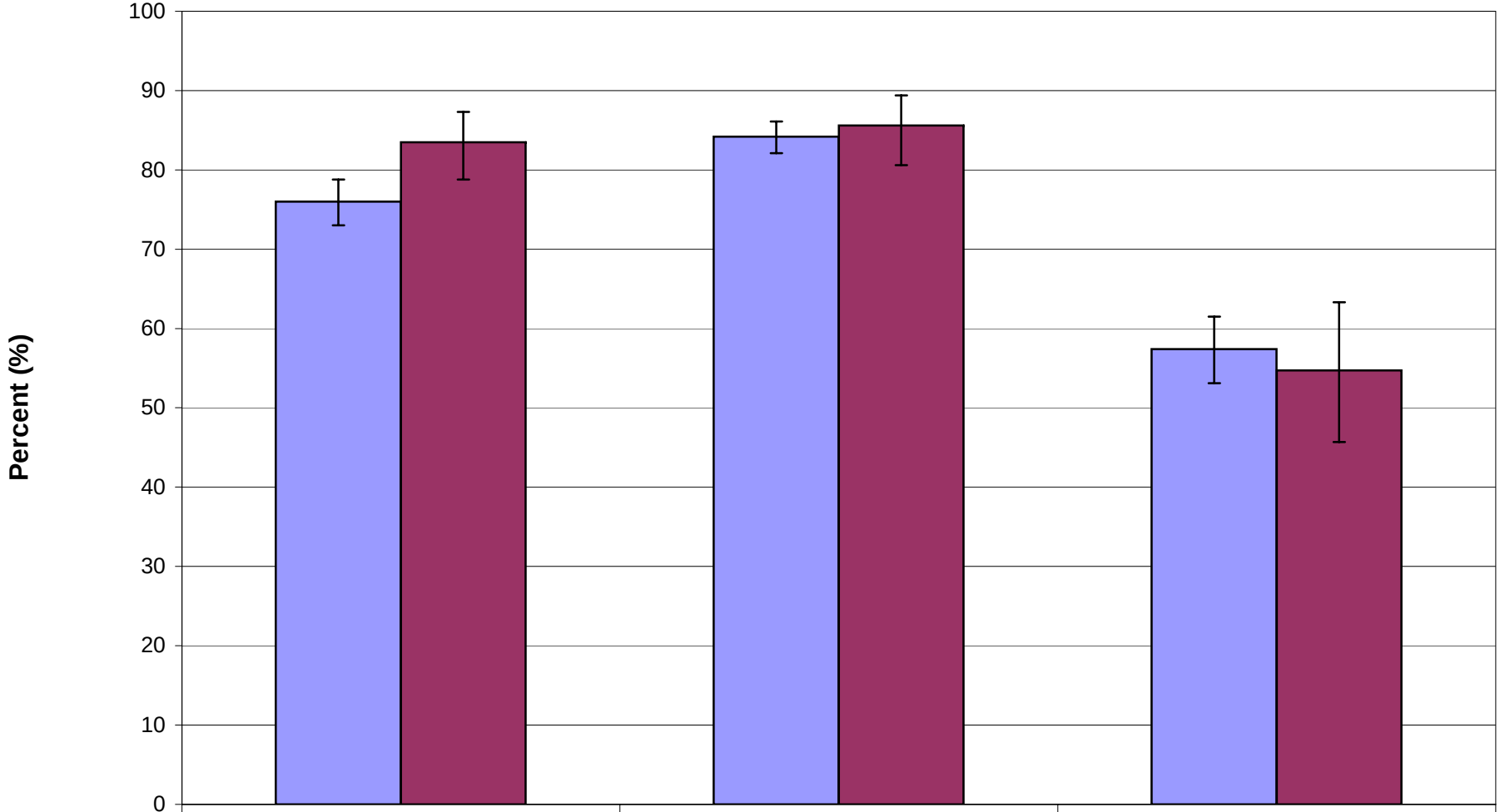


	My home	Other person's home	In a car	Restaurant or Bar	Public place*	Public event**	On school property
Girls	35.1	43.2	5.4	2.7	10.8	2.7	0.0
Boys	35.1	45.9	0.0	2.7	13.5	0.0	2.7

** Such as a park, beach, or parking lot*
*** Such as a concert or sporting event*

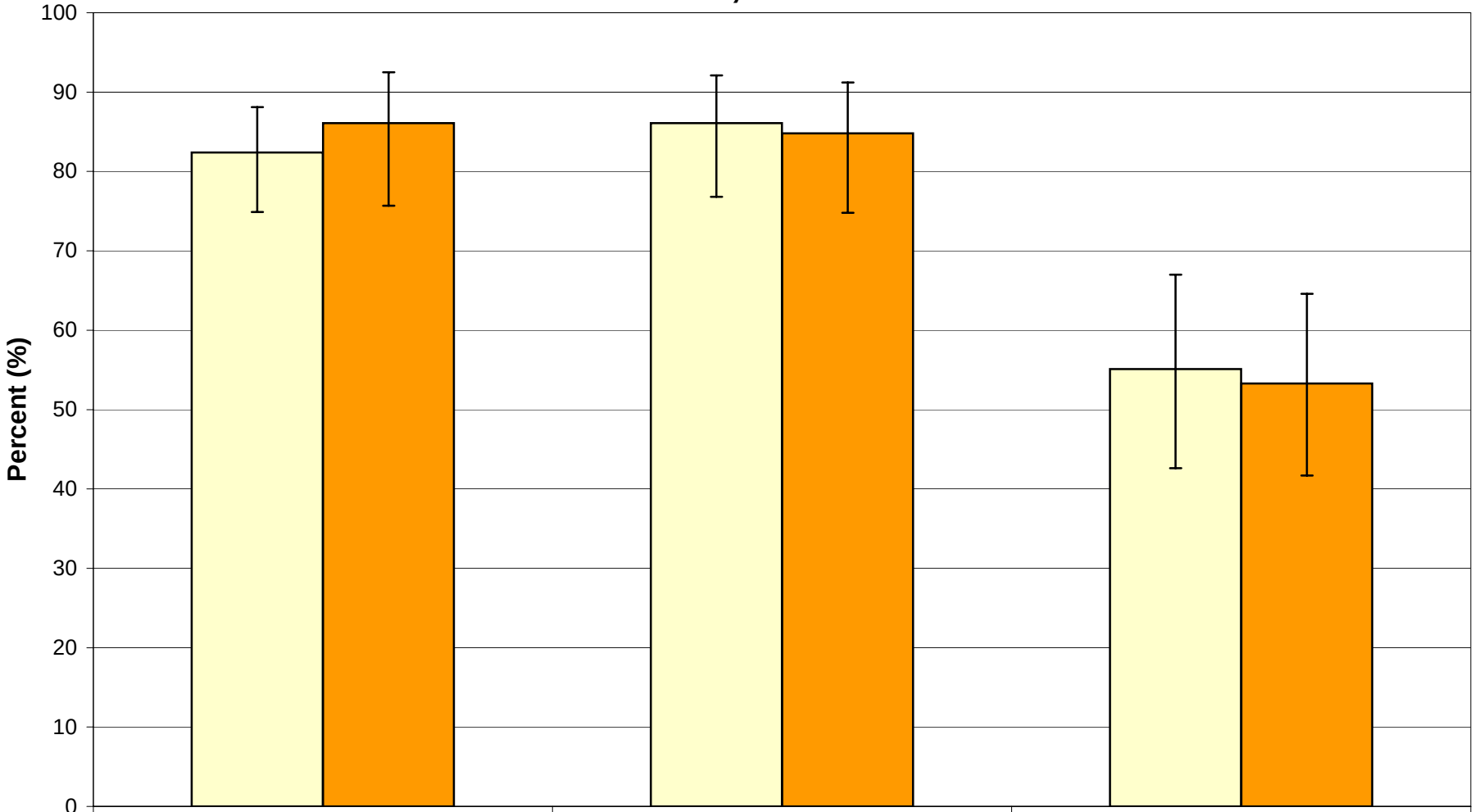
Alcohol Use: Attitudes

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q060. Adults think youth alcohol use is wrong or very wrong	q061. Parent thinks youth alcohol use is wrong or very wrong	q062. Student thinks youth alcohol use is wrong or very wrong
NM	76.0	84.2	57.4
Los Alamos	83.5	85.6	54.7

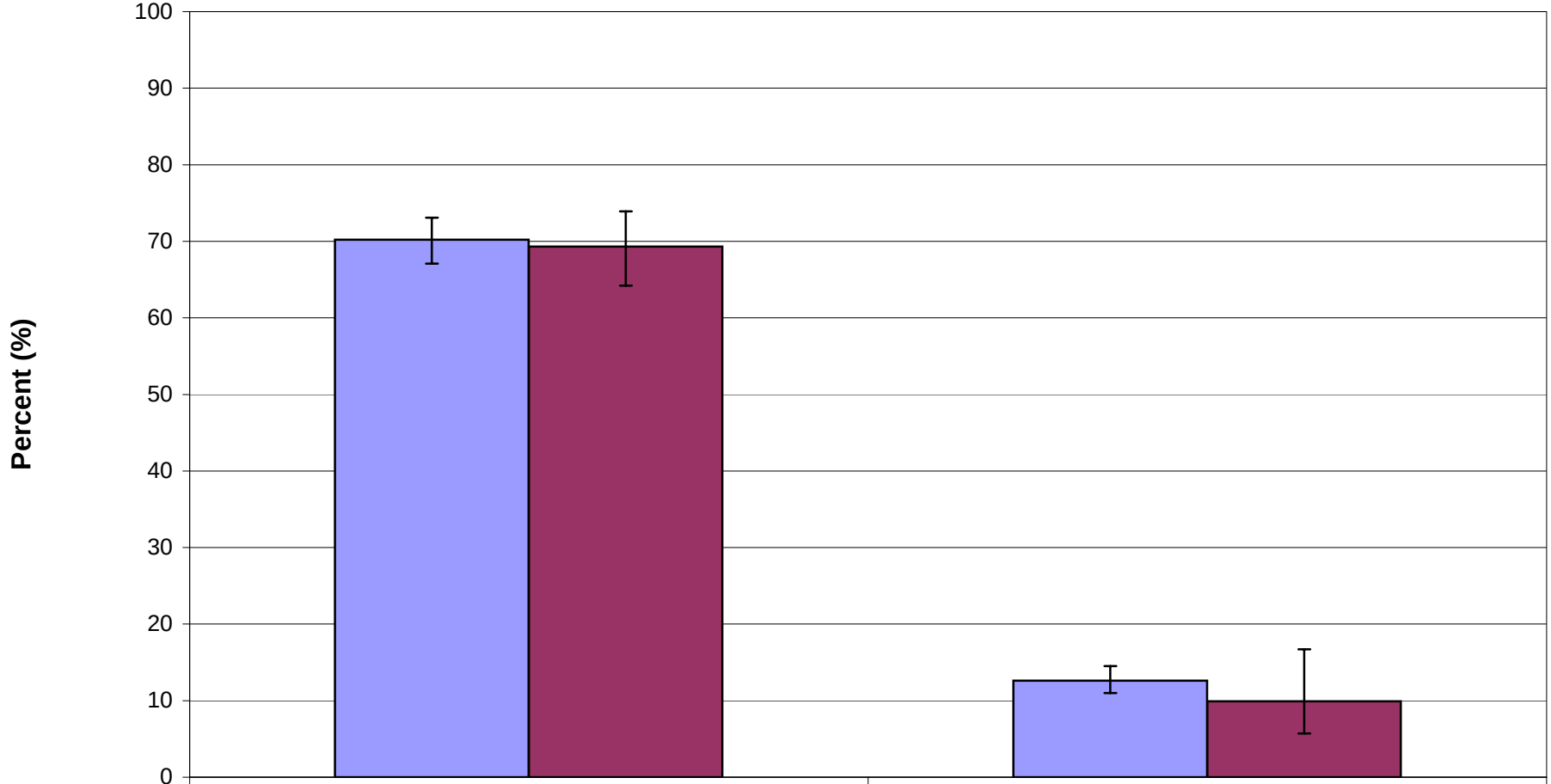
Alcohol Use: Attitudes
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q060. Adults think youth alcohol use is wrong or very wrong	q061. Parent thinks youth alcohol use is wrong or very wrong	q062. Student thinks youth alcohol use is wrong or very wrong
Girls	82.4	86.1	55.1
Boys	86.1	84.8	53.3

Alcohol Use: Ease of Access and Use by Friends

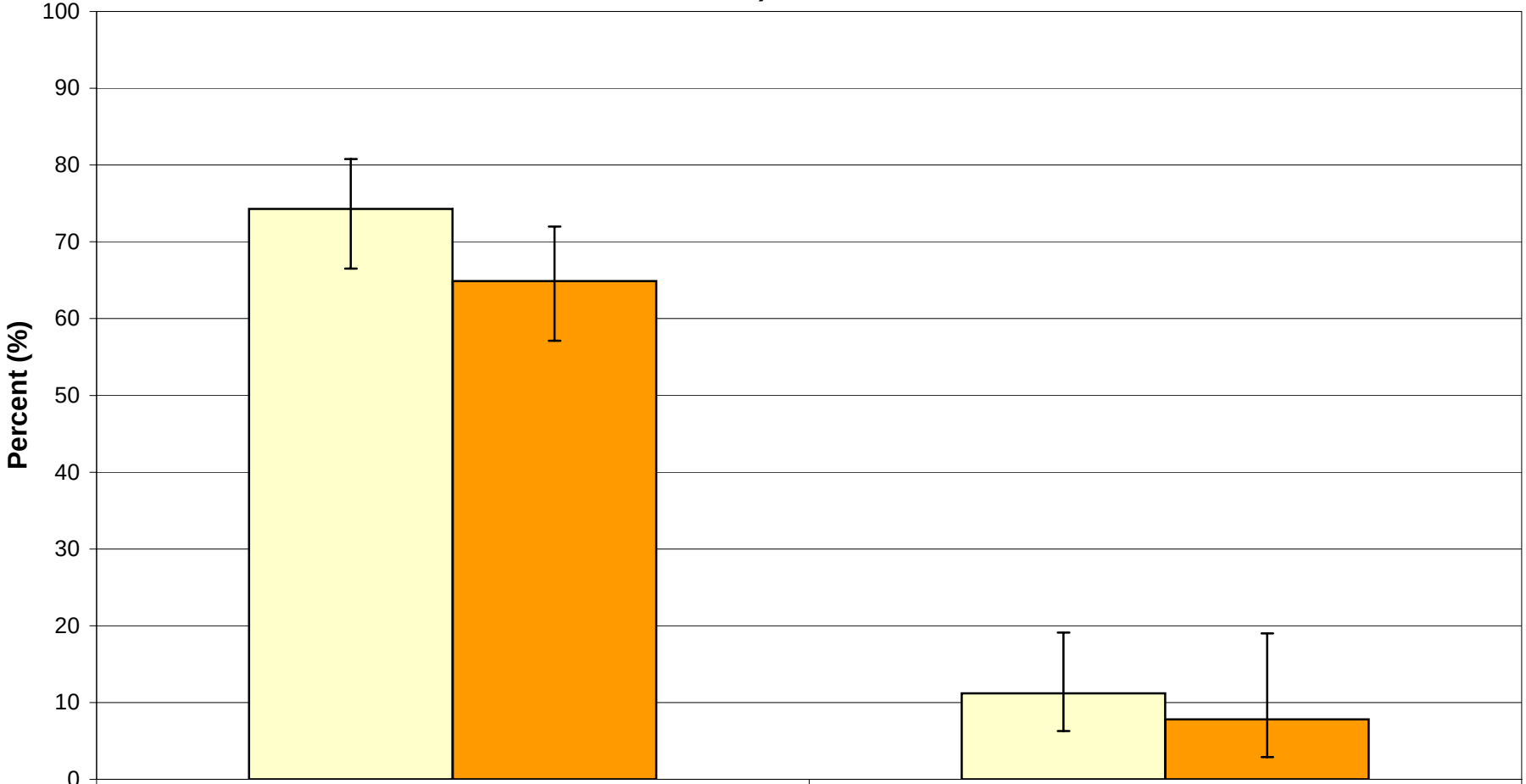
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q063. Can get alcohol easily*	q107. Most, all friends drink alcohol**
NM	70.2	12.6
Los Alamos	69.3	9.9

** "Sort of easy" or "Very easy" to get alcohol*
*** Once a week or more*

Alcohol Use: Ease of Access and Use by Friends
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



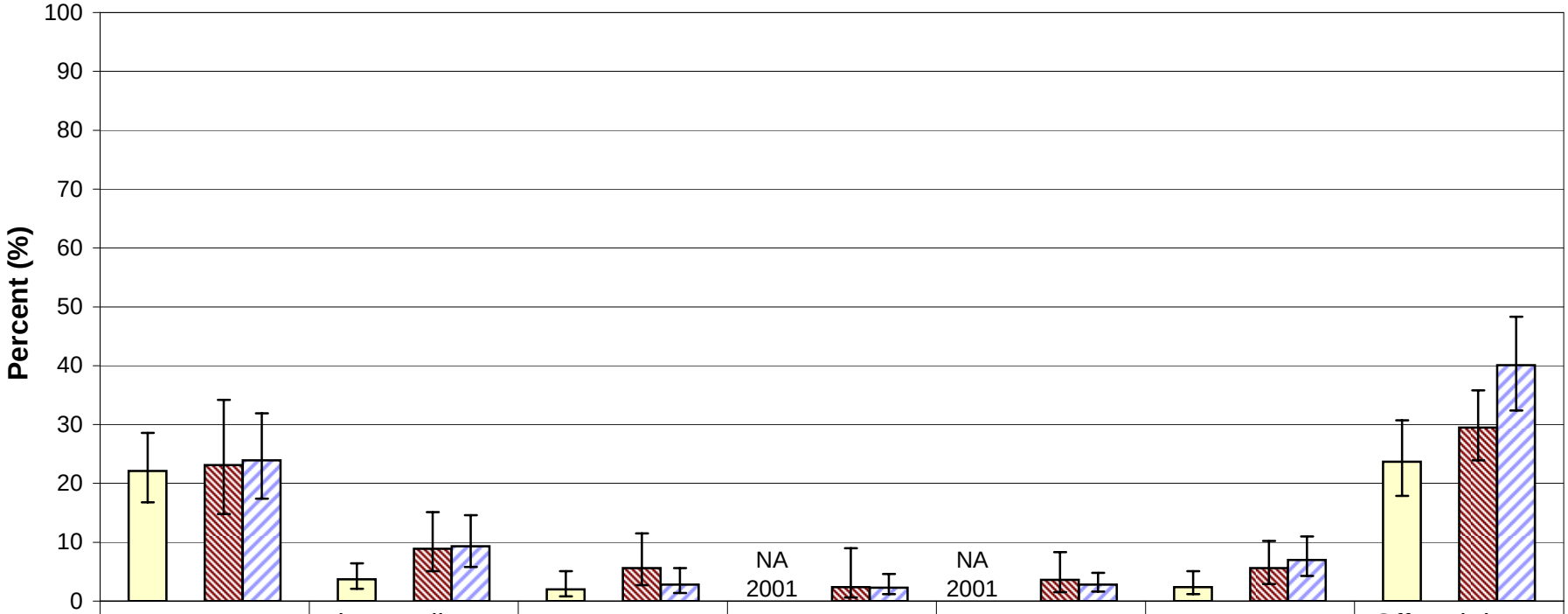
	q063. Can get alcohol easily*	q107. Most, all friends drink alcohol**
Girls	74.3	11.2
Boys	64.9	7.8

** "Sort of easy" or "Very easy" to get alcohol*
*** Once a week or more*

Drug Use

Los Alam County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS

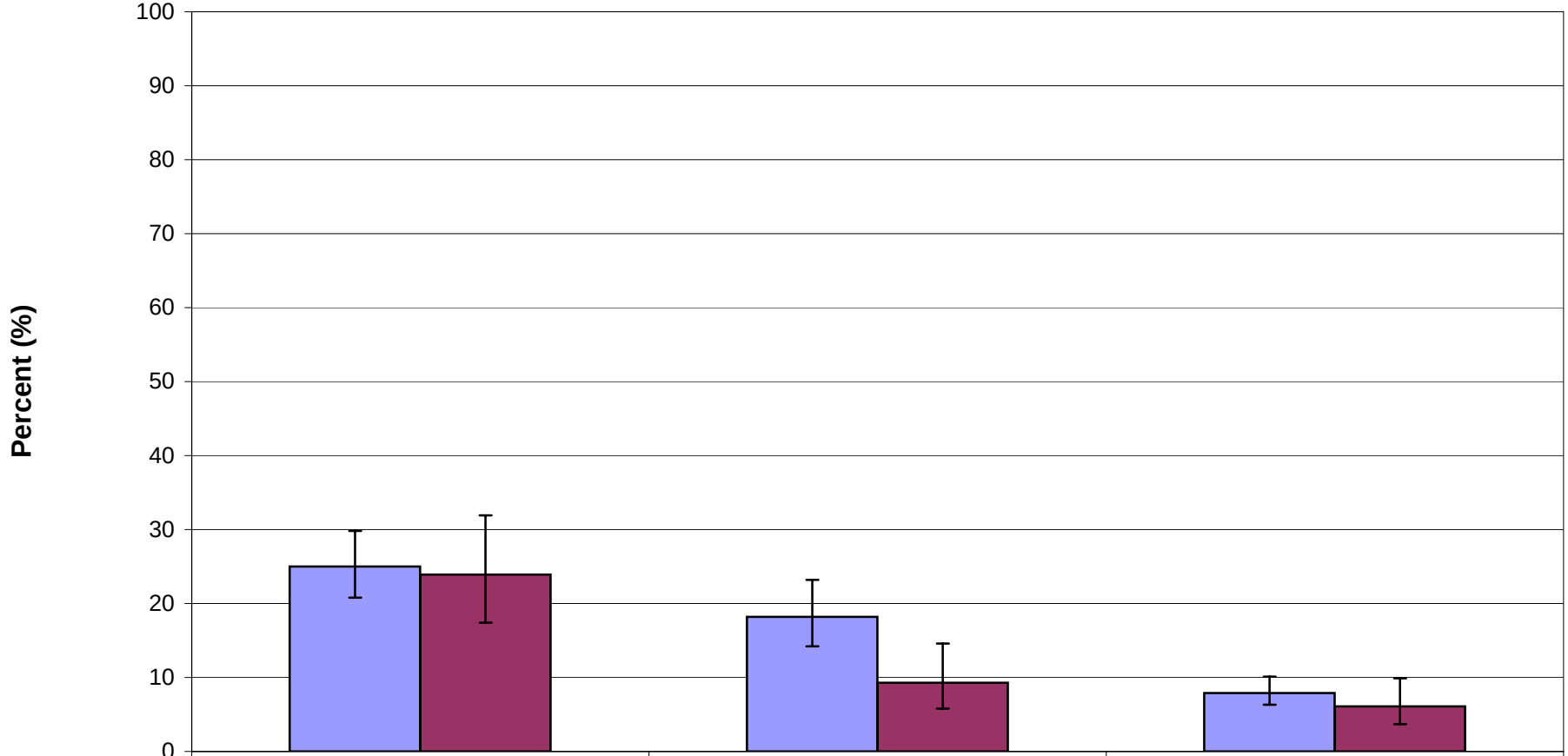


	Current marijuana use*	First marijuana use at less than 13 years	Cocaine*	Heroin*	Methamphetamine*	Inhalants*	Offered drugs on school property*
2001	22.1	3.7	2.0	NA	NA	2.4	23.7
2003							
2005	23.1	8.9	5.6	2.4	3.6	5.6	29.5
2007	23.9	9.3	2.8	2.3	2.8	7.0	40.1

** In the past 30 days*

Drug Use: Marijuana

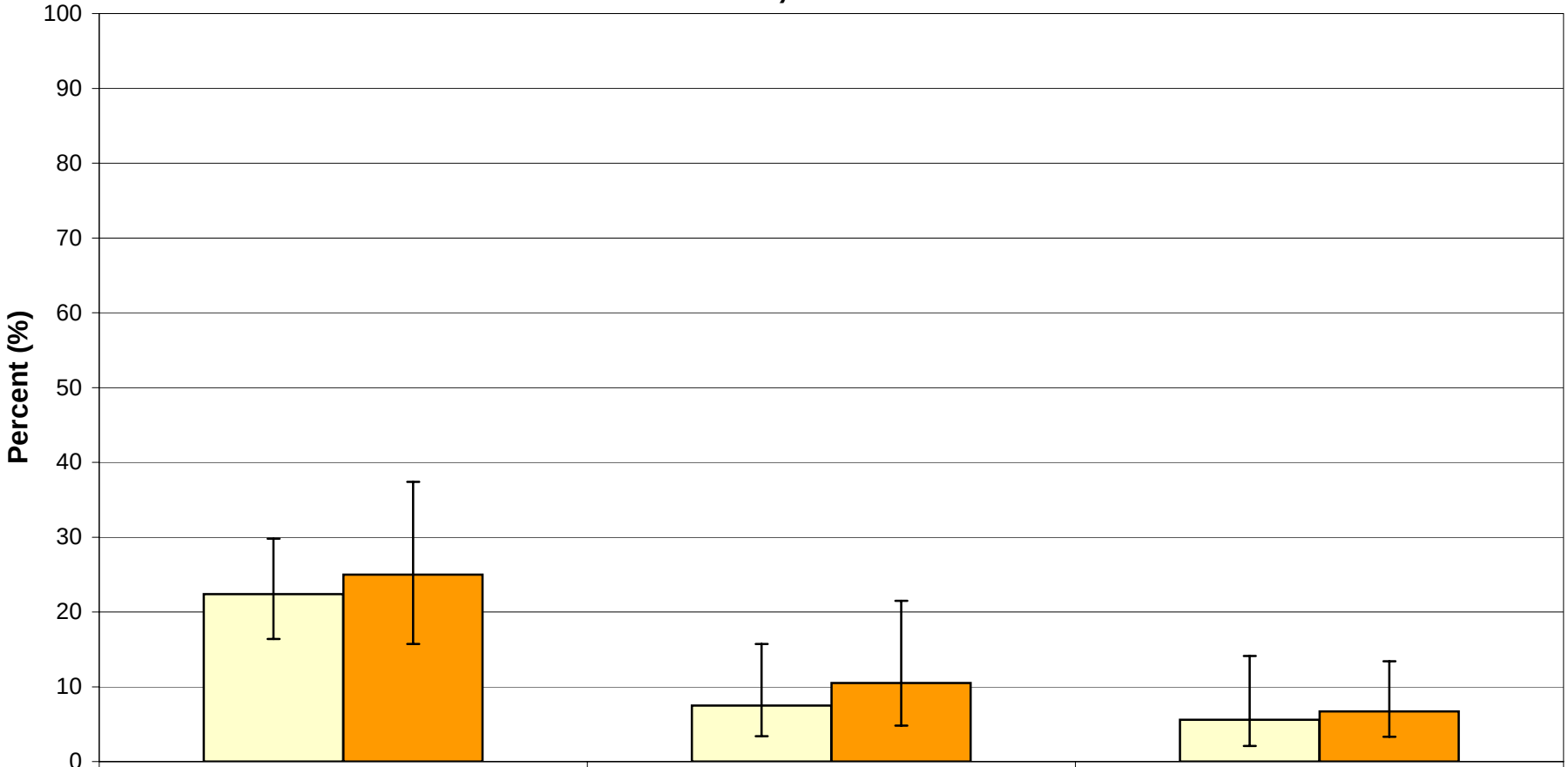
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q046. Current marijuana use*	q045. Used marijuana before 13	q047. Used marijuana on school property*
NM	25.0	18.2	7.9
Los Alamos	23.9	9.3	6.1

** In past 30 days*

Drug Use: Marijuana
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

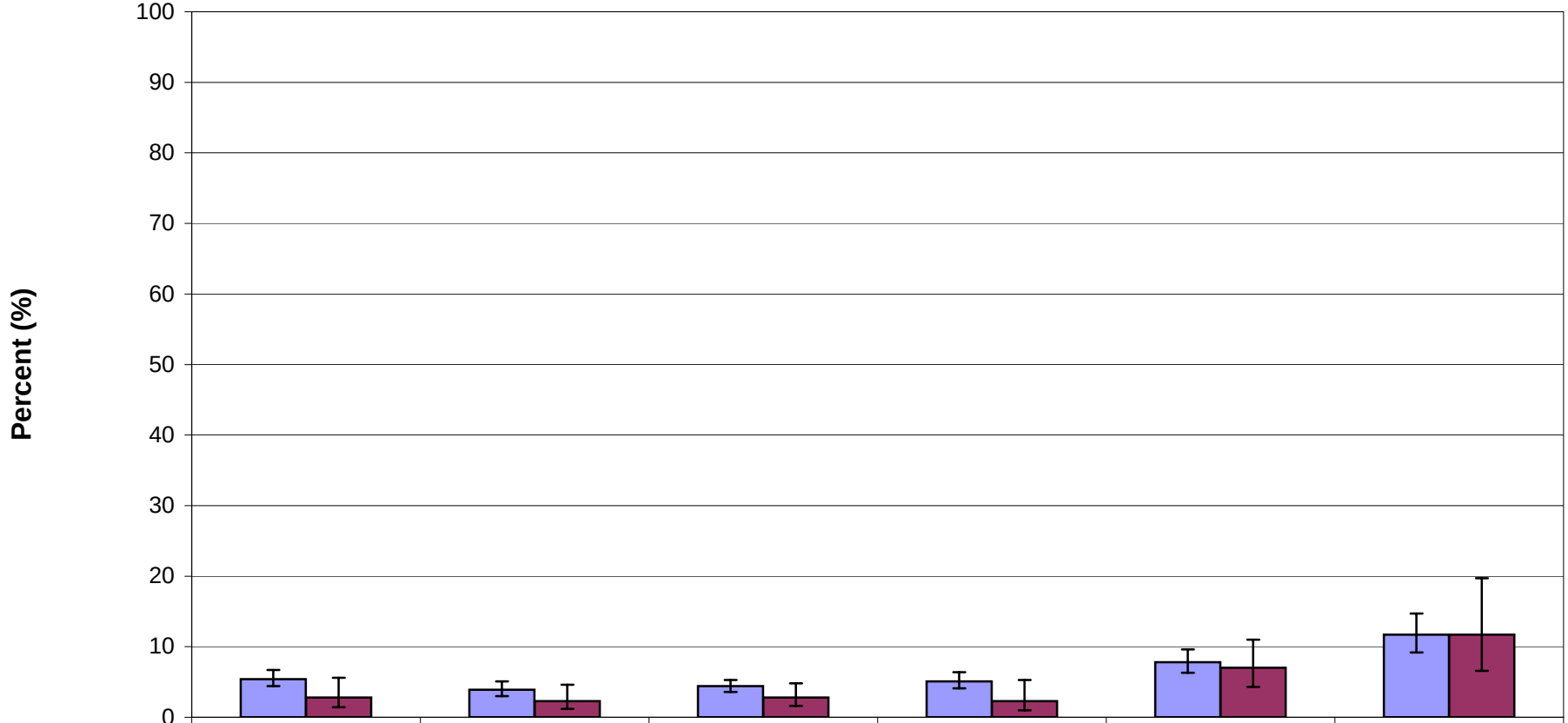


	q046. Current marijuana use*	q045. Used marijuana before 13	q047. Used marijuana on school property*
Girls	22.4	7.5	5.6
Boys	25.0	10.5	6.7

** In past 30 days*

Past 30-day Drug Use

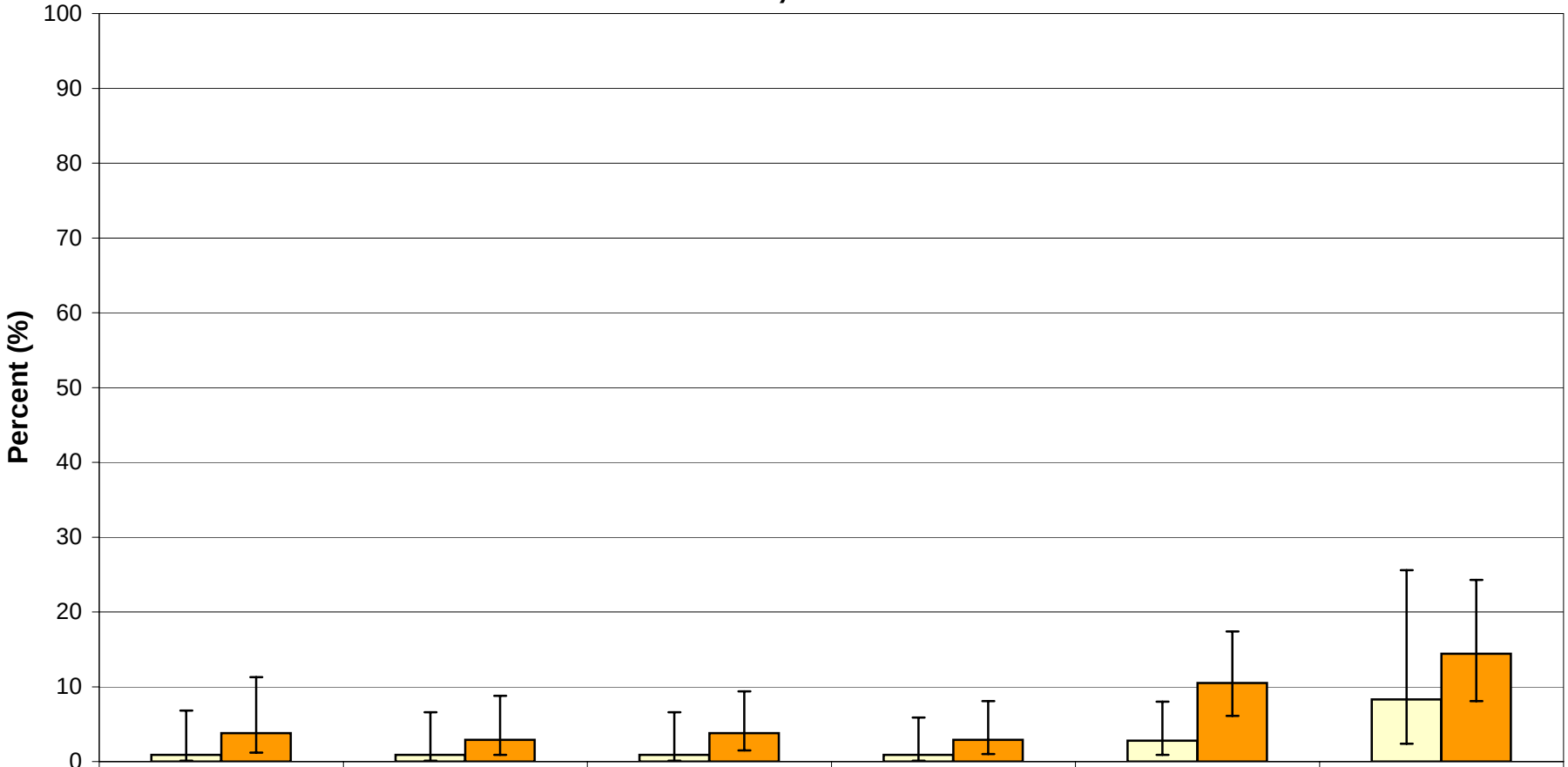
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q049. Cocaine	q052. Heroin	q054. Methamphetamine	q056. Ecstasy	q050. Inhalants	q057. Pain killer to get high*
NM	5.4	3.9	4.4	5.1	7.8	11.7
Los Alamos	2.8	2.3	2.8	2.3	7.0	11.7

** Like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)*

Past 30-day Drug Use
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

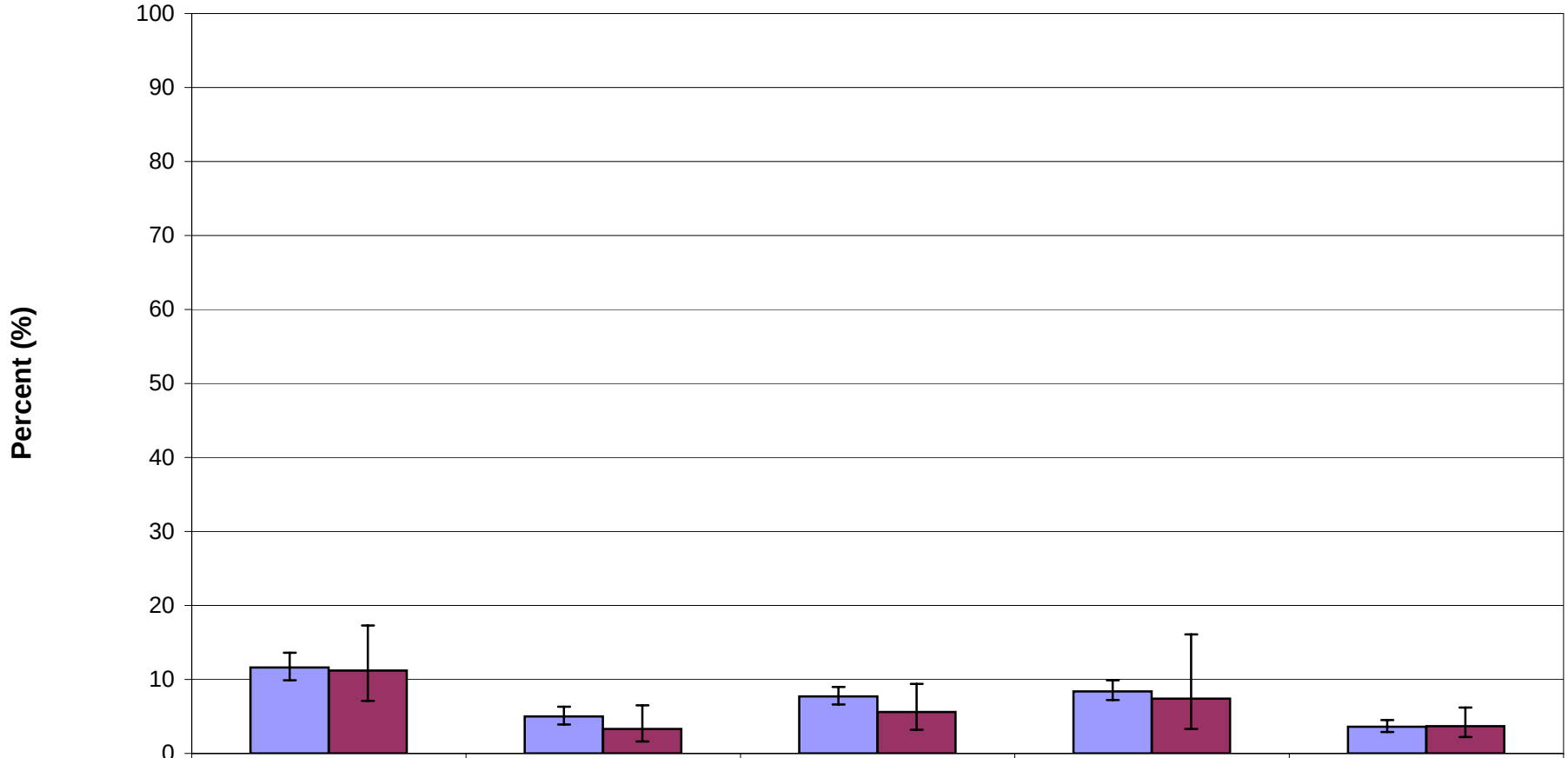


	q049. Cocaine	q052. Heroin	q054. Methamphetamine	q056. Ecstasy	q050. Inhalants	q057. Pain killer to get high*
Girls	0.9	0.9	0.9	0.9	2.8	8.3
Boys	3.8	2.9	3.8	2.9	10.5	14.4

** Like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)*

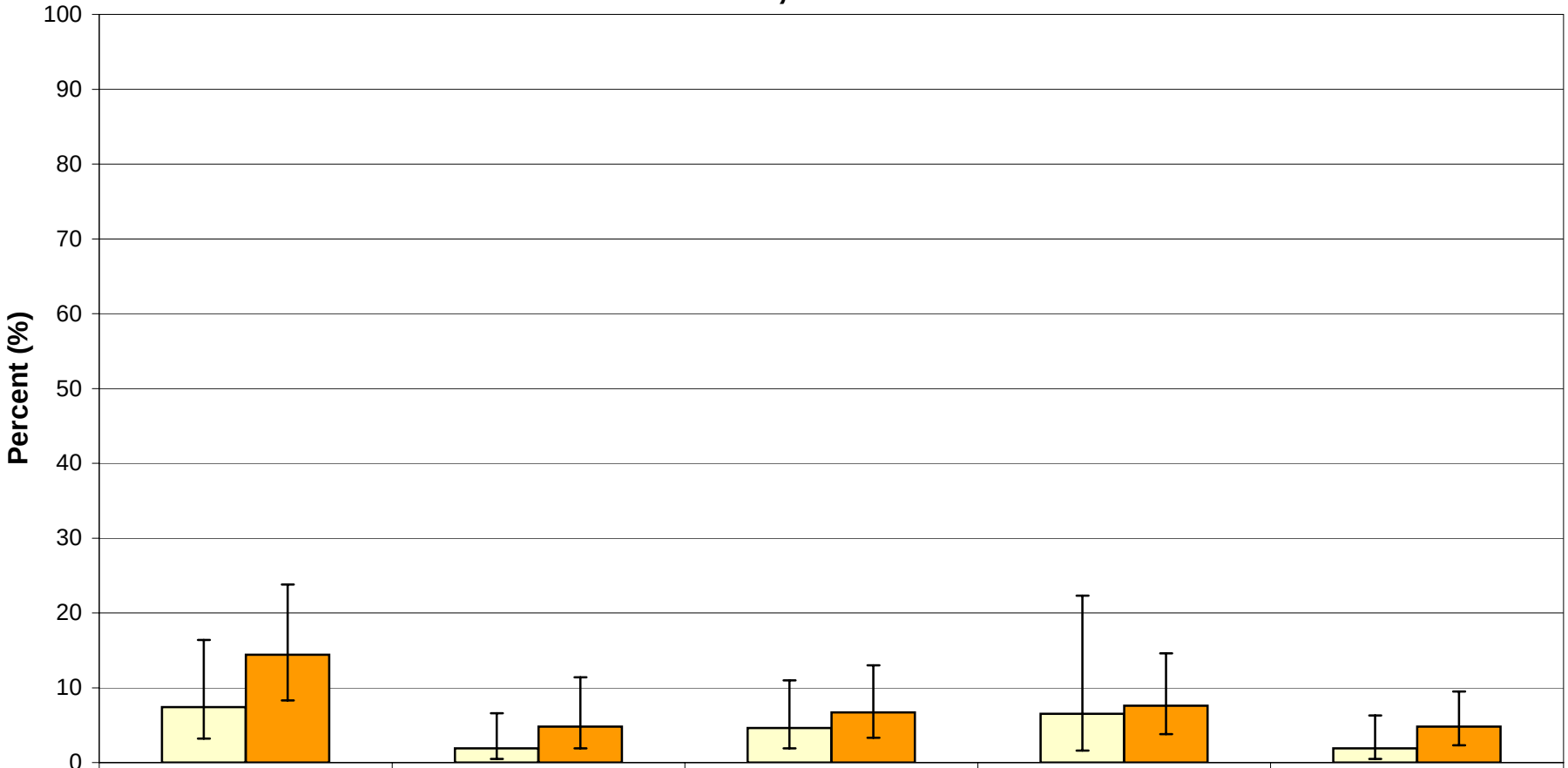
Lifetime Drug Use

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q048. Cocaine	q051. Heroin	q053. Methamphetamine	q055. Ecstasy	q058. Injected illegal drug
NM	11.6	5.0	7.7	8.4	3.6
Los Alamos	11.2	3.3	5.6	7.4	3.7

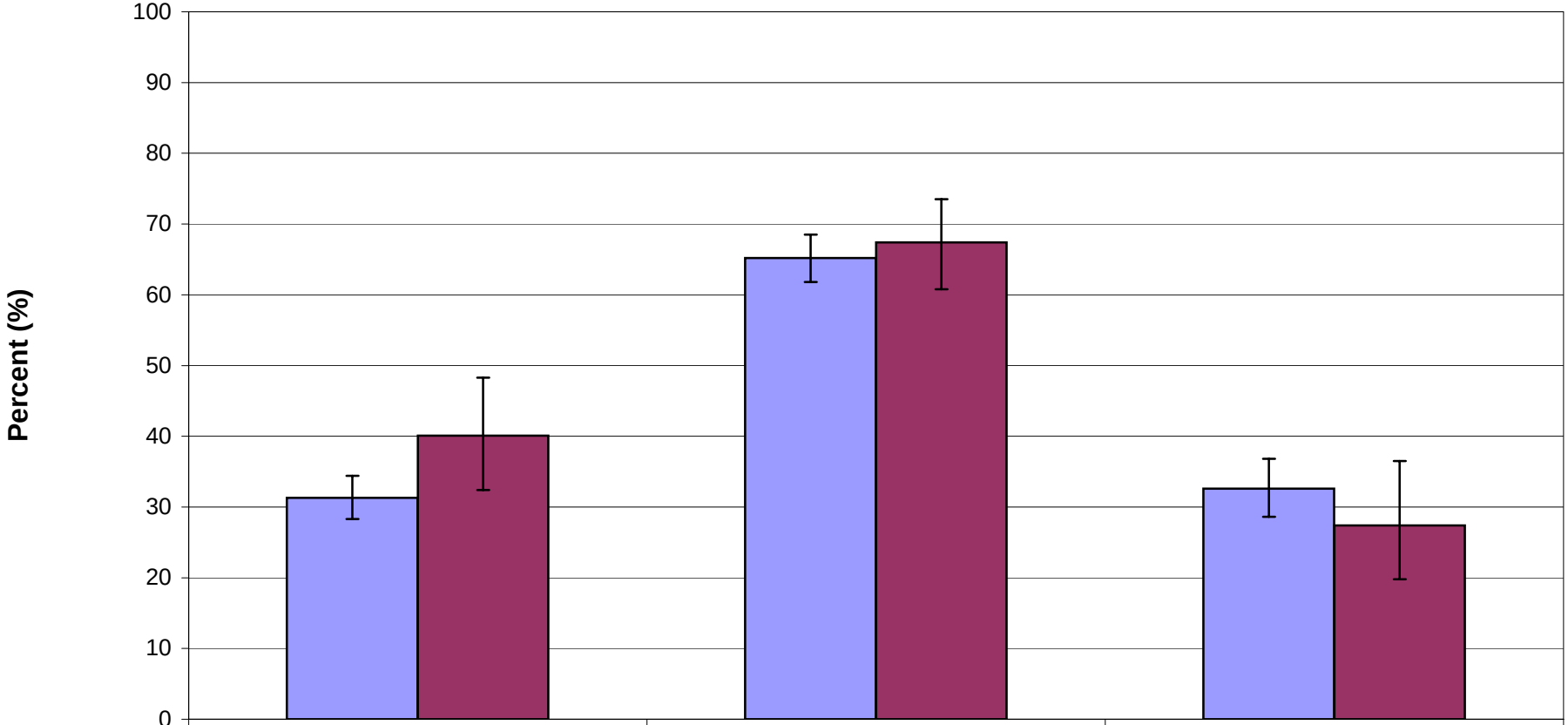
Lifetime Drug Use
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q048. Cocaine	q051. Heroin	q053. Methamphetamine	q055. Ecstasy	q058. Injected illegal drug
Girls	7.4	1.9	4.6	6.5	1.9
Boys	14.4	4.8	6.7	7.6	4.8

Drug Use: Access

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS

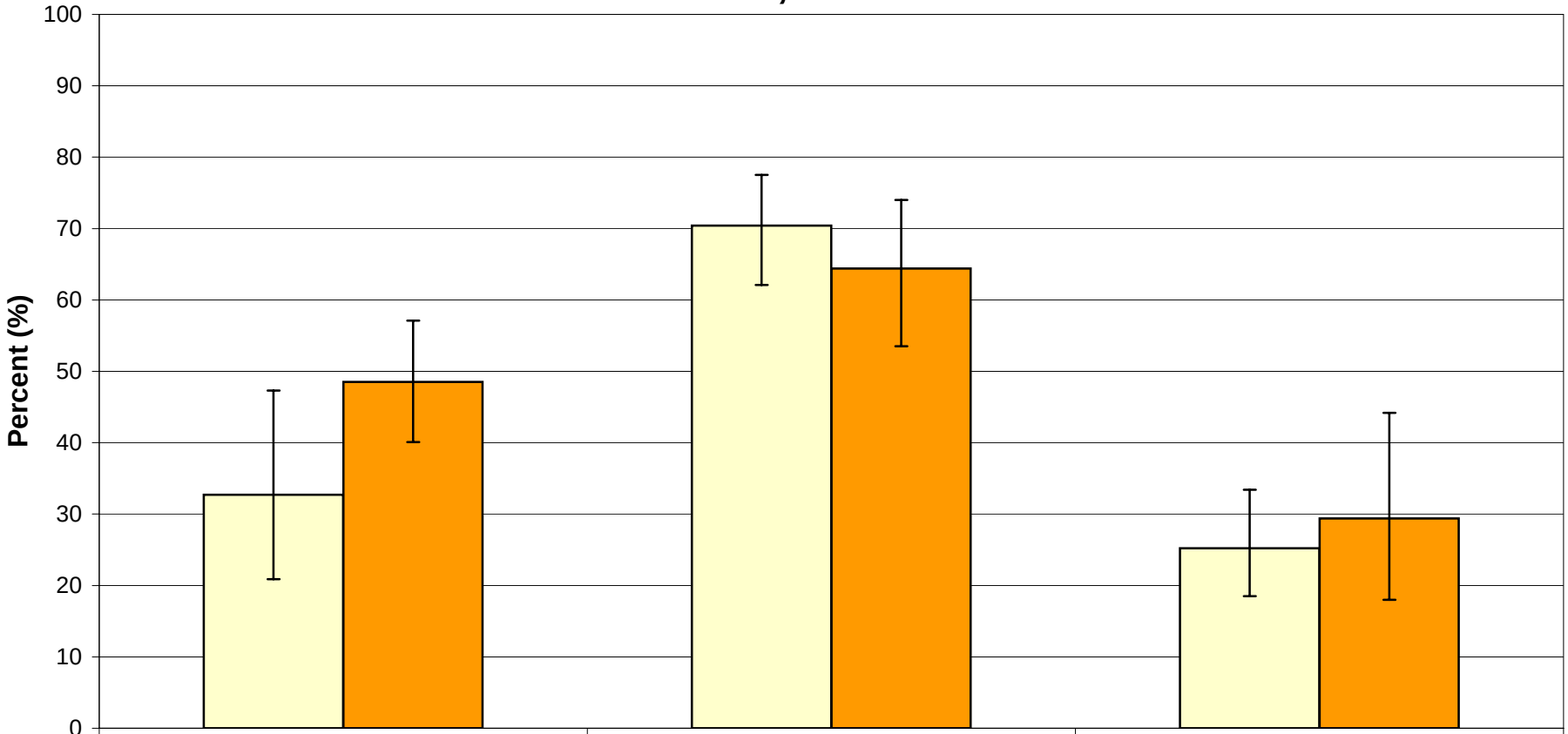


	q059. Has been offered, sold, or given drugs on school property †	q064. Can get marijuana easily*	q065. Can get cocaine, LSD, methamphetamines, or other illegal drugs easily*
NM	31.3	65.2	32.6
Los Alamos	40.1	67.4	27.4

† *In the past 12 months*

* *"Very easy" or "Sort of easy" to get*

Drug Use: Access
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

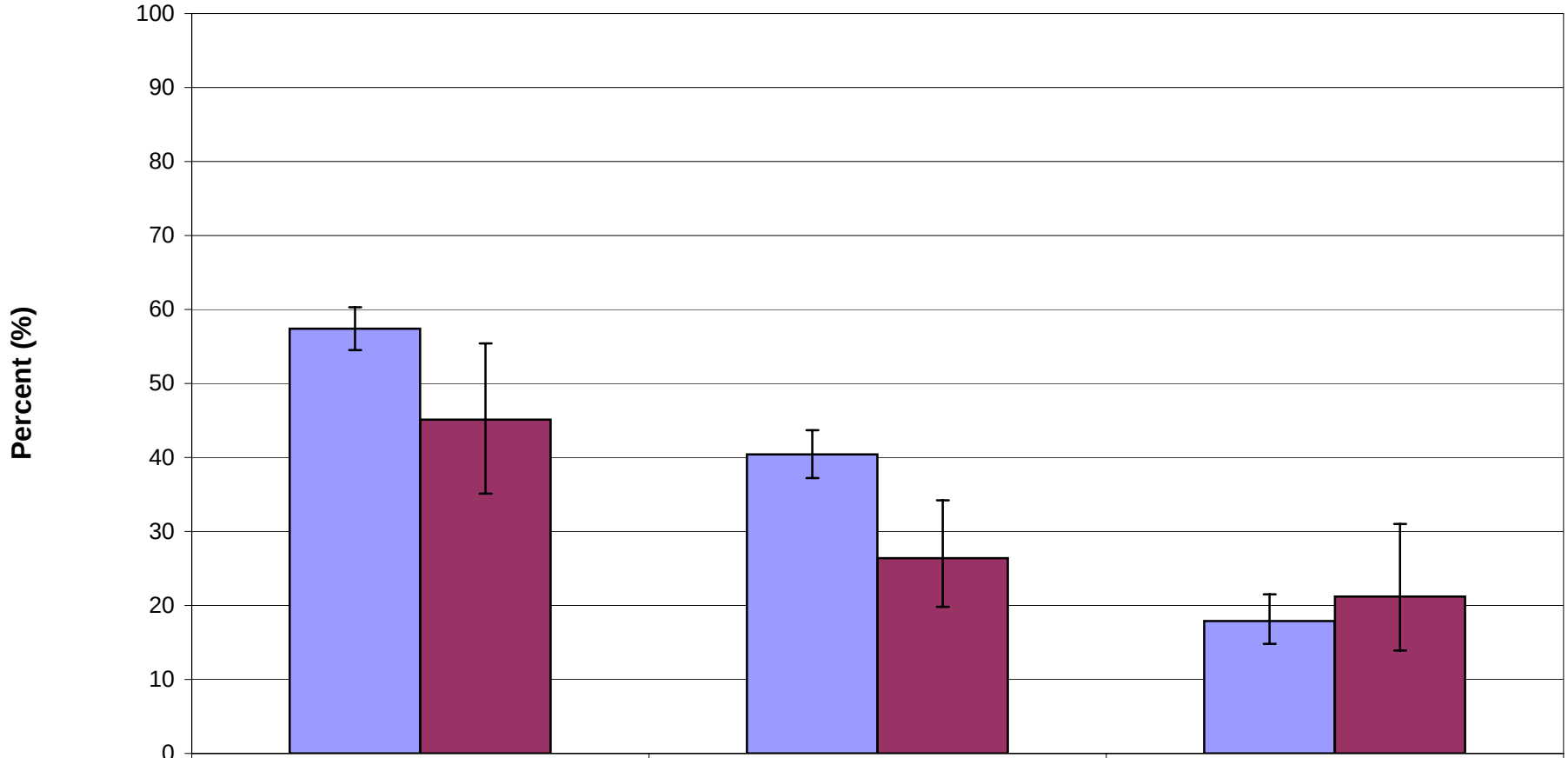


	q059. Has been offered, sold, or given drugs on school property †	q064. Can get marijuana easily*	q065. Can get cocaine, LSD, methamphetamines, or other illegal drugs easily*
Girls	32.7	70.4	25.2
Boys	48.5	64.4	29.4

† *In the past 12 months*

* *"Very easy" or "Sort of easy" to get*

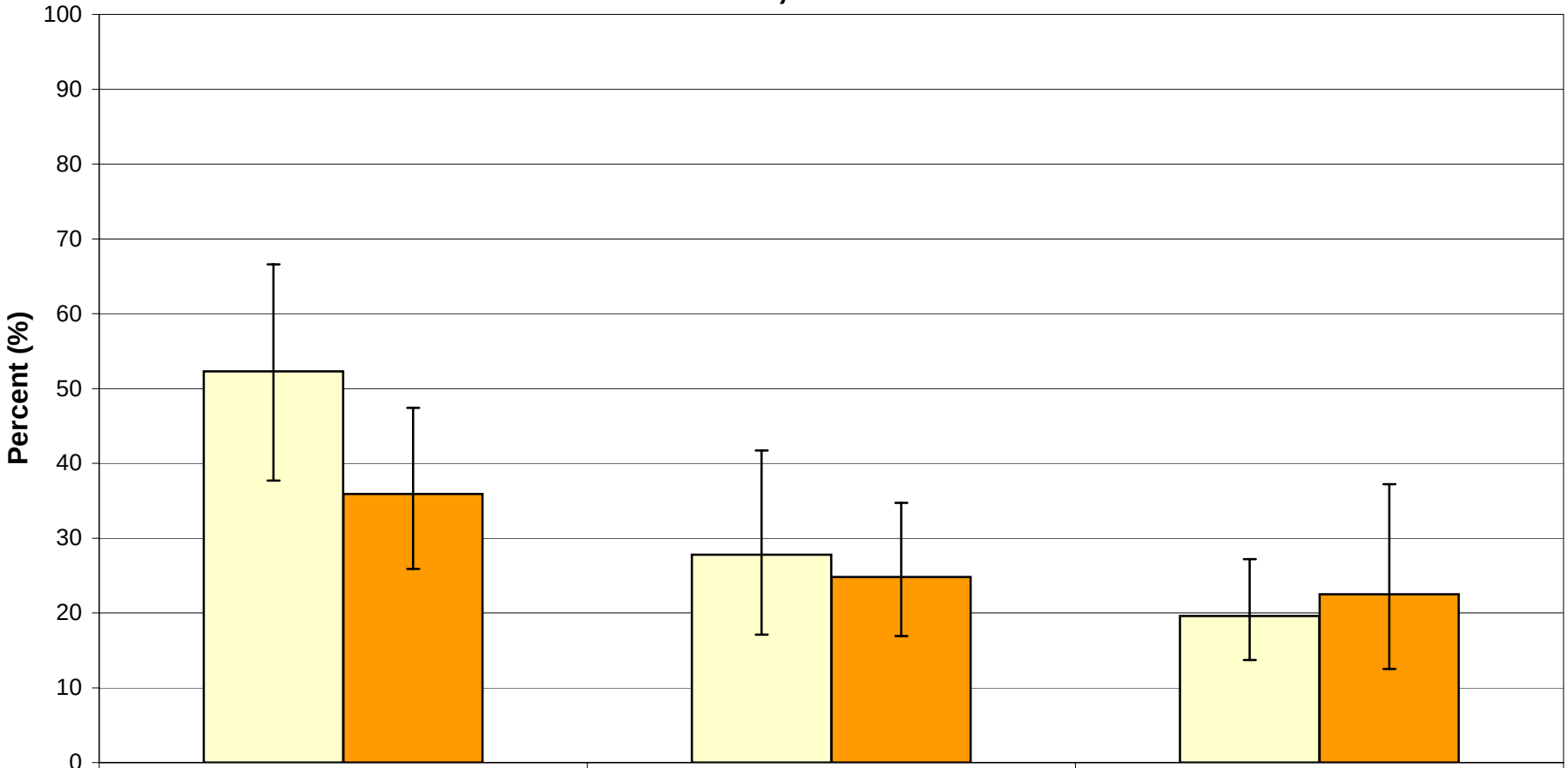
Drug Use by Friends and Acquaintances
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q066. Know 1+ adults who use drugs	q067. Know 1+ adults who deal drugs	q108. Most, all friends have used drugs*
NM	57.4	40.4	17.9
Los Alamos	45.1	26.4	21.2

** Such as marijuana or cocaine*

Drug Use by Friends and Acquaintances
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



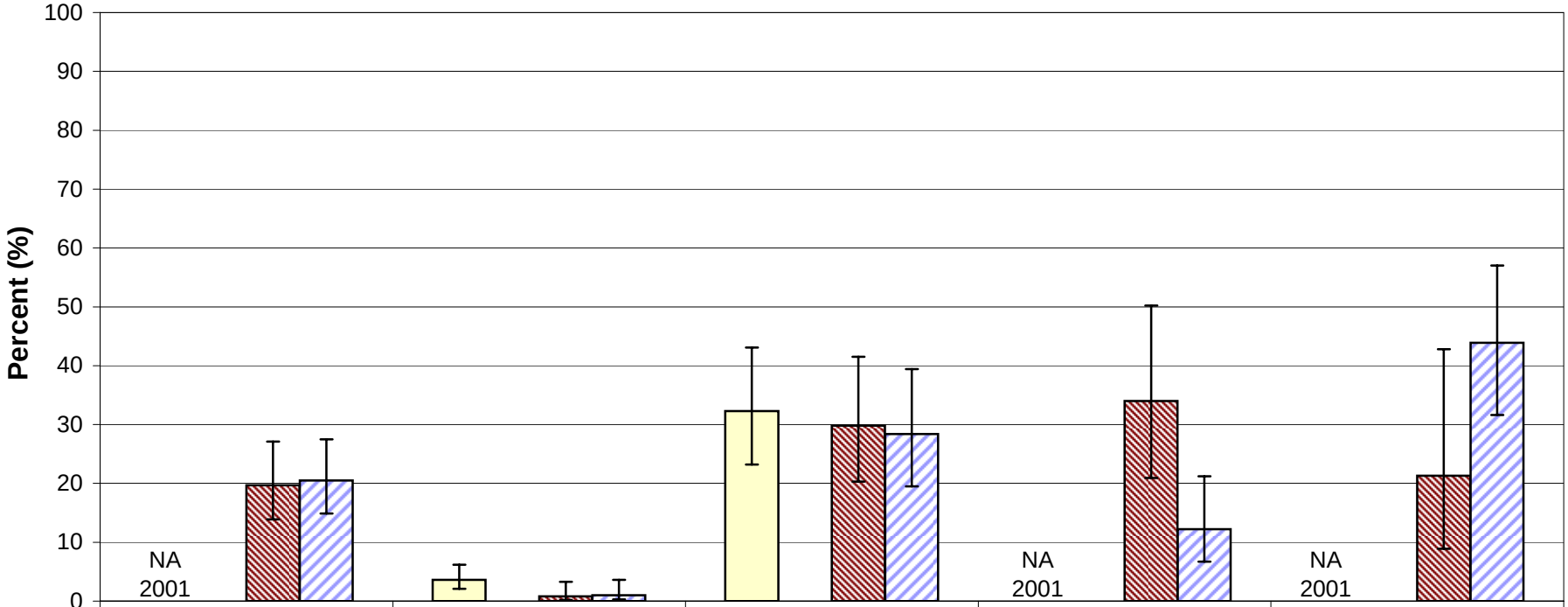
	q066. Know 1+ adults who use drugs	q067. Know 1+ adults who deal drugs	q108. Most, all friends have used drugs*
Girls	52.3	27.8	19.6
Boys	35.9	24.8	22.5

** Such as marijuana or cocaine*

Sexual Activity

Los Alam County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS

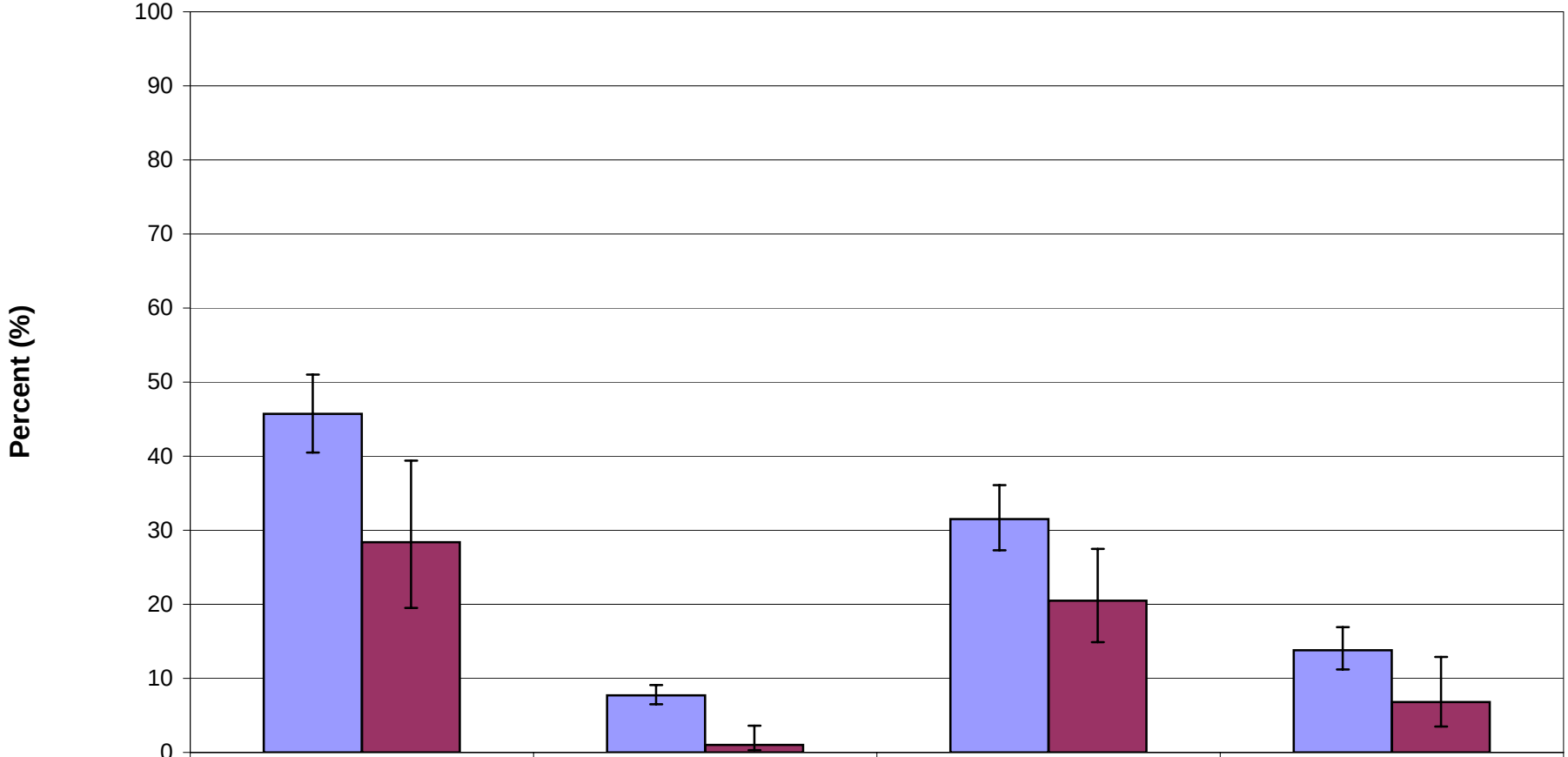


	Currently sexually active*	First sexual intercourse before age 13	Ever had sexual intercourse	Used alcohol or drugs before sex (among sexually active)	No condom use (among sexually active students)
2001	NA	3.6	32.3	NA	NA
2003					
2005	19.7	0.8	29.8	34.0	21.3
2007	20.5	1.0	28.4	12.2	43.9

** Had sexual intercourse within the past 3 months*

Sexual Activity

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS

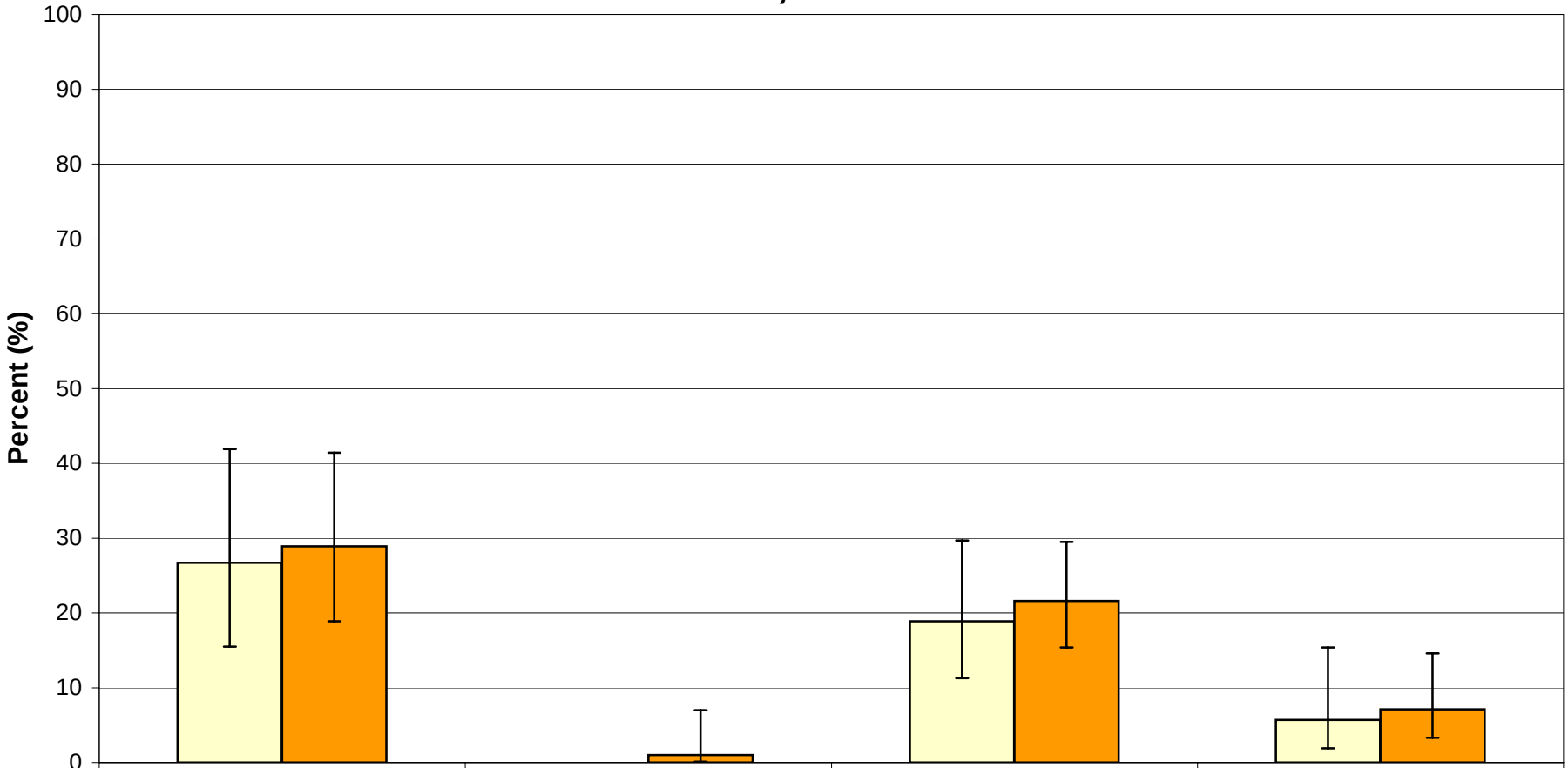


	q068. Ever had sexual intercourse	q068. Had sex before 13	q070. Currently sexually active	q069. Had sex with 4+ people †
NM	45.7	7.7	31.5	13.8
Los Alamos	28.4	1.0	20.5	6.8

** Had sexual intercourse within the past 3 months*

† In lifetime

Sexual Activity
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

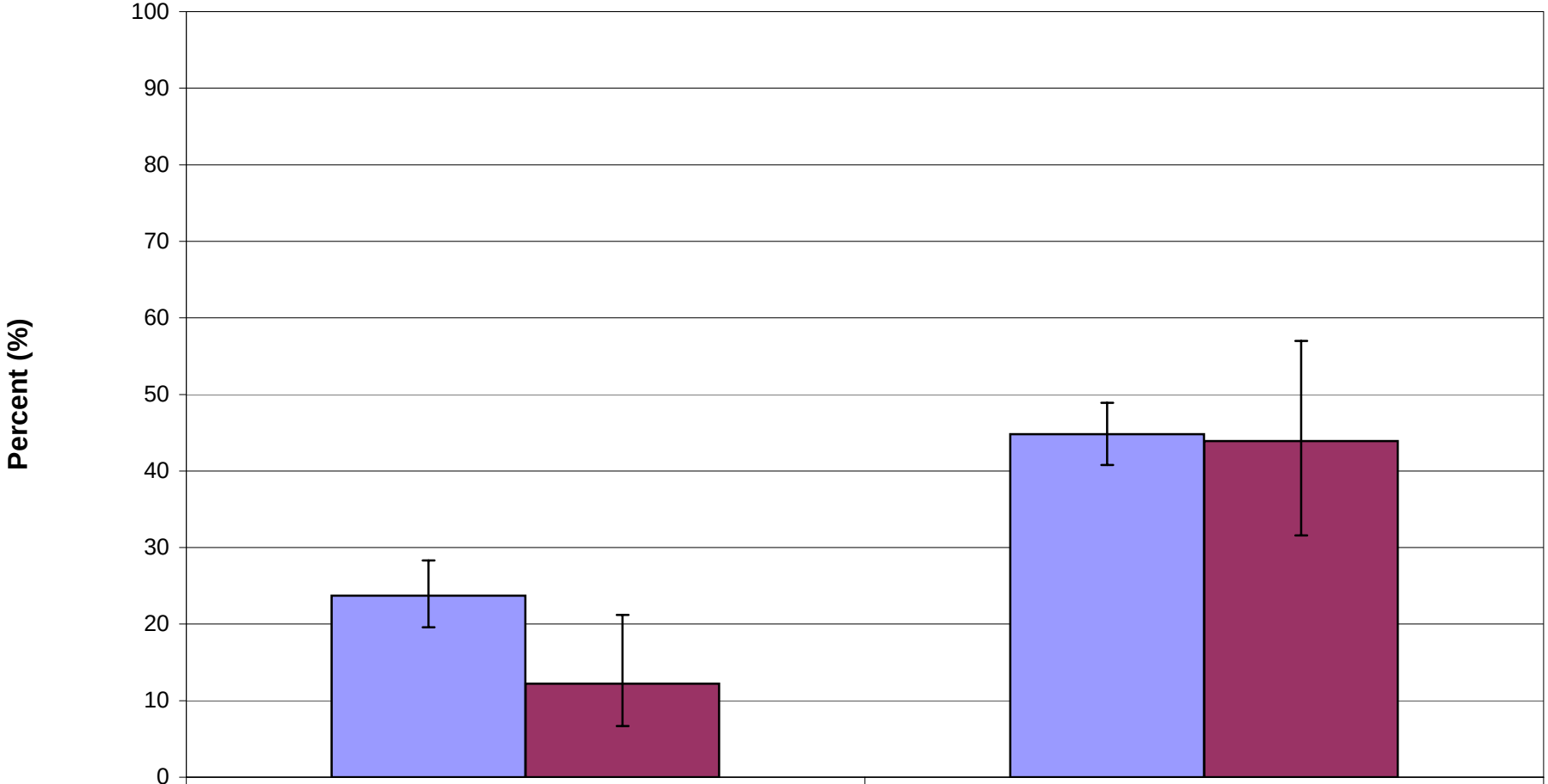


	q068. Ever had sexual intercourse	q068. Had sex before 13	q070. Currently sexually active	q069. Had sex with 4+ people †
Girls	26.7	0.0	18.9	5.7
Boys	28.9	1.0	21.6	7.1

** Had sexual intercourse within the past 3 months*
† In lifetime

Behaviors of Sexually Active Students*

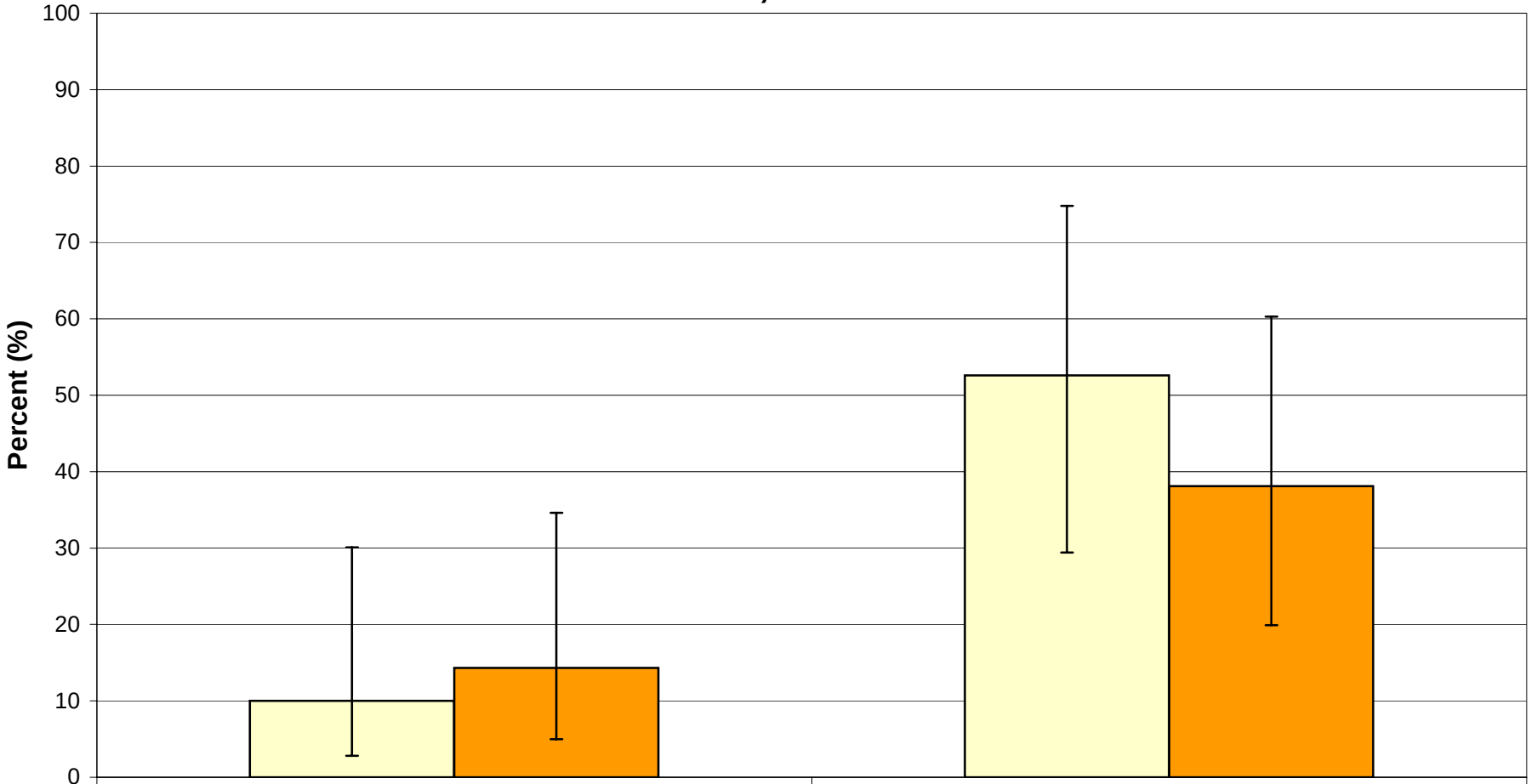
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q071. Used alcohol or drugs before sex	q072. No condom use last time had sex
NM	23.7	44.8
Los Alamos	12.2	43.9

** Had sexual intercourse within the past 3 months*

Behaviors of Sexually Active Students*
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

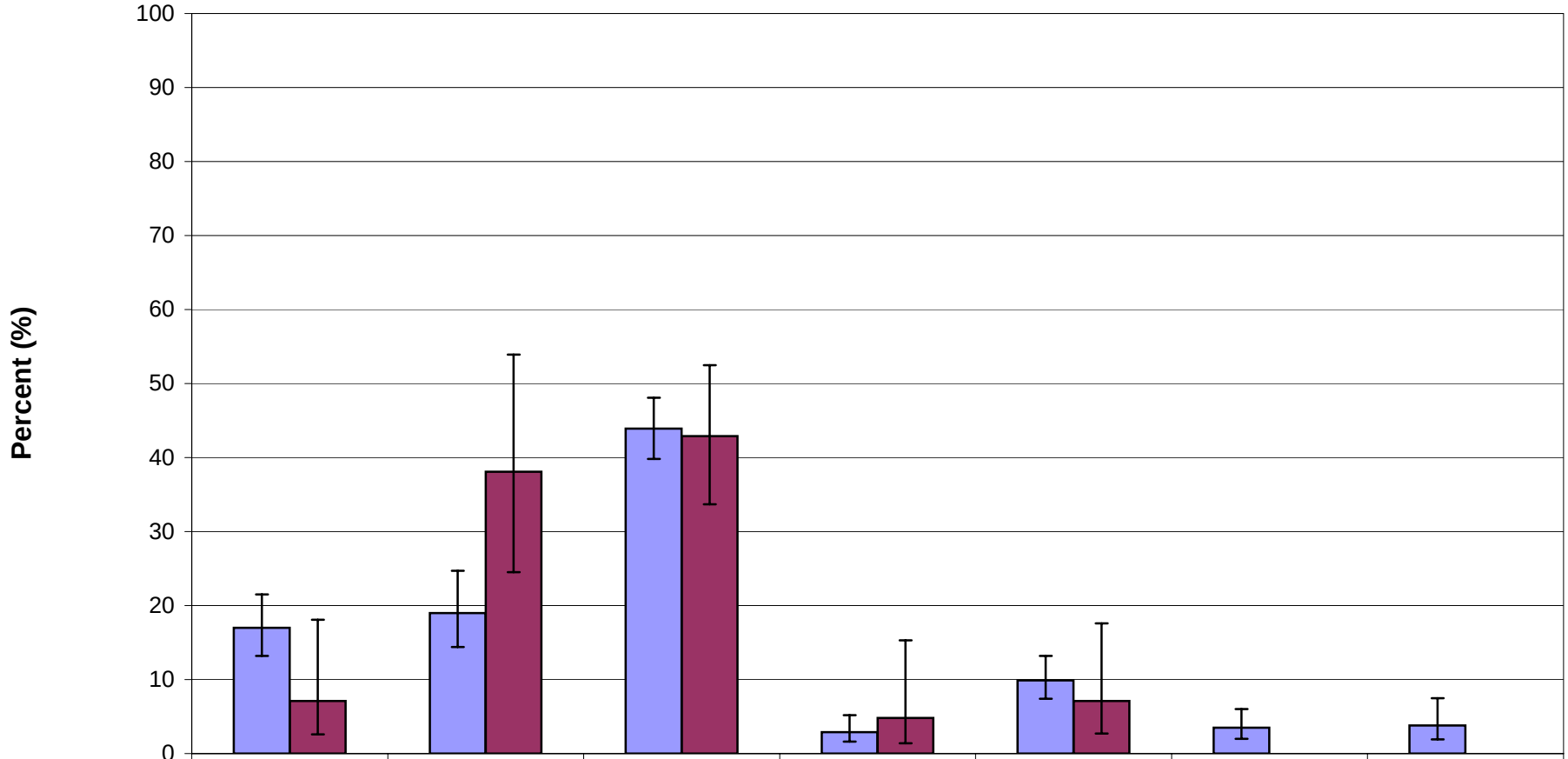


	q071. Used alcohol or drugs before sex	q072. No condom use last time had sex
Girls	10.0	52.6
Boys	14.3	38.1

** Had sexual intercourse within the past 3 months*

Birth Control Method Used by Sexually Active Students*

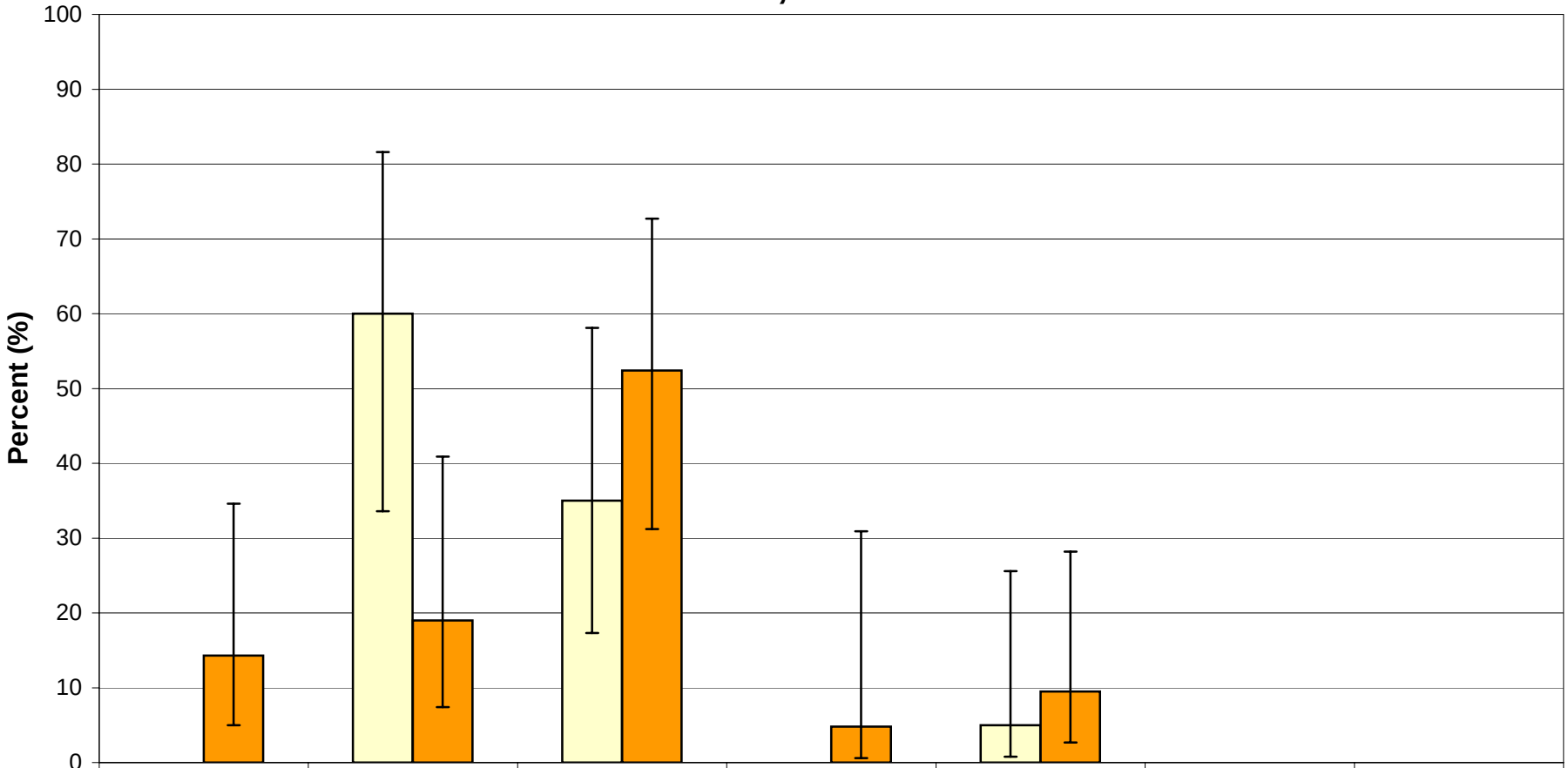
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	No Method	Birth Control Pills	Condom	Depo Provera	Withdrawal	Other	Not sure
NM	17.0	19.0	43.9	2.9	9.9	3.5	3.8
Los Alamos	7.1	38.1	42.9	4.8	7.1	0.0	0.0

** Of students who had sexual intercourse within the past 3 months, what one birth control method was used*

Birth Control Method Used by Sexually Active Students*
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



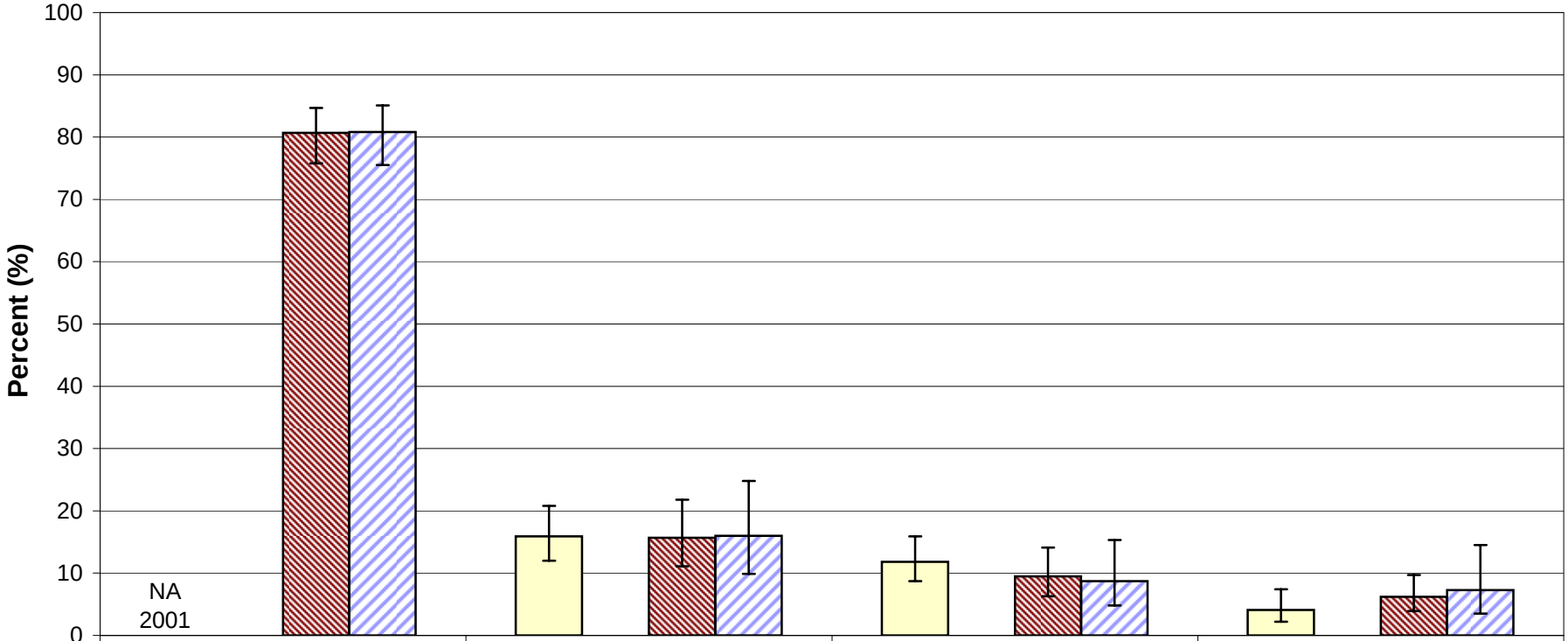
	No Method	Birth Control Pills	Condom	Depo Provera	Withdrawal	Other	Not sure
Girls	0.0	60.0	35.0	0.0	5.0	0.0	0.0
Boys	14.3	19.0	52.4	4.8	9.5	0.0	0.0

** Of students who had sexual intercourse within the past 3 months, what one birth control method was used*

Body Weight and Nutrition

Los Alam County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS

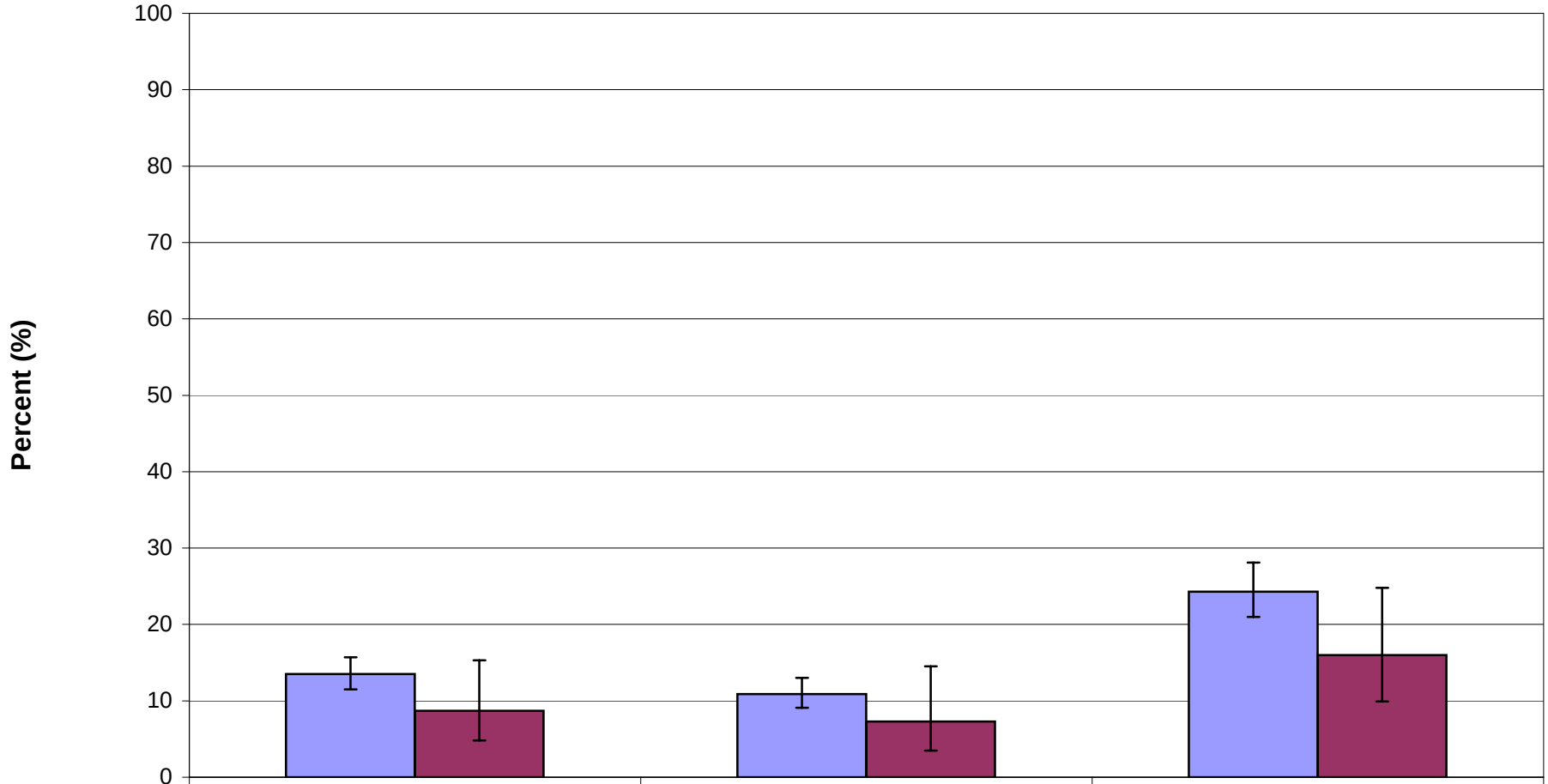


	Less than five servings of fruits/vegetables daily	Overweight or obese*	Overweight*	Obese*
2001	NA	15.9	11.8	4.1
2003				
2005	80.7	15.7	9.5	6.2
2007	80.8	16.0	8.7	7.3

** Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data*

Body Weight

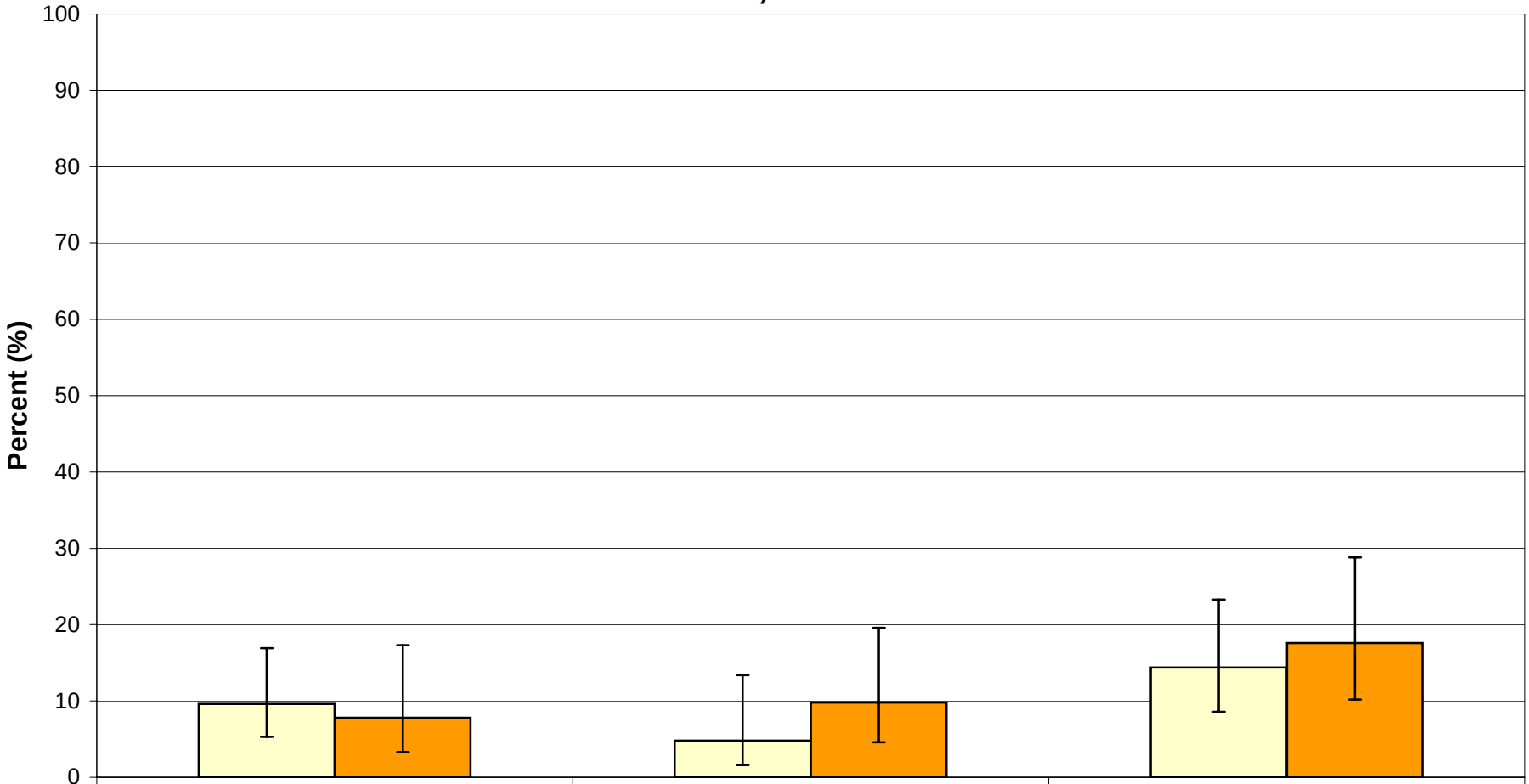
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Overweight	Obese	Overweight or obese
NM	13.5	10.9	24.3
Los Alamos	8.7	7.3	16.0

Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data

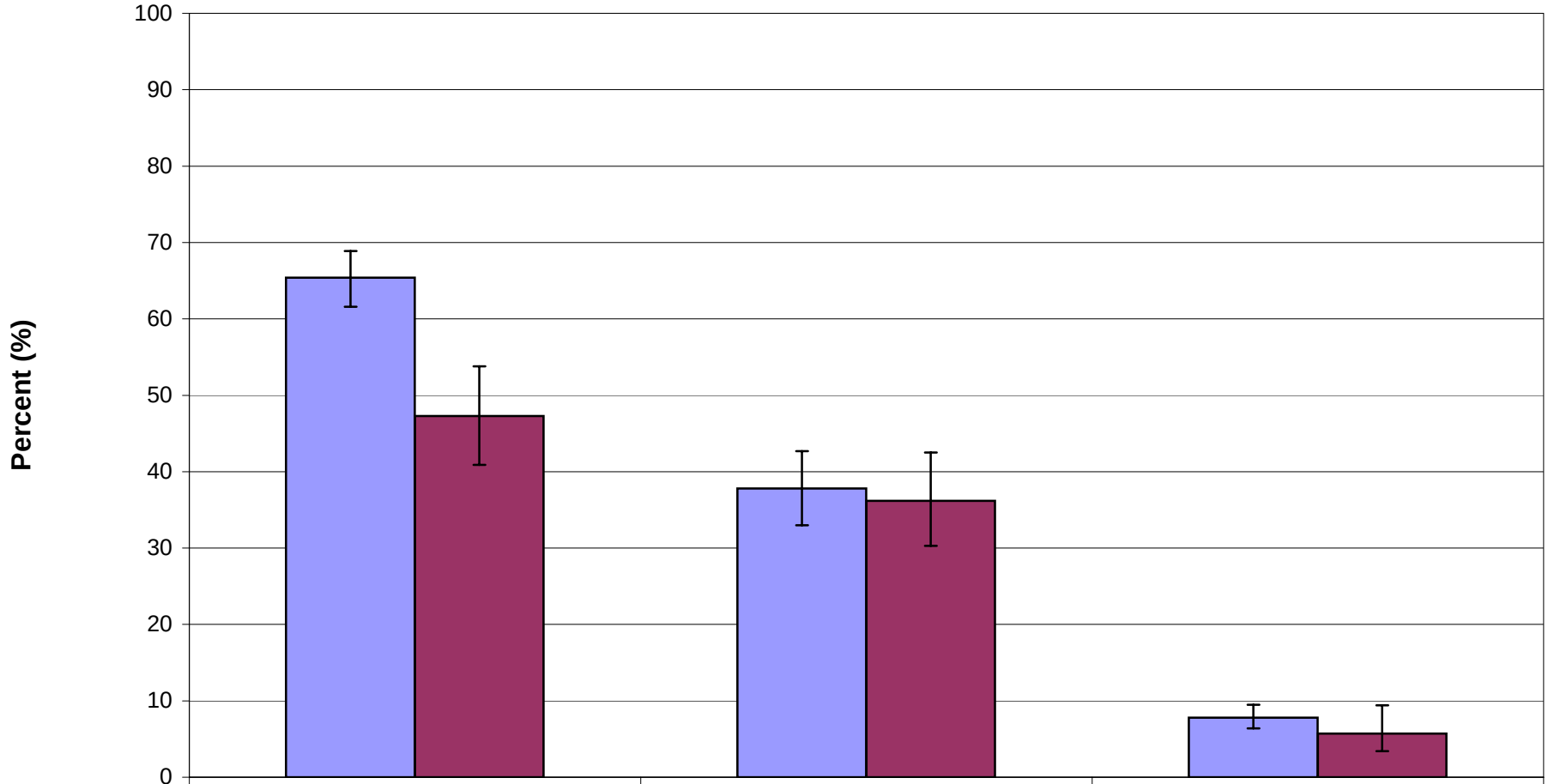
Body Weight
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Overweight	Obese	Overweight or obese
Girls	9.6	4.8	14.4
Boys	7.8	9.8	17.6

Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data

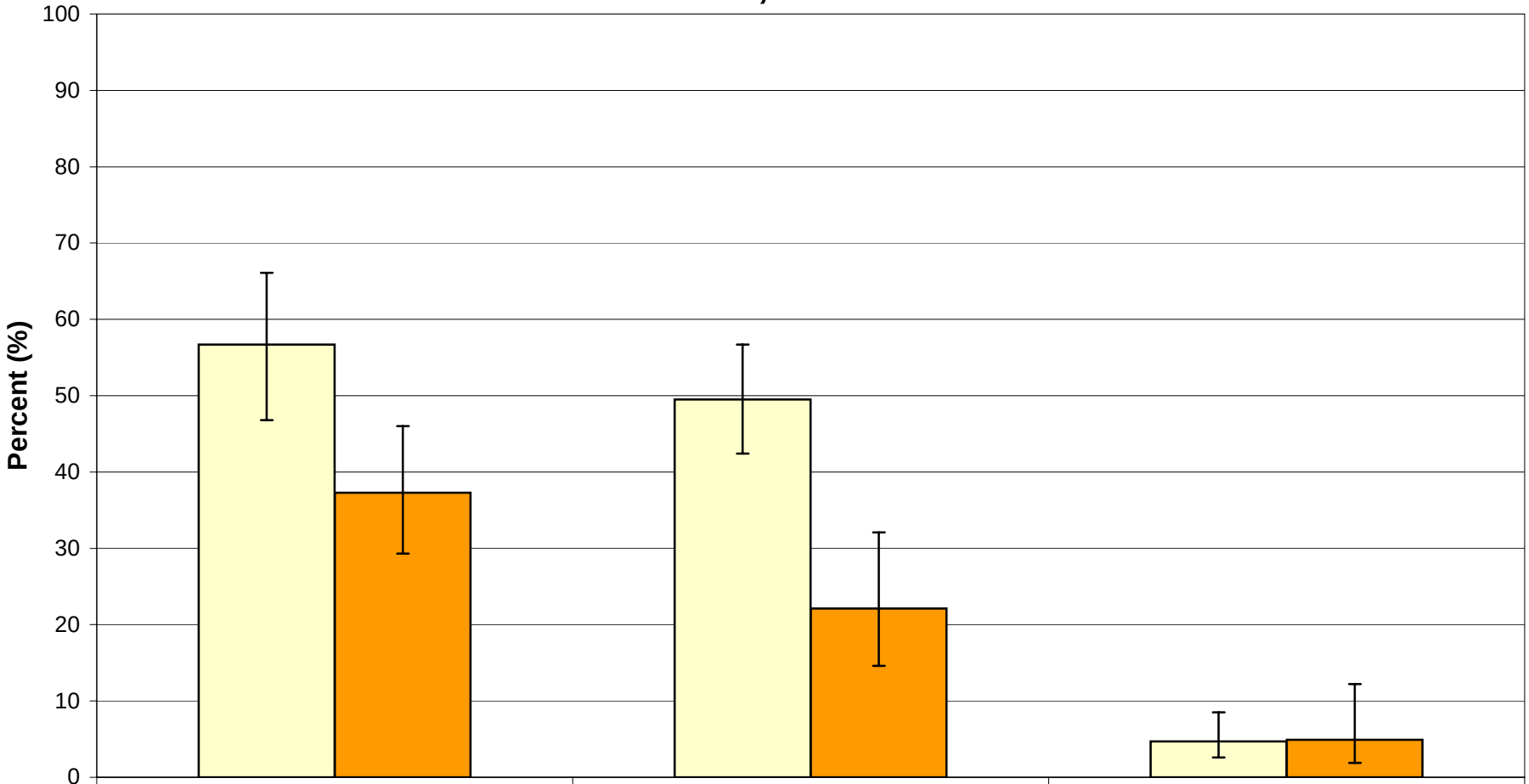
Body Weight: Attempted Weight Loss
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q116. Exercised*	q117. Ate less*	q118. Vomited or took laxatives*
NM	65.4	37.8	7.8
Los Alamos	47.3	36.2	5.7

** To lose weight or keep from gaining weight in the past 30 days*

Body Weight: Attempted Weight Loss
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

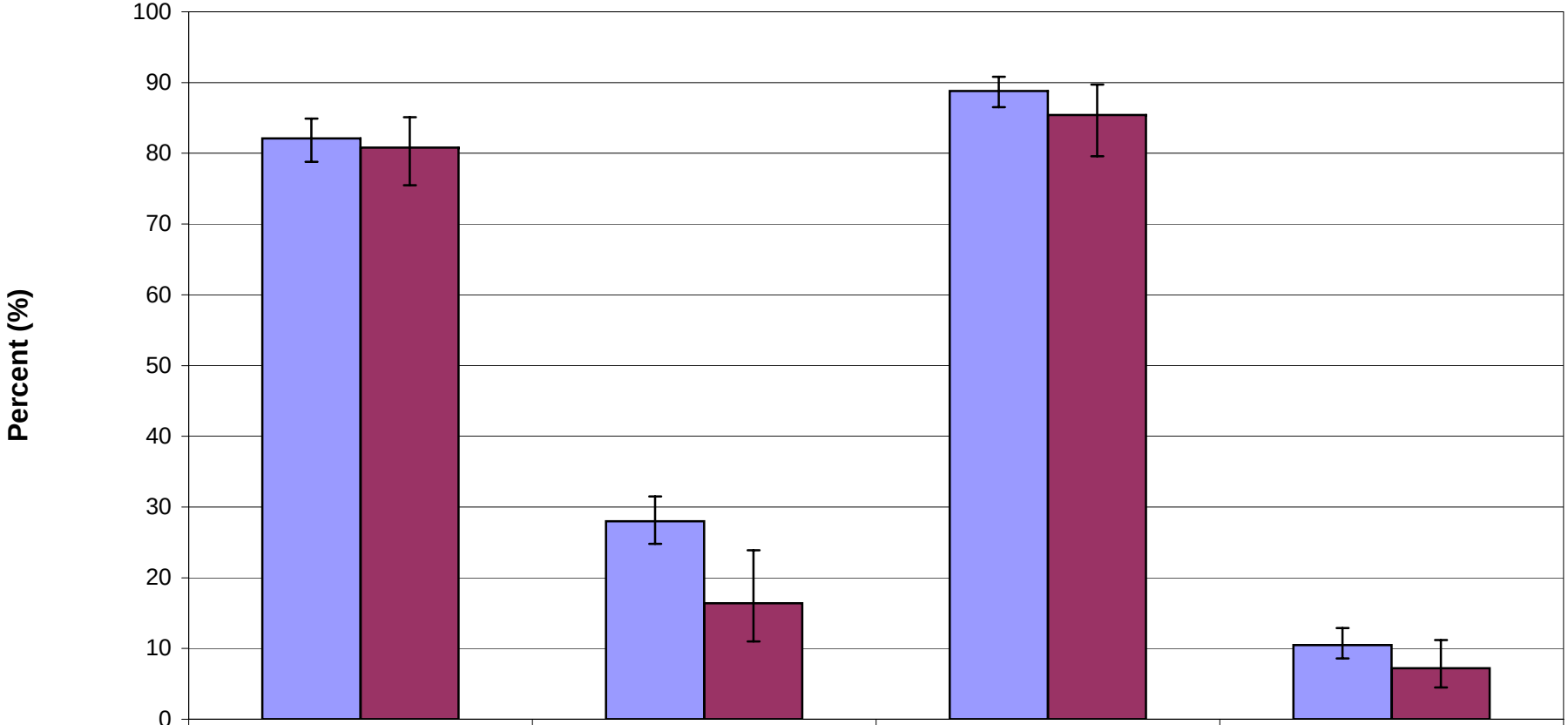


	q116. Exercised*	q117. Ate less*	q118. Vomited or took laxatives*
Girls	56.7	49.5	4.7
Boys	37.3	22.1	4.9

Based on calculated Body Mass Index (BMI) from self-reported weight and height and compared to standard historical data

Nutrition

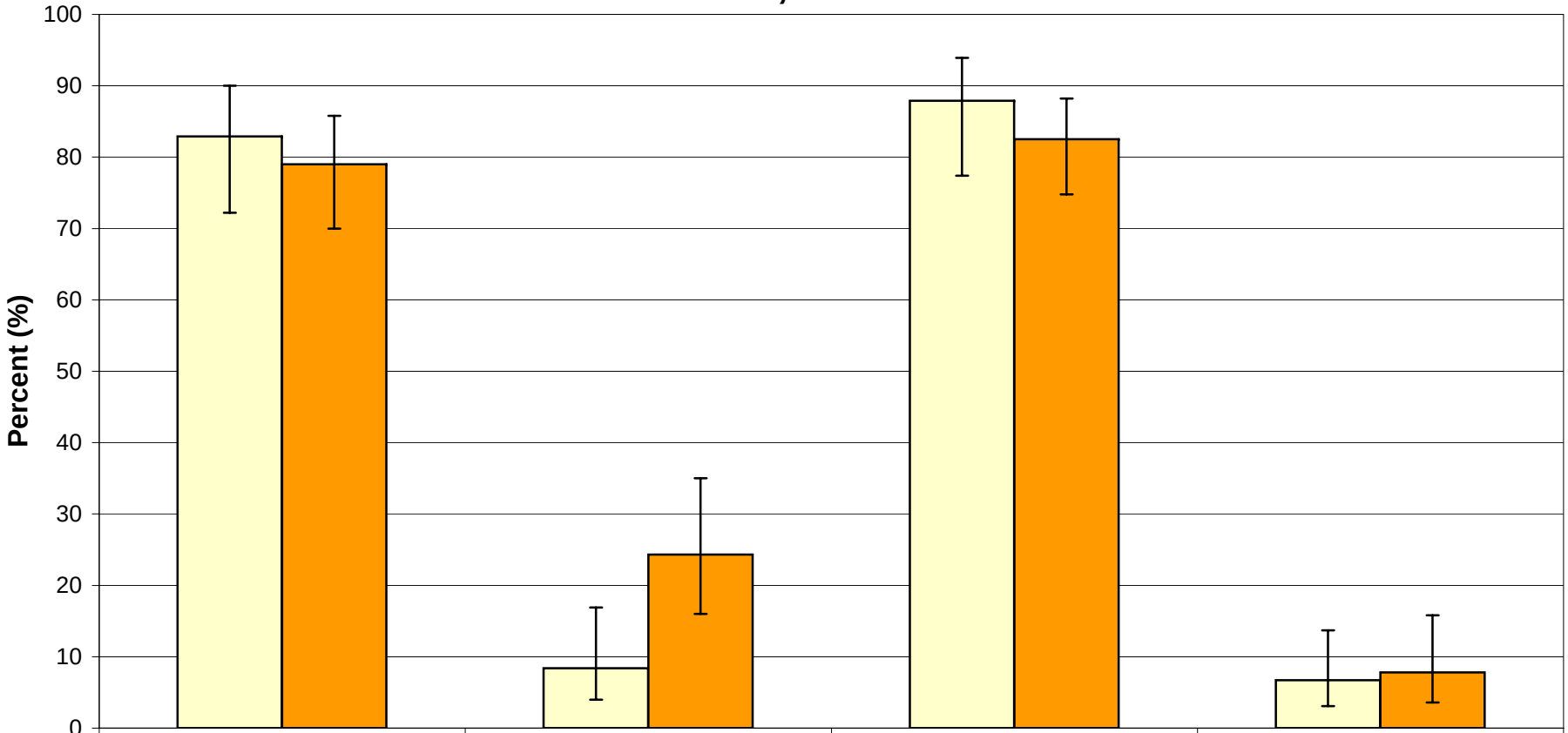
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q119-q124. Less than 5 servings of fruits/vegetables daily	q125. Drinks 1+ soda* daily	q126. Drinks less than 3 glasses milk daily	q137. Often or sometimes not enough to eat in family
NM	82.1	28.0	88.8	10.5
Los Alamos	80.8	16.4	85.4	7.2

** A can, bottle, or glass of soda or pop, such as a Coke, Pepsi, or Sprite, not including diet soda or diet pop*

Nutrition
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

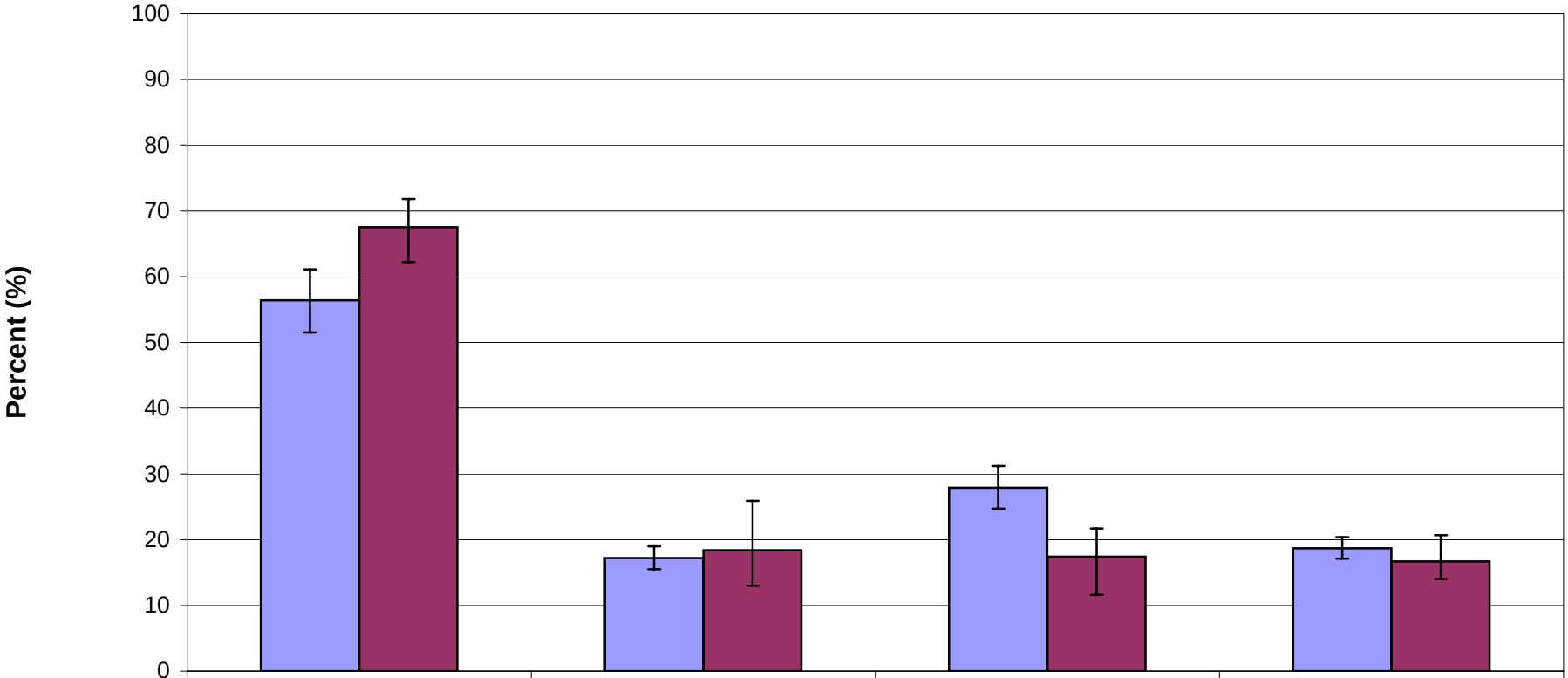


	q119-q124. Less than 5 servings of fruits/vegetables daily	q125. Drinks 1+ soda* daily	q126. Drinks less than 3 glasses milk daily	q137. Often or sometimes not enough to eat in family
Girls	82.9	8.4	87.9	6.7
Boys	79.0	24.3	82.5	7.8

** A can, bottle, or glass of soda or pop, such as a Coke, Pepsi, or Sprite, not including diet soda or diet pop*

Physical Activity

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS

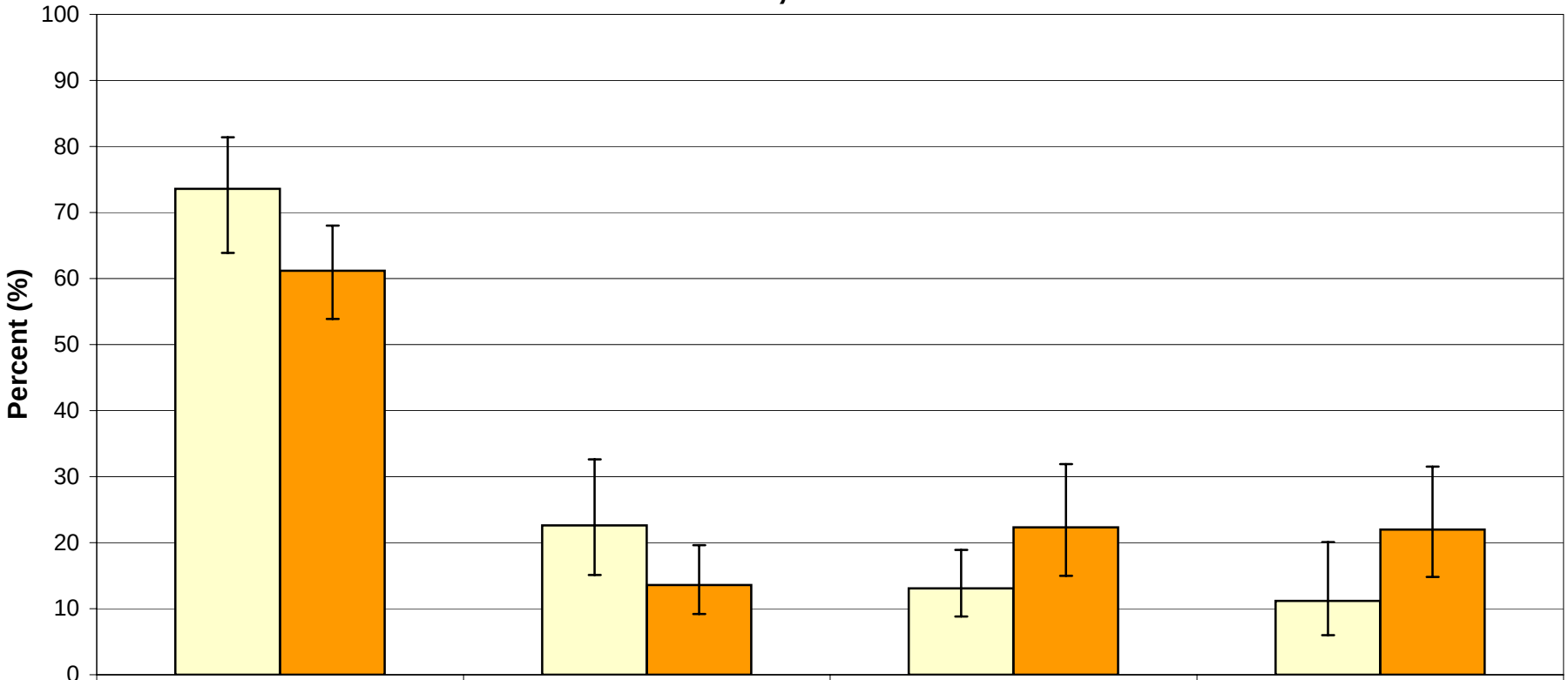


	q127. Less than recommended physical activity*	q127. No days of 60 minutes physical activity	q128. 3+ hrs TV viewing daily	q129. 3+ hrs video/computer games daily **
NM	56.4	17.2	27.9	18.7
Los Alamos	67.5	18.4	17.4	16.7

** Recommended physical activity: At least 60 minutes of physical activity on 5+ of the past 7 days that increased the heart rate and made student or breathe hard*

*** Video or computer games or other computer use for something that is not school work, such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet*

Physical Activity
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



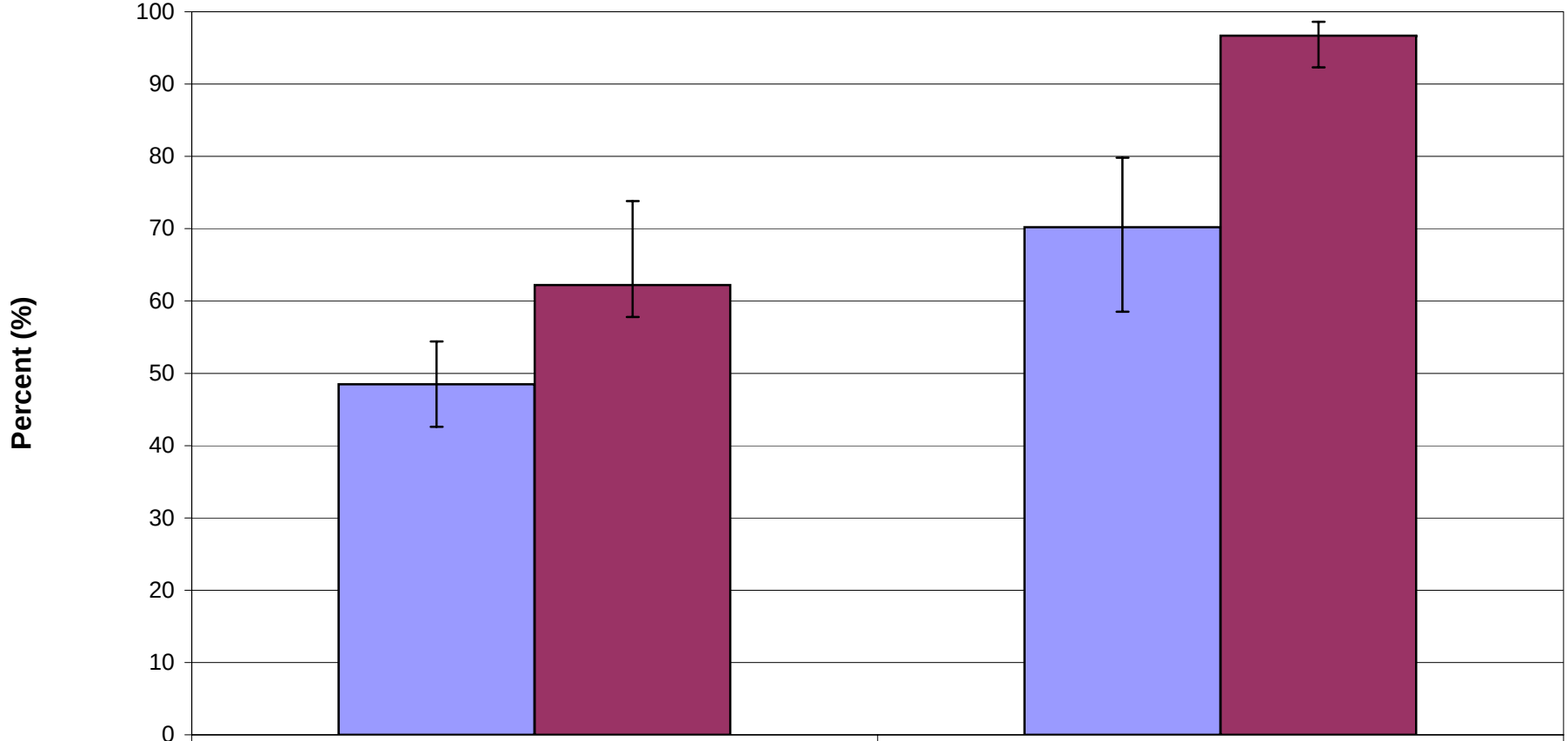
	q127. Less than recommended physical activity*	q127. No days of 60 minutes physical activity	q128. 3+ hrs TV viewing daily	q129. 3+ hrs video/computer games daily **
Girls	73.6	22.6	13.1	11.2
Boys	61.2	13.6	22.3	22.0

** Recommended physical activity: At least 60 minutes of physical activity on 5+ of the past 7 days that increased the heart rate and made student or breathe hard*

*** Video or computer games or other computer use for something that is not school work, such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet*

Physical Activity at School

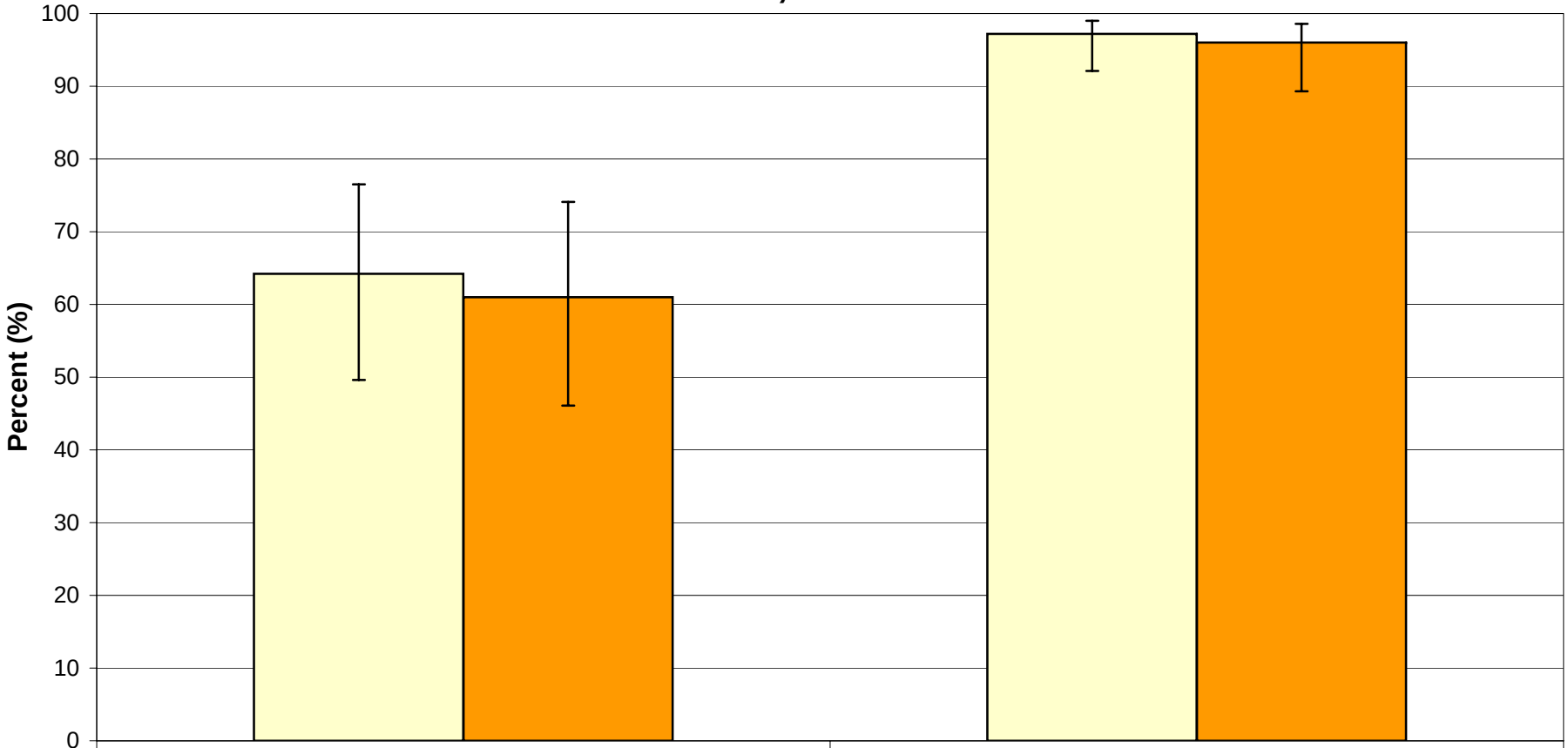
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q130. No days of PE*	q130. No daily PE*
NM	48.5	70.2
Los Alamos	62.2	96.7

** In an average school week*

Physical Activity at School
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

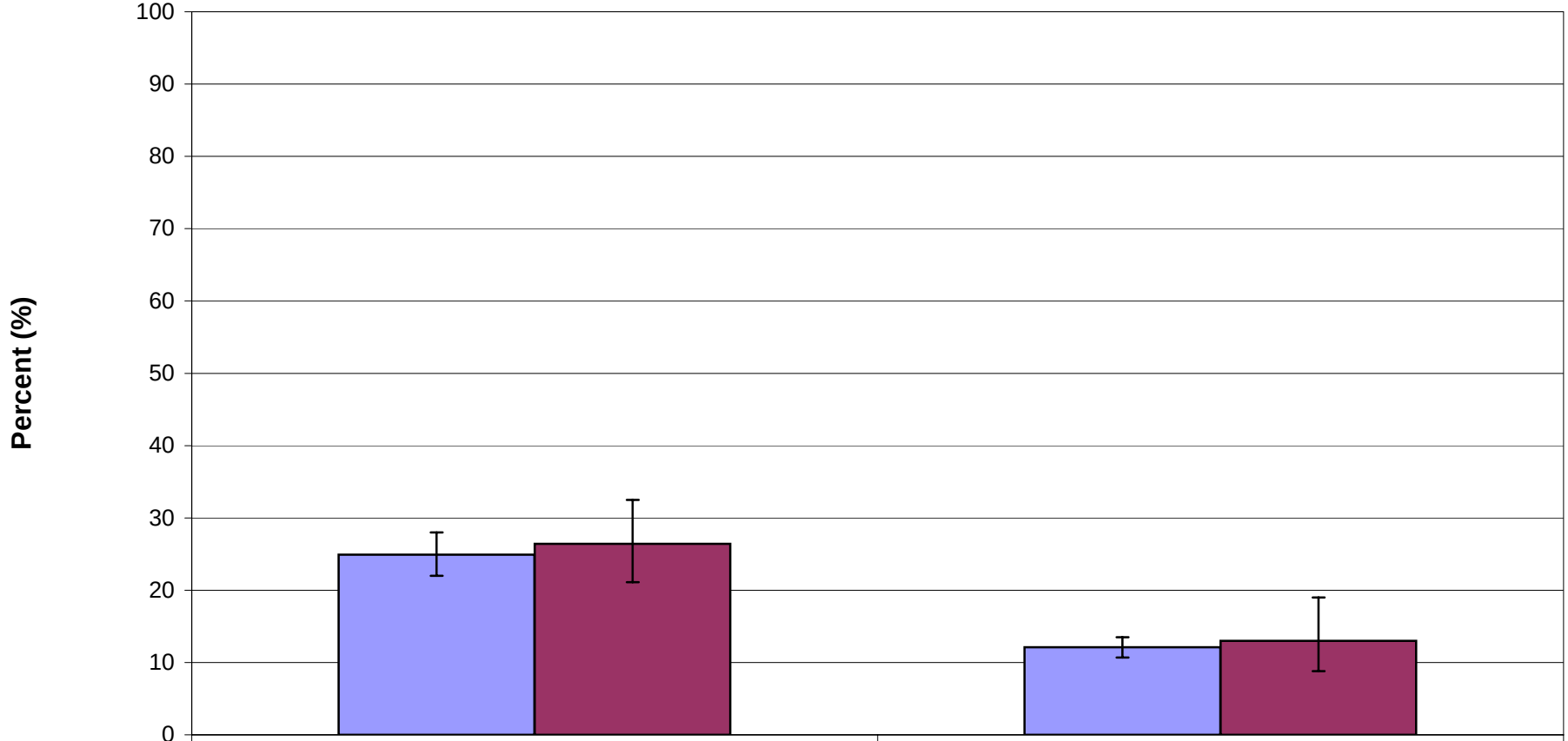


	q130. No days of PE*	q130. No daily PE*
Girls	64.2	97.2
Boys	61.0	96.0

** In an average school week*

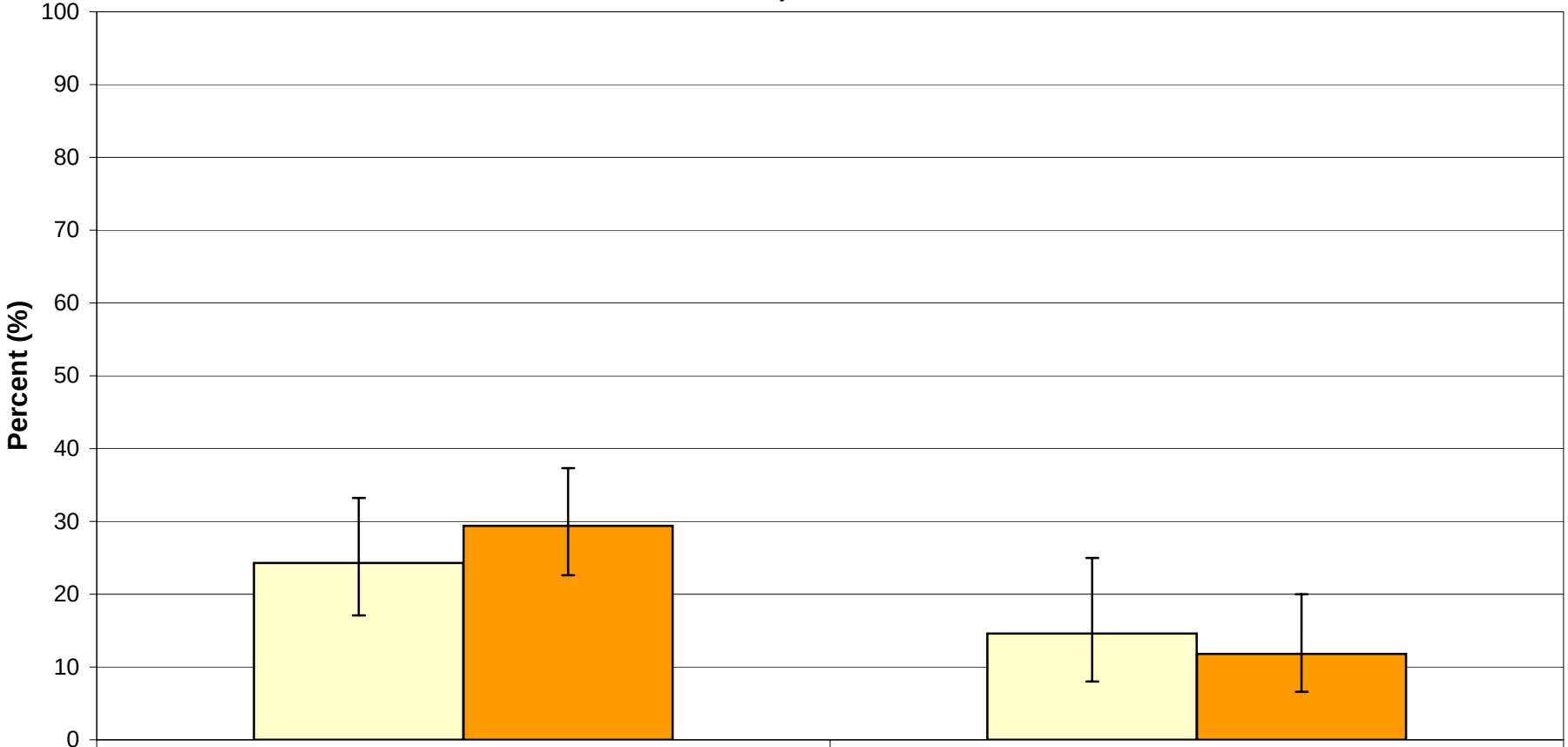
Asthma

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q133. Ever told by doctor/nurse they had asthma	q134. Current asthma
NM	24.9	12.1
Los Alamos	26.4	13.0

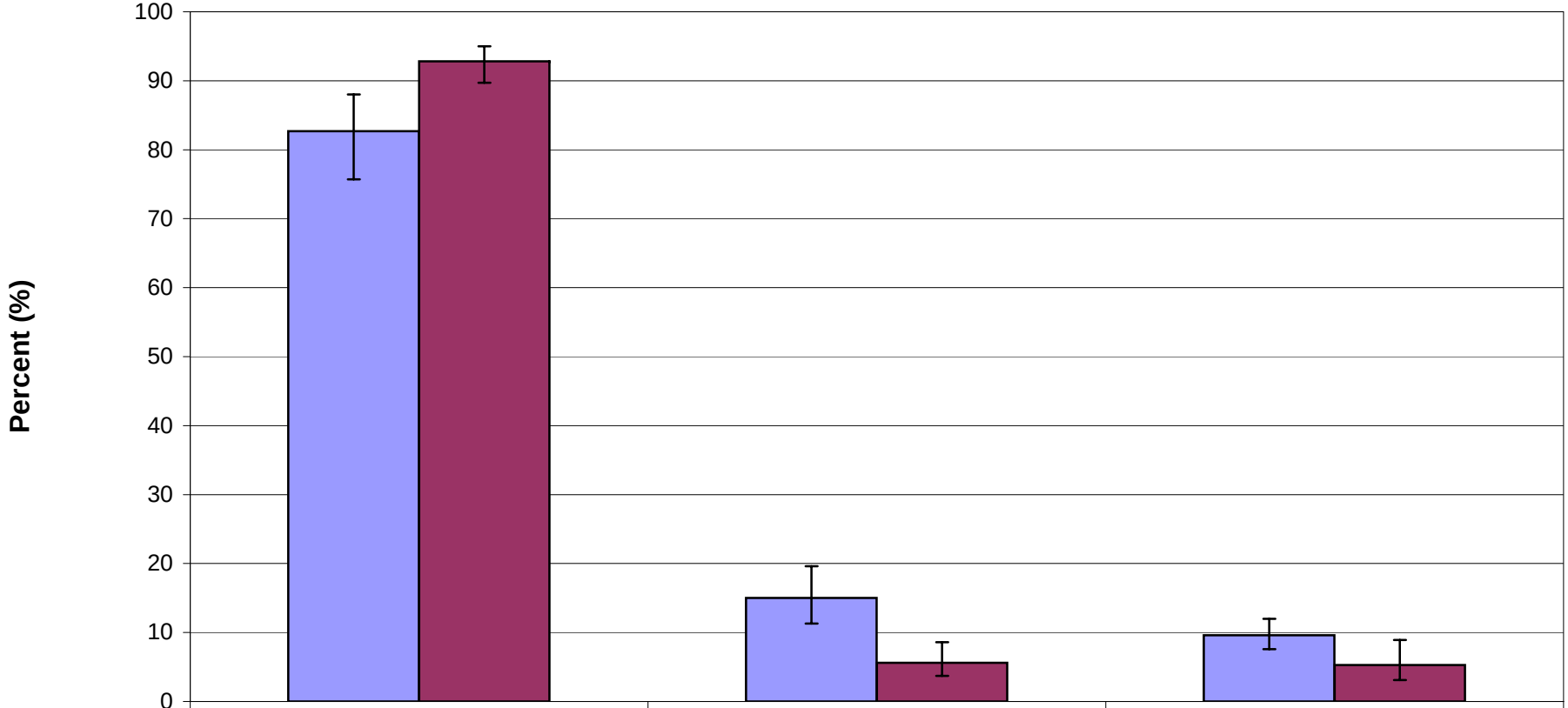
Asthma
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q133. Ever told by doctor/nurse they had asthma	q134. Current asthma
Girls	24.3	14.6
Boys	29.4	11.8

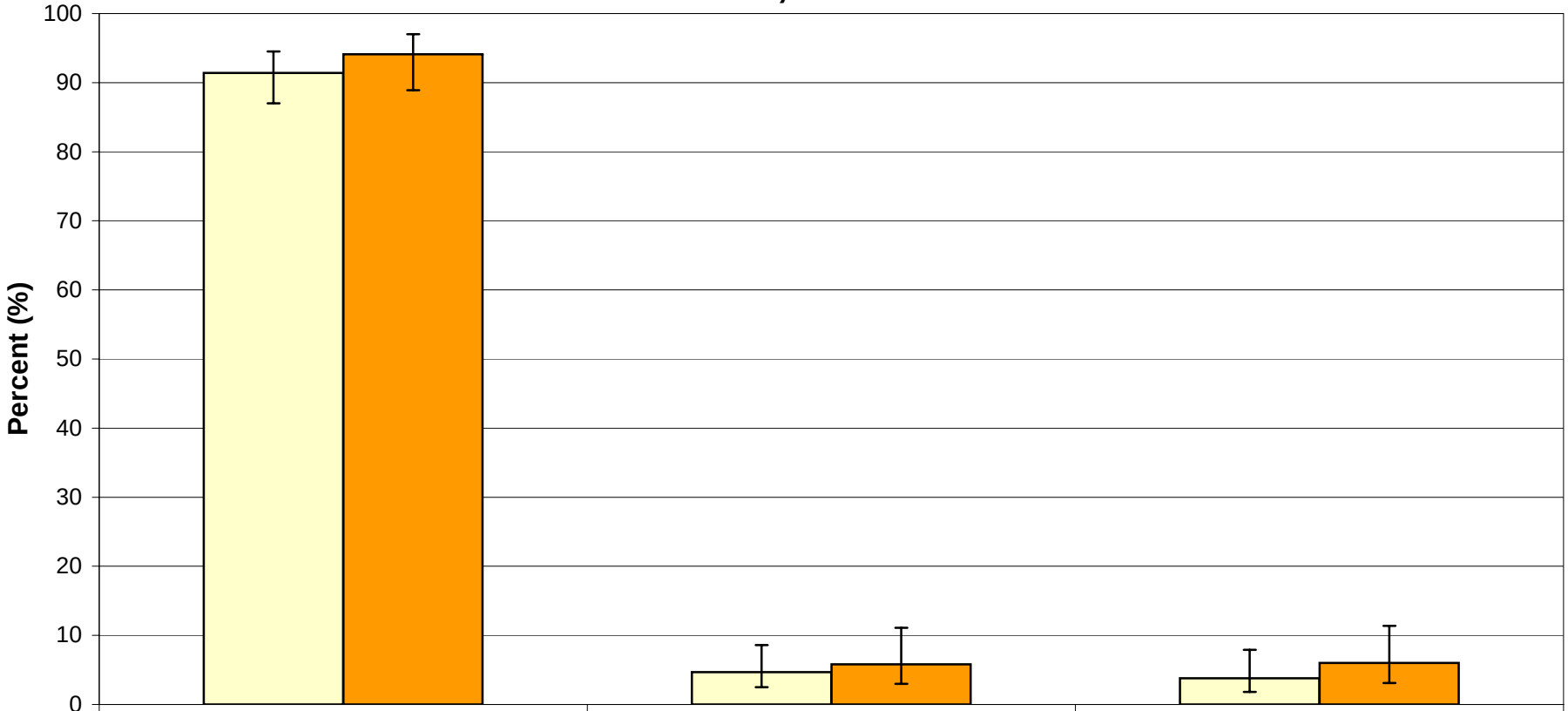
Other Measures

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q132. Ever taught about HIV/AIDS in school	q135. Speak non-English language more than half time at home	q136. Born outside USA
NM	82.7	15.0	9.6
Los Alamos	92.8	5.6	5.3

Other Measures
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



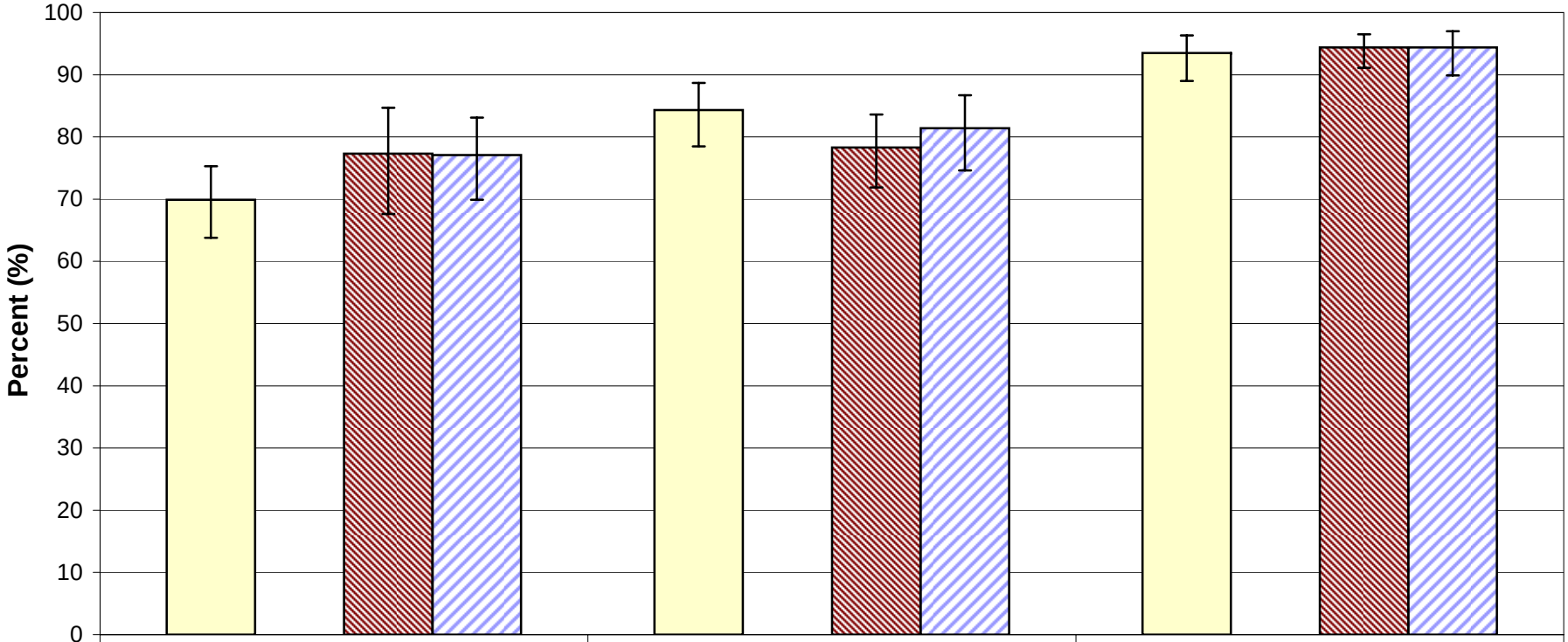
	q132. Ever taught about HIV/AIDS in school	q135. Speak non-English language more than half time at home	q136. Born outside USA
Girls	91.4	4.7	3.8
Boys	94.1	5.8	6.0

Academic Measures and Behaviors

Academic Measures

Los Alam County: 2001, 2003, 2005, 2007

Grades 9 - 12, NM YRRS

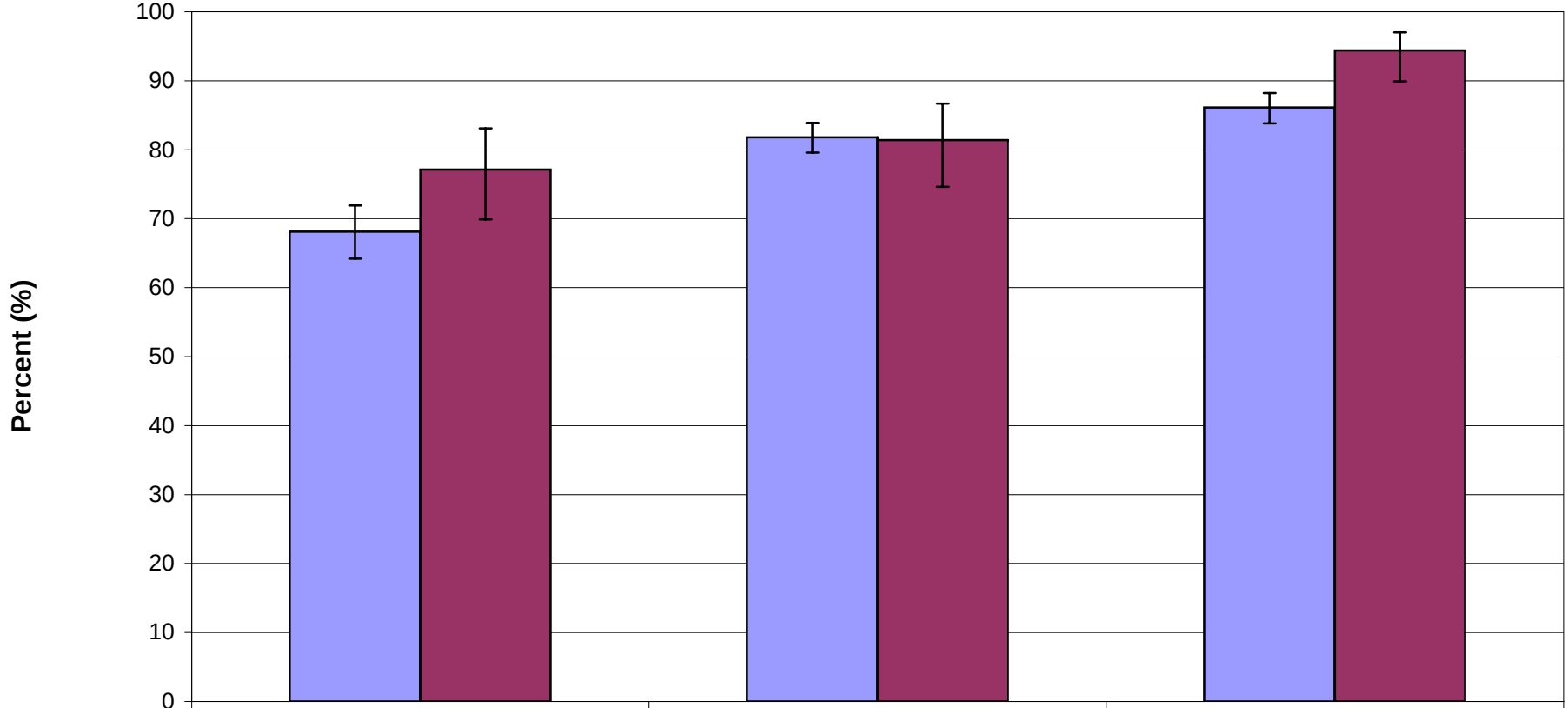


	Gets mostly A's and B's	Do my best work at school*	Plans to continue education after HS**
2001	69.9	84.3	93.5
2003			
2005	77.3	78.3	94.4
2007	77.1	81.4	94.4

** At school, I try hard to do my best work - "Very much true" or "Pretty much true"*
*** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"*

Academic Measures

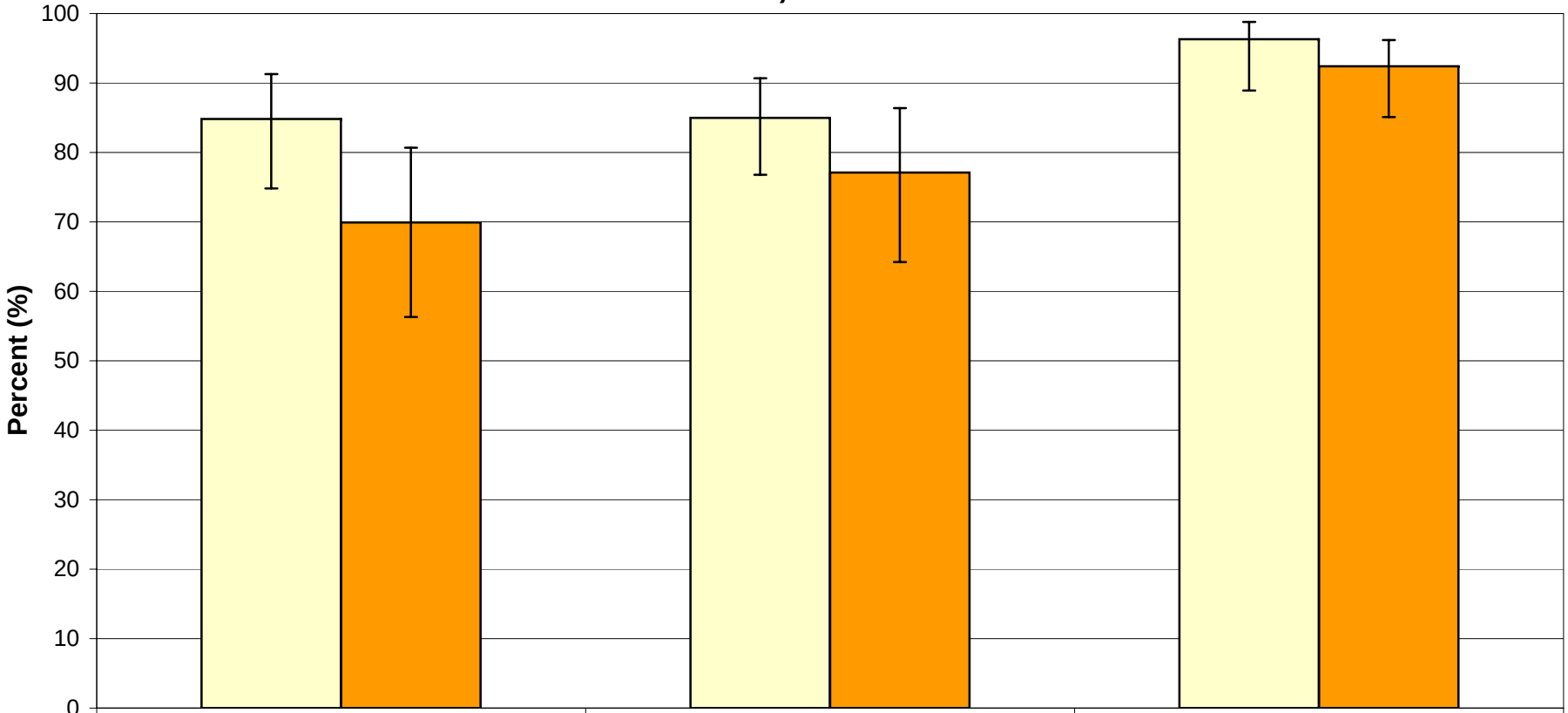
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q008. Gets mostly A's and B's	q096. Do my best work at school*	q097. Plans to go to continue education after HS**
NM	68.1	81.8	86.1
Los Alamos	77.1	81.4	94.4

** At school, I try hard to do my best work - "Very much true" or "Pretty much true"*
*** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"*

Academic Measures
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS

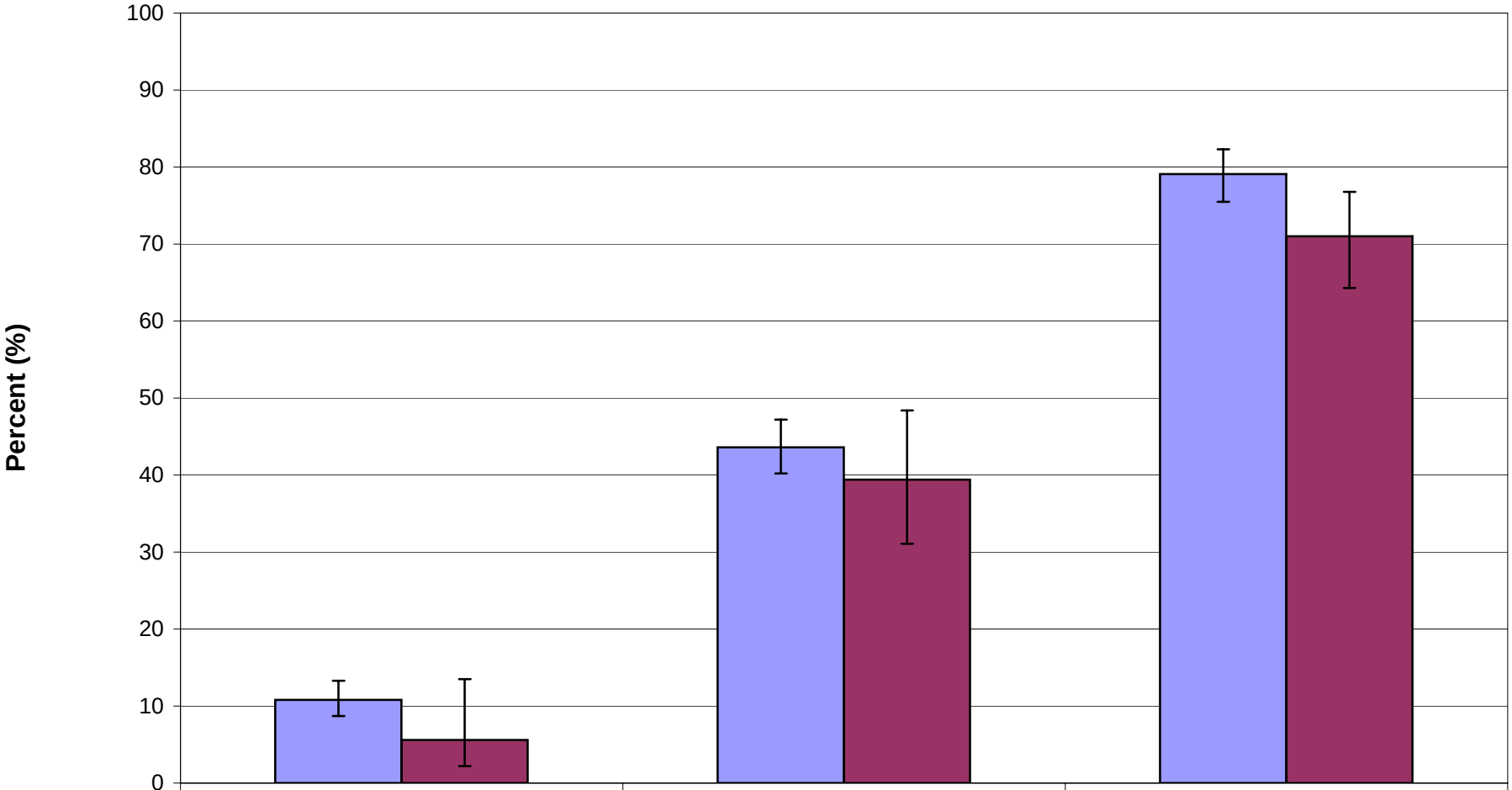


	q008. Gets mostly A's and B's	q096. Do my best work at school*	q097. Plans to go to continue education after HS**
Girls	84.8	85.0	96.3
Boys	69.9	77.1	92.4

** At school, I try hard to do my best work - "Very much true" or "Pretty much true"*
*** I plan to go to college or some other school after high school - "Very much true" or "Pretty much true"*

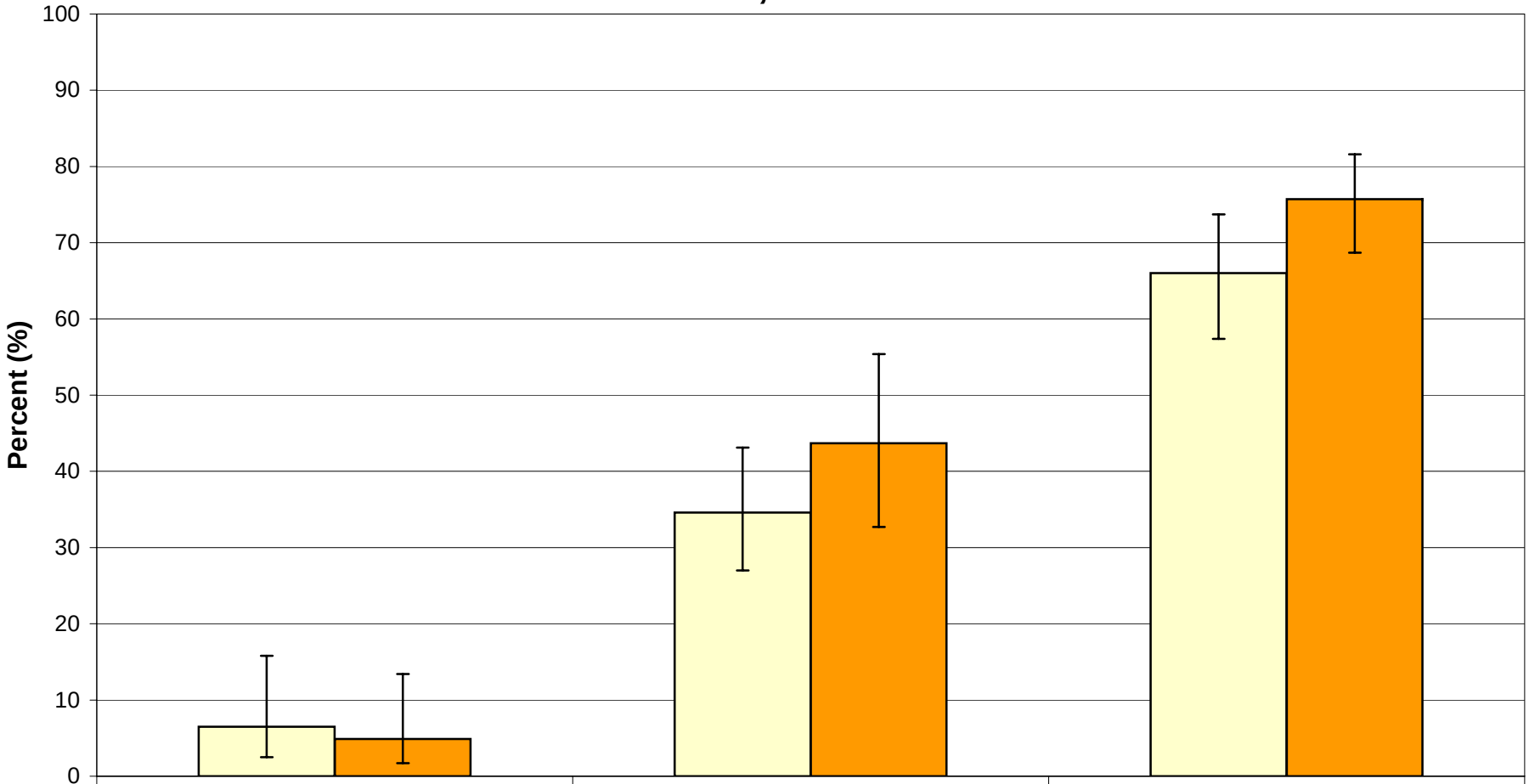
Academic Measures

New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q113. Skipped once/week or more on average	q114. Sometimes or usually comes to class w/out paper/pencil	q115. Sometimes or usually comes to class w/out homework finished
NM	10.8	43.6	79.1
Los Alamos	5.6	39.4	71.0

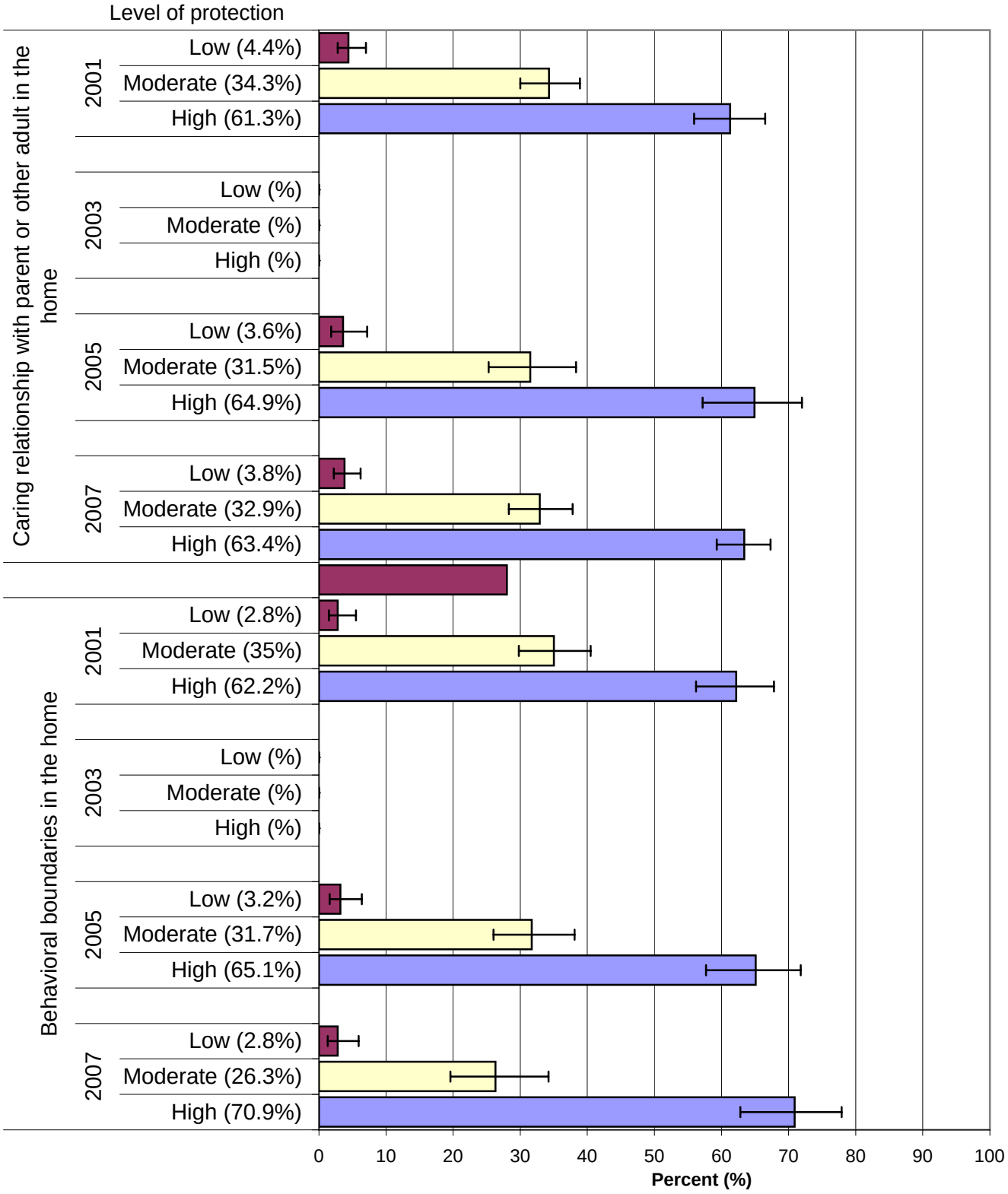
Academic Measures
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	q113. Skipped once/week or more on average	q114. Sometimes or usually comes to class w/out paper/pencil	q115. Sometimes or usually comes to class w/out homework finished
Girls	6.5	34.6	66.0
Boys	4.9	43.7	75.7

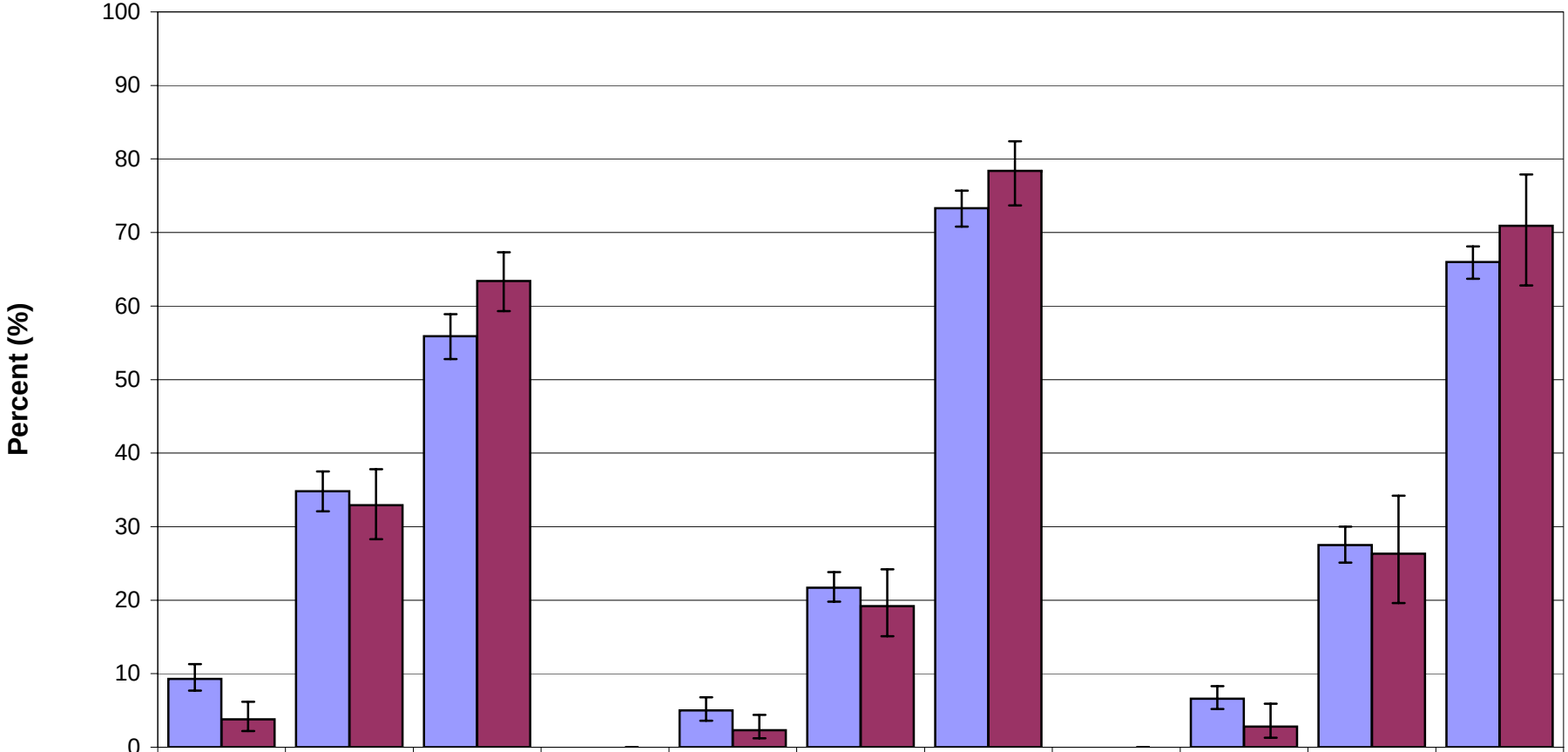
Resiliency/Protective Factors and Related Traits

Protective Factors in the Home
Los Alamos County: 2001, 2003, 2005, 2007
Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective factors.

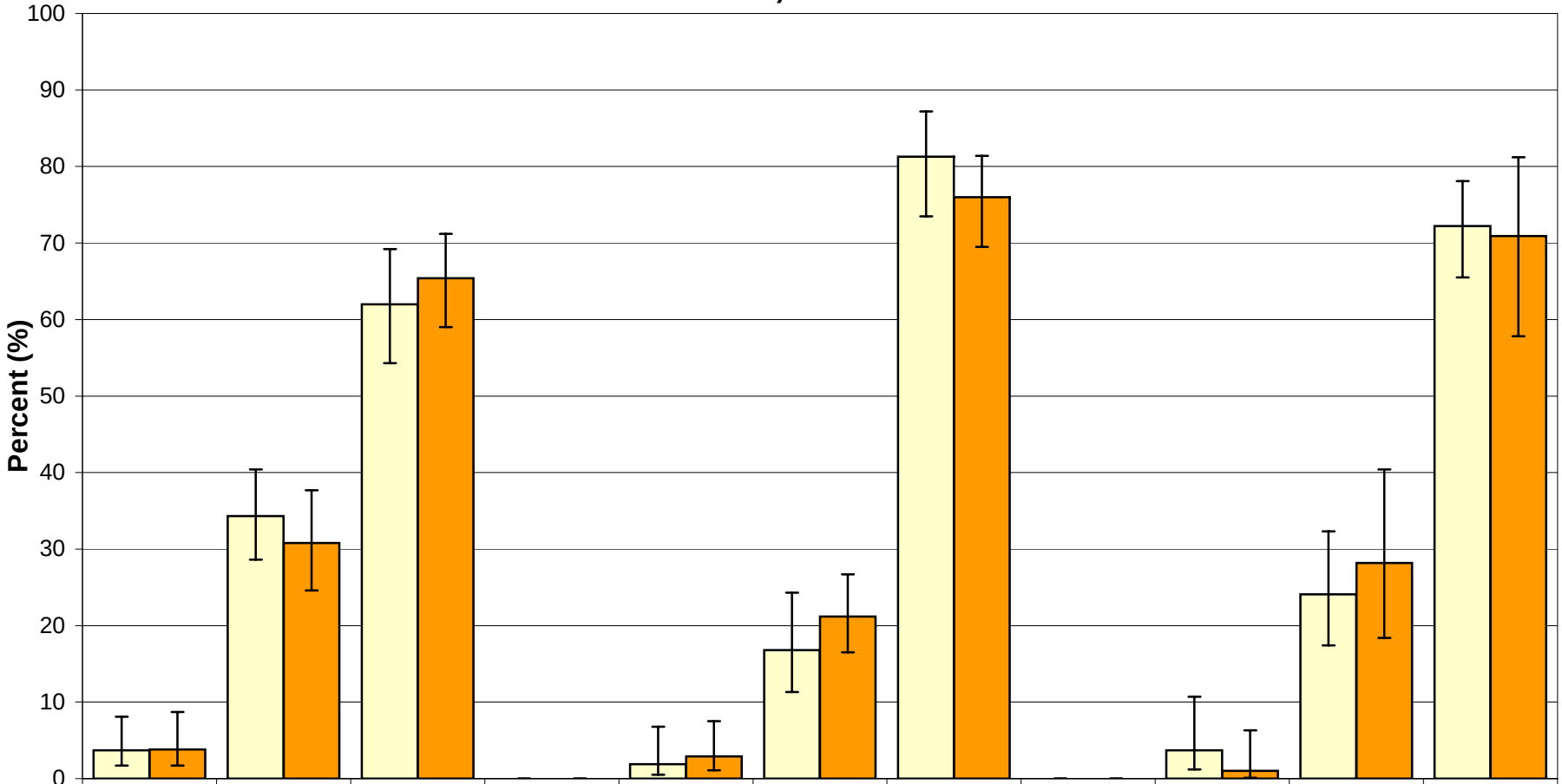
Protective Factors in the Home
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Caring relationship with parent or other adult in the home				High expectations in the home				Behavioral boundaries in the home		
	Low level	Moderate	High level		Low level	Moderate	High level		Low level	Moderate	High level
New Mexico	9.3	34.8	55.9		5.0	21.7	73.3		6.6	27.5	66.0
Los Alamos	3.8	32.9	63.4	0.0	2.3	19.2	78.4	0.0	2.8	26.3	70.9

See Appendix B for discussion of resiliency/protective

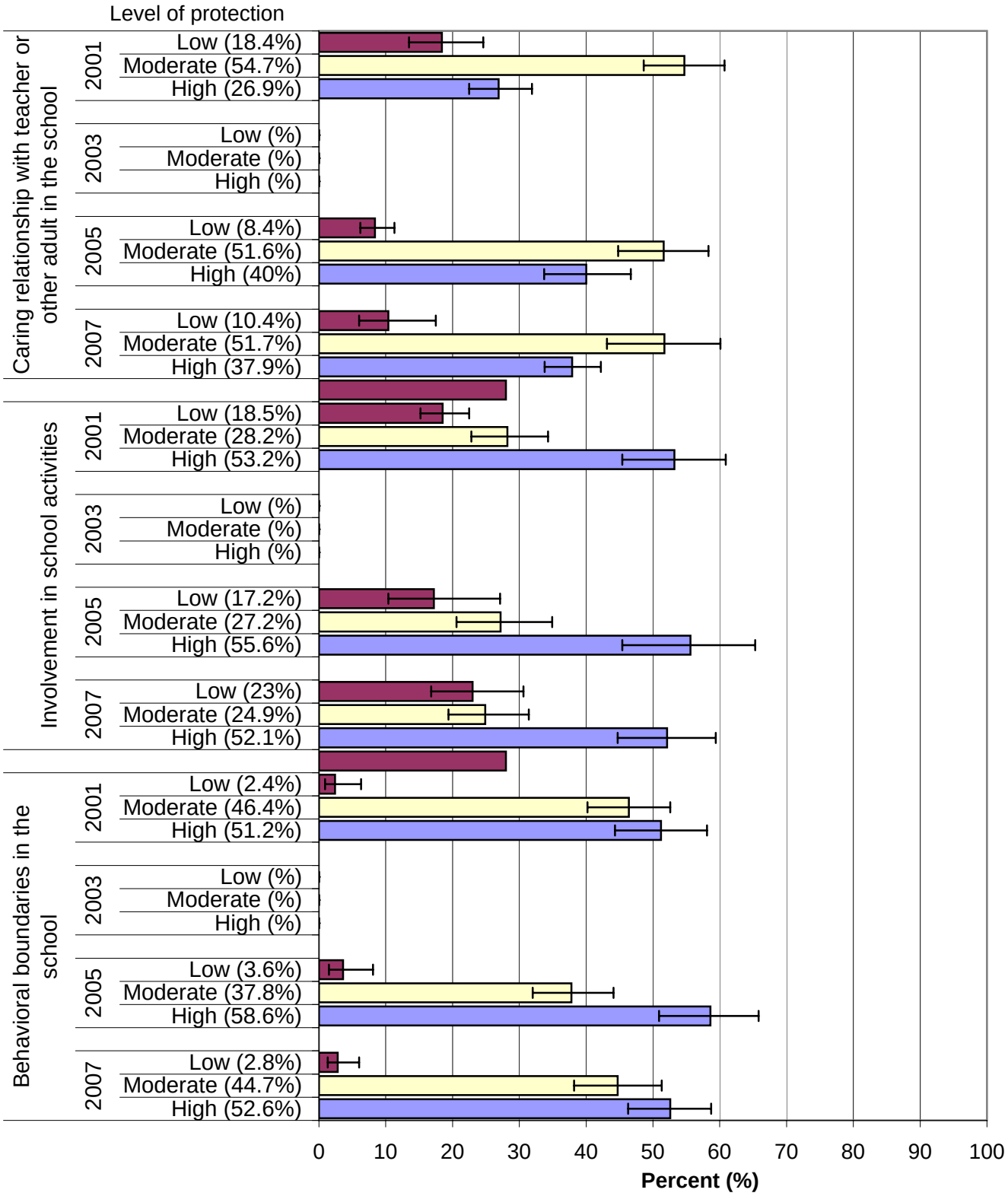
Protective Factors in the Home
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Caring relationship with parent or other adult in the home				High expectations in the home				Behavioral boundaries in the home		
	Low level	Moderate	High level		Low level	Moderate	High level		Low level	Moderate	High level
Girls	3.7	34.3	62.0	0.0	1.9	16.8	81.3	0.0	3.7	24.1	72.2
Boys	3.8	30.8	65.4	0.0	2.9	21.2	76.0	0.0	1.0	28.2	70.9

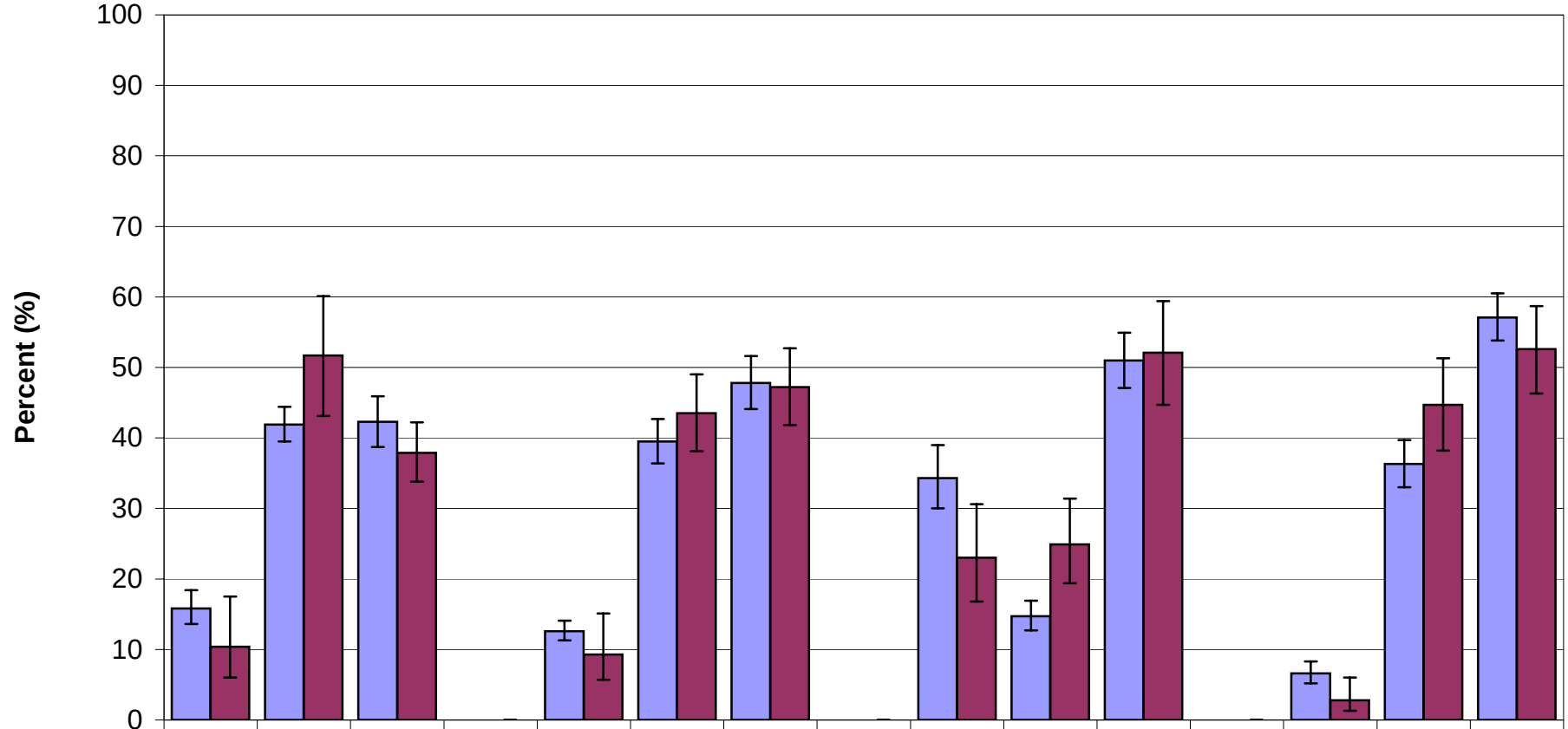
See Appendix C for discussion of resiliency/protective factors.

Protective Factors in the School
Los Alamos County: 2001, 2003, 2005, 2007
Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective factors.

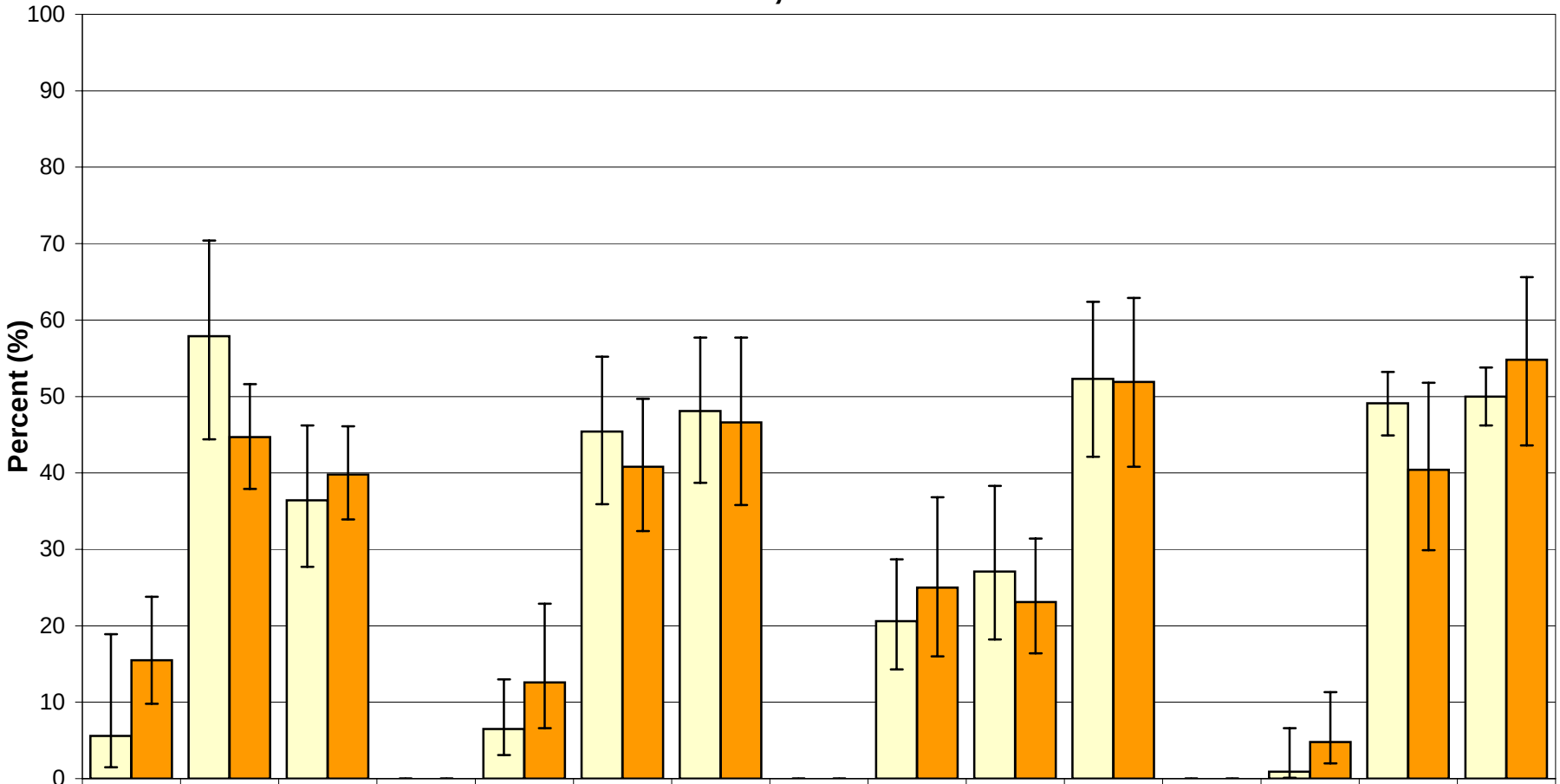
Protective Factors in the School
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Caring relationship teacher or other adult in the school				High expectations in the school				Involvement in school activities				Behavioral boundaries in the school		
	Low level	Moderate	High level		Low level	Moderate	High level		Low level	Moderate	High level		Low level	Moderate	High level
New Mexico	15.8	41.9	42.3		12.6	39.5	47.8		34.3	14.7	51.0		6.6	36.3	57.1
Los Alamos	10.4	51.7	37.9	0.0	9.3	43.5	47.2	0.0	23.0	24.9	52.1	0.0	2.8	44.7	52.6

See Appendix C for discussion of resiliency/protective

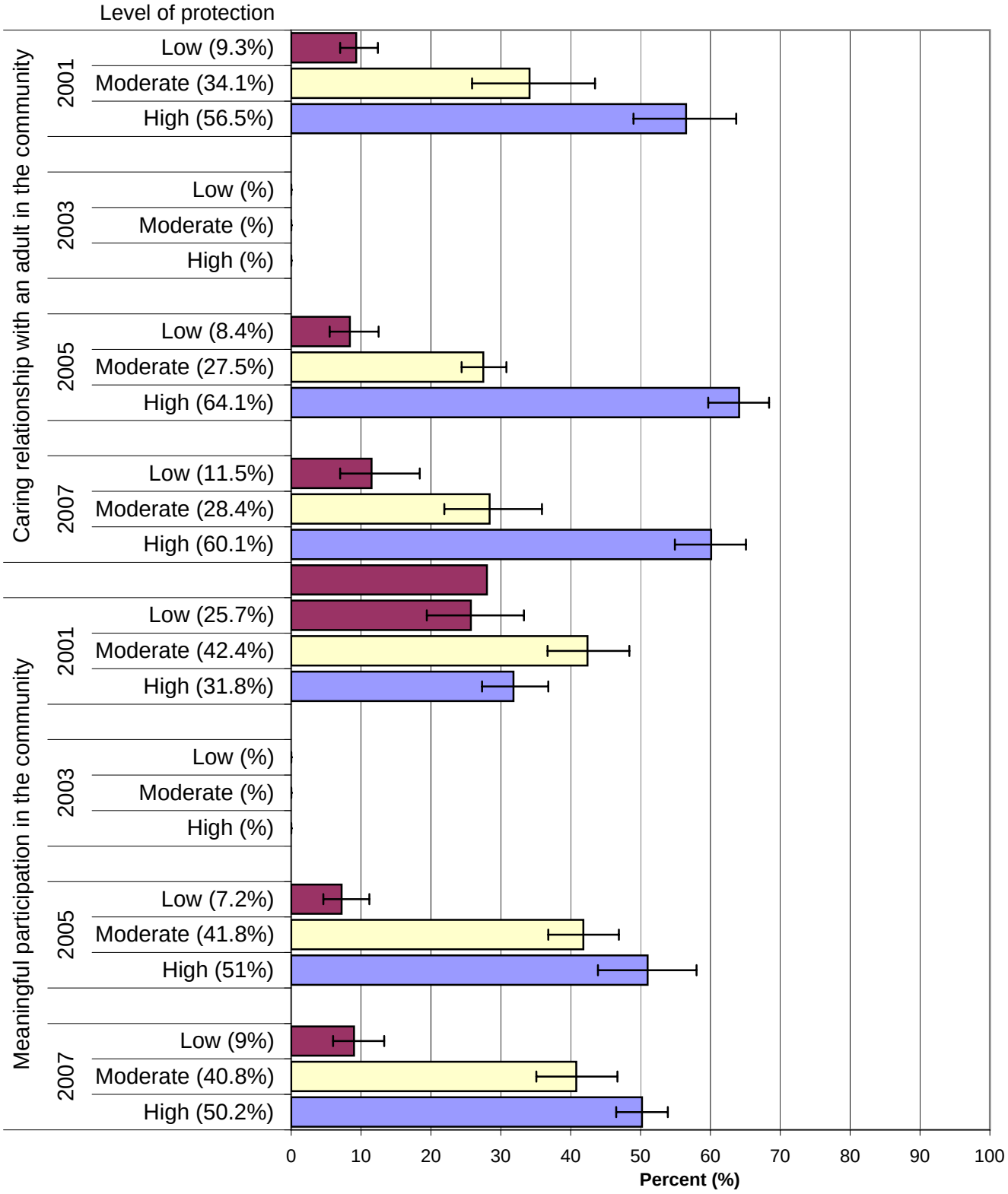
Protective Factors in the School
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Caring relationship teacher or other adult in the school				High expectations in the school				Involvement in school activities				Behavioral boundaries in the school		
	Low level	Moderate	High leve		Low level	Moderate	High leve		Low level	Moderate	High leve		Low level	Moderate	High leve
Girls	5.6	57.9	36.4	0.0	6.5	45.4	48.1	0.0	20.6	27.1	52.3	0.0	0.9	49.1	50.0
Boys	15.5	44.7	39.8	0.0	12.6	40.8	46.6	0.0	25.0	23.1	51.9	0.0	4.8	40.4	54.8

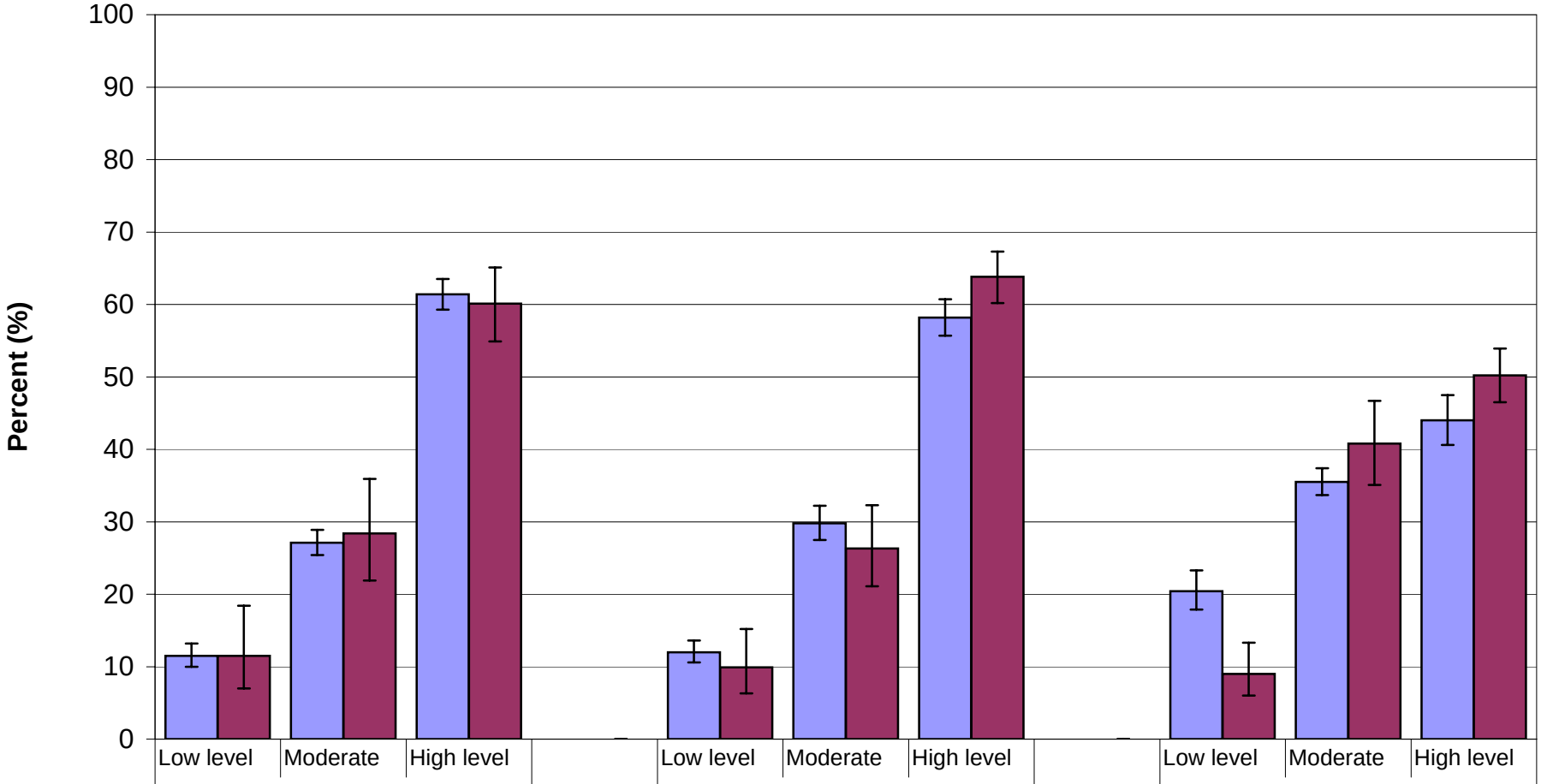
See Appendix C for discussion of resiliency/protective factors.

Protective Factors in the Community
Los Alamos County: 2001, 2003, 2005, 2007
Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective factors.

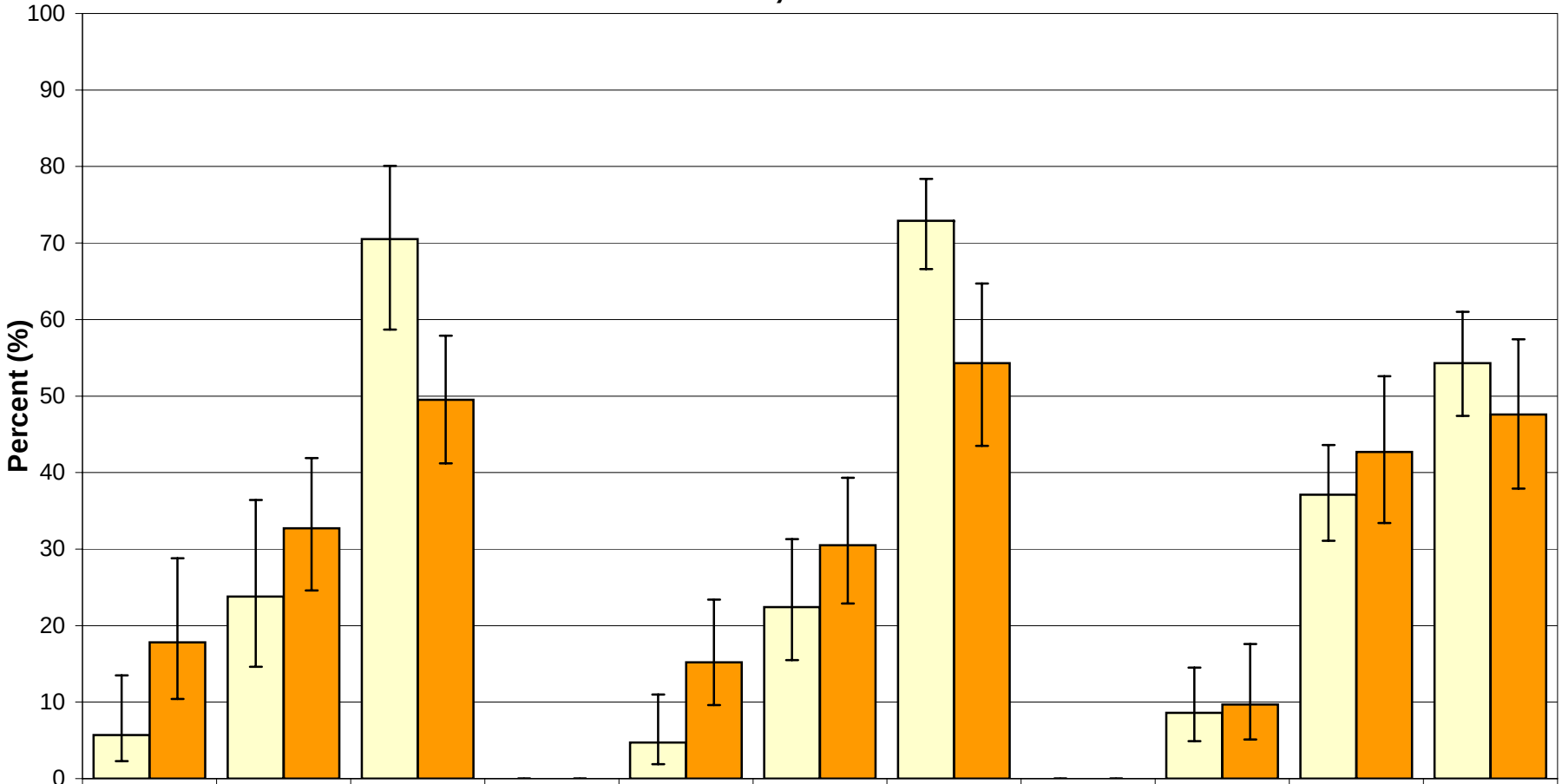
Protective Factors in the Community
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Caring relationship w/adult in community				High expectations w/adult in community				Meaningful participation in community		
	Low level	Moderate	High level		Low level	Moderate	High level		Low level	Moderate	High level
New Mexico	11.5	27.1	61.4		12.0	29.8	58.2		20.4	35.5	44.0
Los Alamos	11.5	28.4	60.1	0.0	9.9	26.3	63.8	0.0	9.0	40.8	50.2

See Appendix C for discussion of resiliency/protective

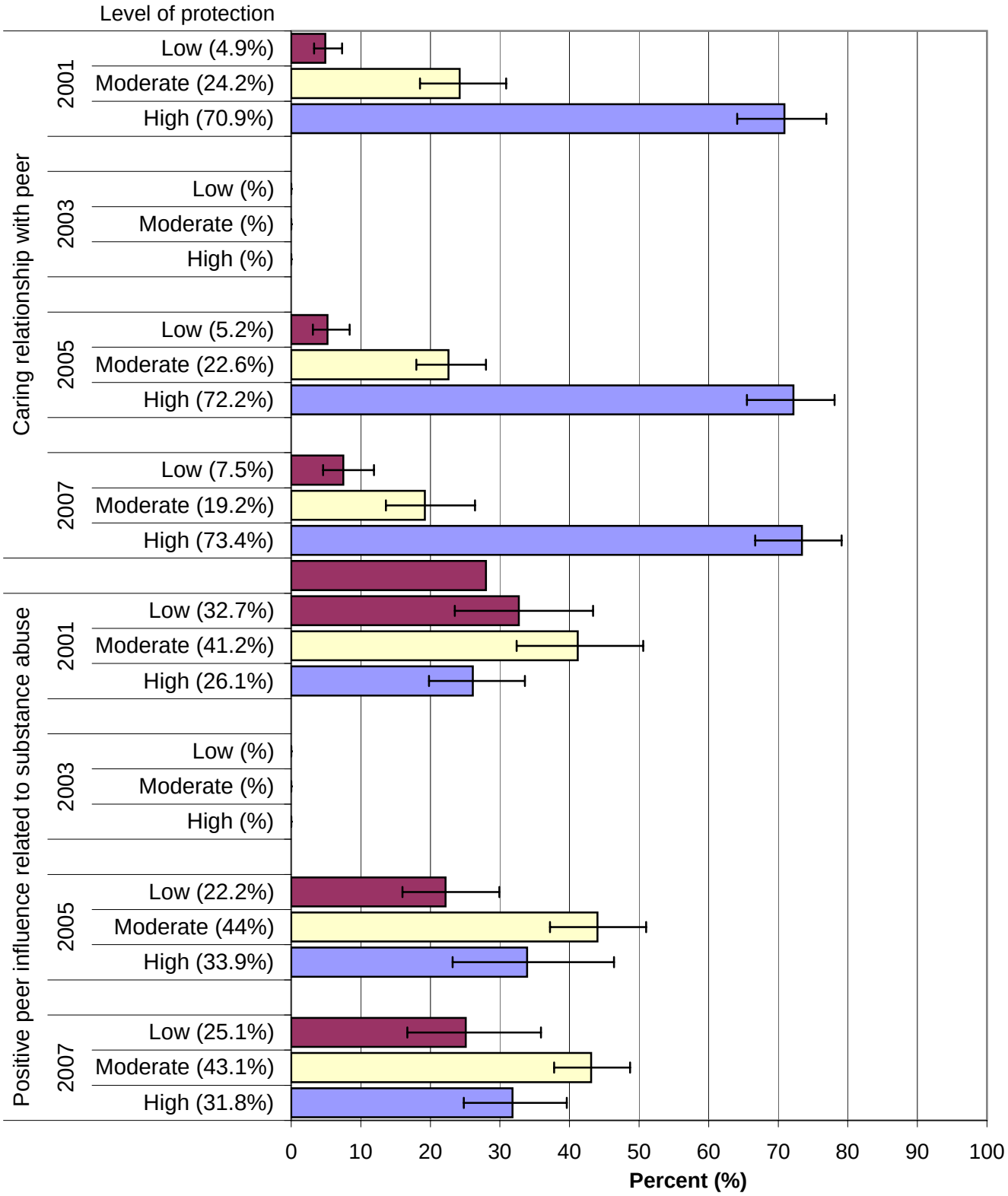
Protective Factors in the Community
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Caring relationship w/adult in community				High expectations w/adult in community				Meaningful participation in community		
	Low level	Moderate	High level		Low level	Moderate	High level		Low level	Moderate	High level
Girls	5.7	23.8	70.5	0.0	4.7	22.4	72.9	0.0	8.6	37.1	54.3
Boys	17.8	32.7	49.5	0.0	15.2	30.5	54.3	0.0	9.7	42.7	47.6

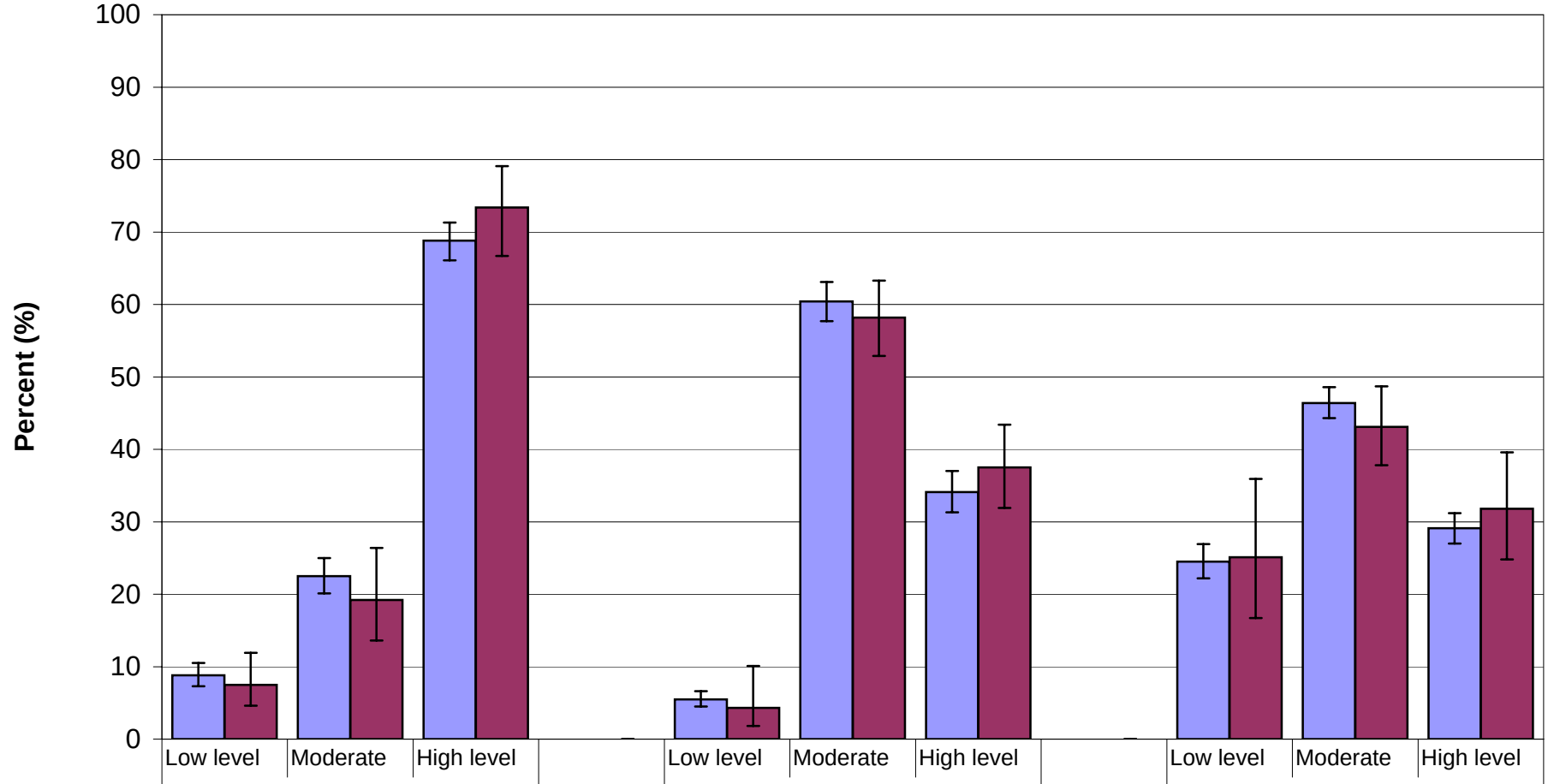
See Appendix C for discussion of resiliency/protective factors.

Protective Factors with Peers
Los Alamos County: 2001, 2003, 2005, 2007
Grades 9 - 12, 2007 NM YRRS



See Appendix C for discussion of resiliency/protective factors.

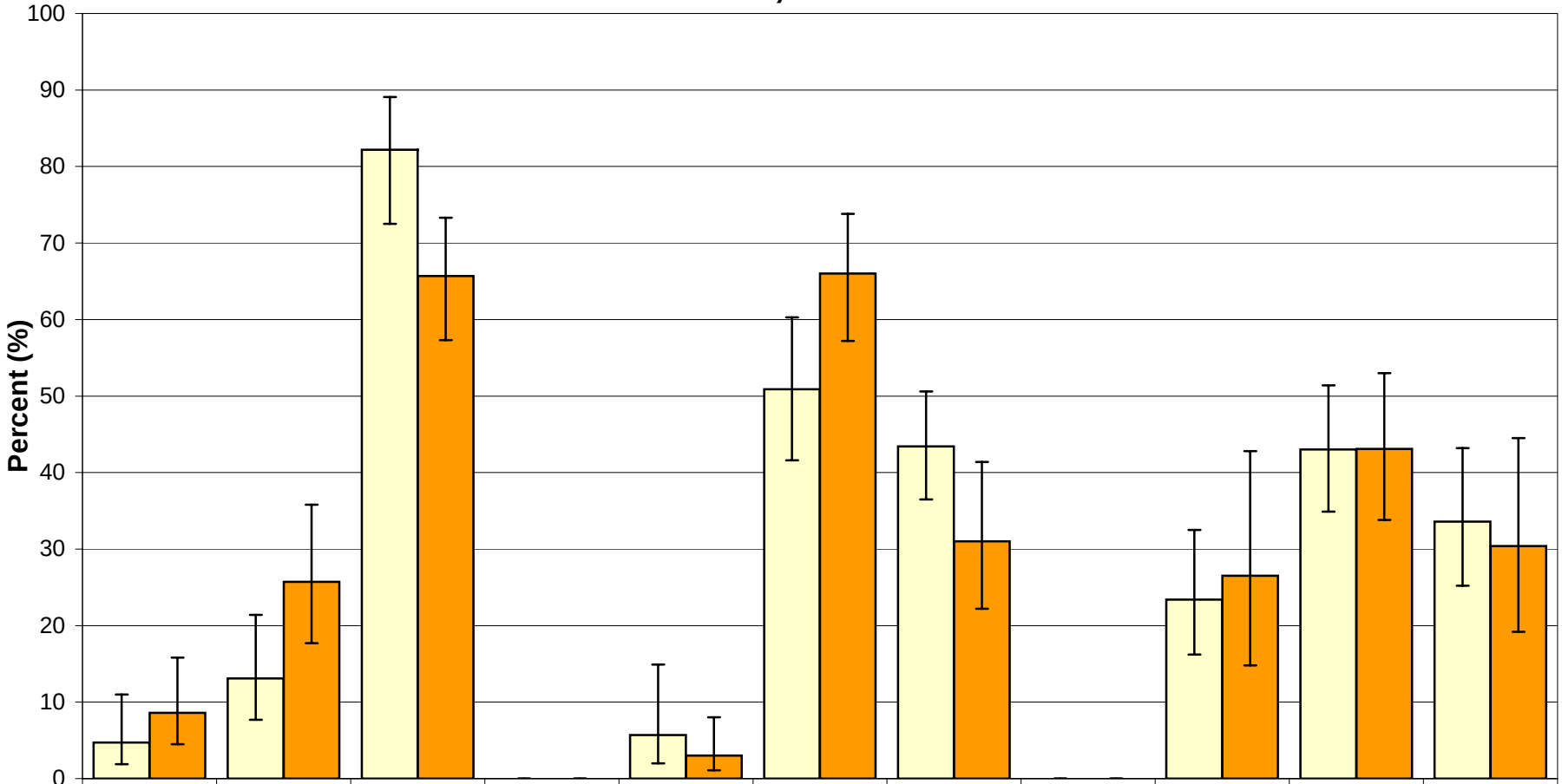
Protective Factors with Peers
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Caring relationship with peer				Positive peer influence				Positive peer influence RT substance use		
	Low level	Moderate	High level		Low level	Moderate	High level		Low level	Moderate	High level
New Mexico	8.8	22.5	68.8		5.5	60.4	34.1		24.5	46.4	29.1
Los Alamos	7.5	19.2	73.4	0.0	4.3	58.2	37.5	0.0	25.1	43.1	31.8

See Appendix C for discussion of resiliency/protective

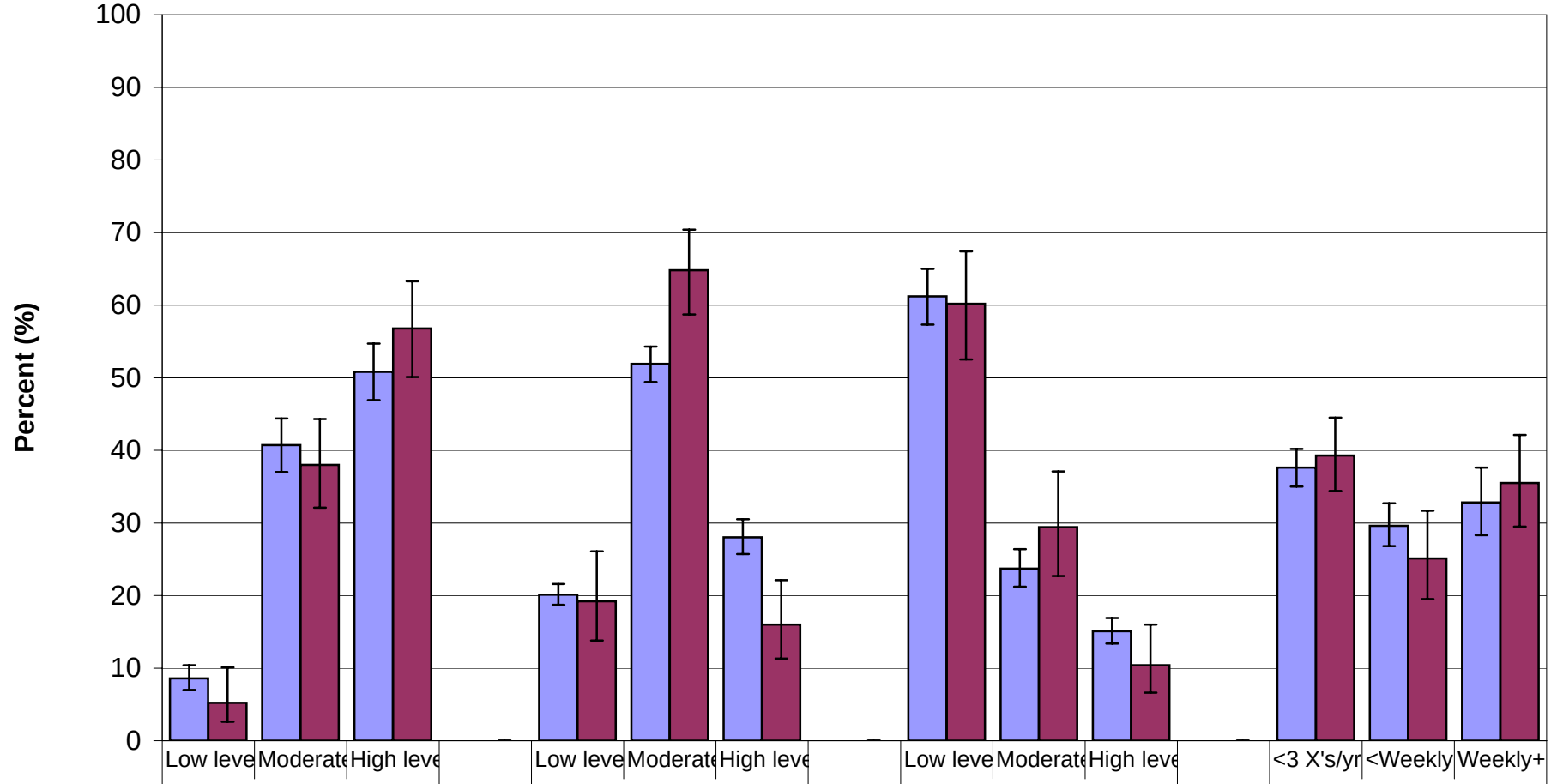
Protective Factors with Peers
by Gender, Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Caring relationship with peer				Positive peer influence				Positive peer influence RT substance use		
	Low level	Moderate	High level		Low level	Moderate	High level		Low level	Moderate	High level
Girls	4.7	13.1	82.2	0.0	5.7	50.9	43.4	0.0	23.4	43.0	33.6
Boys	8.6	25.7	65.7	0.0	3.0	66.0	31.0	0.0	26.5	43.1	30.4

See Appendix C for discussion of resiliency/protective factors.

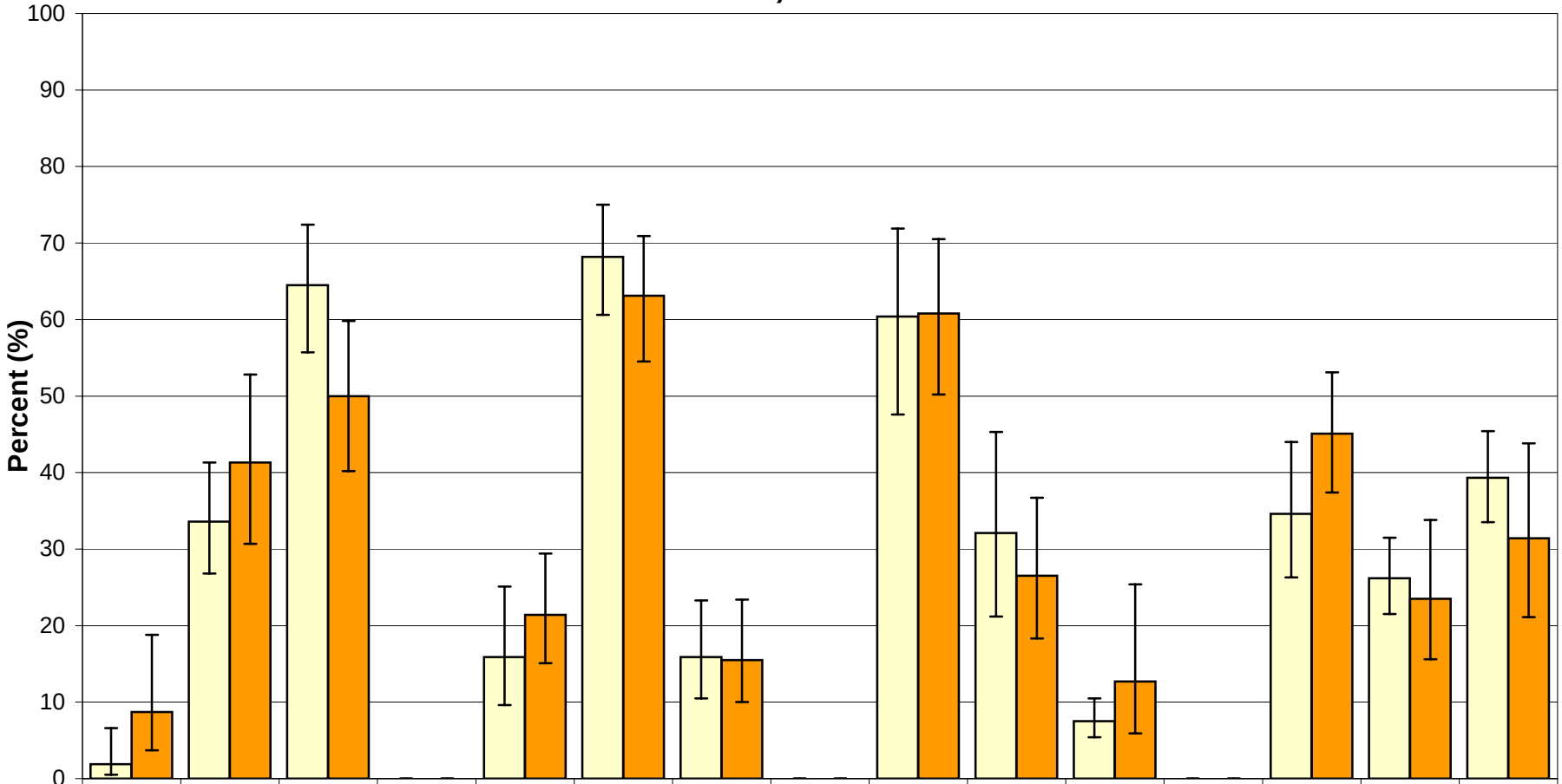
Other Resiliency Factors and Traits
New Mexico and Los Alamos County
Grades 9 - 12, 2007 NM YRRS



	Empathy				Impulsiveness				Sensation Seeking				Religiosity: goes to church/religious service		
	Low leve	Moderate	High leve		Low leve	Moderate	High leve		Low leve	Moderate	High leve		<3 X's/yr	<Weekly	Weekly+
New Mexico	8.6	40.7	50.8		20.1	51.9	28.0		61.2	23.7	15.1		37.6	29.6	32.8
Los Alamos	5.2	38.0	56.8	0.0	19.2	64.8	16.0	0.0	60.2	29.4	10.4	0.0	39.3	25.1	35.5

See Appendix C for discussion of resiliency/protective

Other Resiliency Factors and Traits by Gender, Los Alamos County Grades 9 - 12, 2007 NM YRRS



	Empathy				Impulsiveness				Sensation Seeking				Religiosity: goes to church/religious service		
	Low level	Moderate	High leve		Low level	Moderate	High leve		Low level	Moderate	High leve		<3 X's/yr	<Weekly	Weekly+
Girls	1.9	33.6	64.5	0.0	15.9	68.2	15.9	0.0	60.4	32.1	7.5	0.0	34.6	26.2	39.3
Boys	8.7	41.3	50.0	0.0	21.4	63.1	15.5	0.0	60.8	26.5	12.7	0.0	45.1	23.5	31.4

See Appendix C for discussion of resiliency/protective factors.

Appendix A

2007 Youth Risk and Resiliency Survey

High School Questionnaire

Los Alamos County

	Number	(%)
1. How old are you?		
A. 12 years old or younger	1	(0.5)
B. 13 years old	0	(0.0)
C. 14 years old	47	(21.8)
D. 15 years old	52	(24.1)
E. 16 years old	67	(31.0)
F. 17 years old	41	(19.0)
G. 18 years old or older	8	(3.7)
2. What is your sex?		
A. Female	108	(50.5)
B. Male	106	(49.5)
3. In what grade are you?		
A. 9th grade	73	(33.8)
B. 10th grade	39	(18.1)
C. 11th grade	78	(36.1)
D. 12th grade	26	(12.0)
E. Ungraded or other grade	0	(0.0)
4. Are you Hispanic or Latino?		
5. What is your race? (Select one or more responses.)		
Hispanic	48	(22.4)
White	130	(60.7)
American Indian or Alaska Native	13	(6.1)
Black or African American	6	(2.8)
Asian / Native Hawaiian or Other Pacific Islander	17	(7.9)
6. How tall are you without your shoes on?		
Mean height in feet and inches	5' 7"	
Mean height in meters	1.70	
7. How much do you weigh without your shoes on?		
Mean weight in pounds	137	
Mean weight in kilograms	62	

8. During the past 12 months, how would you describe your grades in school?	%	(95% CI)
A. Mostly A's	39.6	(30.0, 50.1)
B. Mostly B's	35.0	(28.2, 42.5)
C. Mostly C's	16.1	(12.2, 21.0)
D. Mostly D's	5.5	(2.6, 11.3)
E. Mostly F's	0.5	(0.1, 3.1)
F. None of these grades	0.0	(,)
G. Not sure	3.2	(1.5, 7.0)

The next 4 questions ask about personal safety.	%	(95% CI)
9. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
A. I did not ride a bicycle during the past 12 months	25.3	(17.5, 35.1)
B. Never wore a helmet	25.3	(19.6, 32.1)
C. Rarely wore a helmet	10.1	(6.2, 16.1)
D. Sometimes wore a helmet	10.1	(7.0, 14.5)
E. Most of the time wore a helmet	9.2	(5.3, 15.6)
F. Always wore a helmet	19.8	(14.4, 26.6)
10. How often do you wear a seat belt when riding in a car driven by someone else?		
A. Never	1.4	(0.5, 3.7)
B. Rarely	3.2	(1.8, 5.8)
C. Sometimes	5.6	(3.3, 9.3)
D. Most of the time	21.8	(16.0, 28.9)
E. Always	68.1	(61.8, 73.7)
11. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?		
A. 0 times	81.1	(77.1, 84.6)
B. 1 time	6.9	(4.5, 10.6)
C. 2 or 3 times	8.8	(6.3, 12.1)
D. 4 or 5 times	0.9	(0.2, 3.5)
E. 6 or more times	2.3	(1.1, 4.6)
12. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?		
A. 0 times	91.2	(85.8, 94.7)
B. 1 time	4.2	(1.8, 9.2)
C. 2 or 3 times	2.8	(1.4, 5.4)
D. 4 or 5 times	0.5	(0.1, 3.4)
E. 6 or more times	1.4	(0.5, 4.0)
The next 10 questions ask about violence-related behaviors.		
13. Is there a gun in your home?		
A. Yes	42.6	(35.0, 50.6)
B. No	50.0	(42.1, 57.9)
C. Not sure	7.4	(4.3, 12.5)
14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?		
A. 0 days	79.9	(73.2, 85.3)
B. 1 day	6.1	(3.5, 10.3)
C. 2 or 3 days	5.1	(2.8, 9.2)
D. 4 or 5 days	1.4	(0.5, 4.0)
E. 6 or more days	7.5	(4.9, 11.2)

15. During the past 30 days, on how many days did you carry a gun?	%	(95% CI)
A. 0 days	97.2	(95.2, 98.4)
B. 1 day	0.5	(0.1, 3.2)
C. 2 or 3 days	1.8	(0.8, 4.2)
D. 4 or 5 days	0.0	(,)
E. 6 or more days	0.5	(0.1, 3.0)

16. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?		
A. 0 days	91.1	(87.4, 93.8)
B. 1 day	3.3	(1.9, 5.7)
C. 2 or 3 days	2.3	(0.9, 5.8)
D. 4 or 5 days	0.9	(0.2, 3.7)
E. 6 or more days	2.3	(1.0, 5.4)

17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?		
A. 0 days	97.2	(94.9, 98.5)
B. 1 day	1.4	(0.5, 3.9)
C. 2 or 3 days	1.4	(0.5, 3.9)
D. 4 or 5 days	0.0	(,)
E. 6 or more days	0.0	(,)

18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?		
A. 0 times	91.2	(87.5, 94.0)
B. 1 time	3.7	(1.8, 7.5)
C. 2 or 3 times	3.2	(1.6, 6.4)
D. 4 or 5 times	0.5	(0.1, 3.1)
E. 6 or 7 times	0.5	(0.1, 3.0)
F. 8 or 9 times	0.0	(,)
G. 10 or 11 times	0.0	(,)
H. 12 or more times	0.9	(0.2, 3.8)

19. During the past 12 months, how many times were you in a physical fight?		
A. 0 times	68.5	(60.5, 75.6)
B. 1 time	14.6	(9.3, 22.0)
C. 2 or 3 times	10.8	(8.3, 14.0)
D. 4 or 5 times	2.8	(1.2, 6.3)
E. 6 or 7 times	0.5	(0.1, 3.3)
F. 8 or 9 times	0.5	(0.1, 3.1)
G. 10 or 11 times	0.0	(,)
H. 12 or more times	2.3	(1.1, 4.9)

20. During the past 12 months, how many times were you in a physical fight on school property?	%	(95% CI)
A. 0 times	88.2	(82.8, 92.1)
B. 1 time	7.5	(4.5, 12.3)
C. 2 or 3 times	3.8	(1.8, 7.6)
D. 4 or 5 times	0.0	(,)
E. 6 or 7 times	0.0	(,)
F. 8 or 9 times	0.5	(0.1, 3.2)
G. 10 or 11 times	0.0	(,)
H. 12 or more times	0.0	(,)

21. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
A. Yes	9.3	(5.8, 14.6)
B. No	90.7	(85.4, 94.2)

22. Have you ever been physically forced to have sexual intercourse when you did not want to?		
A. Yes	6.0	(3.5, 10.2)
B. No	94.0	(89.8, 96.5)

The next 5 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide; that is, taking some action to end their own life.

23. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?		
A. Yes	28.4	(23.2, 34.2)
B. No	71.6	(65.8, 76.8)

24. During the past 12 months, did you ever seriously consider attempting suicide?		
A. Yes	12.1	(8.5, 17.0)
B. No	87.9	(83.0, 91.5)

25. During the past 12 months, did you make a plan about how you would attempt suicide?		
A. Yes	10.3	(6.8, 15.2)
B. No	89.7	(84.8, 93.2)

26. During the past 12 months, how many times did you actually attempt suicide?		
A. 0 times	92.0	(86.5, 95.4)
B. 1 time	5.3	(3.1, 9.1)
C. 2 or 3 times	1.1	(0.3, 3.7)
D. 4 or 5 times	0.0	(,)
E. 6 or more times	1.6	(0.4, 6.2)

27. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	%	(95% CI)
A. I did not attempt suicide during the past 12 months	92.6	(87.3, 95.7)
B. Yes	2.7	(1.1, 6.3)
C. No	4.8	(2.8, 8.2)

The next 10 questions ask about tobacco use.

28. Have you ever tried cigarette smoking, even one or two puffs?		
A. Yes	37.0	(26.3, 49.2)
B. No	63.0	(50.8, 73.7)

29. How old were you when you smoked a whole cigarette for the first time?		
A. I have never smoked a whole cigarette	70.0	(59.2, 78.9)
B. 8 years old or younger	2.4	(1.1, 4.9)
C. 9 or 10 years old	2.4	(1.0, 5.5)
D. 11 or 12 years old	2.9	(1.2, 6.7)
E. 13 or 14 years old	11.4	(7.4, 17.2)
F. 15 or 16 years old	10.5	(5.8, 18.3)
G. 17 years old or older	0.5	(0.1, 3.5)

30. During the past 30 days, on how many days did you smoke cigarettes?		
A. 0 days	81.8	(73.1, 88.1)
B. 1 or 2 days	6.4	(3.9, 10.4)
C. 3 to 5 days	3.0	(1.4, 6.2)
D. 6 to 9 days	1.5	(0.3, 6.5)
E. 10 to 19 days	2.5	(1.2, 5.1)
F. 20 to 29 days	2.0	(0.4, 8.3)
G. All 30 days	3.0	(1.8, 4.9)

31. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
A. I did not smoke cigarettes during the past 30 days	81.8	(73.3, 88.0)
B. Less than 1 cigarette per day	5.9	(3.6, 9.7)
C. 1 cigarette per day	3.4	(1.7, 6.9)
D. 2 to 5 cigarettes per day	5.9	(3.6, 9.6)
E. 6 to 10 cigarettes per day	1.5	(0.4, 5.7)
F. 11 to 20 cigarettes per day	1.5	(0.5, 4.2)
G. More than 20 cigarettes per day	0.0	(,)

32. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)		
A. I did not smoke cigarettes during the past 30 days	81.8	(73.3, 88.0)
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	3.0	(1.4, 6.2)
C. I bought them from a vending machine	0.0	(,)
D. I gave someone else money to buy them for me	3.9	(2.2, 7.0)
E. I borrowed (or bummed) them from someone else	5.9	(3.7, 9.4)
F. A person 18 years old or older gave them to me	2.0	(0.6, 6.0)
G. I took them from a store or family member	1.0	(0.3, 3.5)
H. I got them some other way	2.5	(0.9, 6.8)

	%	(95% CI)
33. During the past 30 days, on how many days did you smoke cigarettes on school property?		
A. 0 days	93.0	(87.6, 96.1)
B. 1 or 2 days	3.3	(1.4, 7.6)
C. 3 to 5 days	1.4	(0.5, 4.0)
D. 6 to 9 days	0.5	(0.1, 3.2)
E. 10 to 19 days	1.4	(0.5, 3.9)
F. 20 to 29 days	0.0	(,)
G. All 30 days	0.5	(0.1, 3.3)
34. During the past 12 months, did you ever try to quit smoking cigarettes?		
A. I did not smoke during the past 12 months	76.0	(66.9, 83.2)
B. Yes	14.7	(10.2, 20.7)
C. No	9.3	(4.9, 17.1)
35. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?		
A. 0 days	90.3	(84.1, 94.2)
B. 1 or 2 days	2.8	(1.1, 7.0)
C. 3 to 5 days	2.8	(1.4, 5.5)
D. 6 to 9 days	0.9	(0.3, 3.2)
E. 10 to 19 days	0.9	(0.3, 3.3)
F. 20 to 29 days	0.9	(0.2, 3.5)
G. All 30 days	1.4	(0.3, 5.6)
36. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A. 0 days	89.4	(82.3, 93.8)
B. 1 or 2 days	8.8	(5.0, 14.9)
C. 3 to 5 days	0.9	(0.2, 3.5)
D. 6 to 9 days	0.5	(0.1, 3.2)
E. 10 to 19 days	0.0	(,)
F. 20 to 29 days	0.0	(,)
G. All 30 days	0.5	(0.1, 3.6)
37. During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?		
A. 0 days	64.0	(58.0, 69.6)
B. 1 or 2 days	18.2	(14.1, 23.2)
C. 3 or 4 days	7.0	(4.7, 10.2)
D. 5 or 6 days	3.7	(1.9, 7.4)
E. 7 days	7.0	(4.4, 11.0)

The next 7 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

	%	(95% CI)
38. How old were you when you had your first drink of alcohol other than a few sips?		
A. I have never had a drink of alcohol other than a few sips	42.7	(36.4, 49.3)
B. 8 years old or younger	6.1	(3.8, 9.6)
C. 9 or 10 years old	2.8	(1.2, 6.2)
D. 11 or 12 years old	6.6	(3.6, 11.7)
E. 13 or 14 years old	21.6	(16.3, 28.1)
F. 15 or 16 years old	18.3	(11.7, 27.4)
G. 17 years old or older	1.9	(0.8, 4.1)
39. During the past 30 days, on how many days did you have at least one drink of alcohol?		
A. 0 days	62.8	(55.5, 69.6)
B. 1 or 2 days	19.8	(15.9, 24.4)
C. 3 to 5 days	7.7	(5.5, 10.8)
D. 6 to 9 days	6.3	(4.0, 9.7)
E. 10 to 19 days	1.4	(0.4, 5.5)
F. 20 to 29 days	1.0	(0.3, 3.6)
G. All 30 days	1.0	(0.2, 3.7)
40. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?		
A. 0 days	79.1	(72.5, 84.4)
B. 1 day	9.8	(6.8, 13.9)
C. 2 days	4.2	(2.4, 7.3)
D. 3 to 5 days	3.3	(1.7, 6.2)
E. 6 to 9 days	2.3	(1.2, 4.3)
F. 10 to 19 days	0.5	(0.1, 3.4)
G. 20 or more days	0.9	(0.2, 3.5)
41. During the past 30 days, what type of alcohol did you usually drink? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	61.3	(53.4, 68.7)
B. I do not have a usual type	6.6	(3.4, 12.6)
C. Beer	9.9	(6.9, 14.1)
D. Malt beverages, such as Smirnoff Ice, Bacardi Silver, or Hard Lemonade	3.3	(1.1, 9.4)
E. Wine coolers, such as Bartles and James or Seagrams	1.9	(0.6, 5.4)
F. Wine	4.2	(2.1, 8.3)
G. Liquor, such as vodka, rum, scotch, bourbon, or whiskey	12.7	(8.4, 18.8)
H. Some other type	0.0	(,)

42. During the past 30 days, how did you usually get the alcohol you drank?	%	(95% CI)
A. I did not drink alcohol during the past 30 days	62.8	(54.9, 70.0)
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	0.5	(0.1, 3.8)
C. I bought it at a restaurant, bar, or club	0.5	(0.1, 3.6)
D. I bought it at a public event such as a concert or sporting event	0.0	(,)
E. I gave someone else money to buy it for me	5.8	(2.9, 11.2)
F. Someone gave it to me	18.4	(13.3, 24.7)
G. I took it from a store or family member	2.4	(1.0, 5.6)
H. I got it some other way	9.7	(7.1, 12.9)

43. During the past 30 days, where did you usually drink alcohol? (Select only one response.)		
A. I did not drink alcohol during the past 30 days	61.5	(53.1, 69.3)
B. At my home	13.1	(8.9, 18.9)
C. At another person's home	16.0	(11.3, 22.1)
D. While riding in or driving a car	1.4	(0.5, 3.8)
E. At a restaurant, bar, or club	1.4	(0.5, 3.8)
F. At a public place such as a park, beach, or parking lot	4.7	(2.4, 9.1)
G. At a public event such as a concert or sporting event	0.9	(0.2, 3.5)
H. On school property	0.9	(0.3, 3.3)

44. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?		
A. 0 days	94.9	(91.0, 97.1)
B. 1 or 2 days	3.3	(1.6, 6.4)
C. 3 to 5 days	0.5	(0.1, 3.2)
D. 6 to 9 days	0.5	(0.1, 3.1)
E. 10 to 19 days	0.0	(,)
F. 20 to 29 days	0.0	(,)
G. All 30 days	0.9	(0.2, 3.5)

The next 3 questions ask about marijuana use. Marijuana also is called grass or pot.

45. How old were you when you tried marijuana for the first time?		
A. I have never tried marijuana	60.7	(52.6, 68.4)
B. 8 years old or younger	2.3	(1.2, 4.6)
C. 9 or 10 years old	1.9	(0.9, 4.0)
D. 11 or 12 years old	5.1	(2.9, 8.9)
E. 13 or 14 years old	16.4	(12.1, 21.7)
F. 15 or 16 years old	12.6	(8.2, 19.0)
G. 17 years old or older	0.9	(0.1, 6.1)

46. During the past 30 days, how many times did you use marijuana?		
A. 0 times	76.1	(68.1, 82.6)
B. 1 or 2 times	9.4	(5.5, 15.7)
C. 3 to 9 times	5.2	(3.1, 8.6)
D. 10 to 19 times	2.8	(1.4, 5.7)
E. 20 to 39 times	2.3	(1.0, 5.6)
F. 40 or more times	4.2	(2.0, 8.6)

47. During the past 30 days, how many times did you use marijuana on school property?

	%	(95% CI)
A. 0 times	93.9	(90.1, 96.3)
B. 1 or 2 times	2.8	(1.2, 6.5)
C. 3 to 9 times	1.4	(0.5, 3.9)
D. 10 to 19 times	0.9	(0.2, 3.6)
E. 20 to 39 times	0.9	(0.2, 3.6)
F. 40 or more times	0.0	(,)

The next 12 questions ask about other drugs.

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A. 0 times	88.8	(82.7, 92.9)
B. 1 or 2 times	4.2	(2.3, 7.5)
C. 3 to 9 times	3.3	(1.3, 7.8)
D. 10 to 19 times	1.4	(0.5, 3.9)
E. 20 to 39 times	0.9	(0.3, 3.2)
F. 40 or more times	1.4	(0.5, 3.9)

49. During the past 30 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

A. 0 times	97.2	(94.4, 98.6)
B. 1 or 2 times	1.9	(0.6, 5.4)
C. 3 to 9 times	0.0	(,)
D. 10 to 19 times	0.5	(0.1, 3.1)
E. 20 to 39 times	0.0	(,)
F. 40 or more times	0.5	(0.1, 3.2)

50. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A. 0 times	93.0	(89.0, 95.7)
B. 1 or 2 times	5.1	(2.6, 10.0)
C. 3 to 9 times	0.5	(0.1, 3.5)
D. 10 to 19 times	0.0	(,)
E. 20 to 39 times	0.9	(0.2, 3.5)
F. 40 or more times	0.5	(0.1, 3.2)

51. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A. 0 times	96.7	(93.5, 98.4)
B. 1 or 2 times	1.4	(0.3, 5.5)
C. 3 to 9 times	0.9	(0.3, 3.3)
D. 10 to 19 times	0.0	(,)
E. 20 to 39 times	0.0	(,)
F. 40 or more times	0.9	(0.3, 3.3)

52. During the past 30 days, how many times have you used heroin (also called smack, junk, or China White)?	%	(95% CI)
A. 0 times	97.7	(95.4, 98.8)
B. 1 or 2 times	0.9	(0.2, 3.4)
C. 3 to 9 times	0.5	(0.1, 3.4)
D. 10 to 19 times	0.5	(0.1, 3.0)
E. 20 to 39 times	0.0	(,)
F. 40 or more times	0.5	(0.1, 3.2)

53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	94.4	(90.6, 96.8)
B. 1 or 2 times	3.7	(1.9, 7.3)
C. 3 to 9 times	0.9	(0.3, 3.4)
D. 10 to 19 times	0.0	(,)
E. 20 to 39 times	0.0	(,)
F. 40 or more times	0.9	(0.3, 3.3)

54. During the past 30 days, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?		
A. 0 times	97.2	(95.2, 98.4)
B. 1 or 2 times	0.9	(0.2, 3.4)
C. 3 to 9 times	0.9	(0.3, 3.2)
D. 10 to 19 times	0.5	(0.1, 3.4)
E. 20 to 39 times	0.0	(,)
F. 40 or more times	0.5	(0.1, 3.2)

55. During your life, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	92.6	(83.9, 96.7)
B. 1 or 2 times	4.7	(2.0, 10.7)
C. 3 to 9 times	1.4	(0.3, 5.6)
D. 10 to 19 times	0.0	(,)
E. 20 to 39 times	0.9	(0.3, 3.2)
F. 40 or more times	0.5	(0.1, 3.2)

56. During the past 30 days, how many times have you used ecstasy (also called MDMA)?		
A. 0 times	97.7	(94.7, 99.0)
B. 1 or 2 times	0.5	(0.1, 3.1)
C. 3 to 9 times	0.5	(0.1, 3.1)
D. 10 to 19 times	0.0	(,)
E. 20 to 39 times	0.9	(0.3, 3.2)
F. 40 or more times	0.5	(0.1, 3.2)

57. During the past 30 days, how many times did you use a pain killer to get high, like Vicodin, OxyContin (also called Oxy or OC), or Percocet (also called Percs)?	%	(95% CI)
A. 0 times	88.3	(80.3, 93.4)
B. 1 or 2 times	6.1	(3.1, 11.5)
C. 3 to 9 times	3.3	(1.6, 6.6)
D. 10 to 19 times	1.4	(0.5, 4.0)
E. 20 to 39 times	0.5	(0.1, 3.4)
F. 40 or more times	0.5	(0.1, 3.2)

58. During your life, how many times have you used a needle to inject any illegal drug into your body?		
A. 0 times	96.3	(93.8, 97.8)
B. 1 time	1.9	(0.8, 4.3)
C. 2 or more times	1.9	(0.9, 4.0)

59. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?		
A. Yes	40.1	(32.4, 48.3)
B. No	59.9	(51.7, 67.6)

The next 3 questions ask about what people think about kids your age drinking alcohol.

60. How wrong would most adults in your community think it was for kids your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	42.9	(37.3, 48.8)
B. Wrong	40.6	(34.4, 47.1)
C. A little bit wrong	12.7	(8.9, 18.0)
D. Not wrong at all	3.8	(2.4, 6.0)

61. How wrong do your parents feel it would be for you to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	64.2	(58.4, 69.5)
B. Wrong	21.4	(16.4, 27.4)
C. A little bit wrong	12.1	(8.4, 17.0)
D. Not wrong at all	2.3	(1.3, 4.2)

62. How wrong do you think it is for someone your age to drink alcohol (beer, wine, or hard liquor) regularly?		
A. Very wrong	29.0	(21.5, 37.8)
B. Wrong	25.7	(20.7, 31.4)
C. A little bit wrong	33.2	(27.6, 39.3)
D. Not wrong at all	12.1	(7.5, 19.0)

If you wanted to, how easy would each of the following be to get?

63. Beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?		
A. Very hard	10.2	(7.2, 14.3)
B. Sort of hard	20.5	(14.9, 27.5)
C. Sort of easy	26.8	(22.1, 32.1)
D. Very easy	42.4	(37.7, 47.3)

64. Marijuana?	%	(95% CI)
A. Very hard	19.1	(14.7, 24.4)
B. Sort of hard	13.5	(10.5, 17.2)
C. Sort of easy	20.9	(16.6, 26.0)
D. Very easy	46.5	(39.8, 53.3)

65. Cocaine, LSD, methamphetamines, or other illegal drug?		
A. Very hard	38.2	(30.2, 46.9)
B. Sort of hard	34.4	(28.1, 41.4)
C. Sort of easy	12.3	(8.0, 18.2)
D. Very easy	15.1	(10.0, 22.1)

66. How many adults have you known personally who, in the past year, have used marijuana, cocaine, or other drugs?		
A. None	54.9	(44.6, 64.9)
B. 1 adult	15.5	(10.6, 22.1)
C. 2 adults	8.5	(5.4, 12.9)
D. 3 or 4 adults	13.6	(9.3, 19.6)
E. 5 or more adults	7.5	(4.2, 13.2)

67. How many adults have you known personally who, in the past year, have sold or dealt drugs?		
A. None	73.6	(65.8, 80.2)
B. 1 adult	11.1	(8.0, 15.2)
C. 2 adults	9.3	(6.3, 13.4)
D. 3 or 4 adults	4.2	(1.9, 9.1)
E. 5 or more adults	1.9	(0.9, 3.9)

The next 6 questions ask about sexual behavior.

68. How old were you when you had sexual intercourse for the first time?		
A. I have never had sexual intercourse	71.6	(60.6, 80.5)
B. 11 years old or younger	0.5	(0.1, 3.5)
C. 12 years old	0.5	(0.1, 3.3)
D. 13 years old	3.9	(2.2, 6.9)
E. 14 years old	5.4	(3.4, 8.5)
F. 15 years old	8.8	(5.2, 14.7)
G. 16 years old	7.4	(4.1, 12.9)
H. 17 years old or older	2.0	(0.7, 5.5)

69. During your life, with how many people have you had sexual intercourse?		
A. I have never had sexual intercourse	70.9	(59.9, 79.9)
B. 1 person	11.7	(7.6, 17.4)
C. 2 people	5.8	(3.2, 10.4)
D. 3 people	4.9	(2.6, 8.9)
E. 4 people	3.9	(2.0, 7.4)
F. 5 people	0.0	(,)
G. 6 or more people	2.9	(1.2, 6.9)

70. During the past 3 months, with how many people did you have sexual intercourse?	%	(95% CI)
A. I have never had sexual intercourse	71.2	(60.4, 80.1)
B. I have had sexual intercourse, but not during the past 3 months	8.3	(4.8, 14.0)
C. 1 person	17.6	(12.6, 23.9)
D. 2 people	1.5	(0.5, 4.2)
E. 3 people	1.5	(0.5, 3.9)
F. 4 people	0.0	(,)
G. 5 people	0.0	(,)
H. 6 or more people	0.0	(,)

71. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
A. I have never had sexual intercourse	71.4	(60.5, 80.3)
B. Yes	6.4	(3.8, 10.5)
C. No	22.2	(15.7, 30.3)

72. The last time you had sexual intercourse, did you or your partner use a condom?		
A. I have never had sexual intercourse	71.4	(60.6, 80.3)
B. Yes	15.8	(10.2, 23.6)
C. No	12.8	(8.8, 18.3)

73. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)		
A. I have never had sexual intercourse	71.1	(60.1, 80.0)
B. No method was used to prevent pregnancy	2.5	(1.3, 4.7)
C. Birth control pills	10.8	(6.8, 16.7)
D. Condoms	11.8	(7.6, 17.8)
E. Depo-Provera (injectable birth control)	1.0	(0.3, 3.4)
F. Withdrawal	2.9	(1.4, 6.2)
G. Some other method	0.0	(,)
H. Not sure	0.0	(,)

The following questions ask about your family, your school, other adults, your friends, and yourself.

In my home, there is a parent or some other adult …

74. who is interested in my school work.		
A. Not true at all	1.9	(0.8, 4.4)
B. A little true	4.7	(2.2, 9.8)
C. Pretty much true	16.8	(10.0, 27.0)
D. Very much true	76.6	(69.2, 82.7)

75. who talks with me about my problems.		
A. Not true at all	8.5	(5.5, 12.8)
B. A little true	23.5	(20.2, 27.0)
C. Pretty much true	27.2	(20.3, 35.5)
D. Very much true	40.8	(36.1, 45.7)

76. who listens to me when I have something to say.	%	(95% CI)
A. Not true at all	9.3	(6.2, 13.8)
B. A little true	12.6	(9.9, 15.8)
C. Pretty much true	33.0	(25.5, 41.6)
D. Very much true	45.1	(39.8, 50.5)
77. who expects me to follow the rules.		
A. Not true at all	2.8	(1.3, 5.8)
B. A little true	3.7	(2.0, 6.9)
C. Pretty much true	20.6	(14.9, 27.7)
D. Very much true	72.9	(65.9, 78.9)
78. who believes that I will be a success.		
A. Not true at all	5.1	(2.6, 9.8)
B. A little true	8.4	(5.7, 12.2)
C. Pretty much true	20.9	(16.3, 26.5)
D. Very much true	65.6	(58.8, 71.8)
At my school, there is a teacher or some other adult…		
79. who really cares about me.		
A. Not true at all	10.2	(5.9, 17.2)
B. A little true	27.4	(23.5, 31.8)
C. Pretty much true	32.6	(27.2, 38.4)
D. Very much true	29.8	(25.4, 34.6)
80. who notices when I'm not there.		
A. Not true at all	10.2	(6.4, 16.1)
B. A little true	21.9	(17.5, 26.9)
C. Pretty much true	37.7	(28.4, 48.0)
D. Very much true	30.2	(26.2, 34.6)
81. who listens to me when I have something to say.		
A. Not true at all	7.1	(4.2, 11.8)
B. A little true	20.3	(16.0, 25.4)
C. Pretty much true	43.9	(36.4, 51.6)
D. Very much true	28.8	(23.0, 35.3)
82. who tells me when I do a good job.		
A. Not true at all	7.9	(4.9, 12.5)
B. A little true	17.7	(14.3, 21.6)
C. Pretty much true	35.3	(29.3, 41.9)
D. Very much true	39.1	(32.1, 46.5)
83. who believes that I will be a success.		
A. Not true at all	8.8	(6.3, 12.3)
B. A little true	15.3	(12.1, 19.3)
C. Pretty much true	33.0	(28.2, 38.3)
D. Very much true	42.8	(37.7, 48.0)

Outside of my home and school, there is an adult…	%	(95% CI)
84. who really cares about me.		
A. Not true at all	10.0	(6.0, 16.3)
B. A little true	7.2	(4.3, 11.7)
C. Pretty much true	23.9	(19.2, 29.4)
D. Very much true	58.9	(53.2, 64.2)
85. who notices when I am upset about something.		
A. Not true at all	13.4	(8.7, 20.1)
B. A little true	14.4	(11.4, 18.0)
C. Pretty much true	20.4	(15.9, 25.8)
D. Very much true	51.9	(46.1, 57.5)
86. whom I trust.		
A. Not true at all	12.6	(8.1, 19.0)
B. A little true	9.8	(6.9, 13.7)
C. Pretty much true	20.5	(15.5, 26.5)
D. Very much true	57.2	(52.1, 62.2)
87. who tells me when I do a good job.		
A. Not true at all	10.3	(6.7, 15.4)
B. A little true	11.2	(8.2, 15.1)
C. Pretty much true	24.3	(19.2, 30.2)
D. Very much true	54.2	(49.1, 59.2)
88. who believes that I will be a success.		
A. Not true at all	8.4	(5.0, 13.7)
B. A little true	9.8	(7.0, 13.5)
C. Pretty much true	19.1	(14.0, 25.4)
D. Very much true	62.8	(58.1, 67.3)
I have a friend about my own age…		
89. who really cares about me.		
A. Not true at all	6.0	(3.7, 9.7)
B. A little true	5.1	(2.7, 9.3)
C. Pretty much true	16.7	(12.9, 21.2)
D. Very much true	72.2	(65.0, 78.4)
90. who talks with me about my problems.		
A. Not true at all	6.5	(4.7, 9.0)
B. A little true	12.1	(8.4, 17.3)
C. Pretty much true	16.4	(13.6, 19.6)
D. Very much true	65.0	(58.4, 71.0)
91. who helps me when I'm having a hard time.		
A. Not true at all	7.0	(4.6, 10.4)
B. A little true	7.4	(3.8, 14.0)
C. Pretty much true	16.7	(14.1, 19.8)
D. Very much true	68.8	(62.8, 74.3)

How true do you feel these statements are for you?	%	(95% CI)
92. When I am not at home, one of my parents/guardians knows where I am and who I am with.		
A. Not true at all	2.8	(0.9, 8.2)
B. A little true	12.7	(9.2, 17.2)
C. Pretty much true	35.7	(30.1, 41.7)
D. Very much true	48.8	(41.5, 56.2)
93. My family has clear rules about drug and alcohol use.		
A. Not true at all	5.2	(2.9, 8.9)
B. A little true	9.9	(4.7, 19.6)
C. Pretty much true	22.1	(18.1, 26.7)
D. Very much true	62.9	(55.9, 69.4)
94. My family has clear rules and standards for my behavior.		
A. Not true at all	3.7	(2.1, 6.4)
B. A little true	8.3	(5.7, 12.0)
C. Pretty much true	25.0	(19.8, 31.1)
D. Very much true	63.0	(55.6, 69.8)
95. In my school, there are clear rules about what students can and cannot do.		
A. Not true at all	2.8	(1.3, 6.0)
B. A little true	11.6	(7.5, 17.7)
C. Pretty much true	33.0	(27.1, 39.5)
D. Very much true	52.6	(46.3, 58.7)
96. At school, I try hard to do my best work.		
A. Not true at all	4.2	(2.0, 8.4)
B. A little true	14.4	(10.6, 19.3)
C. Pretty much true	33.5	(28.9, 38.4)
D. Very much true	47.9	(40.3, 55.7)
97. I plan to go to college or some other school after high school.		
A. Not true at all	2.8	(1.0, 7.4)
B. A little true	2.8	(1.6, 4.9)
C. Pretty much true	12.6	(8.0, 19.2)
D. Very much true	81.9	(72.8, 88.4)
98. At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).		
A. Not true at all	23.0	(16.8, 30.6)
B. A little true	9.4	(6.2, 14.1)
C. Pretty much true	15.5	(11.4, 20.7)
D. Very much true	52.1	(44.7, 59.4)
99. Outside of my home and school, I am a part of clubs, sports teams, church/ temple, or other group activities.		
A. Not true at all	20.7	(17.2, 24.6)
B. A little true	14.6	(10.1, 20.5)
C. Pretty much true	16.0	(12.4, 20.4)
D. Very much true	48.8	(43.1, 54.6)

	%	(95% CI)
100. Outside of my home and school, I am involved in music, art, literature, sports, or a hobby.		
A. Not true at all	9.9	(7.4, 13.1)
B. A little true	13.7	(10.8, 17.2)
C. Pretty much true	19.8	(16.0, 24.2)
D. Very much true	56.6	(51.9, 61.2)
101. Outside of my home and school, I help other people.		
A. Not true at all	5.6	(3.6, 8.8)
B. A little true	16.4	(11.1, 23.6)
C. Pretty much true	40.8	(32.9, 49.3)
D. Very much true	37.1	(33.2, 41.2)
102. I try to understand what other people feel and think.		
A. Not true at all	5.2	(2.6, 10.1)
B. A little true	8.5	(5.8, 12.2)
C. Pretty much true	29.6	(22.9, 37.2)
D. Very much true	56.8	(50.1, 63.3)
103. I often do things without thinking about what will happen.		
A. Not true at all	19.2	(13.8, 26.1)
B. A little true	46.0	(40.8, 51.3)
C. Pretty much true	18.8	(15.2, 22.9)
D. Very much true	16.0	(11.3, 22.1)
104. It is hard for me to stick with one thing even when it is fun.		
A. Not true at all	39.3	(33.1, 46.0)
B. A little true	31.8	(28.9, 34.8)
C. Pretty much true	16.1	(11.8, 21.5)
D. Very much true	12.8	(9.0, 17.9)
105. My friends get into a lot of trouble.		
A. Not true at all	36.3	(29.9, 43.3)
B. A little true	36.8	(29.9, 44.2)
C. Pretty much true	16.0	(12.5, 20.3)
D. Very much true	10.8	(6.7, 17.1)
106. My friends do well in school.		
A. Not true at all	5.3	(2.6, 10.5)
B. A little true	18.8	(13.1, 26.1)
C. Pretty much true	46.6	(38.8, 54.6)
D. Very much true	29.3	(23.9, 35.5)
Among the people you consider to be your closest friends, how many would you say do the following?		
107. Drink alcohol once a week or more?		
A. None	48.1	(37.1, 59.3)
B. A few	29.7	(25.0, 34.9)
C. Some	12.3	(8.4, 17.5)
D. Most	8.0	(4.5, 13.8)
E. All	1.9	(0.6, 5.7)

108. Have used drugs such as marijuana or cocaine?	%	(95% CI)
A. None	37.3	(29.2, 46.1)
B. A few	28.8	(23.7, 34.4)
C. Some	12.7	(8.6, 18.5)
D. Most	17.9	(12.6, 24.8)
E. All	3.3	(1.3, 7.9)

The next 7 questions ask about how many times you have done the following things.

109. How many times have you done something dangerous because someone dared you to do it?		
A. I have never done this	41.2	(34.2, 48.7)
B. I have done it but not in the past year	28.9	(21.1, 38.2)
C. Less than once a month	18.0	(13.6, 23.5)
D. About once a month	5.2	(2.5, 10.4)
E. 2 or 3 times a month	4.3	(2.2, 8.3)
F. Once a week or more	2.4	(1.0, 5.3)

110. How many times have you done crazy exciting things even if they are a little dangerous?		
A. I have never done this	18.8	(13.6, 25.3)
B. I have done it but not in the past year	19.7	(13.0, 28.8)
C. Less than once a month	25.8	(20.1, 32.6)
D. About once a month	14.6	(10.5, 19.9)
E. 2 or 3 times a month	11.7	(8.3, 16.3)
F. Once a week or more	9.4	(6.2, 13.9)

111. How often do you attend religious or spiritual services?		
A. Every day	3.3	(1.7, 6.4)
B. 1 to 6 times a week	32.2	(26.0, 39.1)
C. 1 to 3 times a month	15.6	(11.0, 21.7)
D. 3 to 11 times a year	9.5	(6.8, 13.1)
E. Only once or twice a year	15.2	(11.4, 19.9)
F. Never	24.2	(19.0, 30.2)

112. During the school year, how many hours a week do you work at a job?		
A. I do not work	65.7	(53.1, 76.4)
B. 1 to 4 hours per week	10.6	(7.3, 15.1)
C. 5 to 9 hours per week	7.2	(4.3, 11.9)
D. 10 to 20 hours per week	13.5	(7.4, 23.4)
E. Over 20 hours per week	2.9	(0.9, 8.5)

113. During the last four weeks, how many days of school have you missed because you skipped or ditched?		
A. None	75.1	(68.9, 80.5)
B. 1 day	12.2	(9.5, 15.6)
C. 2 days	3.8	(1.6, 8.4)
D. 3 days	3.3	(1.7, 6.1)
E. 4 to 5 days	3.8	(1.4, 9.9)
F. 6 to 10 days	1.4	(0.3, 5.8)
G. 11 or more days	0.5	(0.1, 3.2)

114. How often do you come to classes without bringing paper or something to write with?	%	(95% CI)
A. Never	60.6	(51.6, 68.9)
B. Sometimes	34.7	(27.4, 42.9)
C. Usually	4.7	(2.7, 8.0)

115. How often do you come to classes without your homework finished?		
A. Never	29.0	(23.2, 35.7)
B. Sometimes	51.9	(43.8, 59.9)
C. Usually	19.0	(15.2, 23.5)

The next 3 questions ask about body weight.

116. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
A. Yes	47.3	(40.9, 53.8)
B. No	52.7	(46.2, 59.1)

117. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
A. Yes	36.2	(30.3, 42.5)
B. No	63.8	(57.5, 69.7)

118. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?		
A. Yes	5.7	(3.4, 9.4)
B. No	94.3	(90.6, 96.6)

The next 8 questions ask about food you ate or drank during the past 7 days. Think about all the meals and snacks you had from the time you got up until you went to bed. Be sure to include food you ate at home, at school, at restaurants, or anywhere else.

119. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)		
A. I did not drink 100% fruit juice during the past 7 days	17.3	(12.6, 23.2)
B. 1 to 3 times during the past 7 days	38.3	(32.8, 44.1)
C. 4 to 6 times during the past 7 days	20.1	(13.9, 28.2)
D. 1 time per day	12.1	(8.3, 17.4)
E. 2 times per day	6.5	(3.9, 10.9)
F. 3 times per day	3.3	(1.3, 7.8)
G. 4 or more times per day	2.3	(1.0, 5.4)

120. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)		
A. I did not eat fruit during the past 7 days	7.9	(4.8, 12.8)
B. 1 to 3 times during the past 7 days	32.2	(26.0, 39.2)
C. 4 to 6 times during the past 7 days	20.1	(15.1, 26.3)
D. 1 time per day	15.9	(12.7, 19.7)
E. 2 times per day	16.4	(12.3, 21.4)
F. 3 times per day	5.1	(2.7, 9.6)
G. 4 or more times per day	2.3	(1.2, 4.5)

121. During the past 7 days, how many times did you eat green salad?	%	(95% CI)
A. I did not eat green salad during the past 7 days	23.2	(18.5, 28.7)
B. 1 to 3 times during the past 7 days	46.4	(39.9, 53.1)
C. 4 to 6 times during the past 7 days	14.2	(11.0, 18.1)
D. 1 time per day	13.3	(8.9, 19.3)
E. 2 times per day	1.4	(0.5, 3.9)
F. 3 times per day	1.4	(0.4, 5.5)
G. 4 or more times per day	0.0	(,)

122. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)		
A. I did not eat potatoes during the past 7 days	26.4	(21.1, 32.5)
B. 1 to 3 times during the past 7 days	55.2	(48.8, 61.4)
C. 4 to 6 times during the past 7 days	11.8	(8.1, 16.8)
D. 1 time per day	4.7	(2.8, 7.9)
E. 2 times per day	1.4	(0.5, 3.9)
F. 3 times per day	0.0	(,)
G. 4 or more times per day	0.5	(0.1, 3.1)

123. During the past 7 days, how many times did you eat carrots?		
A. I did not eat carrots during the past 7 days	35.0	(27.2, 43.8)
B. 1 to 3 times during the past 7 days	51.9	(44.8, 58.9)
C. 4 to 6 times during the past 7 days	6.1	(3.5, 10.3)
D. 1 time per day	4.7	(3.2, 6.8)
E. 2 times per day	1.4	(0.5, 3.8)
F. 3 times per day	0.5	(0.1, 3.3)
G. 4 or more times per day	0.5	(0.1, 3.2)

124. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)		
A. I did not eat other vegetables during the past 7 days	12.9	(7.9, 20.2)
B. 1 to 3 times during the past 7 days	32.9	(29.3, 36.6)
C. 4 to 6 times during the past 7 days	28.1	(21.4, 35.9)
D. 1 time per day	13.8	(9.2, 20.1)
E. 2 times per day	8.6	(5.8, 12.4)
F. 3 times per day	3.3	(1.8, 6.2)
G. 4 or more times per day	0.5	(0.1, 3.4)

125. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as a Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop.)		
A. I did not drink soda or pop during the past 7 days	29.6	(24.1, 35.7)
B. 1 to 3 times during the past 7 days	41.8	(36.4, 47.3)
C. 4 to 6 times during the past 7 days	12.2	(8.0, 18.2)
D. 1 time per day	7.5	(4.1, 13.4)
E. 2 times per day	5.2	(2.9, 8.9)
F. 3 times per day	1.9	(0.8, 4.3)
G. 4 or more times per day	1.9	(0.8, 4.3)

126. During the past 7 days, how many glasses of milk did you drink? (Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

	%	(95% CI)
A. I did not drink milk during the past 7 days	12.7	(7.8, 20.0)
B. 1 to 3 glasses during the past 7 days	21.7	(15.2, 30.0)
C. 4 to 6 glasses during the past 7 days	17.9	(14.4, 22.0)
D. 1 glass per day	16.5	(12.1, 22.2)
E. 2 glasses per day	16.5	(13.4, 20.2)
F. 3 glasses per day	9.4	(5.2, 16.7)
G. 4 or more glasses per day	5.2	(3.2, 8.4)

The next 4 questions ask about physical activity.

127. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)

A. 0 days	18.4	(13.1, 25.2)
B. 1 day	10.8	(9.1, 12.9)
C. 2 days	11.3	(8.6, 14.8)
D. 3 days	16.0	(11.8, 21.5)
E. 4 days	10.8	(7.6, 15.2)
F. 5 days	9.4	(6.6, 13.3)
G. 6 days	9.0	(6.0, 13.2)
H. 7 days	14.2	(10.9, 18.2)

128. On an average school day, how many hours do you watch TV?

A. I do not watch TV on an average school day	25.8	(18.9, 34.2)
B. Less than 1 hour per day	26.8	(22.9, 31.0)
C. 1 hour per day	16.4	(12.0, 22.1)
D. 2 hours per day	13.6	(10.1, 18.2)
E. 3 hours per day	13.1	(9.1, 18.7)
F. 4 hours per day	1.9	(0.8, 4.4)
G. 5 or more hours per day	2.3	(1.0, 5.2)

129. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)

A. I do not play video or computer games or use a computer for something that is not school work	21.9	(16.6, 28.3)
B. Less than 1 hour per day	28.1	(21.4, 35.9)
C. 1 hour per day	16.7	(12.7, 21.5)
D. 2 hours per day	16.7	(10.9, 24.6)
E. 3 hours per day	7.6	(4.5, 12.6)
F. 4 hours per day	5.2	(2.9, 9.3)
G. 5 or more hours per day	3.8	(2.0, 7.1)

130. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

	%	(95% CI)
A. 0 days	62.2	(49.1, 73.8)
B. 1 day	2.4	(1.2, 4.6)
C. 2 days	4.3	(2.3, 7.8)
D. 3 days	27.3	(16.5, 41.5)
E. 4 days	0.5	(0.1, 3.2)
F. 5 days	3.3	(1.4, 7.7)

The next 4 questions ask about other health-related topics.

131. If your school has a school-based health center, how many times did you use it for services this year?

A. My school does not have a school-based health center	32.2	(24.8, 40.7)
B. 0 times	42.2	(35.1, 49.6)
C. 1 time	9.0	(5.4, 14.6)
D. 2 times	7.1	(4.5, 11.1)
E. 3 or more times	9.5	(5.9, 14.9)

132. Have you ever been taught about AIDS or HIV infection in school?

A. Yes	92.8	(89.7, 95.0)
B. No	4.8	(3.2, 7.1)
C. Not sure	2.4	(1.0, 5.8)

133. Has a doctor or nurse ever told you that you have asthma?

A. Yes	26.4	(21.1, 32.5)
B. No	69.2	(62.6, 75.2)
C. Not sure	4.3	(1.9, 9.5)

134. Do you still have asthma?

A. I have never had asthma	64.6	(58.6, 70.2)
B. Yes	17.0	(12.2, 23.1)
C. No	9.9	(6.1, 15.8)
D. Not sure	8.5	(5.1, 13.9)

These last 3 questions ask for some information about you and your family.

135. How often do you speak a language other than English at home?

A. Never	64.3	(57.6, 70.5)
B. Less than half the time	24.9	(18.6, 32.5)
C. About half the time	5.2	(2.5, 10.5)
D. More than half the time but not all of the time	2.8	(1.7, 4.8)
E. All of the time	2.8	(1.3, 5.9)

136. Were you born in the USA?

A. Yes	94.7	(91.1, 96.9)
B. No	5.3	(3.1, 8.9)

137. During the past 12 months, which of the following statements best describes the food eaten by you and your family?

A. Enough food to eat	92.8	(88.8, 95.5)
B. Sometimes not enough food to eat	4.3	(2.3, 8.0)
C. Often not enough food to eat	2.9	(1.3, 6.0)

This is the end of the survey.
Thank you very much for your help.

Appendix B: Definitions of Risk Behaviors

Behaviors that Contribute to Unintentional Injury

Never or rarely wore a seatbelt

Answered 'Never' or 'Rarely' to the question, *How often do you wear a seat belt when riding in a car driven by someone else?*

Rarely or never wore a bicycle helmet

Of those who rode a bicycle within the past 12 months, responded 'Never wore a helmet' or 'Rarely wore a helmet' to the question, *When you rode a bicycle durin the past 12 months, how often did you wear a helmet?*

Rode with drinking driver

Answered *one or more times* to the question, *During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?*

Drove after drinking

Answered *one or more times* to the question, *During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?*

Behaviors Associated with Violence

Carried weapon

Answered *one or more days* to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?*

Carried a gun

Answered *one or more days* to the question, *During the past 30 days, on how many days did you carry a gun?*

Carried a weapon on school property

Answered *one or more days* to the question, *During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?*

In a physical fight

Answered *one or more times* to the question, *During the past 12 months, how many times were you in a physical fight?*

In a physical fight on school property

Answered *one or more times* to the question, *During the past 12 months, how many times were you in a physical fight on school property?*

Skipped school because felt unsafe

Answered *one or more days* to the question, *During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?*

Threatened or injured with a weapon on school property

Answered *one or more times* to the question, *During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?*

Physically hurt by boy/girlfriend

Answered *'Yes'* to the question, *During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?*

Ever physically forced to have sexual intercourse

Answered *'Yes'* to the question, *Have you ever been physically forced to have sexual intercourse when you did not want to?*

Mental Health, Suicidal Ideation, and Suicide Attempts

Persistent feelings of sadness or hopelessness

Answered *'Yes'* to the question, *During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?*

Seriously considered suicide

Answered *'Yes'* to the question, *During the past 12 months, did you ever seriously consider attempting suicide?*

Made a suicide plan

Answered *'Yes'* to the question, *During the past 12 months, did you make a plan about how you would attempt suicide?*

Attempted suicide

Answered *one or more time* to the question, *During the past 12 months, how many times did you actually attempt suicide?*

Injured as result of suicide attempt

Answered *'Yes'* to the question, *If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?*

Cigarette Smoking

Ever tried cigarettes

Answered *'Yes'* to the question, *Have you ever tried cigarette smoking, even one or two puffs?*

First smoked a cigarette before age 13

Answered *12 years old or younger* to the question, *How old were you when you smoked a whole cigarette for the first time?*

Current Smoker (Smoked at least one cigarette in past 30 days)

Answered *one or more days* to the question, *During the past 30 days, on how many days did you smoke cigarettes?*

Frequent Smoker (Smoked cigarettes on 20 of past 30 days)

Answered *20 or more days* to the question, *During the past 30 days, on how many days did you smoke cigarettes?*

Smoked on school property

Answered *one or more days* to the question, During the past 30 days, on how many days did you smoke cigarettes on school property?

Bought cigarettes in a store

Answered *'I bought them in a store such as a convenience store, supermarket, discount store, or gas station'* to the question, *During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)*

Other Tobacco Use

Current cigar smoking

Answered *one or more days* to the question, During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

Chew, snuff, or spit tobacco use

Answered *'one or more days'* to the question, *During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?*

Used any tobacco

Respondent reported any form of tobacco use in the previous 30 days (i.e., smoking cigarettes, cigars, cigarillos, or little cigars, or using smokeless tobacco).

In same room as smoker

Answered *one or more days* to the question, *During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?*

Alcohol Use

Ever drank alcohol

Gave any response other than *'I have never had a drink of alcohol other than a few sips'* to the question, *How old were you when you had your first drink of alcohol other than a few sips?*

Current drinker (Had drink of alcohol in past 30 days)

Answered *one or more days* to the question, *During the past 30 days, on how many days did you have at least one drink of alcohol?*

Binge drinking

Answered *one or more days* to the question, *During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?*

Drank on school property

Answered *one or more days* to the question, *During the past 30 days, on how many days did you have at least one drink of alcohol on school property?*

First drink before age 13

Answered *12 years old or younger* to the question, *How old were you when you had your first drink of alcohol other than a few sips?*

Marijuana and Other Drug Use

Current marijuana use (Used marijuana in past 30 days)

Answered *one or more days* to the question, *During the past 30 days, how many times did you use marijuana?*

Used marijuana on school property

Answered *one or more days* to the question, *During the past 30 days, how many times did you use marijuana on school property?*

First used marijuana before age 13

Answered *12 years old or younger* to the question, *How old were you when you tried marijuana for the first time?*

Past 30-day use

Answered *one or more times* to the questions, *During the past 30 days, how many times ...*

...did you use any form of cocaine, including powder, crack, or freebase?

…have you used heroin (also called smack, junk, or China White)?

...have you used methamphetamines (also called speed, crystal, crank, or ice)?

...have you used ecstasy (also called MDMA)?

...have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

…did you use a pain killer to get high, like Vicodin, Oxycontin (also called Oxy or OC), or Percocet (also called Percs)?

Lifetime use

Answered *one or more times* to the question, *During your life…*

…have you used any form of cocaine, including powder, crack, or freebase?

…have you used heroin (also called smack, junk, or China White)?

...have you used methamphetamines (also called speed, crystal, crank, or ice)?

...have you used ecstasy (also called MDMA)?

...have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

...have you used a needle to inject any illegal drug into your body?

Access to drugs

Offered illegal drugs on school property

Answered *'Yes'* to the question, *During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?*

Can get marijuana easily, AND

Can get cocaine, LSD, methamphetamines, or other illegal drugs easily

Answered 'Very easy' of 'Sort of easy' to the questions, *If you wanted to, how easy would each of the following be to get?*

Marijuana?
Cocaine, LSD, methamphetamines, or other illegal drug?

Sexual Activity

Ever had sexual intercourse

Gave any respons other than *'I have never had sexual intercourse'* to the question, *How old were you when you had sexual intercourse for the first time?*

Currently sexually active

Respondent reported having sexual intercourse within the previous 3 months. Answered *one or more people* to the question, *During the past 3 months, with how many people did you have sexual intercourse?*

First sexual intercourse before age 13

Answered *12 years old or younger* to the question, *How old were you when you had sexual intercourse for the first time?*

Used alcohol or drugs before last sexual intercourse (among sexually active students)

Answered *'Yes'* to the question, *Did you drink alcohol or use drugs before you had sexual intercourse the last time?*

- and -

Is currently sexully active (see above)

No condom use (among sexually active students)

Answered *'No'* to the question, *The last time you had sexual intercourse, did you or your partner use a condom?*

- and -

Is currently sexully active (see above)

Body Weight and Weight Control

Overweight and Obese

Body Mass Index (BMI) was calculated from self-reported height and weight. The categories 'Overweight' and 'Obese' were based on age- and sex-specific BMI values. These values were determined from national, multi-year reference data.

Overweight: Greater than or equal to the 85th national BMI percentile for age and sex, and less than the 95th percentile.

Obese: Greater than or equal to the 95th national BMI percentile for age and sex.

Exercised for weight control in last 30 days

Answered *'Yes'* to the question, *During the past 30 days, did you exercise to lose weight or to keep from gaining weight?*

Ate less for weight control in last 30 days

Answered *'Yes'* to the question, *During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?*

Vomited or used laxatives for weight control in last 30 days

Answered *'Yes'* to the question, *During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?*

Physical Activity and Nutrition

Less than 5 servings of fruits/vegetables daily

Reported consuming fewer than five daily servings of fruit juice, fruit, green salad, potatoes, carrots, or other vegetables over the previous five days.

Food insecurity (Sometimes or often not enough food to eat)

Answered *'Sometimes not enough food to eat' or 'Often not enough food to eat'* to the question, *During the past 12 months, which of the following statements best describes the food eaten by you and your family?*

Less than recommended physical activity

Answered less than *5 days* to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)*

No days of 60 minutes of physical activity

Answered *0 days* to the question, *During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)*

Three or more hours per day TV viewing

Answered *3 hours per day or more* to the question, *On an average school day, how many hours do you watch TV?*

Three or more hours video computer games daily

Answered *3 hours per day or more* to the question, *On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, computer games, and the Internet.)*

No daily PE

Answered *less than 5 days* to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?*

No days of PE

Answered *0 days* to the question, *In an average week when you are in school, on how many days do you go to physical education (PE) classes?*

Other

Ever told by a doctor/nurse they had asthma

Answered *'Yes'* to the question, *Has a doctor or nurse ever told you that you have asthma?*

Current asthma

Answered *'Yes'* to the question, *Do you still have asthma?*

Ever taught aobut HIV/AIDS in school

Answered *'Yes'* to the question, *Have you ever been taught about AIDS or HIV infection in school?*

Born outside USA

Answered *'No'* to the question, *Were you born in the USA?*

Speak non-English language more than half time at home

Answered *'All of the time' or "More than half the time but not all of the time'* to the question, *How often do you speak a language other than English at home?*

Appendix C: Definitions of Protective Behaviors

Each protective factor is briefly described below. The measure is constructed from the responses to the survey questions listed below its description.

Caring and Supportive Relationships

Caring and supportive relationships refer to the interactions between youth and parents, peers, and

- Parent or other adult in the family
  - How true do you feel these statements are for you?
  - In my home, there is a parent or some other adult…
    - Who is interested in my school work.
    - Who talks with me about my problems.
    - Who listens to me when I have something to say.
- Teacher or other adult at school
  - How true do you feel these statements are for you?
  - At my school, there is a teacher or some other adult…
    - Who really cares about me.
    - Who notices when I'm not there.
    - Who listens to me when I have something to say.
- Adult in the Community
  - How true do you feel these statements are for you?
  - Outside of my home and school, there is an adult…
    - Who really cares about me.
    - Who notices when I am upset about something.
    - Whom I trust.
- Peers
  - How true do you feel these statements are for you?
  - I have a friend about my own age…
    - Who really cares about me.
    - Who talks with me about my problems.
    - Who helps me when I'm having a hard time.

Boundaries

Boundaries refer to interactions with parents, school, and the community that convey standards for

- Family
  - In my home, there is a parent or some other adult…
  - How true do you feel these statements are for you?
    - When I am not at home, one of my parents/guardians knows where I am and who I am with.
    - My family has clear rules about drug and alcohol use.
    - My family has clear rules and standards for my behavior.
- School
  - How true do you feel these statements are for you?
    - In my school, there are clear rules about what students can and cannot do.

High Expectations

Home

In my home, there is a parent or some other adult …

who expects me to follow the rules.

who believes that I will be a success.

School

At my school, there is a teacher or some other adult…

who tells me when I do a good job.

who believes that I will be a success.

Adult in the community

Outside of my home and school, there is an adult…

who tells me when I do a good job.

who believes that I will be a success.

Other

Positive Peer Influence

Youth standards for acceptable behavior are influenced by their peers and close friends.

How true do you feel these statements are for you?

My friends get into a lot of trouble.

My friends do well in school.

Positive Peer Influence Related to Substance Use

Among the people you consider to be your closest friends, how many would you say do the following?

Drink alcohol once a week or more?

Have used drugs such as marijuana or cocaine?

Involvement in school activities

At school I am involved in sports, clubs, or other extra-curricular activities (such as band, cheerleading, or student council).

Empathy

I try to understand what other people feel and think.

Sensation Seeking

How many times have you done something dangerous because someone dared you to do it?

How many times have you done crazy exciting things even if they are a little dangerous?

Religiosity: goes to church/religious service

How often do you attend religious or spiritual services?

Appendix D: Academic Performance and Related Behaviors

Academic performance and motivation measures included the following:

Gets mostly A's and B's (Good Grades)
Answered "Mostly A's" or "Mostly B's" to the question,
During the past 12 months, how would you describe your grades in school?

Do my best work at school
Answered "Very much true" or "Pretty much true" to the statement,
At school, I try hard to do my best work

Plans to continue education after high school
Answered "Very much true" or "Pretty much true" to the statement,
I plan to go to college or some other school after high school.

Skipped school once a week or more on average
Answered 4 or more days to the question,
During the last four weeks, how many days of school have you missed because you skipped or ditched?

Sometimes or usually comes to class w/out paper/pencil
Answered "Sometimes" or "Usually" to the question,
How often do you come to classes without bringing paper or something to write with?

Sometimes or usually comes to class w/out homework finished
Answered "Sometimes" or "Usually" to the question,
How often do you come to classes without your homework finished?

NM YRRS reports can be found at:
http://www.health.state.nm.us/epi/yrrs.html

For questions about this report or about the YRRS, contact:

Dan Green
Epidemiology and Response Division,NM DOH
Dan.Green@state.nm.us
(505)476-1779

William O. Blair, Ph.D.
Assistant Director, School and Family Support Bureau
School and Family Support Bureau, NM PED
williamowen.blair@state.nm.us
(505) 222-4749

Linda Peñaloza
University of New Mexico Prevention Research Center
LPenaloza@salud.unm.edu
505-272-4462

NM YRRS
YOUTH RISK & RESILIENCY SURVEY